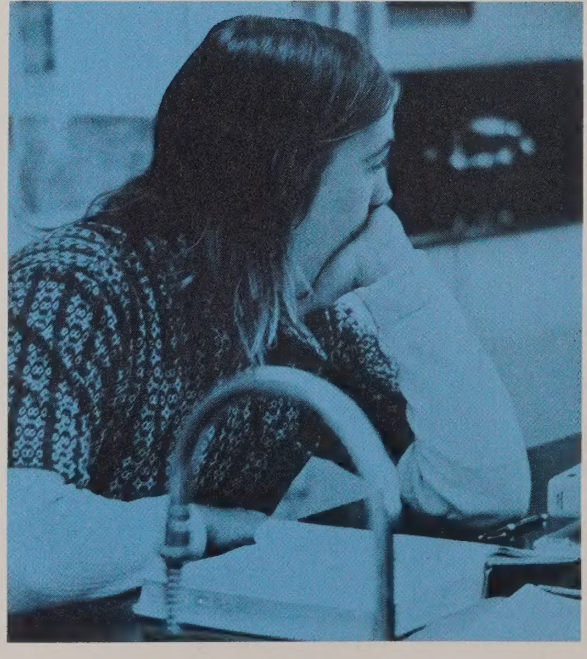
HERITAGE 1974

MATSON

FIRST COLONIAL HIGH • Va Beach, Va.
1974
Heritage
BIKE ROUTE

Homeroom cards arrive in the mail, and from that day on we become more aware of the number of tourists; and our feelings of them crowding their vacationland and our home are forgotten as fall approaches and the beach becomes deserted . . . once again belonging only to us. The month of September is a more significant beginning than January could ever be. New school - year resolutions are made: keep notebooks organized, take good notes, start term papers early, etc. Of course they're all eventually broken as the year



continues. As pressures mount and homework seems endless, we start longing for summer to once again arrive. This common syndrome is labeled "senioritis" by teachers and affects the whole student body at springtime. Absentees start to increase, and the parking lot becomes full of cars with surfracks on their roofs. Our thoughts become crowded with fantasies of surfing, for the challenge of overcoming something as abstract as the motion of a wave intrigues many of us.

SUMMER THOUGHTS LINGER ON

REFERENCE
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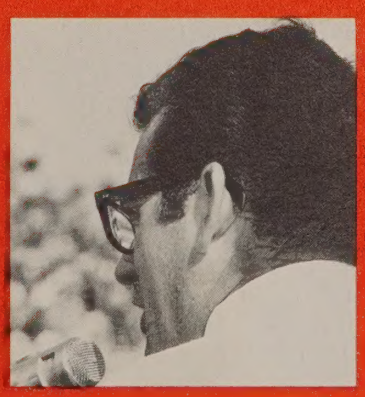
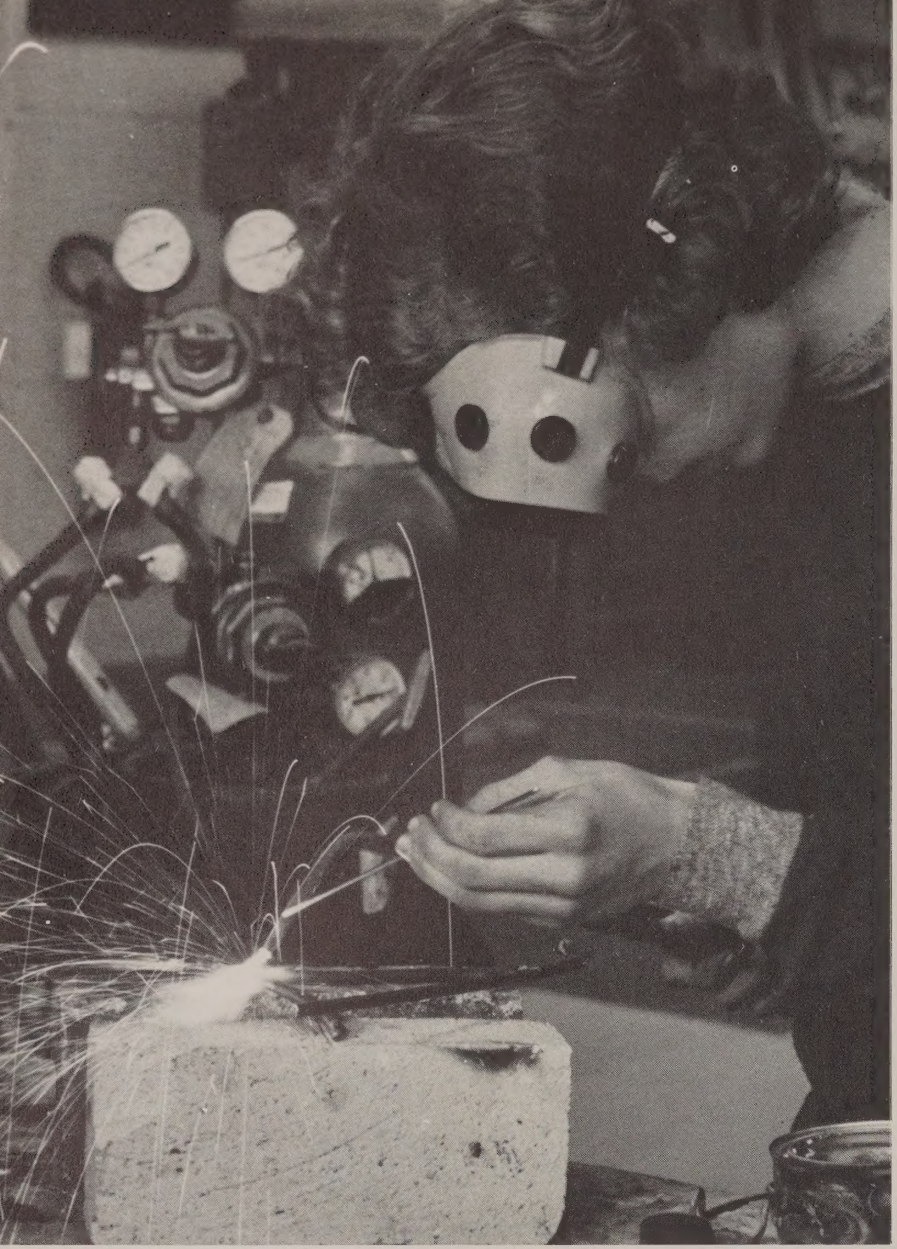
LET'S HEAR IT, PATRIOTS

These people have all shared this year together. The bond is a definite one; for those united by pride in such a strong school as ours will never really part from that with which they have grown. This time has been one of those steps along the way that has molded us. It will always remain a part of us. Memories are forever, and this year's experiences have made for many recollections. While main events such as Homecoming and Follies will stand foremost in our minds, it has been the little things that have created this year. Mr. Webster and his pep talks at rallies and the mad rush for the cafeteria after the release of lunch lab students are some of those. (If they complained about the food, why did everyone always seem to rush so?)

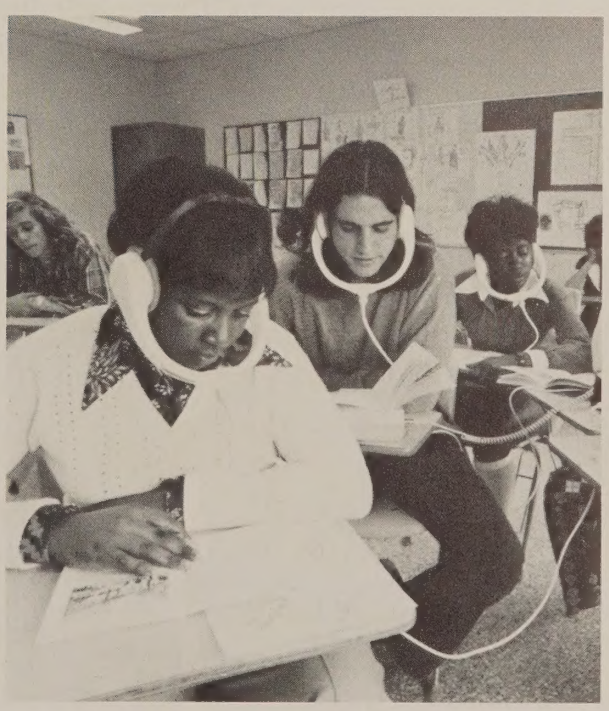
At spirit contests and games, each of us has yelled and screamed with no regard as to whether or not it was "cool" to exhibit such pride in what we felt. On dress-up days almost everyone made a fool of himself. Because we wanted to show that we cared. We care for each other now. That is what our system of education has taught us the most; to be aware of each other's needs. That lesson is much more valuable than any historical date or math problem could ever hope to be.





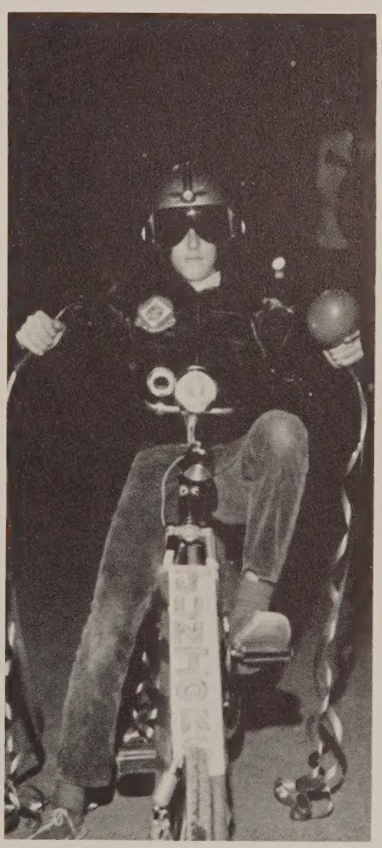
Be it by bus, car, bike or foot; dark, light, or rainy, we eventually arrive to embark upon another day. Sometimes, however, our arrivals are delayed by unexpected interruptions such as trash scattered all over the road where sanitation trucks spilled it or walking long distances due to parking problems. Once we are there though our thoughts become directed toward getting to classes on time, making it to the locker and back, or next bell's assignment. Those of us who eat lunch are present for the controversial "lunch lab" and then herded to the cafeteria. Announcements occur at six subject lunch, which ironically are the only six minutes during the day where everyone seems to be talking at once. Some students are through for the day at noon, while for the second-shifters, 12:00 constitutes only a mid morning break. Buses load up at 2:00 and then again at 4:00. The halls are emptied; the parking lot is no longer full, and voices just echo in the silence of the once loud and bustling corridors. A day, as such, has ended, but tomorrow morning the alarm clock will again sound; students will again awaken and proceed to school in their various ways - be it by bus, car . . .

FIRST COLONIAL GRAFFITI



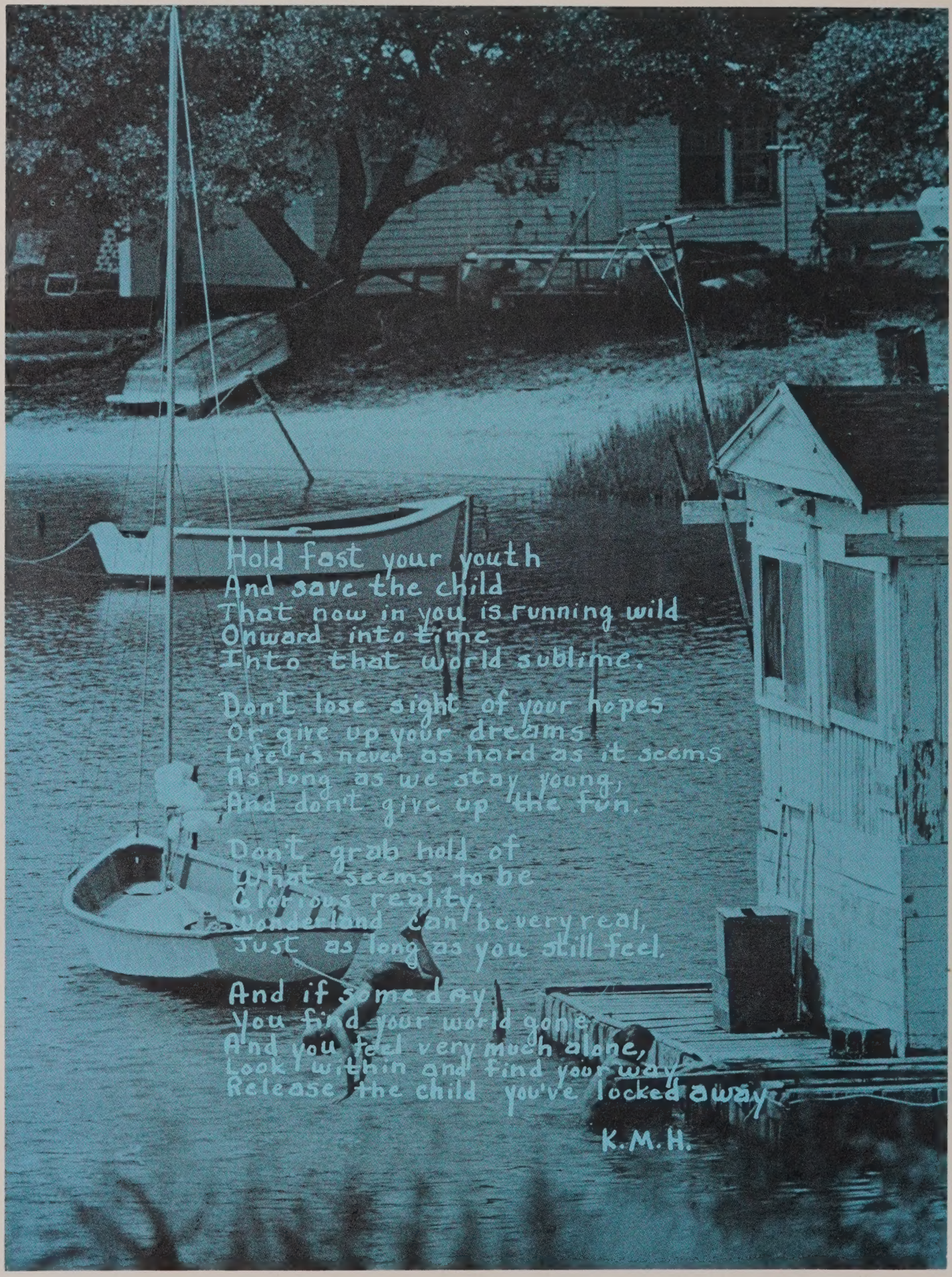
In seeking more than a mere entity, we reach for our new experiences. Each of us becomes involved. In our own individual ways, whether it be as Homecoming Queen, drum player, or cheering spectator, our participation is what it takes to make any event something to be remembered. Even though we are individuals, our existence is based on a need for others — a need to just be with people and be a part of what they do. This interraction develops each of our personalities. It is a part of growing that eventually distinguishes each of us being our selves. Later on, we can take time to pause and reflect on what we have done. But for now — WE DO!!

STUDENTS SEEK IDENTITY THROUGH ACTIVITIES



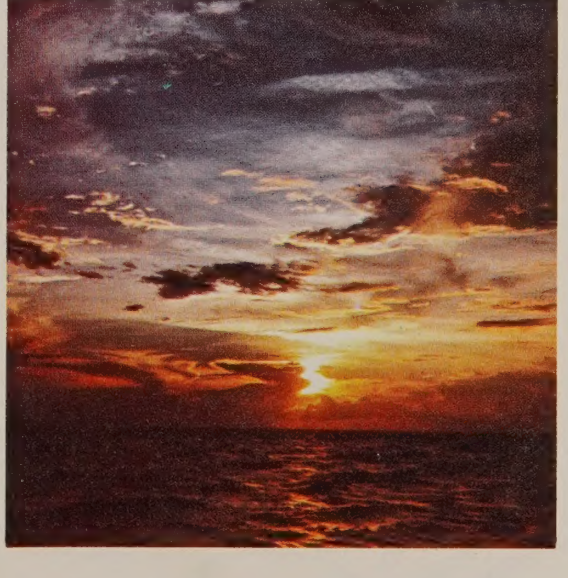
FEATURES FEATURES FEATURES

It is the annual homecoming game and the reign of a new queen begins. Lynn Murphy removes her crown and passes it on to the 1974 Homecoming Queen, Beth Anne Jones. It is a tradition that constitutes a cycle, a happening which we can anticipate each year and afterwards feel little sorrow that it has ended. For the queen will return the following season and carry on some of the glory and beauty of a past event. The emotions involved in such an occasion are to be remembered. The joy mingled with tears as the queen is crowned, the sorrow of a lost game constitute a wondrous cycle. Some simply store such feelings away to be recalled at a later time while others find ways to creatively express such thoughts. Artistic and poetic students, in awe of the cycle emotions play, turn their abstract feelings into a visible work to share it with others.

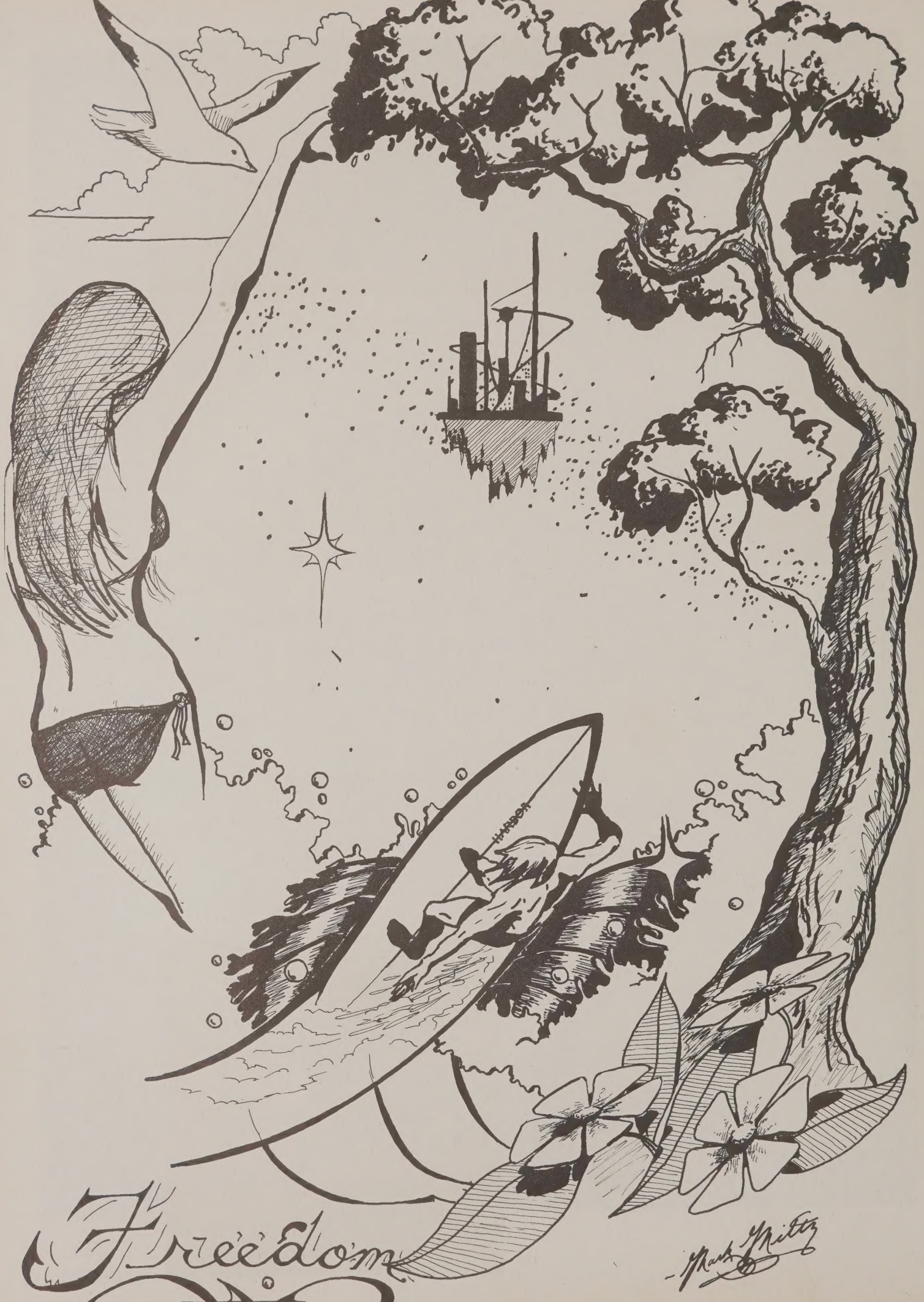

Hold fast your youth
And save the child
That now in you is running wild
Onward into time
Into that world sublime.
Don't lose sight of your hopes
Or give up your dreams
Life is never as hard as it seems
As long as we stay young,
And don't give up the fun.
Don't grab hold of
What seems to be
Glorious reality.
Wonderland can be very real,
Just as long as you still feel.
And if someday
You find your world gone
And you feel very much alone,
Look within and find your way
Release the child you've locked away.
K.M.H.

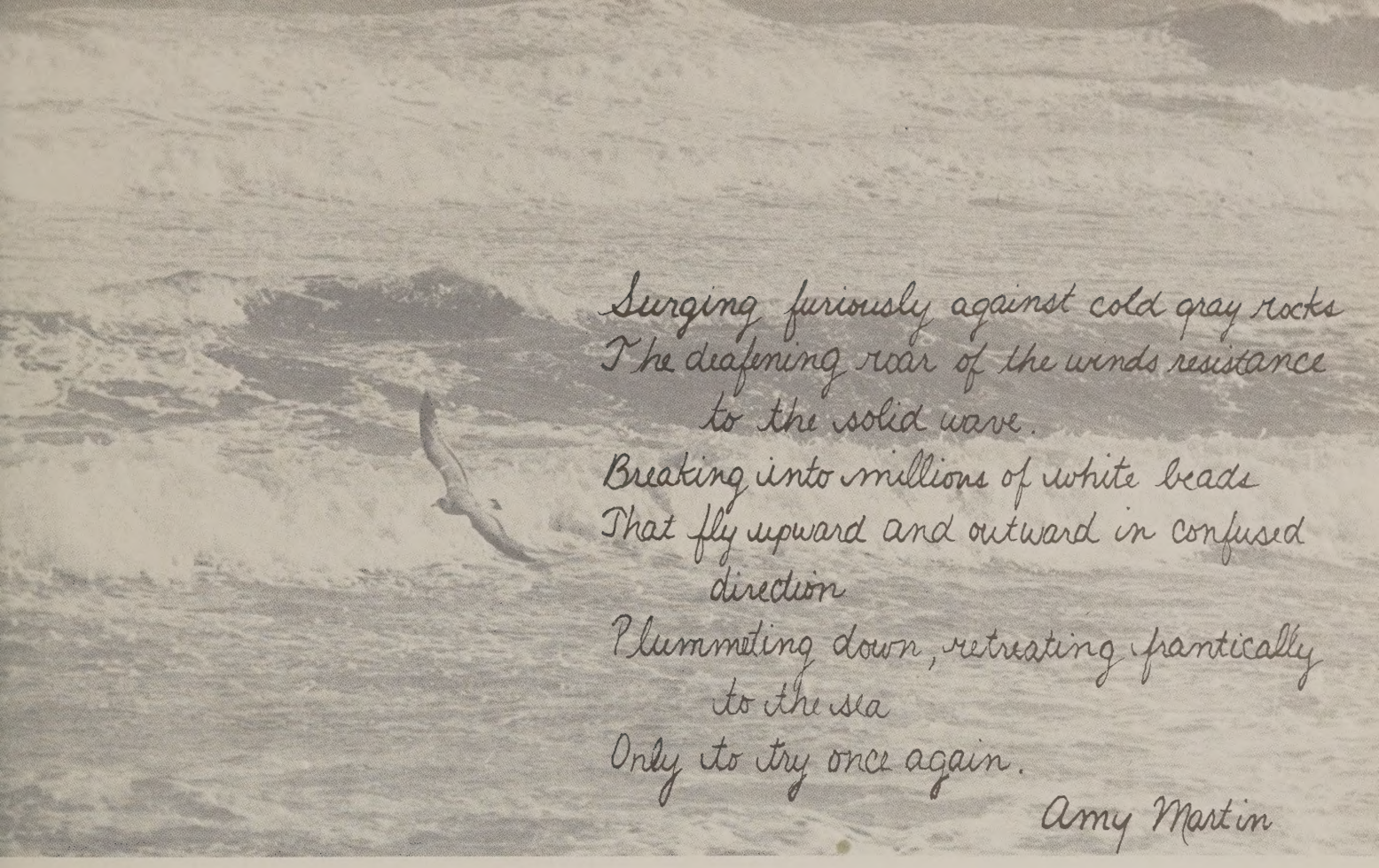
a flower withers
with the onset
of a winter season
but just as spring
comes from the snow
so does the seed remain
to carry on the beauty
of the flower

BFL



Cycle Of Nature Revealed In Student Work


Freedom
Mark Mitz



Surging furiously against cold gray rocks
The deafening roar of the winds resistance
to the solid wave.
Breaking into millions of white beads
That fly upward and outward in confused
direction
Plummeting down, retreating frantically
to the sea
Only to try once again.

Amy Martin

Seagull

Wild... moving with the wind in no certain direction, while seeking out the unseekable. Gliding across the sky in beauty, and being touched by the lonely night of darkness.

Free... like the pebbles of a lake moving downstream in the flow of time. Rising with the sun and searching for the moon is the existence of one so unexpected to search.

To see such a sight would make one sing out with a love for such a beautiful thing as he. For him, flying above the seas holds in his heart a word known as freedom. And as it is, being born on the breeze and dying in the wind is his life.

Judi Lancaster

I really haven't time to go. There is much too much to do, but its been weeks since I've been there. I miss my secret place.

As I make my way through the tall grasses of the meadows behind our house, I can't help but recall the many days I have spent there.

It's a small wooded island in the center of the creek, that winds behind our house. Overgrown with ladyslippers and lined by dogwoods, it was the perfect dream world for a little girl.

In the early days, I held teaparties for the flowers using the fresh river water to drink. There were picnics too — all my own. I never told a soul where I went on those sunny afternoons.

Now that I've grown, I'ts no longer a fantasy. I take my realities there for contemplation. Although it is different, I still find there an unmistakable peace.

Stepping into the sparkling water I am startled to hear the voice of a child, squealing with delight. Never having found anyone there before, I listen more carefully. I cannot believe my ears.

The water begins to freeze my toes so I hurry forward and seat myself on the sand at the foot of a tree. By straining my neck I am able to see her.

She cannot be more than five years old. Softly kneeling down, her blonde locks glisten white in the rays that peep between the trees. Her sprightly blue eyes are mirrors of their surroundings. She seems an utter cherub — at home with nature.

Yet she is an intruder. I find myself overcome with disappointment. The disappointment of a secret lost. I feel this is not, and shall never be again, my own special world.

I suddenly realize what she's doing — serving tea to her imaginary friends . . . the ladyslippers.

I am taken aback to the same scene of years ago, when I was a little girl. Funny, but I understand exactly what's going on.

"There, is that enough now? Okay. I shall have some too."

I am brought back to the present by her inquiry of the satisfaction of her companion. Which, oddly enough, seems to answer her.

Without realizing it, I stand and approach the child saying, "May I have some too?"

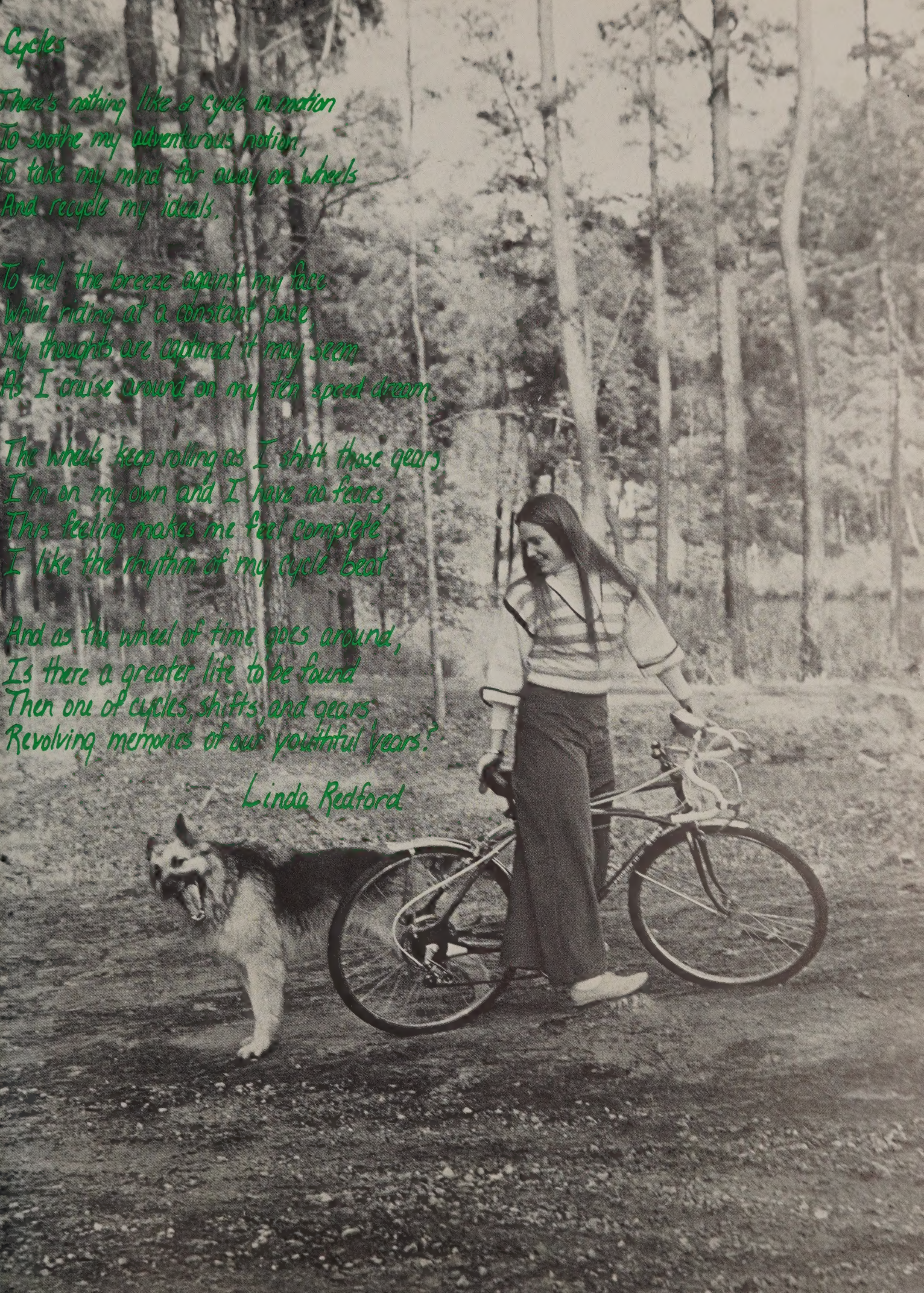
At first my new friend is shocked, but she obliges as a gracious hostess.

We have a wonderful time, sharing in our understanding of each other's motive in being here. Never is made a reference to our separate lives outside this island. This island is for dreams and treat it as such.

When we have both drunk tea till we can drink no more, and chatted of nothing till we tired of it, I rise to go.

I offer heartfelt thanks to my sweet successor. Then I leave her there realizing I could not entrust the care of my childhood refuge to a better keeper.

— Robin A. Handford



Cycles

There's nothing like a cycle in motion
To soothe my adventurous notion,
To take my mind far away on wheels
And recycle my ideals.

To feel the breeze against my face
While riding at a constant pace,
My thoughts are captured it may seem
As I cruise around on my ten speed dream.

The wheels keep rolling as I shift those gears
I'm on my own and I have no fears,
This feeling makes me feel complete
I like the rhythm of my cycle beat

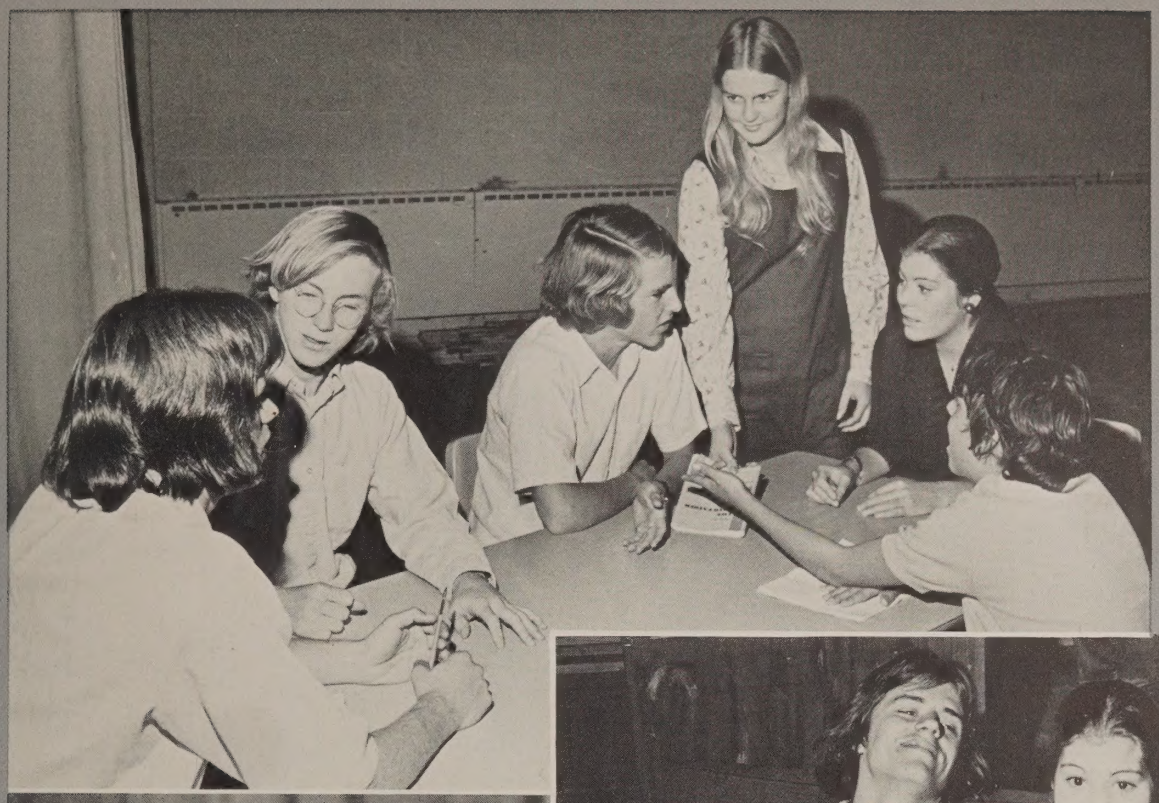
And as the wheel of time goes around,
Is there a greater life to be found
Then one of cycles, shifts and gears
Revolving memories of our youthful years?

Linda Redford

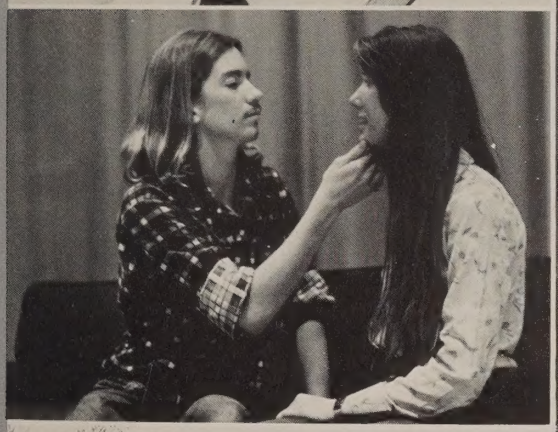
This year, the Drama Club was under the direction of a new sponsor, Ms. Field. Because of the large interest shown by the junior class, the senior class, and faculty in various productions, use of the auditorium was rather limited. Thus, the Drama Club was able only to sponsor the play "Death Takes A Holiday" and presented it in April. The performance was a success, and Ms. Field indeed established herself as an excellent director.

Joel Nelso[illegible]ops the World" in last year's production of the musical.

Row One: R. Wolfe, P. Simmons, J. Nelson, B. Gilpin, J. Florance, K. Norris, J. Collins. *Row Two:* M. Field, D. Wright, K. Keating, S. Moody, C. Baxter, A. Slovic, E. Barnes, L. Oaksmith, D. Kees, L. Stillman, K. Sloan, H. Campbell, M. Vaderson, S. Lawler, T. Kenny, C. Curling, S. Nattman. *Row Three:* Ann Dominicci, B. Tarver, K. Benitez



Heidi Campbell serves breakfast to Day household during rehearsal for "Life With Father."



Steve Grabinsky, Anne Slovic and Phillip Dominicci relax during Senior Class play practice.

Drama Season Opens With "Life With Father"

Upper: Joel Nelson and Christi Lemmon rehearse for parts in "Death Takes a Holiday."
Lower: Cast members for "Death Takes a Holiday" are: E. Barnes, D. Morrow, A. Anderson, T. Larson, C. Gotts, C. Lemmon, J. Nelson, C. Baxter, M. Vandersen, S. Grabinsky, W. Cover.

Four Madrigals Selected For All-State Chorus

Mr. Miller thinks practice makes perfect for Madrigals.

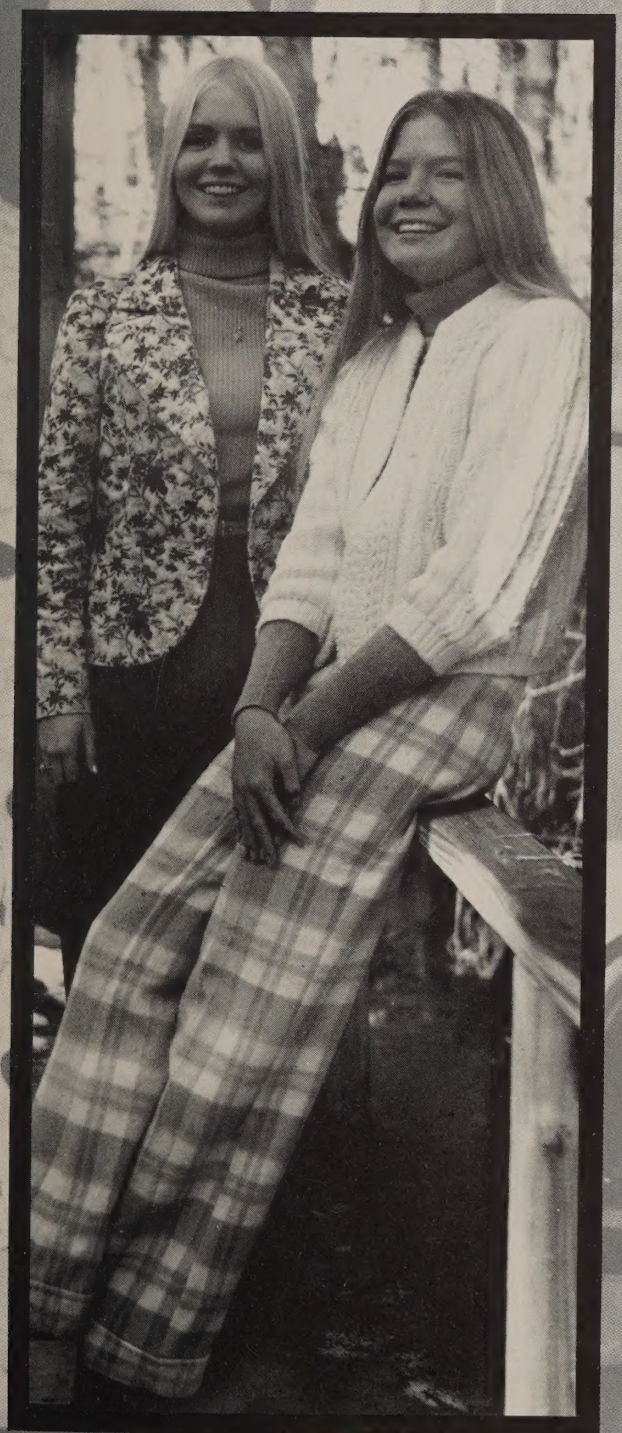
The Madrigals, under the direction of Mr. Miller, have been very active this year. Performances were held for various civic activities as well as for the school. Students enjoyed the talents of the Madrigals during the Christmas and Spring concerts. Lorraine Erb, Aurelia Lamb, Karen Schadtt and Mary Snyder were among 150 students chosen of 800 for the Regional All-State Chorus.

Row 1: Maria Arcese, Karen Schadtt, Lorraine Erb *Row 2:* Frazier Flora, Lula Franklin, Regina Mizelle, Mary Synder *Row 3:* Joel Nelson, Rusty Wilson, Bruce Bobal.

EGG, INC.

Jenny Fyles
Martha Owen

Cindy McCorkle
Melanie Koch



Lois McDaniel
Mollie Chalkley

Tina Larson

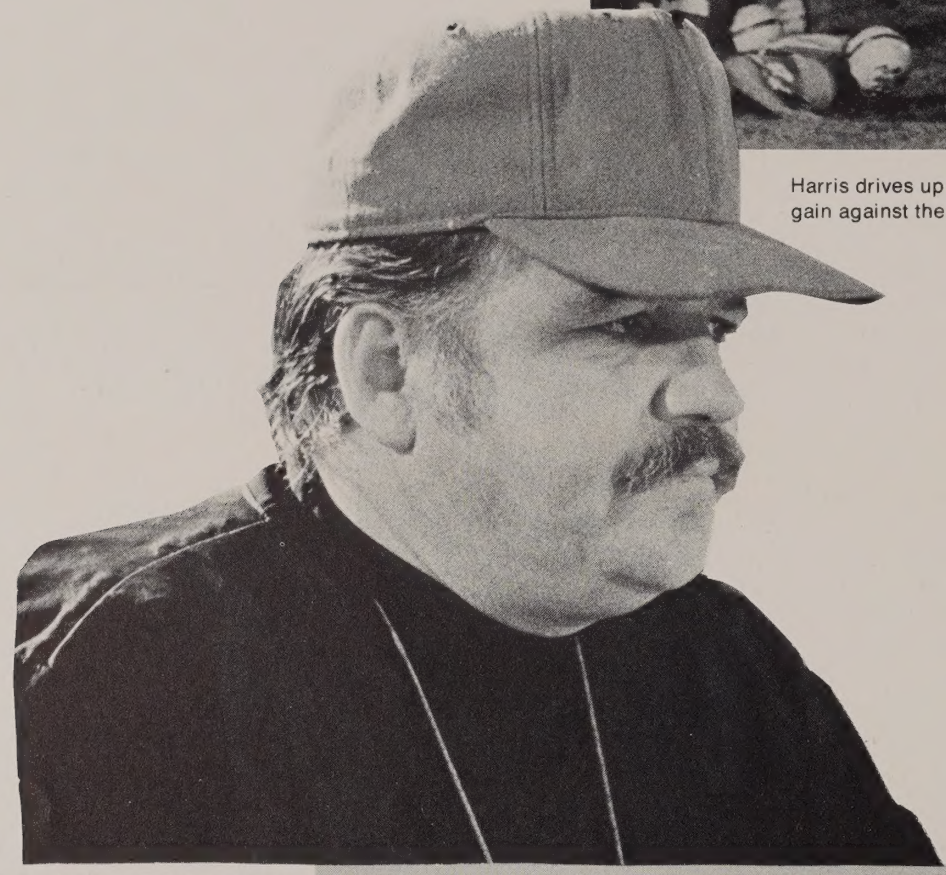
Linda Redford

Beth Jones

SPORTS SPORTS SPORTS SPORTS

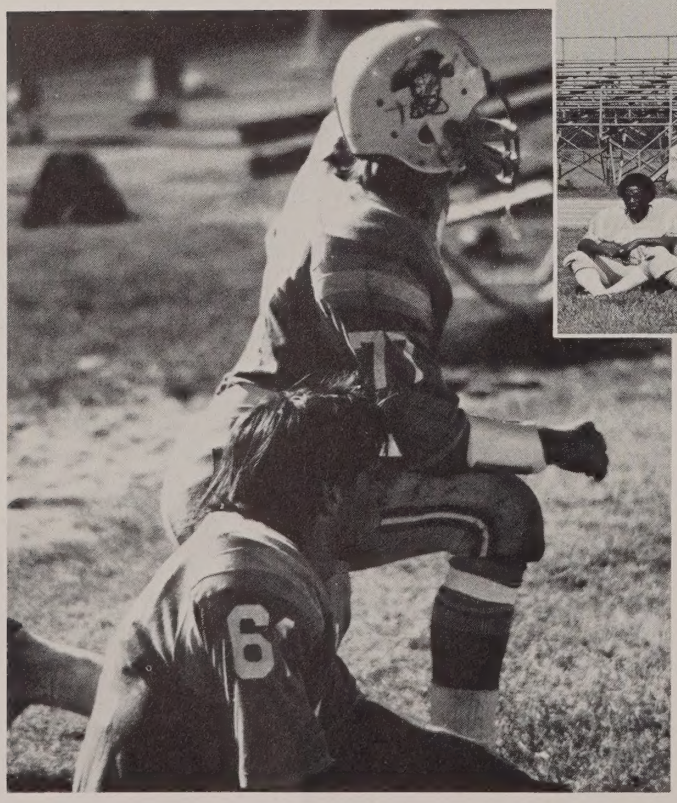
Spectators arrive to view a competitive event and slowly the stadium fills with a variety of people. Proud parents are seen everywhere — their anxious faces giving them away. Their child is out there possibly doing the same thing that they themselves had done years ago. Occasionally you will catch a glimpse of someone once seen in the halls of First Colonial. Graduates often return to view the games and events and reflect on how the school is still going on the same as ever, but minus their presence. An elementary school child's attention is focused on the game where he wonders if he himself will ever be so lucky as to participate in a high school event. The game comes to an end and once again the stadium becomes deserted. Janitors arrive to clean the remains left by such a large group and wonder if such a crowd will return the following week.

Harris drives up the middle for a ten yard gain against the Halifax Comets.



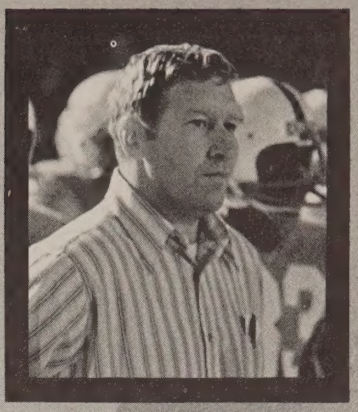
First Row; T. Little, E. Smith, K. Janazak, S. Lowery, B. Harris, D. Drinko, L. Goffigan, J. Joyner, J. Rutherford, W. Burris. *Second Row:* C. Swecker, R. Lett, J. Pontes, J. Andrews, R. Wood, A. Somarakie, J. Williams, T. Godfrey, S. Selby, F. Lee, F. Smith, D. Cowell, T. Moon. *Third Row:* M. Vaderson, F. Steele, M. Ray, J. Korte, J. Williams, T. Moon, R. Moore, B. Bowyer, J. Edwards, T. Harris, R. Lear. *Fourth Row:* R. Meyer, C. McDonald, R. Hudgins, C. Moranville, B. Reise, J. Anheizer, M. Hughes, D. Doss, M. Gurly, G. Smith, C. Butts.

Satisfying Year For The Pigskin



Russell Meyer and Danny Drinko look on as offense takes their turn.

WEBSTER A WINNER

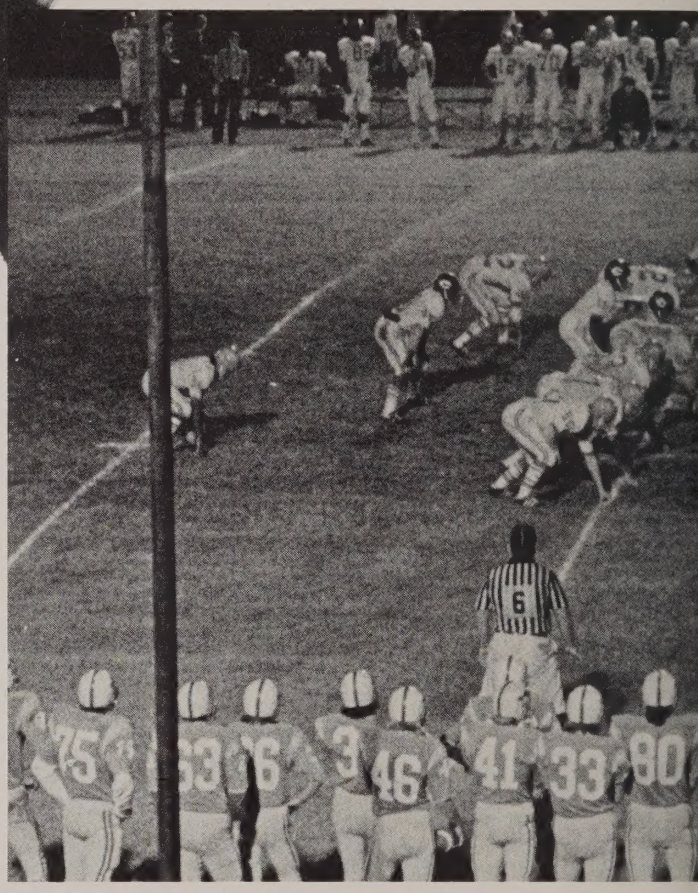


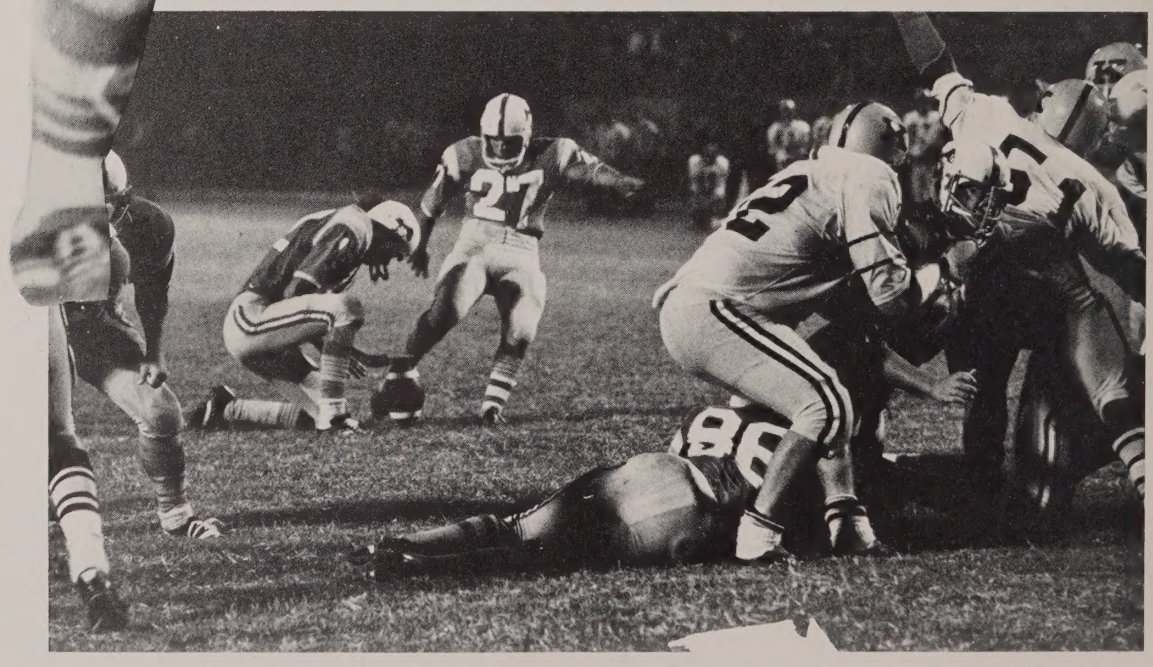
Throughout Mr. Webster's career he has coached such men as: Jed Stuart, assistant head coach at Tennesse, University; Larry Creekmore, head coach of the Kempsville Chiefs; and Ken Barto, JV coach at First Colonial.
The 1973-74 season went well for the Patriots. Coach Webster was pleased with a team that held Maury down on a bad night, scared Lake Taylor to death, and showed Bayside just how tough they were.
Sometimes the basic works that create a good team, such as continious practice and togetherness are forgotten. But let's remember just one thing; our coach is the best! Frank Webster is a winner!

"I take every game as it comes," speaks our coach, Frank Webster. Such a philosophy, combines with the outstanding skills that Webster possesses has given way to another winning season. Not only is our coach a leader, but a victorious one who has never had a losing season and who works hard to keep it that way. Now, as in the past Coach Webster has turned out a Patriot team that has scared the pants off of every area team!
Frank Webster's potenital for sports was evident when he was in Craddock High School. He earned a varsity letter in his freshman year. Voted one of the most outstanding players on his team, he received a scholarship to VPI. Upon graduation from Tech, Coach Webster became assistant line coach for their team, the Gobblers.
In the fall of 1960 Mr. Webster became head coach at Deep Creek High School and led them to two district championships and two 9-1 seasons.
Then, with the opening of First Colonial in 1967, Frank Webster was offered a coaching position and accepted. He began his first year here and led the Patriots to a 7-3 winning season. That year not only showed the ability of Coach Webster as a leader but also proved that the Patriots had potential.

ALMOST CHAMPS

Patriots Prove Potential In 7 / 3 Season

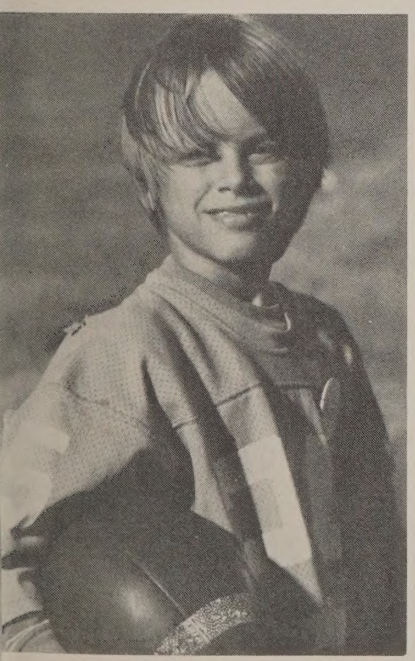




Alex Somarakie puts three more points on the scoreboard against Kellam

Varsity Football team waits to receive their game uniforms for the 73-74 season.

Patriots' defense lines up against Halifax in our homecoming triumph.



Small time football manager seems excited about his new position.

From the start of the season, the First Colonial Patriot football team was determined to outdo last year's 5 / 5 season and place first in the district. Their determination to achieve such a high standing was evident in the long hours they practiced; the student body's enthusiasm showed in the spirit which was exhibited not only at pep rallies, but throughout the school. Needless to say, the team's and the school's optimism and pride were beneficial to the final outcome. The team began with three straight victories over Kellam, Granby, and Princess Anne. These scores were not close; the team won with a good substantial margin. Our fourth game ended the winning streak. The Patriots were favored by the newspaper over the Bayside Marlins. They also predicted that the winner of this game would go to the district championship. Bayside scored in the first half and began the third quarter with a 7 to 0 score. The Patriots' efforts at a comeback proved futile, and our team was left with their first defeat of 28 to 13. The morale of the team was not weakened by their first lost; indeed, they had high hopes of recapturing the District title. The following games were against Kempsville, Booker T., Cox, and Halifax. All four occasions left F.C. as the victorious team. This was the 2nd winning streak of the unusual 73 / 74 season.
The next team we were to play was the ever incumbent Maury Commodores. So many times in the past, the Commodores have kept us from going on to the district playoffs. Everyone was determined that it would not happen again. The team had been well prepared, the Coaches were ready, and we were all planning on our 5th straight win. That night proved to be the worst of the season for our team. There were 3 interceptions and a fumble, all insider Maury's 5 yard line. The final score was 15-0; the Maury Commodores had again proved themselves to the Patriots. With such a loss, the team was a little pessimistic when the last game of the season rolled around. It was against the Lake Taylor Comets and directly followed the Maury game. Even the weather was bad that night; the rain and cold kept many of the fans away. The main strategy of the game was to stop Tommy Graves' running attack. This leading rusher was stopped by the Patriots' defensive team; however, the Comets carried the game. in the end the score was 6 to 0, Lake Taylor's favor. The final season finished with 7 wins and 3 losses, an improvement over last year's final. The orginial goal of placing first was not achieved; however, the Patriots ranked second in the city. Coach Webster was pleased with the season and proud that he could display such talent as that of Chris Swecker, Eddie Smith, Mike Hughes, Doug Janezak, and Frank Harris. These and the rest of the hard working team-members proved to be a threat for every opposing team. The 1973-74 season has again shown that the F.C. Patriots is a team to be reckoned with; we will never be considered a push over.

1st row — R. Preece, M. Kight, P. Plumeau, M. Forlines, D. Jennings, S. Parsick, M. Blasky, C. Hairston, J. O'Riley, G. Napp, J. Tow. *2nd row* — R. Ong, R. Ferdona, M. McDaniel, J. Lamore, T. Tucker, T. Lottman, J. Hodgecockus, J. Moore, R. Goffigan, W. Wiggins, J. Lee, J. Wareing, G. Booth. *3rd row* — K. Barto, B. Wolfe, G. Wilkins, D. Roland, M. Diennan, P. Silas, S. Forbush, A. Henry, M. Chin, B. Cook, T. Beamon, J. Smith, D. Holcomb, J. Reise, D. Moore, W. Parsick, J. Cason, C. Meyer, V.J. Burrus, M. Brooks, J. Romano.

WE'RE NO. 1

Scoreboard

F.C.		*Opponent*
28	Princess Anne	12
27	Kempsville	13
42	Bayside	0
6	Cox	6
22	Maury	1
13	Kellam	8
28	Granby	0

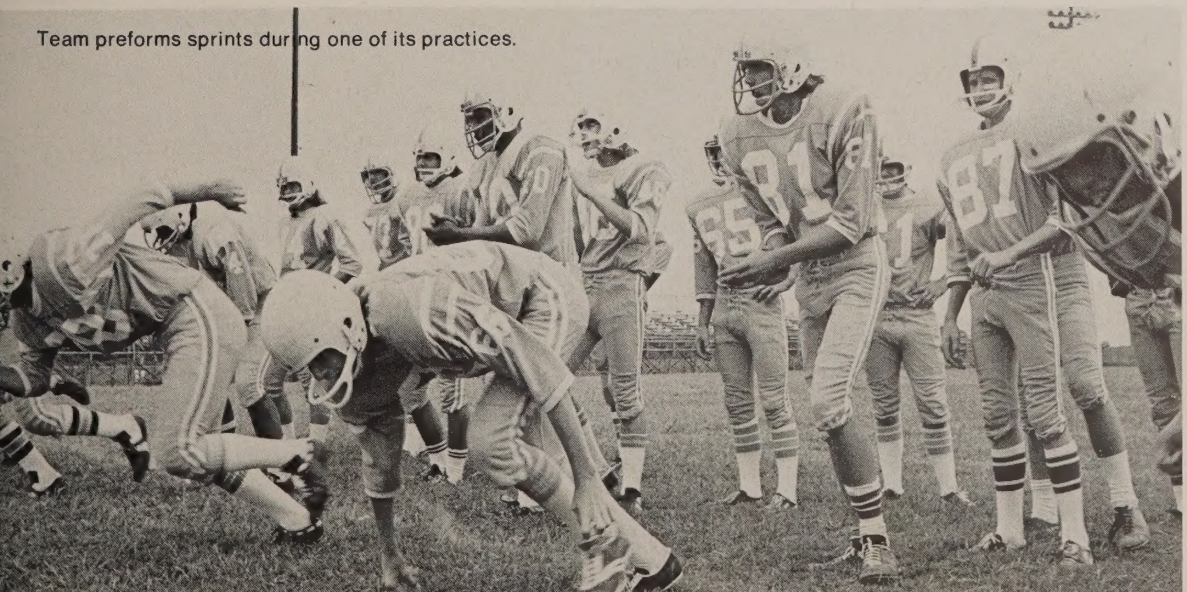
Superb Talent And Determination Spark Junior Varsity Team In Undefeated Season

J.V.'s spend many hours preparing for games.

This year the Junior Varsity Football team succeeded in having an undefeated season, defeating all of the area schools. With the team captains, Stanley Parsick and David Jennings, the upcoming Varsity completed a season unmarked by any other J.V. team at First Colonial. Many of the J.V. team members will be playing on the Varsity team next year with high hopes of matching their previous record.

The defense makes another outstanding stop during Kempsville game.

Defense holds Kempsville quick offensive backfield.

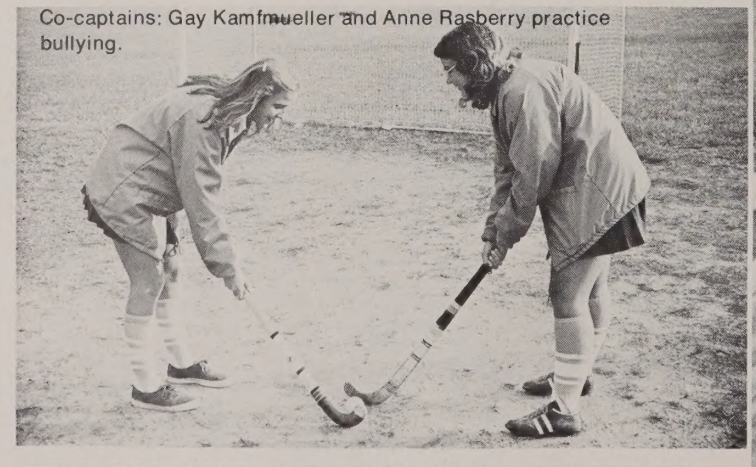


Team preforms sprints during one of its practices.

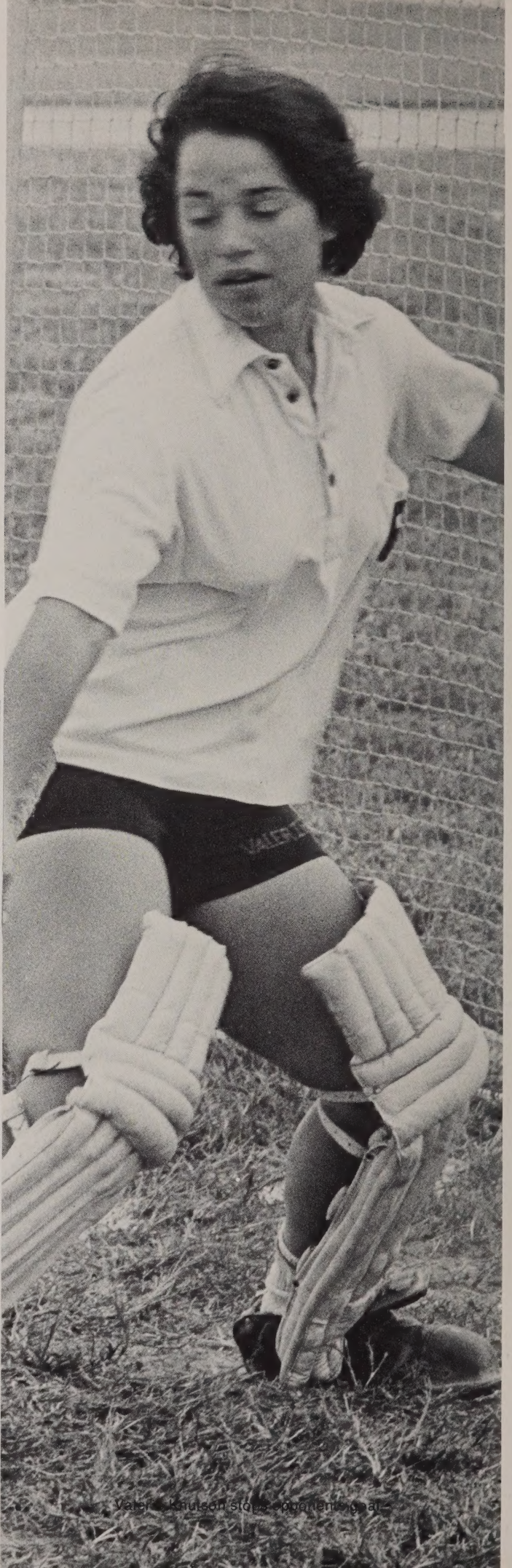
Varsity Hockey Bullies Way To Good Year

Sitting: Ms. Enroughty, V. Knutson. *Row One:* T. Cooley, B. Cole, B. Brown, K. McCanna, B. Simonic, M. Shannon. *Row Two:* S. Adams, F. Gravvit, A. Rasberry, J. Berry, V. Etheridge, T. Fletcher S. Taylor, G. Kamfmueller, K. Willis.

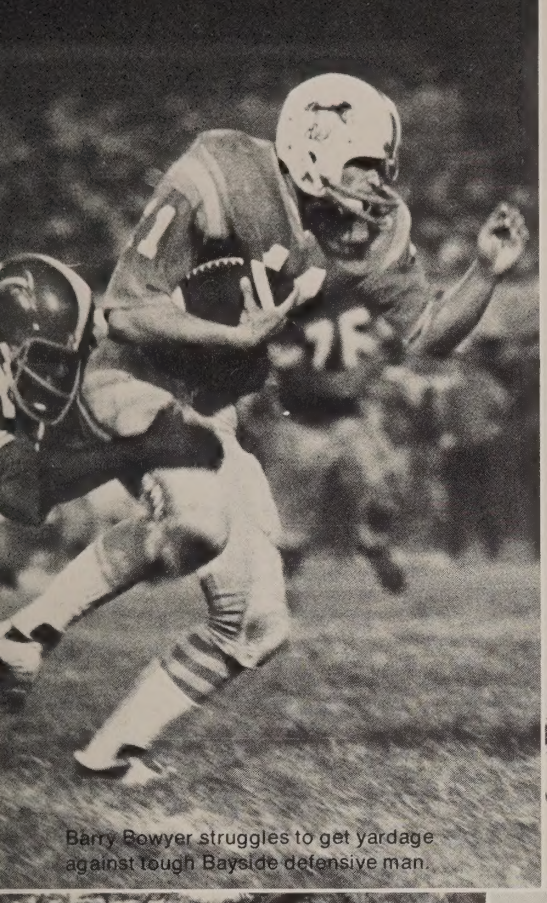
Co-captains: Gay Kamfmueller and Anne Rasberry practice bullying.



Team members ready for big game.

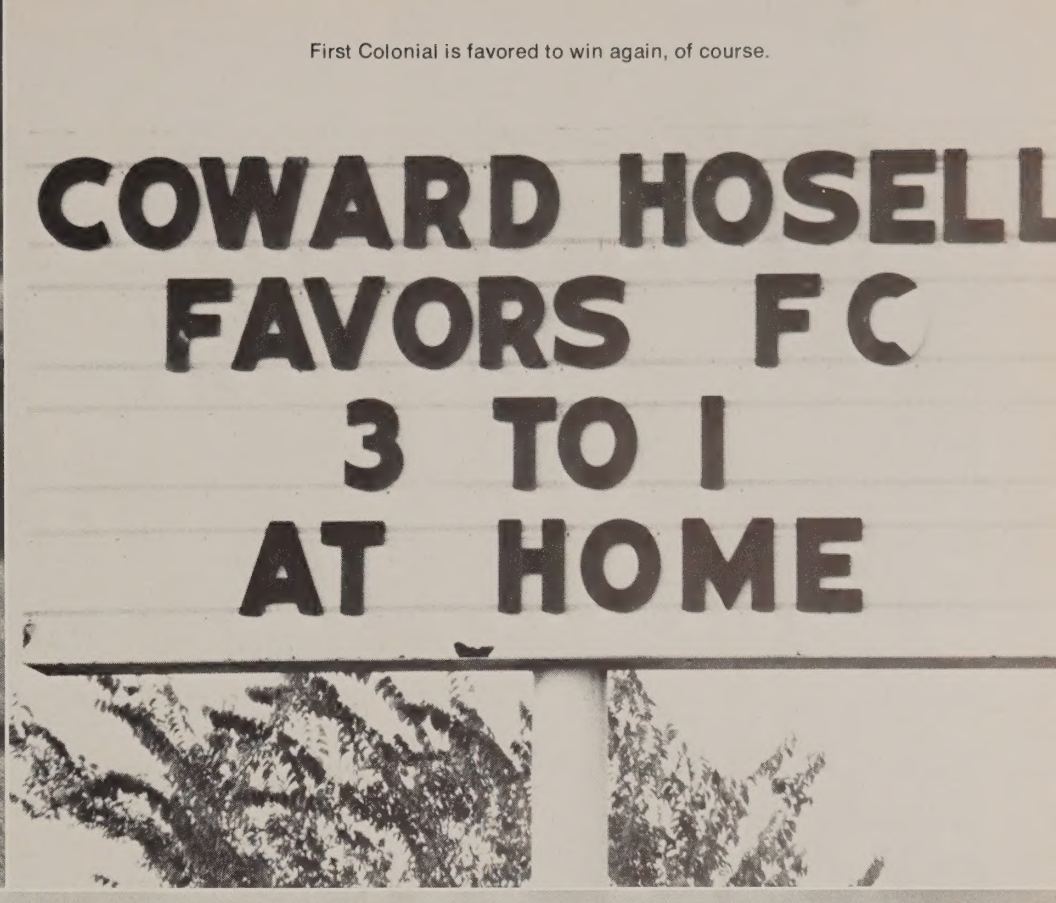


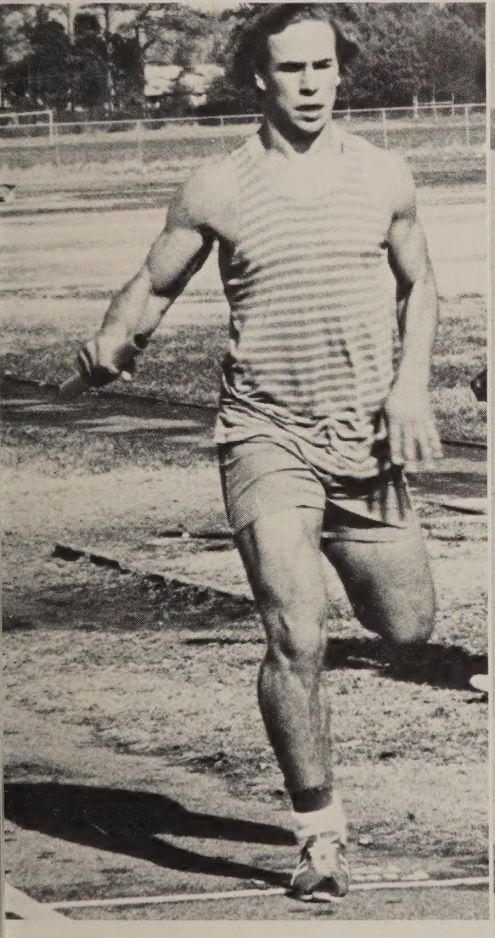
Valerie Knutson stops opponent's goal.



Barry Bowyer struggles to get yardage against tough Bayside defensive man.

First Colonial is favored to win again, of course.





J. Onhauser wins again.

Bonnie Brown executes excellent skill on the unevens.

TANTALIZING, HYPNOTIZING, UNTOUCHABLES

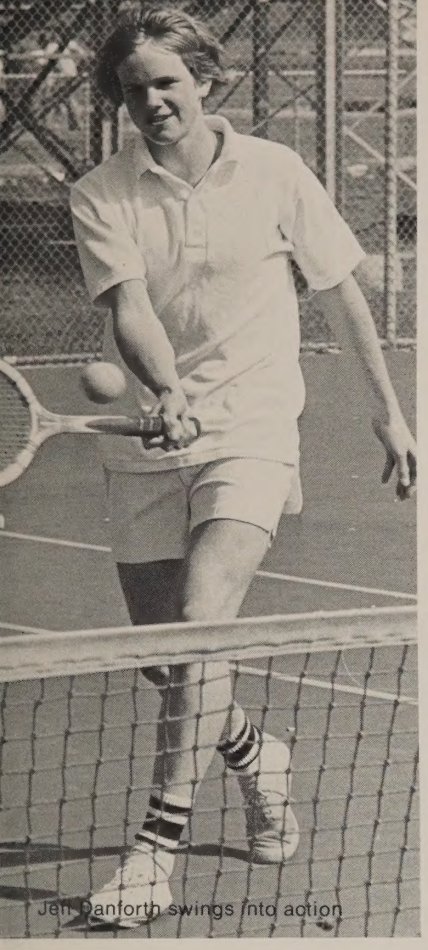
Junior Varsity Works Toward Better Team

Kathi O'Connell and Traci Eanes served as team captains for J. V. hockey.

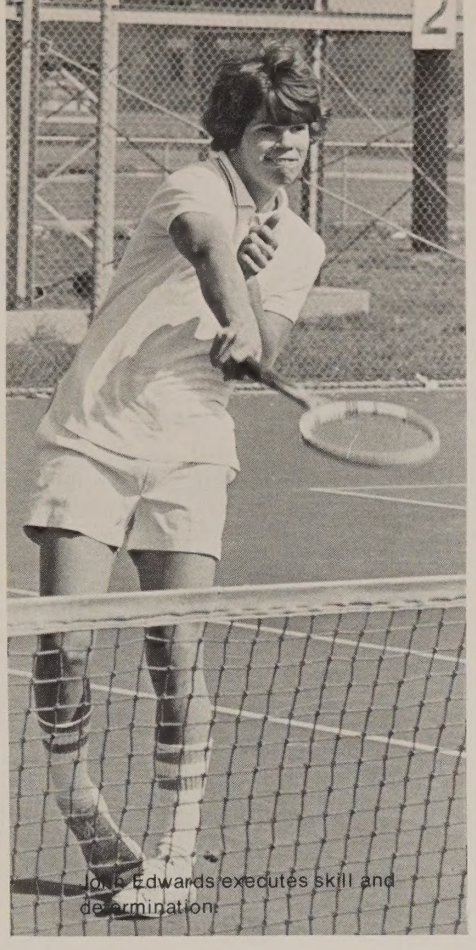
First Row: D. Potter, S. Dyer, N. Breedlove, K. T. Eanes, V. Phelps. *Second Row:* P. Butts, K. O'Connell, K. Elliott, Coach Enroughty, S. Finn, M. Floracne S. Berry.

For the second year the J.V. hockey team has been coached by Ms. Enroughty. They experienced a good beginning season with outstanding prospects in ninth — graders Kathy O'Connell and Sandra Berry. The varsity season was outstanding with several close games that tied or were lost by hairline calls. Outstanding players were 1972's Most Valuable Player Janice Berry, veteran halfback Ann Rasberry and center forward Bonnie Brown. On November 10, the team went to Williamsburg to participate in the Tidewater Hockey Tournament. Three players from First Colonial were chosen to the second team All Stars. They were Bonnie Brown, Janice Berry, and Gay Kampfmueller. Thanks to school funds the varsity team received new jackets this year.

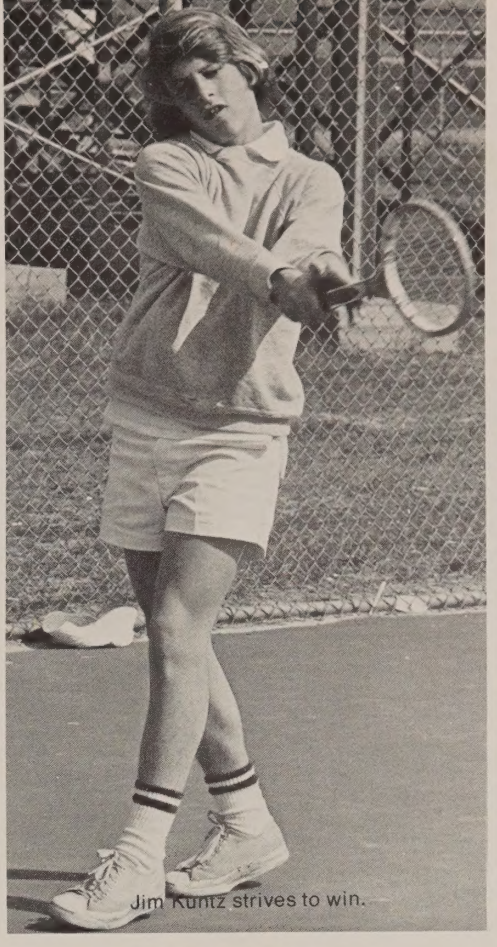
TENNIS TEAM



Jeff Danforth swings into action



John Edwards executes skill and determination.

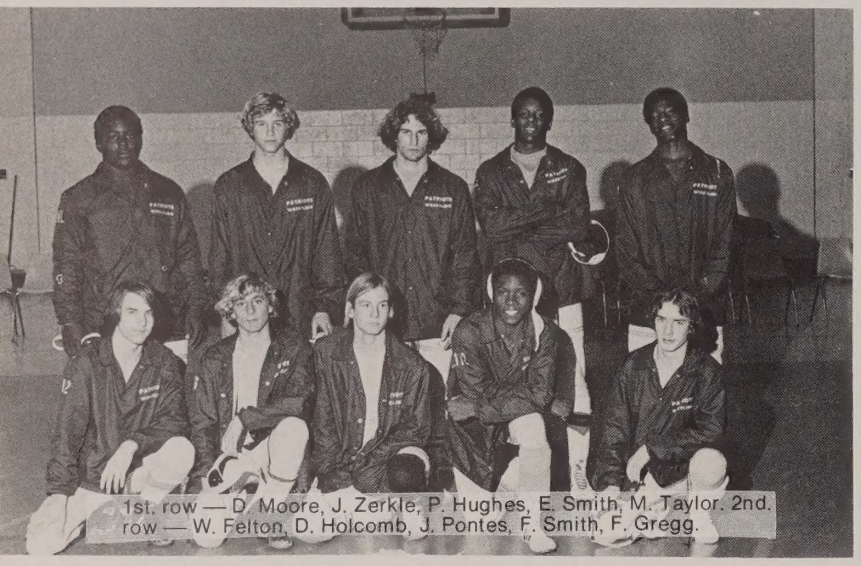


Jim Kuntz strives to win.

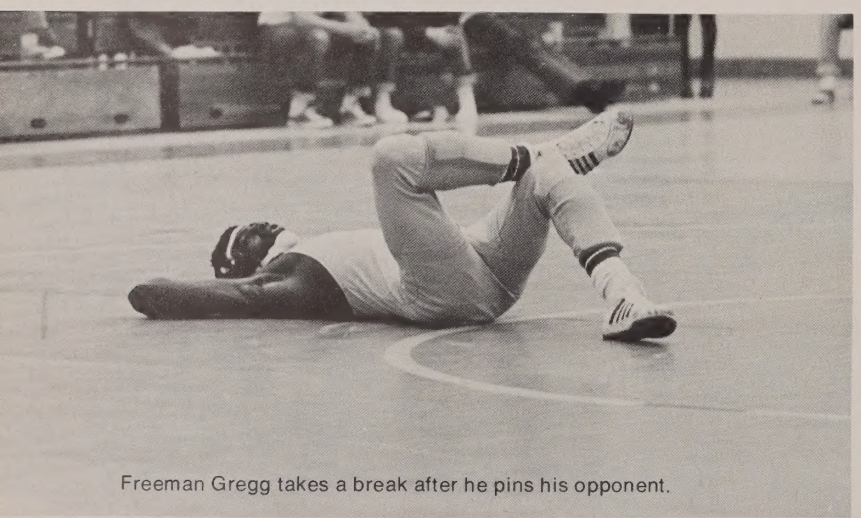
Row One: E. Griggs, J. Kuntz, H. Breedlove, H. Jones. *Row Two:* R. Meyer, J. Edwards, J. Danforth, Coach Marshall.

Even though the 72/73 tennis team opened with three straight losses, the team came back with three wins. All of the tennis matches were close, with Jeff Danforth as captain pulling most of the weight. Other members of the team with good records were Jim Kuntz and Howard Jones. The Tennis team is looking forward to two big achievements: (1) An undefeated season and (2) A girls team.

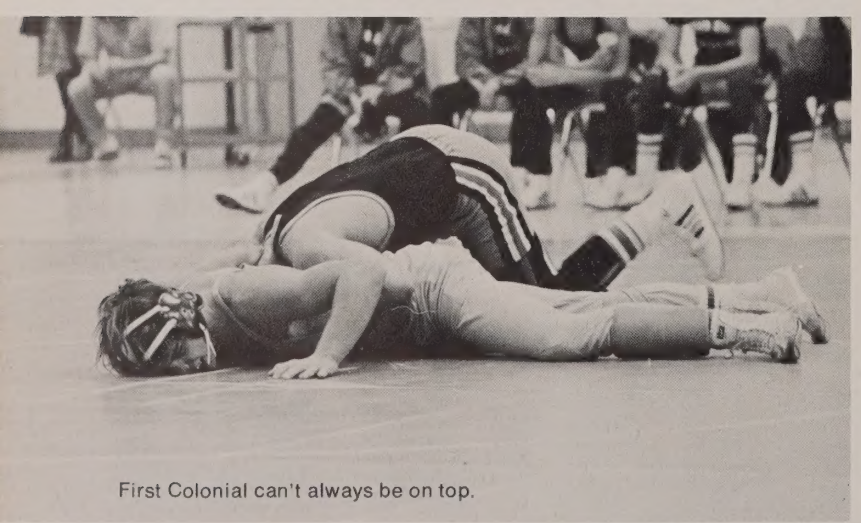
First Colonial Hosts District Wrestling Championships



1st. row — D. Moore, J. Zerkle, P. Hughes, E. Smith, M. Taylor. 2nd. row — W. Felton, D. Holcomb, J. Pontes, F. Smith, F. Gregg.



Freeman Gregg takes a break after he pins his opponent.



First Colonial can't always be on top.

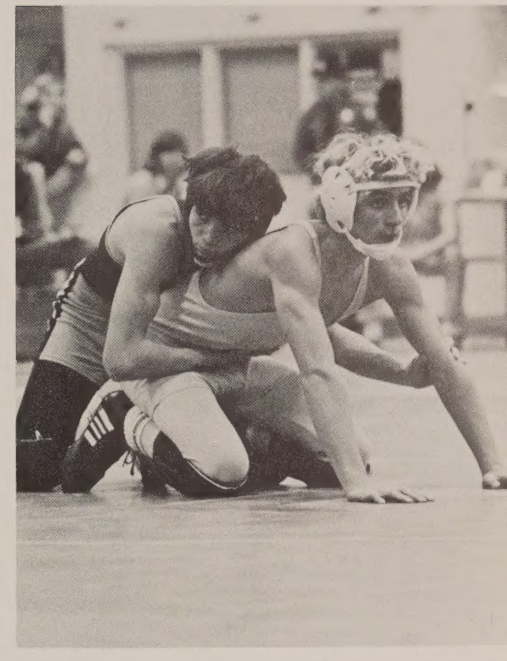
Coach Forehand aids an injured wrestler.

Norman Benton waits for signal from referee.

The First Colonial Varsity Wrestling Team opened their 73/74 season with a victory over Indian River High School. The three leading wrestlers on the Varsity Team were Freeman Gregg, Jerry Pontes, and David Holcomb. With the whole team competing in the district match held at First Colonial, Freeman Gregg qualified for regionals and then went on to state competition. He then placed 2nd in the state.
The majority of the team was made up of seniors. With next year's season bringing on many challenges for a young team, the Patriots' wrestlers feel they can handle it.
The Varsity team ended a good year with a 6-7 record. The Junior Varsity Team followed the Varsity's footsteps by having a 7-6 record and representing First Colonial superbly in every weight class.

Wrestlers clown around after practice.

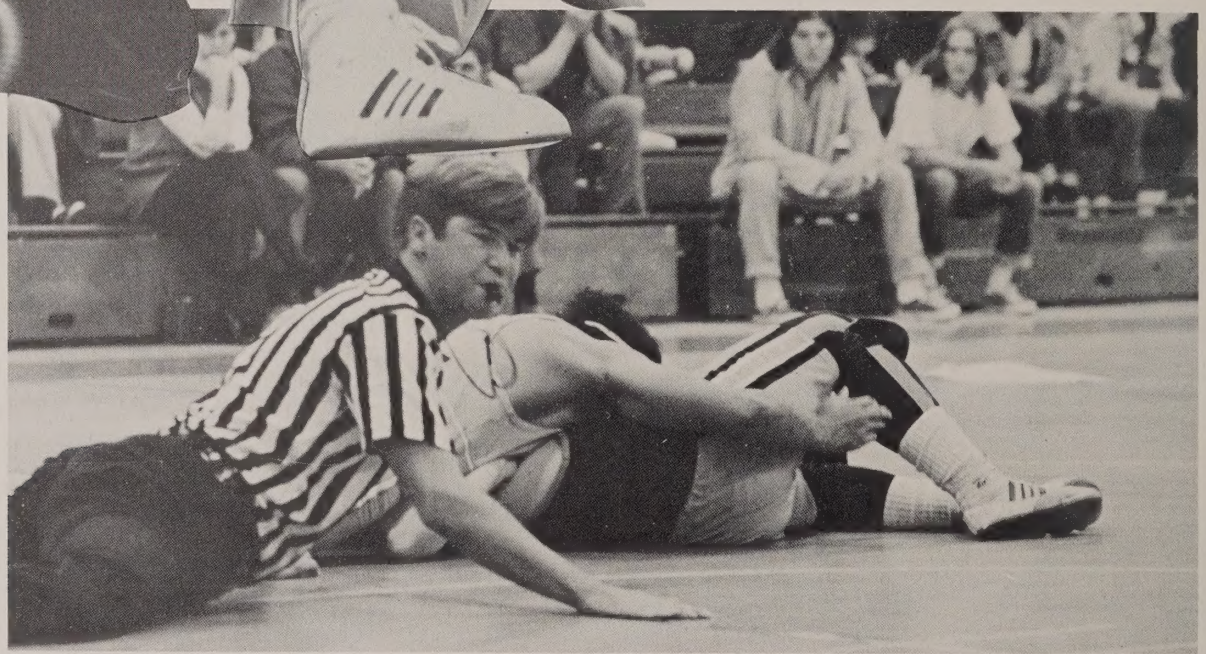
Zerkle and opponent are ready to continue their match.



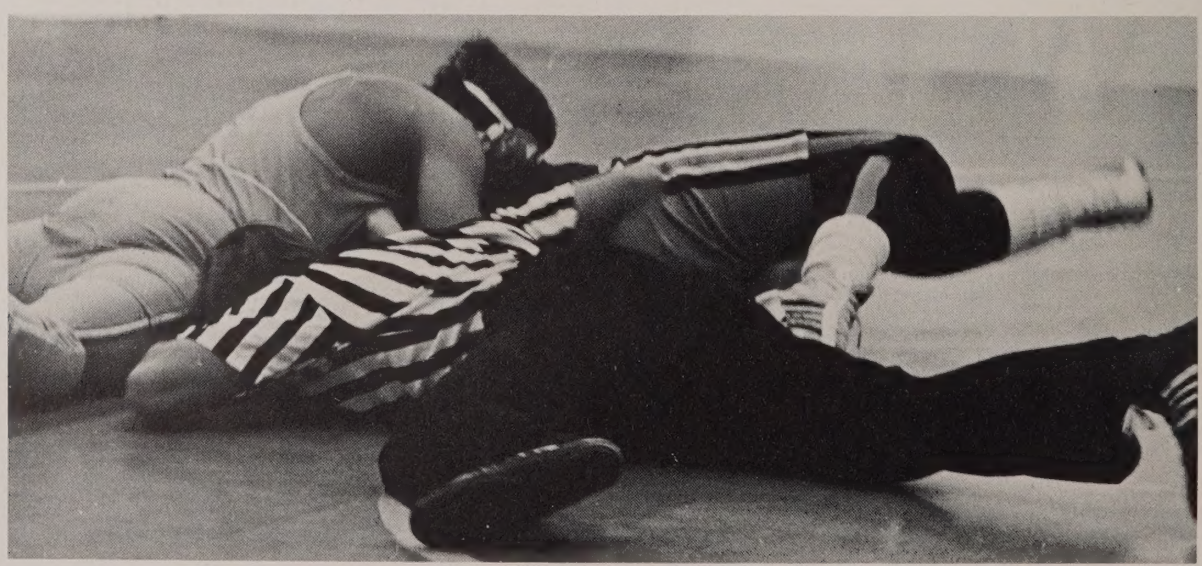
Jeff Zerkle reverses to gain point.

Junior Varsity Builds For The Future

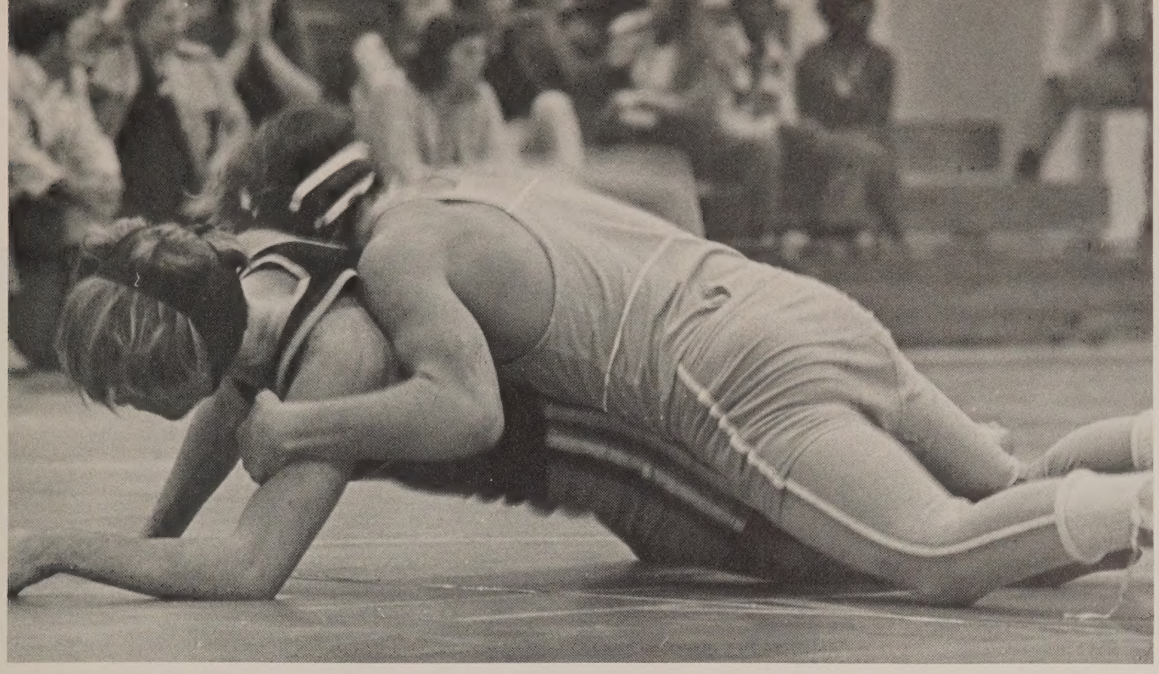
Alex Somarakis struggles to pin Indian River wrestler.



Richard Dogget pins his opponent in last minute effort.



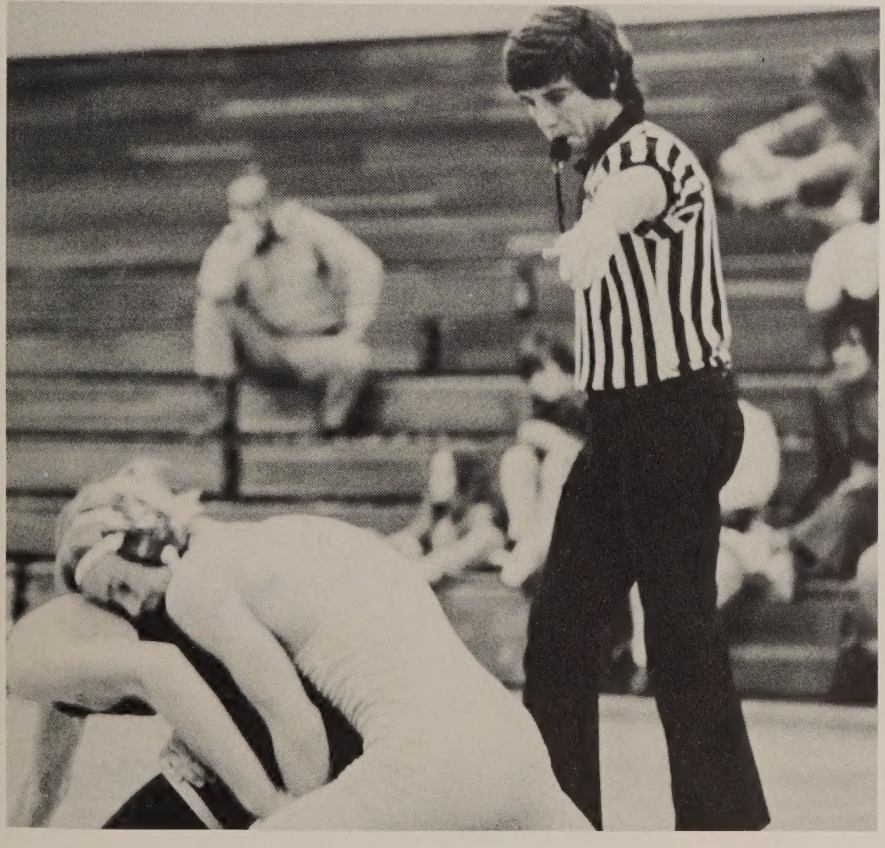
Richard Dogget almost has a pin.



Mark Wray hustles toward victory.

SPRING '78 SPORTS

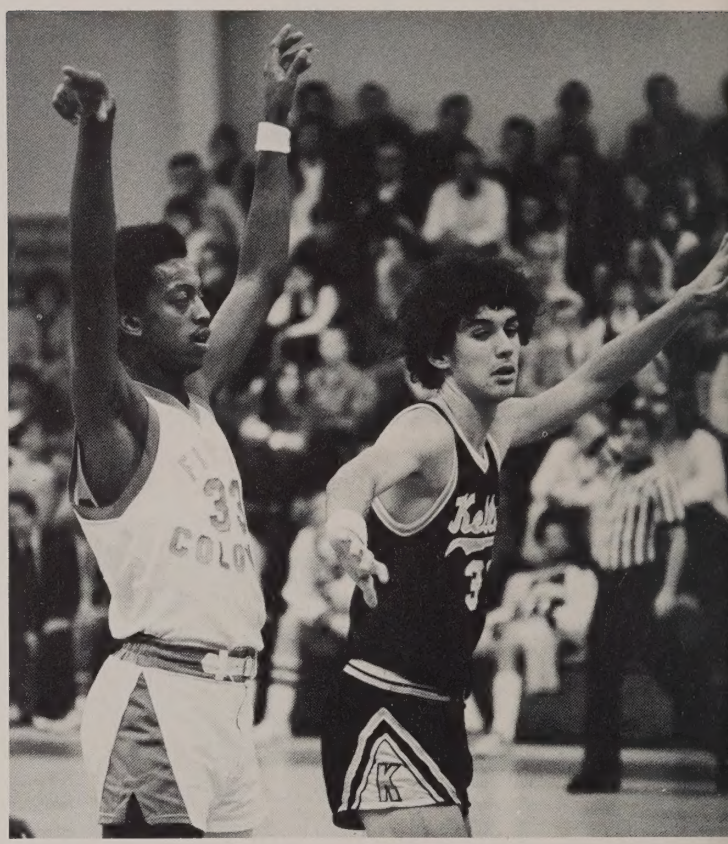
1st. row — R. Brooks, R. Spivey, S. Smith, S. Newton, J. McDonald. 2nd. row — J. Wilmer, R. Dogget, M. Wray, B. Woods.



Skip Smith tries to reverse opponent.

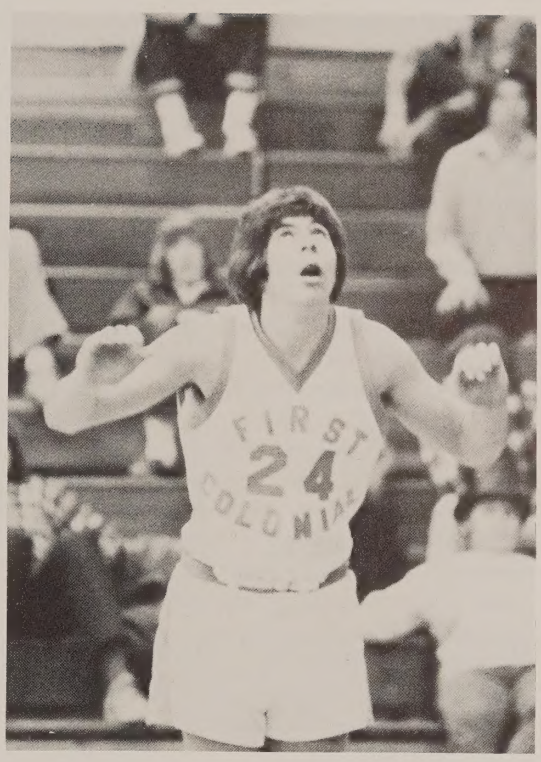
SINK IT

Outreaching his opponent, Bert Lewis awaits the pass.



Bert Lewis and Allen Turner aid Patriots in another victory.

Speedy Gainer scans court for open teammate. Speedy made both All-City and All-District Teams.



Tensed and ready, Anthony Salomone is determined to get rebound.

Patriots go wild after First Colonial scores again, and again, and again.

New Coaches Inspire

The Varsity Basketball team began the season under the direction of a new coach. Alton Hill. Practicing at least two hours a day, the team built up its playing ability. Backed by a spirited school body, the team finished 5-5 in the district and 9-6 overall. Although the Varsity team is losing seniors Bert Lewis, Mark Butts, and Cleveland Spellman, First Colonial is looking for continued outstanding performance from Speedy Gainer.

The J.V. Basketball team was also under the direction of a new coach. Norbie Wilson found it difficult to make believeable to the players that defense can win the game. This difficulty did not keep the team from an excellent season. The Patriots beat Lake Taylor by thirteen points, giving Lake Taylor it's first and only loss. With exceptional guarding and strong rebounders, it seems only natural that the team placed second in the Eastern District.

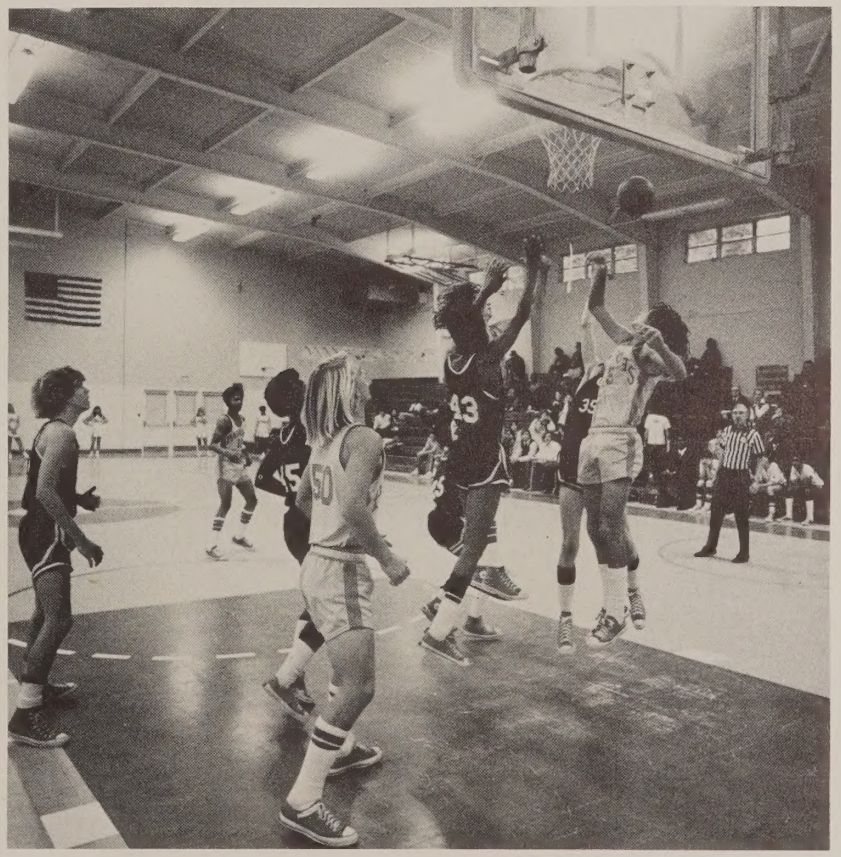
F.C.		*Opponent*
85	Kellam	74
58	Cox	57
59	Kempsville	57
82	Bayside	76
52	P.A.	74
54	Kempsville	50
81	Cox	65
68	Granby	90
83	Lake Taylor	70
60	B.T.W.	62
68	Kellam	67
73	Bayside	75
58	Norview	62
54	P.A.	71
72	Maury	91
64	Maury	92

Coach Hill advises Speedy Gainer in the next play.

Coach Hill, M. Bowman, A. Salomone, B. Harris, M. Uzzle, C. Spellman, A. Turner, M. Butts, D. Burlage, W. McLanon, S. Dole, (manager) L. Bowman, (Co-Captains) S. Gainer, B. Lewis.

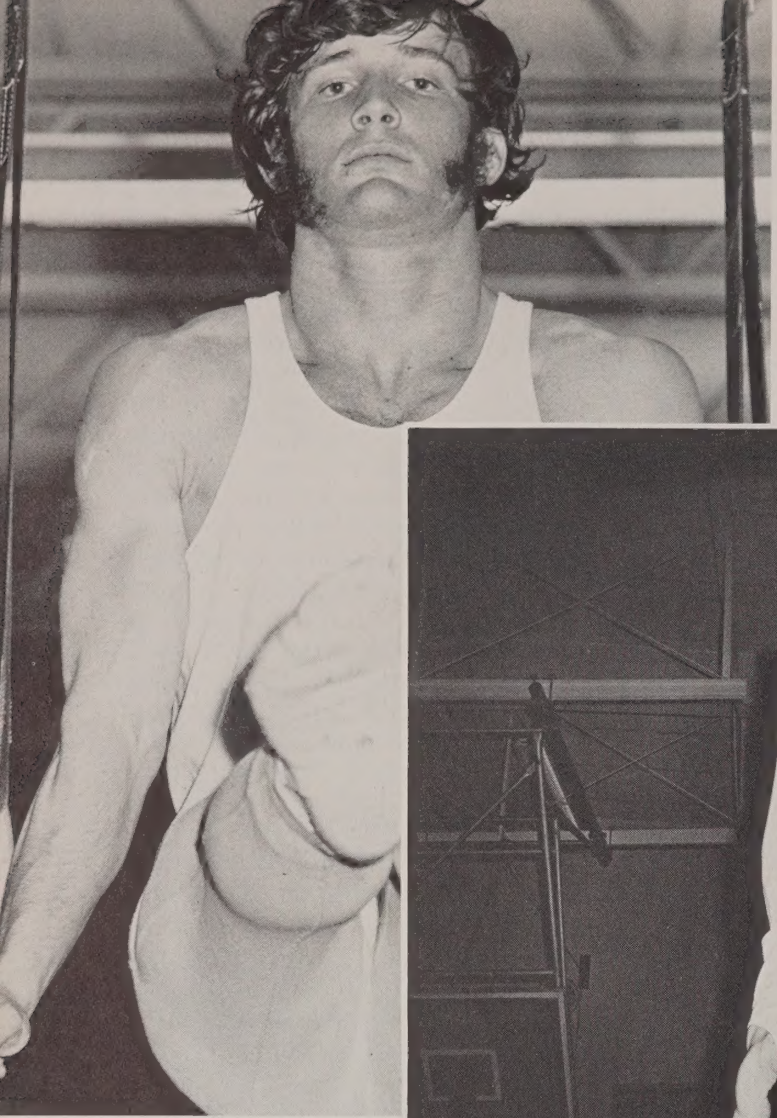
(Sitting) (Co-Captions) T. Moon, E. Barcliff, (kneeling) G. Bowman, K. Schachle, B. Carlo, A. Owens, W. Garrett, J. McGruden, D. DisRochis, R. Goggin, A. Henry, (standing) J. Evans, M. McDaniels, S. Parsick, T. Beamon, Coach Wilson, S. Treveer, P. Mobley, T. Harris, G. Booth.

F.C.		*Opponent*
88	Kellam	29
68	Cox	33
74	Kempsville	64
76	Bayside	60
45	P.A.	48
54	Kempsville	61
65	Cox	61
75	Granby	71
77	Lake Taylor	64
64	BTW	58
84	Kellam	50
57	Bayside	50
55	Norview	64
48	P.A.	66
62	Maury	59

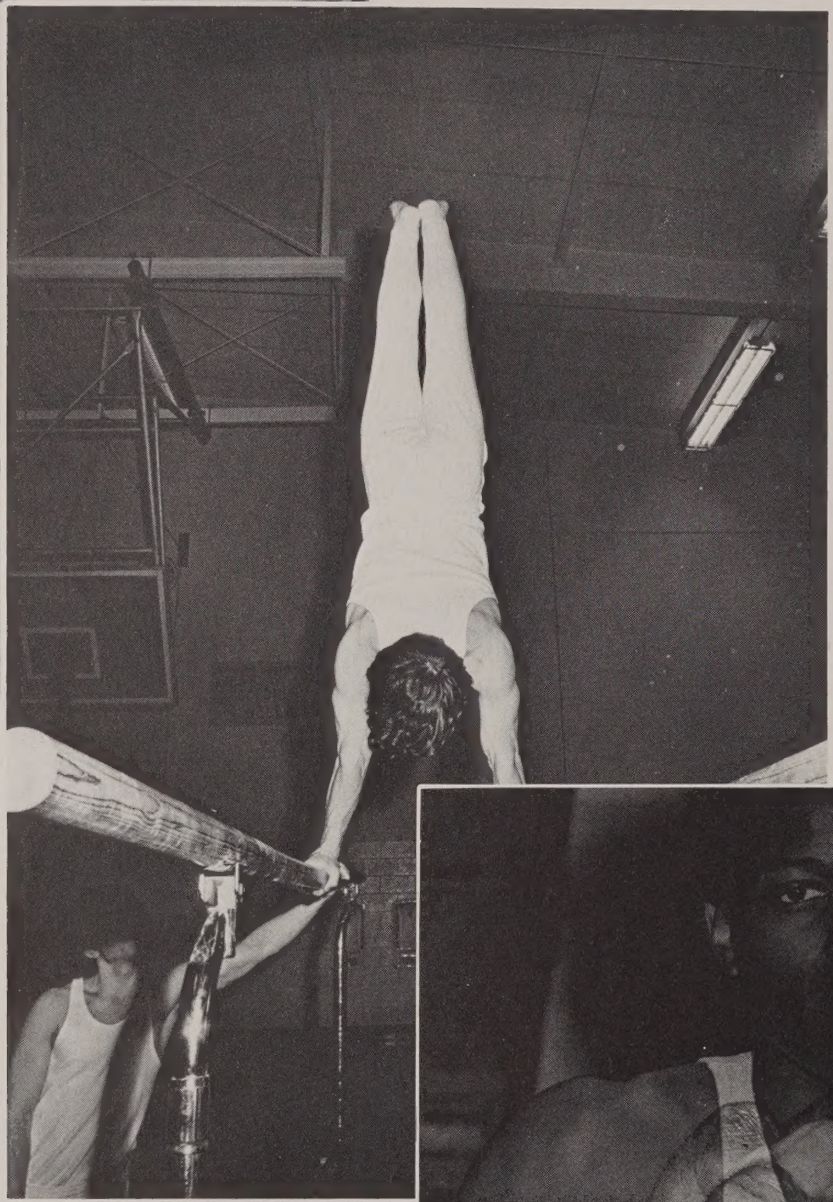


Teamwork helps Patriots finish 11-3 for season.

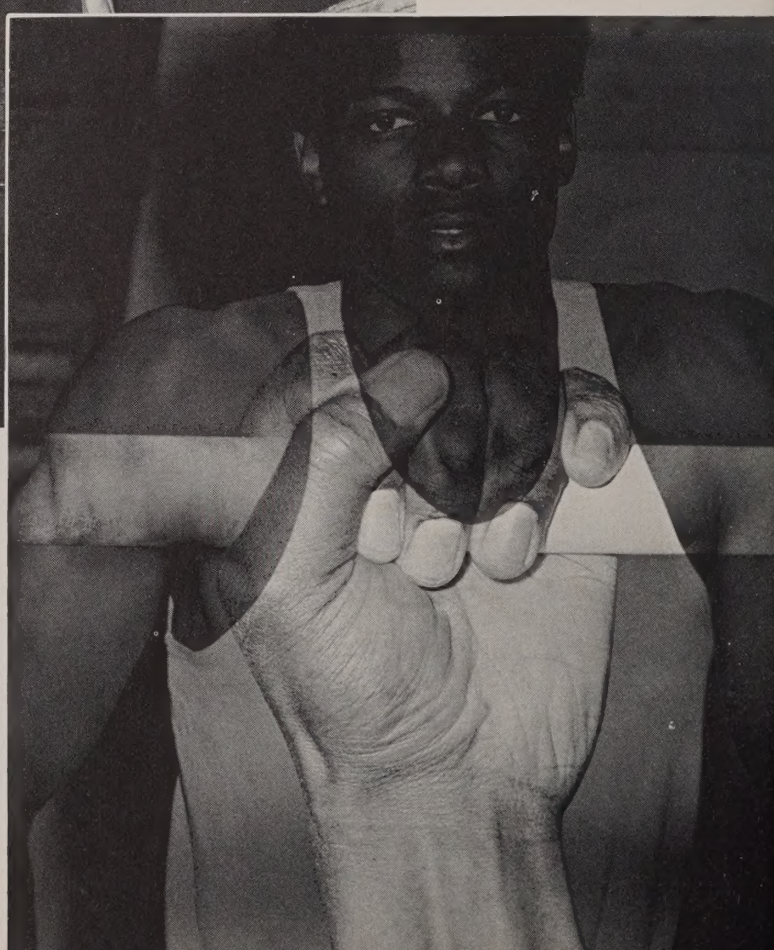
Eastern District Champions Qualify For State Competition



David Handley does L-seat cross on rings.



David Handley demostrates hand stand on P-bars.

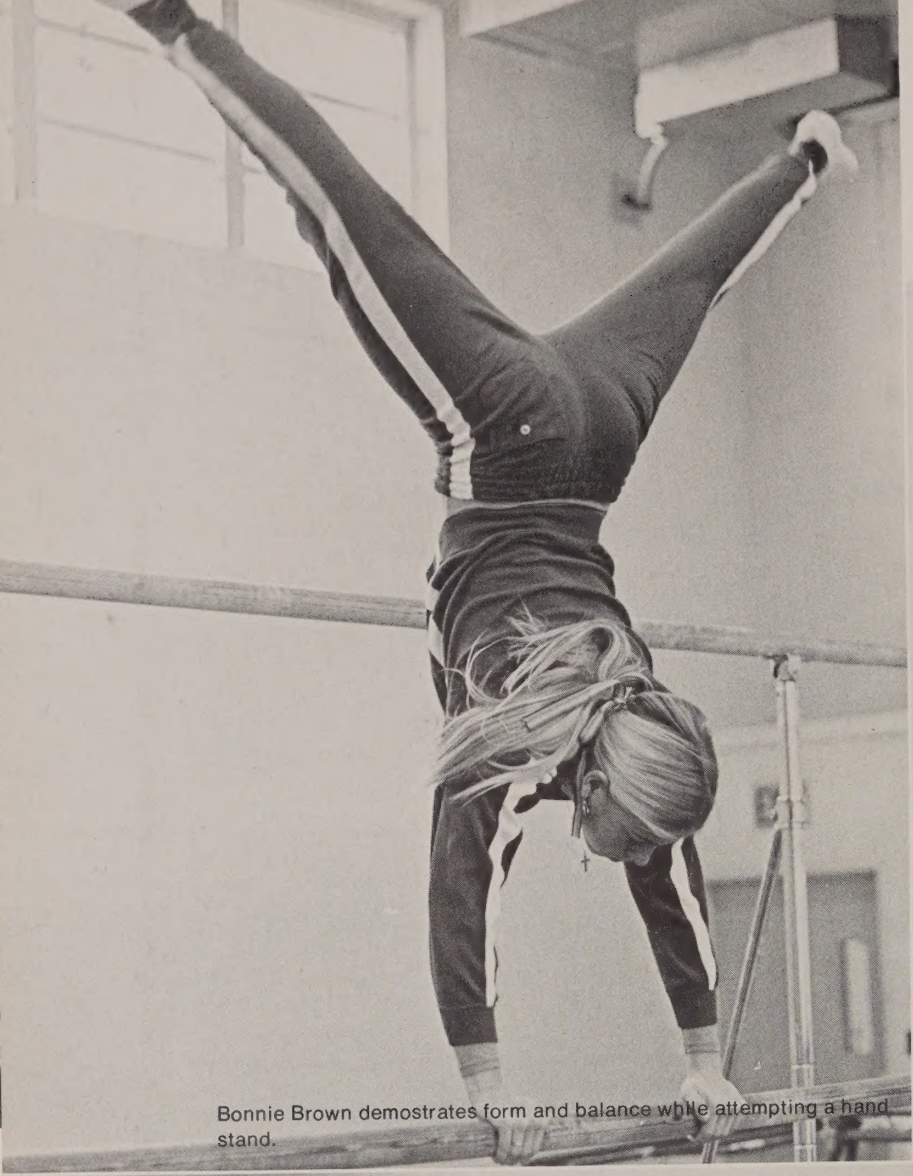


Paul Dallas is illustrated over and under the high bar.

The previous Eastern District Champions managed to maintain their reputation by sending two members of their 72/73 team to the state meet. Bill Handley and Ned Keuhn both placed in the top five in regionals, qualifying them for state competitions. The previous year, the patriot team placed first in regionals and came within .5 of a point from becoming 2nd in the state. The boy's team now consists of mostly sophomores who can build for future competition.
The most important aspect of gymnastics is that it is an individual sport, concentrating on form, strength, and stamina.
This year's team is concentrating most on striving for success in the future years leaving this year open for hard practice.

Sitting: T. Bradshaw, M. Ramsey, M. Krumwiede, M. Kight, D. Donnely, C. Pittman, P. Gresham. *Standing:* J. Moore, M. Hodge, R. Brooks, N. Kuehn, Coach Fishel. *Kneeling:* G. Simon, M. O'Connel, B. Reise, M. Anderson, P. Nimmits, K. Phillips, D. Strange, R. Smith. *litting on Bar:* D. Hanley, P. Dallas, M. Pierce, M. Poulin, P. Norris.

Veteran Gymnasts Excel In Competition



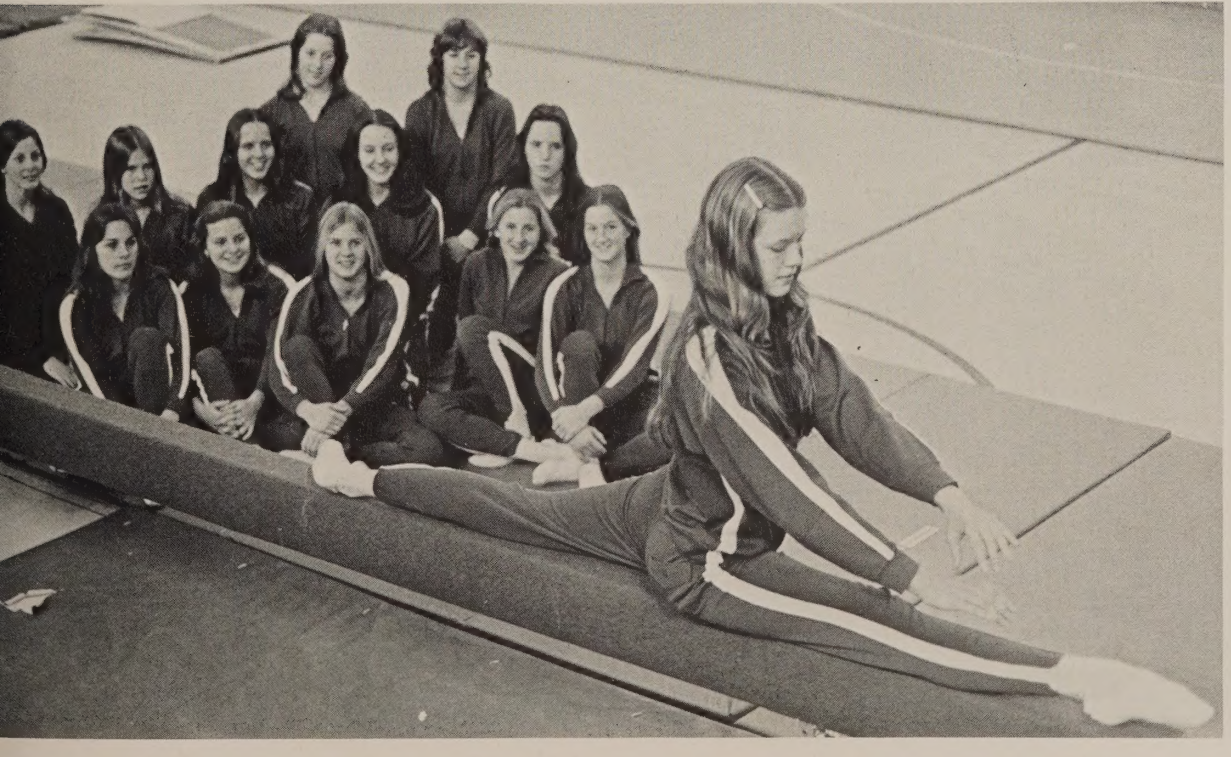
Bonnie Brown demostrates form and balance while attempting a hand stand.

Lisa Wallace does back walk-over on balance beam.

Kathy Lake does difficult move on parallel bars.

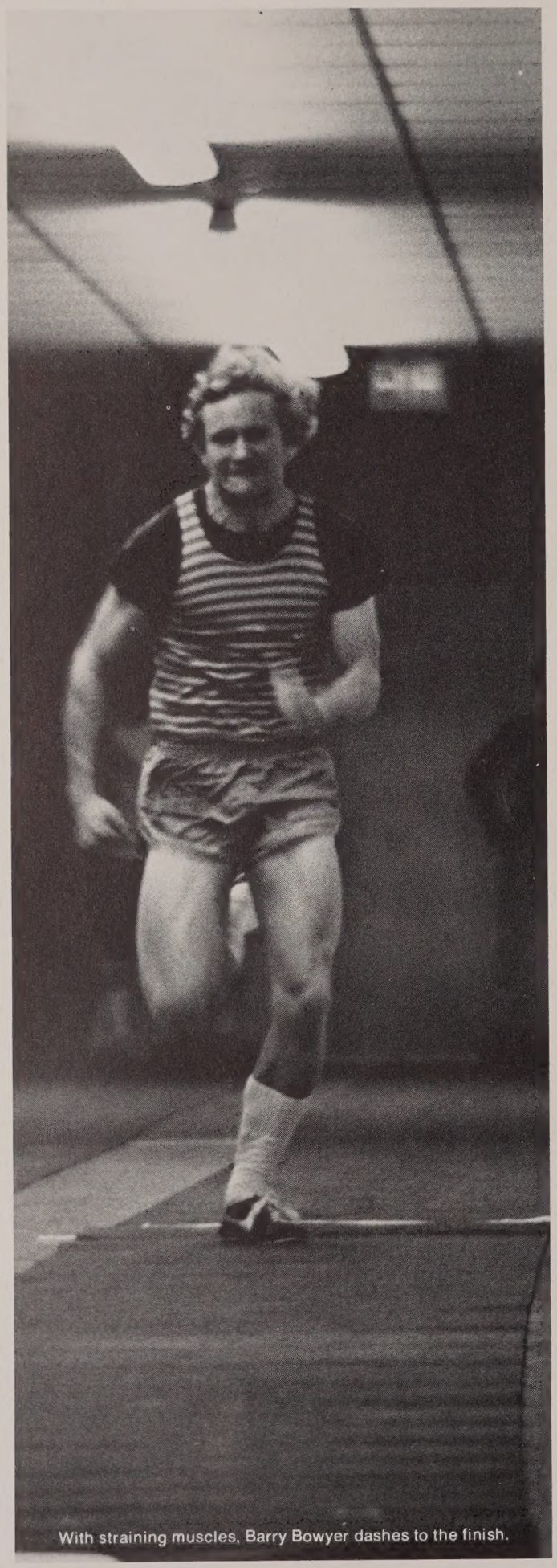
Dede Kirkpatrick prepares to do a front walkover on the balance beam.

The 1973/74 girls gymnastics team proved that they have the potential to be a state champion. The Patriot team defeated every area team and sent many individuals to the state competition. The new compulsory rountine ruling made the competition even tougher. The team was led on by three major veteran members, Bonnie Brown, Lisa Wallace, and Kim McCanna.

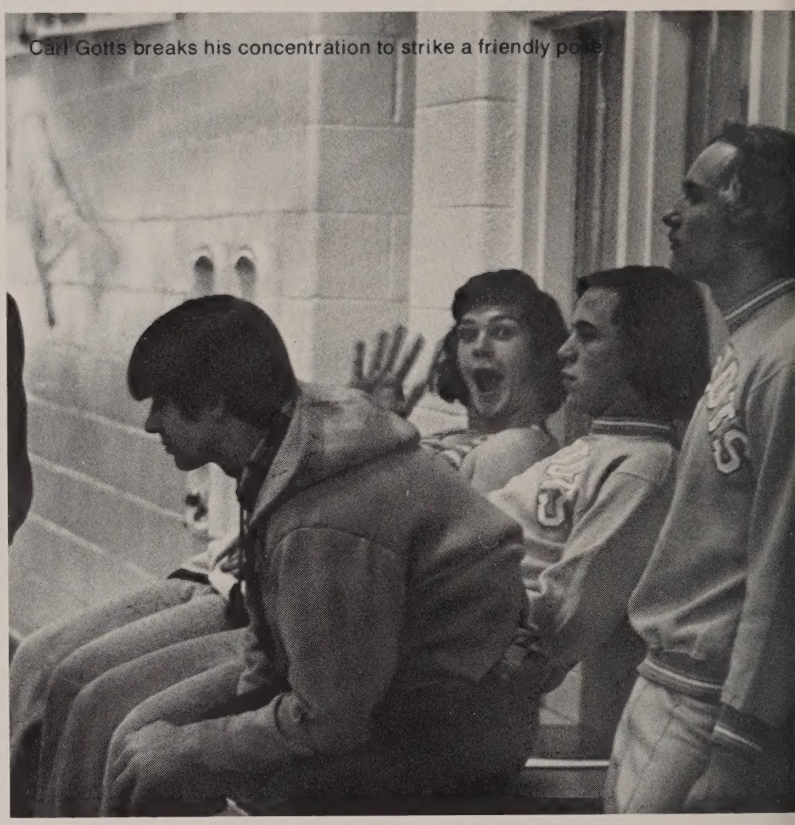


On beam, Gail McCloud. *Row One:* C. Camper, D. Kirkpatrick, B. Brown, S. Johnson, K. McCanna. *Row two:* S. Hadley, L. Hauck, Kathy Lake. *Row three:* L. Wallace, V. Phelps.

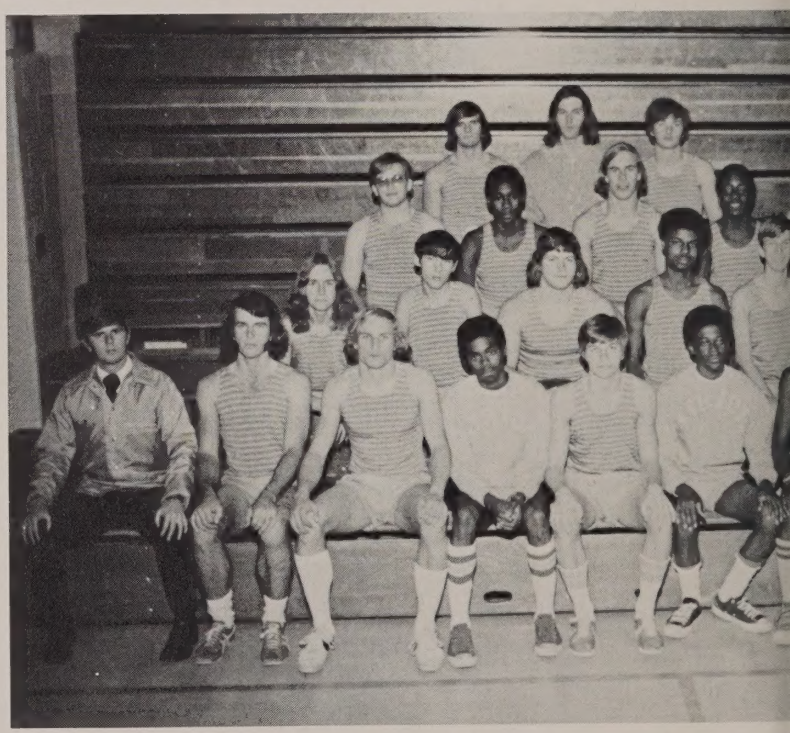
MUSCLES



With straining muscles, Barry Bowyer dashes to the finish.

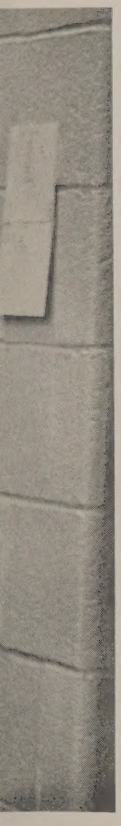


Carl Gotts breaks his concentration to strike a friendly pose.

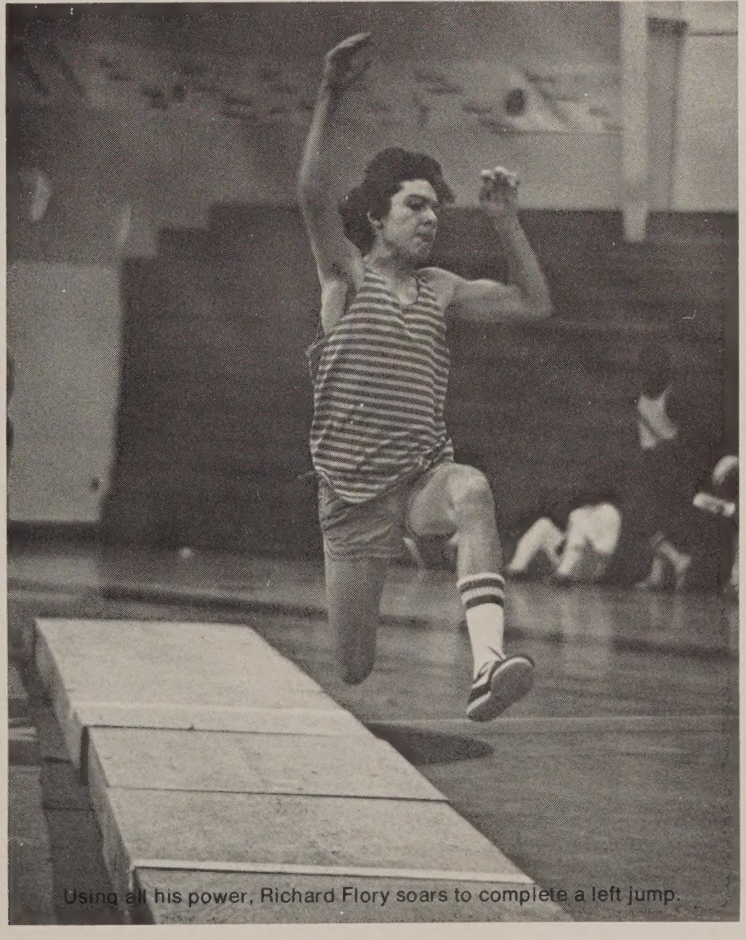


Row 1: Coach Hill, J. Wright, B. Bowyer, R. Jordan, M. Perry, T. Sharpe, B. Mason, G. Tennefoss, Coach Barto *Row 2:* T. Wilbun, R. Flory, C. Gotts, E. Williams, A. Cardwell, C. Hawkins *Row 3:* C. Butts, L. Williams, J. Onhaizer, M. Moore, S. Snively *Row 4:* J. Rutherford, M. Vaderson (manager), J. Stanley

Track Team Continues Their Race Against Time



Cross country team members are Coach Hill, A. Stetson, S. Snively, J. Wright, A. Cardwell, M. Perry, T. Goubeaux, W. Wagley.



Using all his power, Richard Flory soars to complete a left jump.

Winning their first dual meet over Norview, the F.C. Indoor Track team began a new season. This year's team will attend the invitational indoor track meet at William and Mary College. Early in the season, many members qualified for the state meet. Because the team is young, we can expect more years of good performance. In the heat of the summer sun, the F.C. Crosscountry team practiced many hours to prepare for the fall season. With a young and inexperienced team, the team should improve and be back next year.

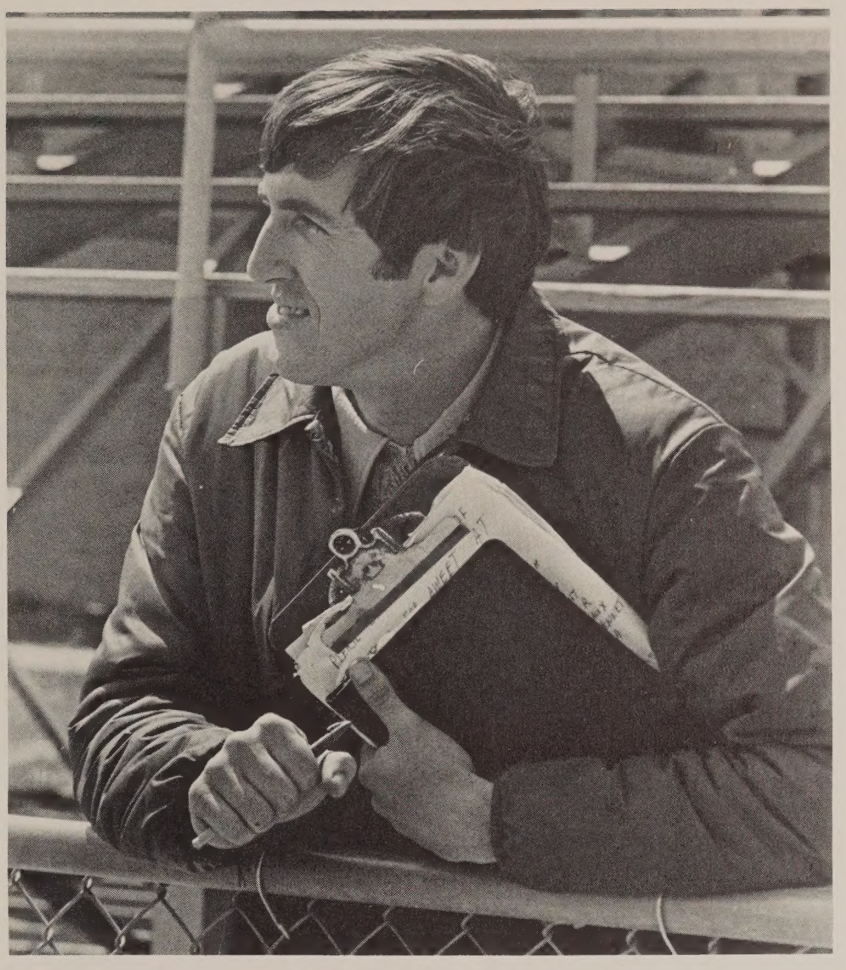
F.C. Outdoor Track Team struggles for the finish.

Our track men line up for the race.

Outdoor Track Runs, Jumps, Vaults In Competition

Coach C. Hill approves Mike Berry's running technique.

The 1973 Outdoor Track Team started out with what promised to be a winning year. They won their first dual meet, but after that, one thing piled up after another. They began with a team that had won 35 consecutive meets, yet due to academic failings and injuries the team lost several valuable members. With what was left, the team put every effort forward but lost the rest of their meets; however, the Outdoor Track Team never gave up their drive to win.

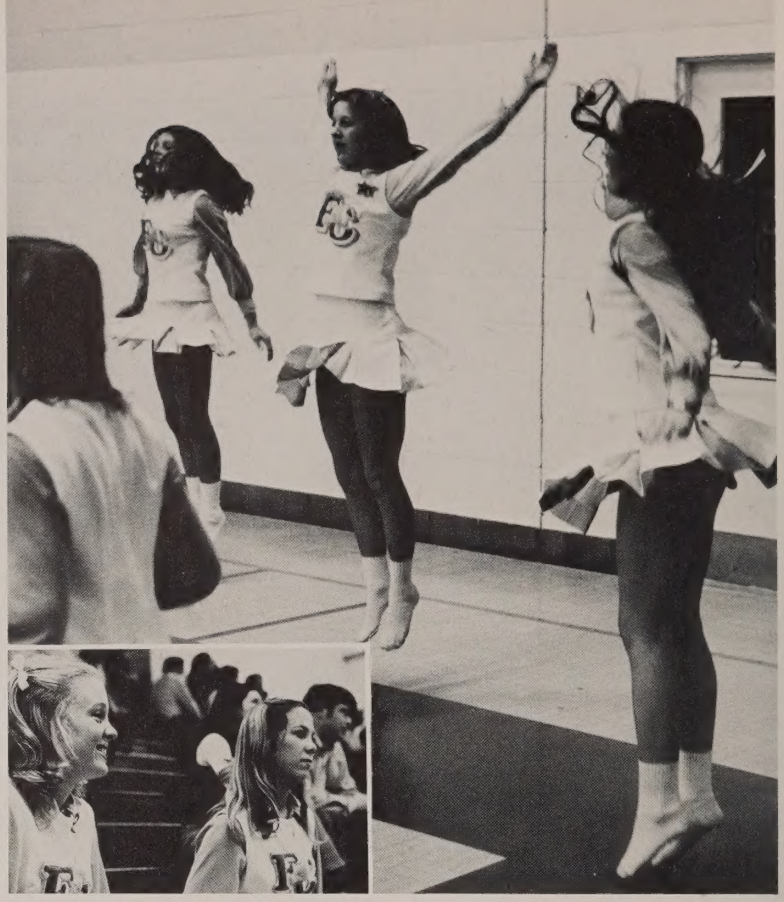


Coach Hill observes practice.

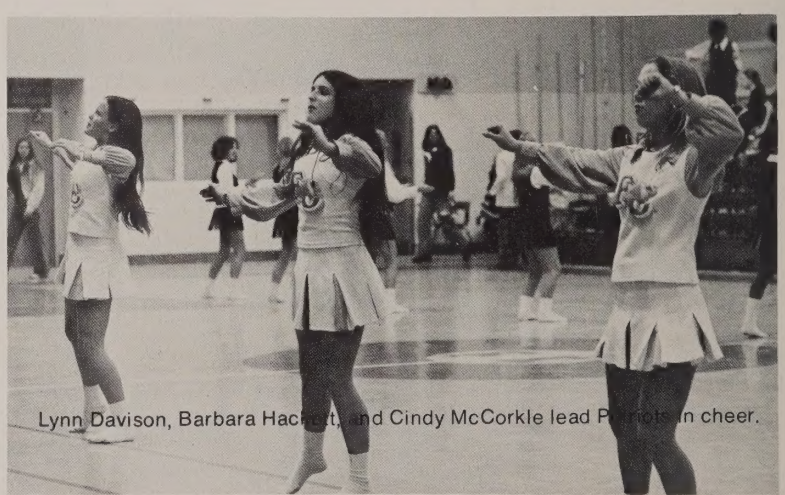
Row One: R. Ford, W. Shuttie, S. Seim, J. Cassanova, S. Jordon, J. McQue, N. Williams, T. Goubeaux, L. Holbert, W. Timerason. *Row Two:* C. Taylor, T. Moon, M. Wright, T. Moon, S. Williams, B. Williams, T. Vandervennet, M. Drinko, J. Perry, L. Coffigan. *Row Three;* J. Deloach, T. Allen, B. Whitler, H. Wright, M. O'Reilly, J. Onhaizer, J. Gary, J. Buckner, A. Stetson.

J.V.'s Show Spirit For Sports

When you select 11 girls from a group of 65, who have spent a week trying to yell louder, jump higher, and look better, the result is the J.V. Cheerleading squad. Practice began every day with exercises and the cheerleaders were taught two new cheers a day. The girls sold football programs during the Varsity games and built Patriot Spirit during J.V. games. After J.V. games the girls would treat the team to popsicles. Most of the girls enjoy football games more, because of the larger crowd and exciting atmosphere. But the fast moving basketball team with it's tight scores and close shots, make cheering during basketball season most thrilling.



Lisa Wallace executes a jump, while Emily Jones and Cindy McCorkle take a break.



Lynn Davison, Barbara Hackett, and Cindy McCorkle lead Patriots in cheer.

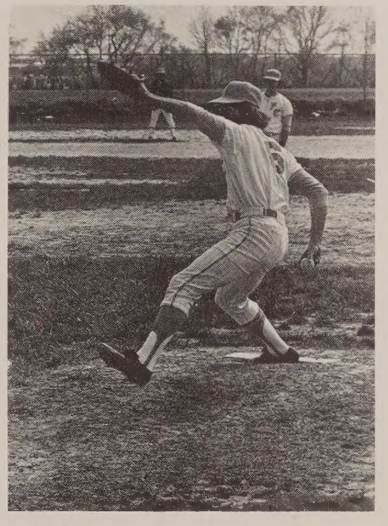
B. Cruden, L. Davison, B. Hackett, K. Wallin, L. McIndoe, L. Wallace, F. Lawson, C. McCorkle, P. Pyle, E. Jones, C. Johnson.

Varsity Team Hits Hard Season

1973 Scoreboard

F.C.		Opponent
7	Cox	4
2	P.A.	3
3	P.A.	4
5	Cox	2
7	Kempsville	8
2	Bayside	5
8	Bayside	2
5	Kellam	3
3	Norcom	3
3	Maury	1
2	Lake Taylor	1
3	Norview	4
4	Granby	6

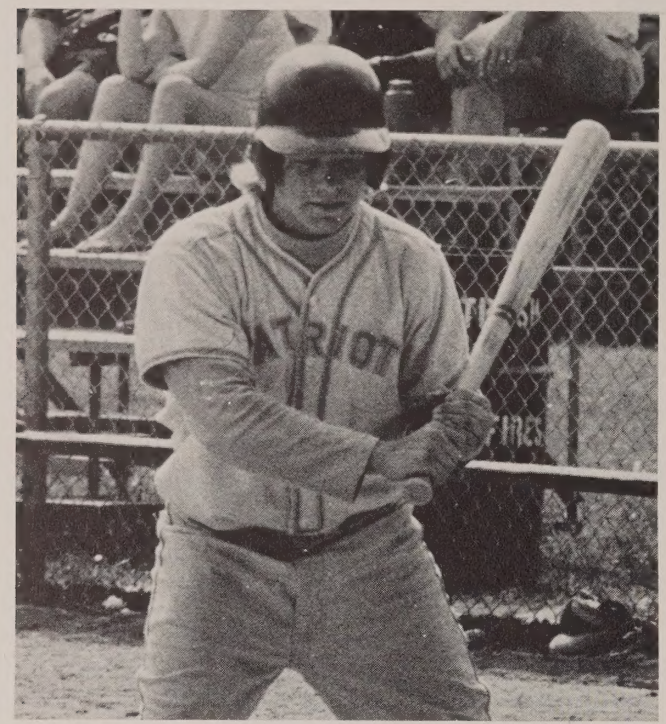
Under the direction of Coach Phelps, the F.C. Varsity Baseball team finished with a 7-1-6 season. The team was composed of speed and determination. In the district play-off, F.C. was victorious over Kempsville with a 6-5 score. Dave Bumgardner was chosen most valuable player, and Carl McDonald and Darrell Doss are the most promising players for the next season.



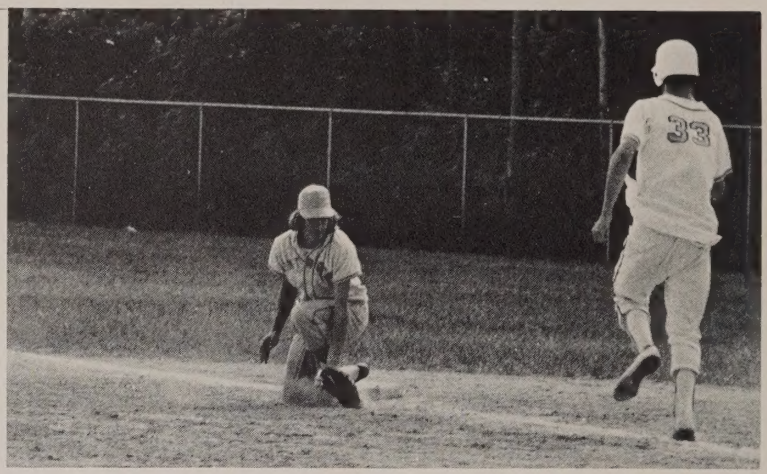
Wound-up, Dave Bumgardner strives to strike out the batter.

Row 1: S. Selby, C. Paphites, S. Davison, J. Williams, C. Swecker, M. Bowman *Row 2:* K. Andresen, D. Bumgardner, T. Stovall, R. Lavrischeff, T. Cason, E. Bateman (manager) *Row 3:* D. Ogle, M. Swecker, S. Lowery, L. Bowman, P. Forbes.

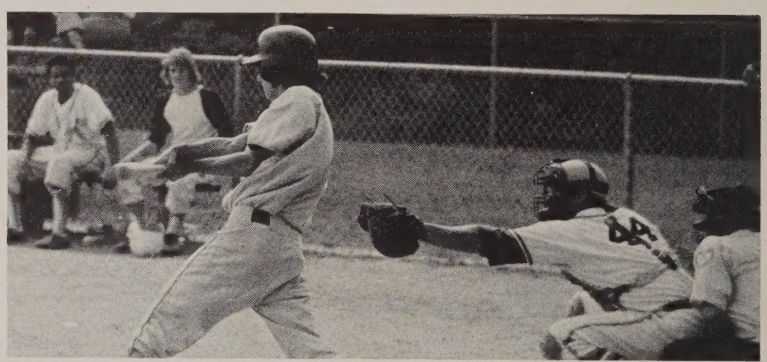
Coach Douglas Works With Young Team



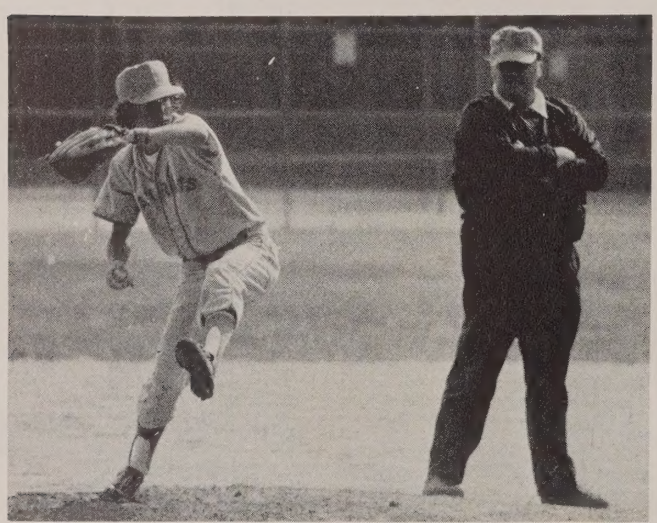
Eddie Harwell boosts the team ahead on a good hit.



Mitch Ackaway gets a man out on first base.



Mark Flitton hits for a single.

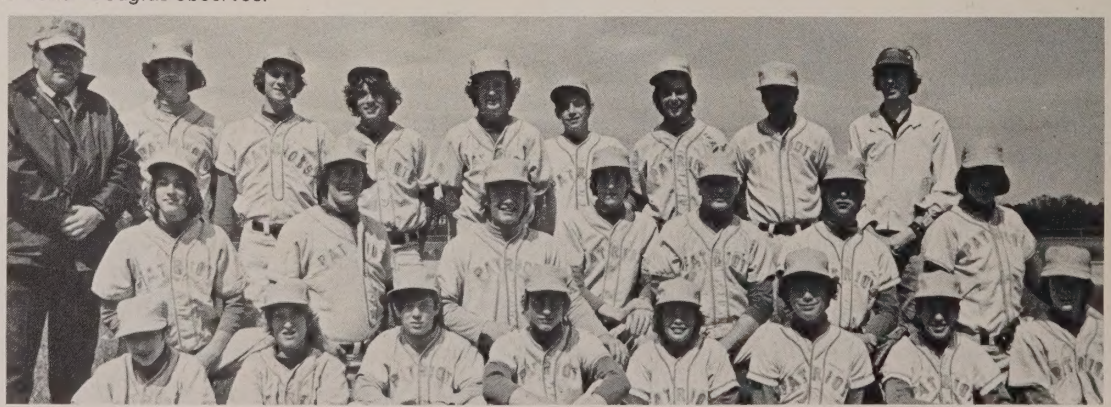


Robby Wilmer warms up as Coach Douglas observes.

The 1972-73 JV Baseball team, composed of mostly freshmen, did well with a 6 / 6 season record. Coach Douglas stated that it was both a good team and season, considering the young ages of the players. Since only a few members were lost to Varsity baseball, the 73-74 season should prove to be an even better one. The team's most valuable players were Eddie Harwell and Robby Wilmer. Manager Danny Crisman worked to keep unity and optimism among the team members and was given credit by his fellow teammates for keeping the team alive.

1973 Scoreboard

F.C.		Opponent
1	Cox	4
7	Granby	0
6	Cox	3
0	Maury	2
8	Norview	15
6	Lake Taylor	9
3	Bayside	1
3	Kellam	1
4	Kellam	8
5	Princess Anne	10
9	Booker T.	0
2	Kempsville	1

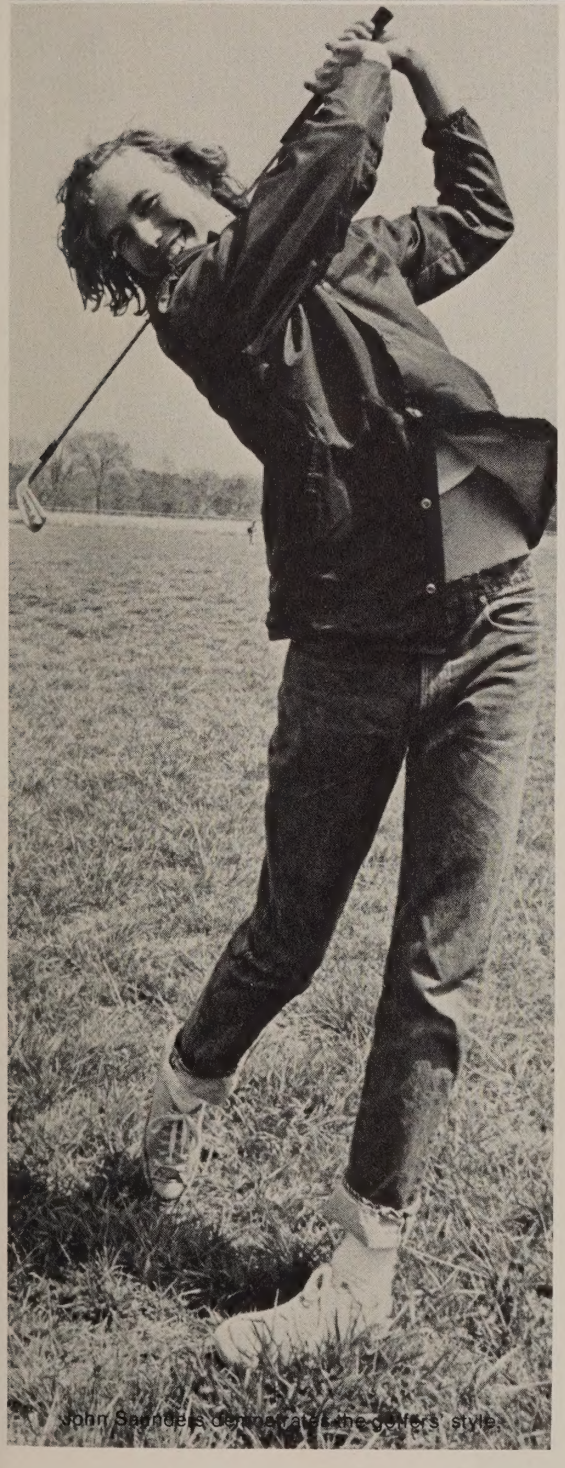


First Row: S. Weseleskey, C. Hughes, W. Shipp, M. Forlines, S. Swecker, J. Wilmer, L. Bartel, A. Henry. *Second Row:* R. Coons, T. Lottman, E. Harwell, G. Sadowski, C. Butts, R. Preece, George Ackaway. *Third Row:* M. Flitton, R. Hewitt, P. Fyles, R. Wilmer, D. Warren, W. Potter, R. Ong, Mgr. D. Crisman.

Golf Team Strives For Individual Honor

S. Hall, K. Rieder, R. Britt, J. Saunders, R. Dawson, B. Cole, Coach John Dapolito

The golf team originated in the 72/73 term due to a renewed interest in the sport. While this sport may seem to some a very leisurely one, as much practice and work are put into it as is with any other competitive sport. This team consisted of young players. The student captain of the team was Bill Cole, a junior, and the coach was Mr. Dapolito. While the 72/73 season proved to be a good one, the compitition from the beach teams, especially Princess Anne, was tough. With a team of veterans carried over from last year, these golfers are full of high hopes for the up coming 73/74 season.



John Saunders demonstrates the golfer's style.

Bill Cole warms up at Red Wing Park.

Varsity Cheerleaders Raise Spirit High

Kim Coulsting and Chris Salamone rock around the clock.

Linda Redford, Susan Bonner, and Billye Phillips sway to the Patriot beat.

Jenny Wharman, Sue Bonner, Laura Sanden, and Billye Phillips cheer the team on toward another win.

1974 V. cheerleaders: *Row One:* S. Bonner, C. Salamone, B. Phillips, H. Lawson, captain, L. Sanden, L. Redford, and J. Wharman. *Row Two:* J. Glaves, N. Candelaria, K. Coulsting.

Reflecting the spirit of last year only 27 girls came out for Varsity Cheering. The few that did try out were bubbling over with pep, so the ten chosen had to be able to raise the morale at F.C.

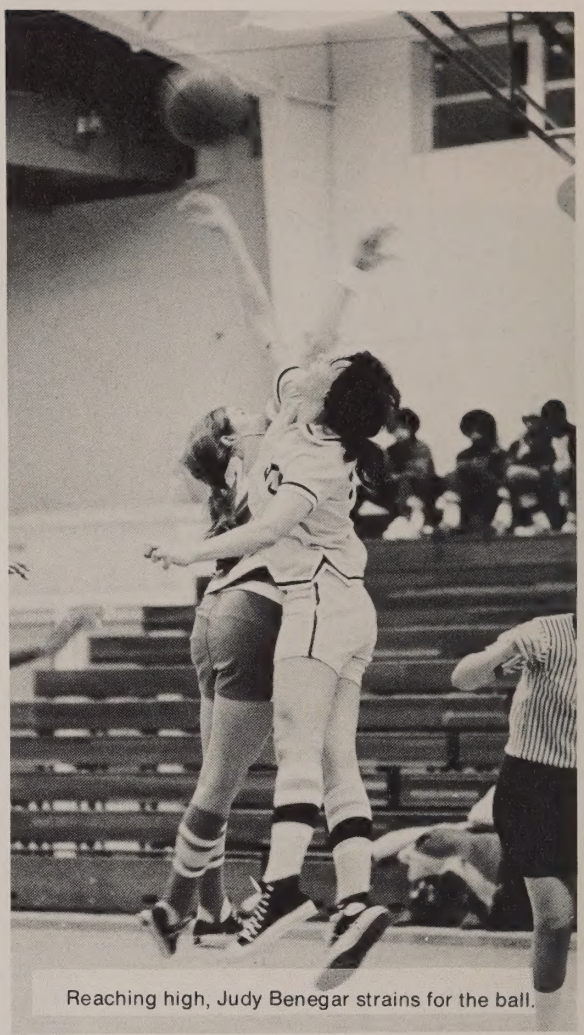
The girls worked all summer learning new cheers. After the first winning game the students finally realized what the cheerleaders had been yelling about. At the next rally the students were fired up and the stands roared. Never before have the sports been so enthusiastically supported by the cheerleaders and students.

The cheerleaders' activities varied from sponsoring the first dance, decorating the boys' locker room, buying 200 little footballs, and giving $150 to the Joy Fund.

We've Come A Long Way Baby

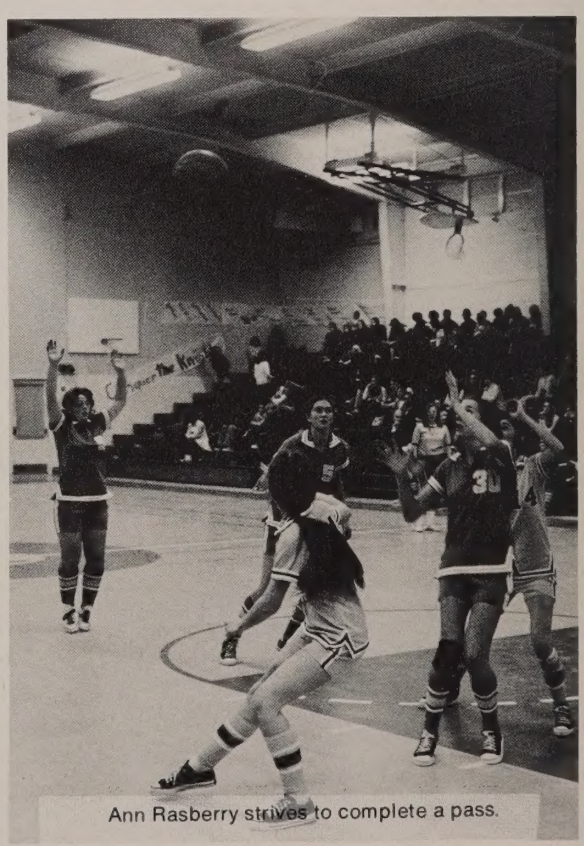
F.C.		*Opponent*
88	Kellam	29
68	Cox	33
74	Kempsville	64
76	Bayside	60
45	P.A.	48
54	Kempsville	61
65	Cox	61
75	Granby	71
77	Lake Taylor	64
64	B.T.W.	58
57	Bayside	50
55	Norview	64
48	P.A.	66
62	Maury	59

This year is the first that First Colonial had a girl's basketball team. After three years of trying to get the team established, Miss Cox finally received agreement from all the principals and the city. The team began practicing five days a week and one and a half hours a day. After a broken wrist, a broken nose, and two broken ankles, the Girl's Basketball Team finished 7-3. The exceptional playing ability of Sandra Berry, Karen Garbis, Janis Berry, Judy Benegar, Ann Rasberry and Terry Abraham, and the managing skills of Gail Morris were proven when the team placed second in the district. First Colonial can look forward to many years of outstanding performance.

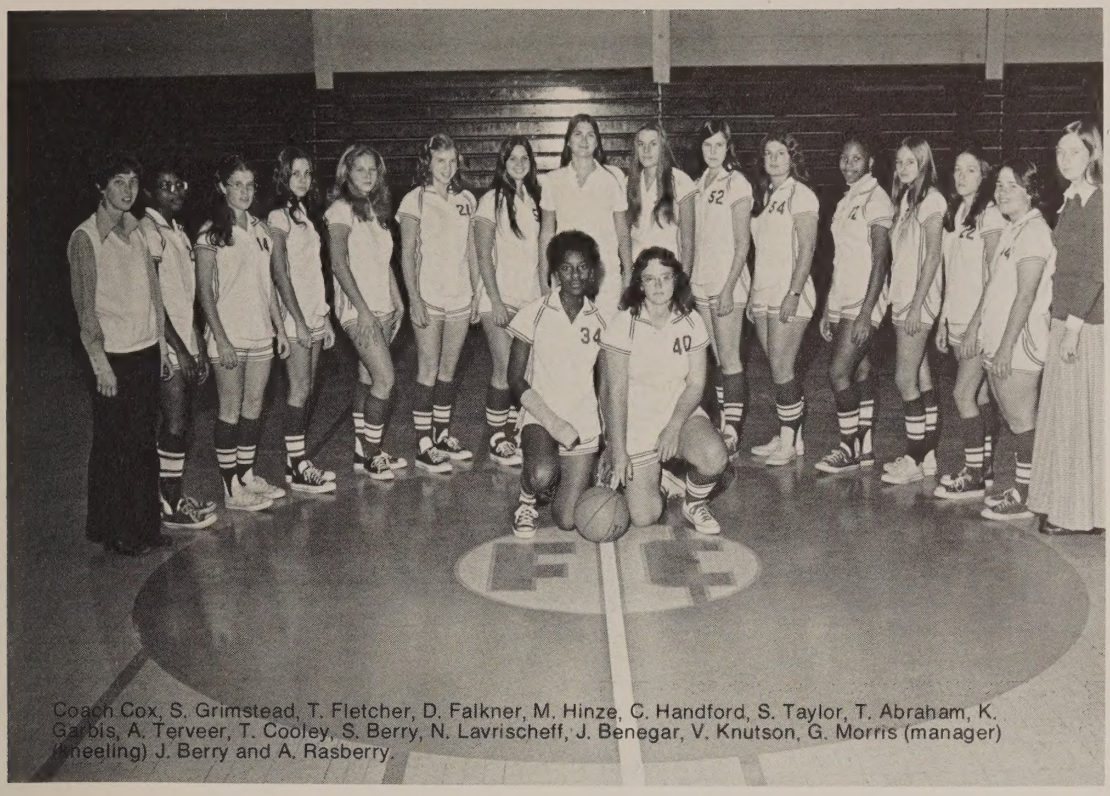


Reaching high, Judy Benegar strains for the ball.

Two on one, the opponent is no match for Terry Abraham and Sharon Grimstead.



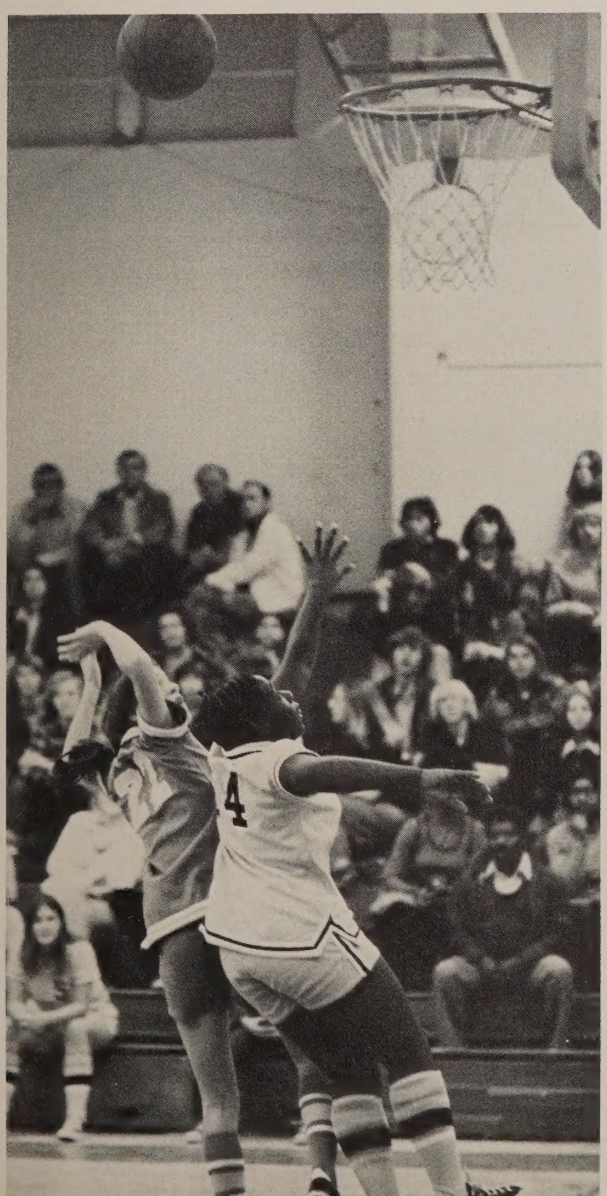
Ann Rasberry strives to complete a pass.



Coach Cox, S. Grimstead, T. Fletcher, D. Falkner, M. Hinze, C. Handford, S. Taylor, T. Abraham, K. Garbis, A. Terveer, T. Cooley, S. Berry, N. Lavrischeff, J. Benegar, V. Knutson, G. Morris (manager) (kneeling) J. Berry and A. Rasberry.

F.C.		*Opponent*
34	Kellam	44
58	Cox	28
26	Kempsville	36
47	Bayside	34
48	P.A.	32
32	Kempsville	54
55	Cox	31
40	Kellam	28
45	Bayside	12
50	P.A.	13

Opponent fails to keep Judy Benegar from scoring.



Coach Cox explains strategic play to Janice Berry and Ann Rasberry.

Karen Garbis takes free shot as teammates await rebound.

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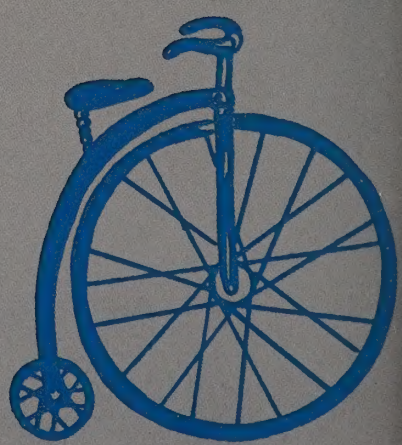


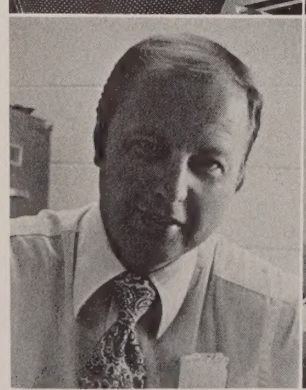
The purpose of our faculty is multifold. Acting as guides, teachers, leaders, or just friends they do much to inspire our search for ideals and establishment of goals. Providing answers to our questions, they aid us in our individual cycles of school life. Yet, the faculty themselves constitute their own cycle. Each year a number of new teachers are employed while veteran teachers depart from our school. Mrs. Ross, Mrs. Crommelin, and Mrs. Dozier made this teaching year their last as they left for an indefinite time. However, a bond always remains in that they are all a group of professionals, working together, helping us through these years. They watch us change and mature from little kids to near adults who leave them behind where they remain to continue their work.

THEY Lead The Way

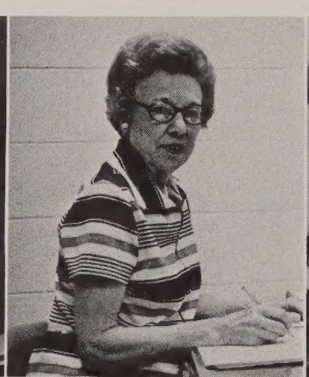
In a school with a capacity of 1,800 and an enrollment of 2,600 students, much is to be said of our administration. Our principal, Mr. Bowyer, is responsible for the faculty, the student body and the three assistant principals. Each of the assistant principals is in charge of a specific area. Mr. Atkinson managed instruction while Mr. Hassell controlled transportation to and from First Colonial. The sometimes unpleasant job of disciplinary action was covered by our new principal, Mr. McMillan. Students with problems other than discipline report to the counselors' offices in the guidance department. This year there were two new counselors ready to help. Mr. Hasner worked with the ninth and tenth graders and is impressed with the positive attitude of the students. Mr. Copley came to First Colonial this year from Kellam. He not only worked with seniors, but was the new head of the guidance department.

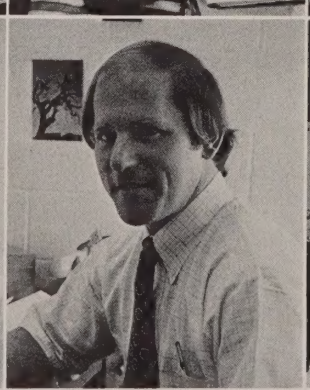
Carlton Bowyer, Principal

Anita Howard
Secretary
Tom Copley
Counselor

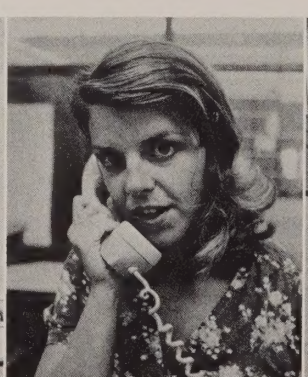


Marguerite Shelley
Treasurer
Steve Hasner
Counselor

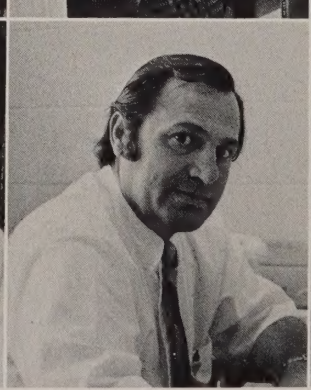




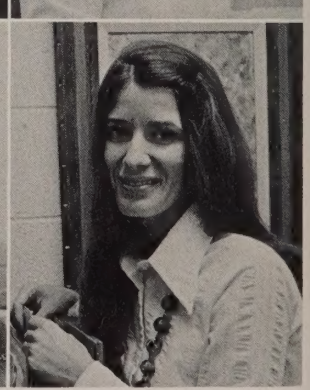
Joy Simson
Secretary
Barbara Kirkpatrick
Counselor

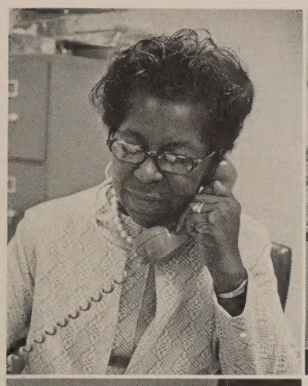


Ann Warburton
Secretary
Gus Polizos
Counselor



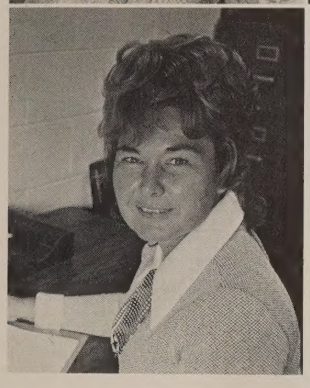
Carolyn Warner
Secretary
Barbara Price
Counselor



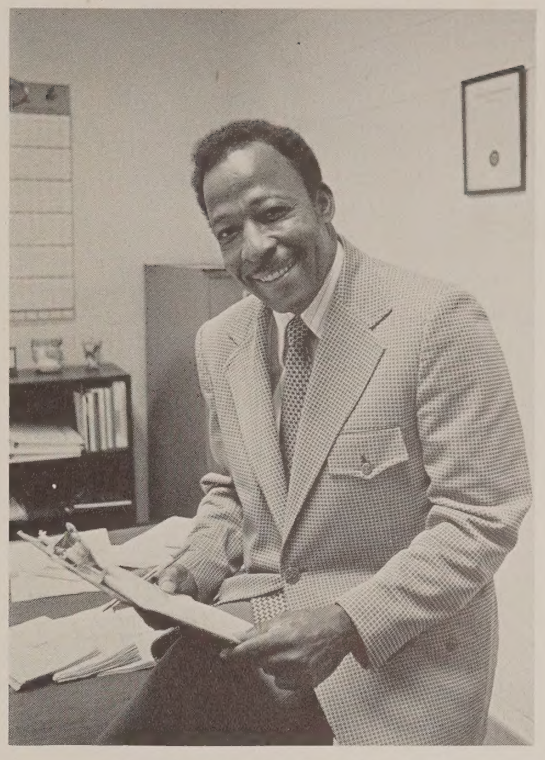


Bernadine Rasberry
Counselor

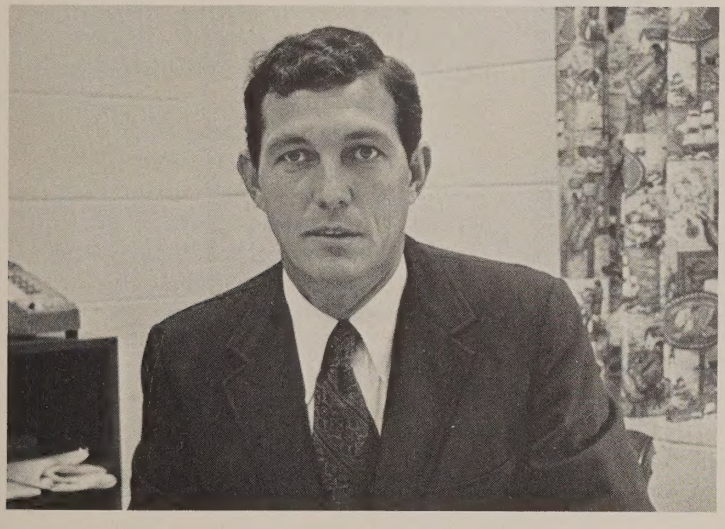
Katherine Reilly
Counselor



Gloria Stenzhorn
Counselor

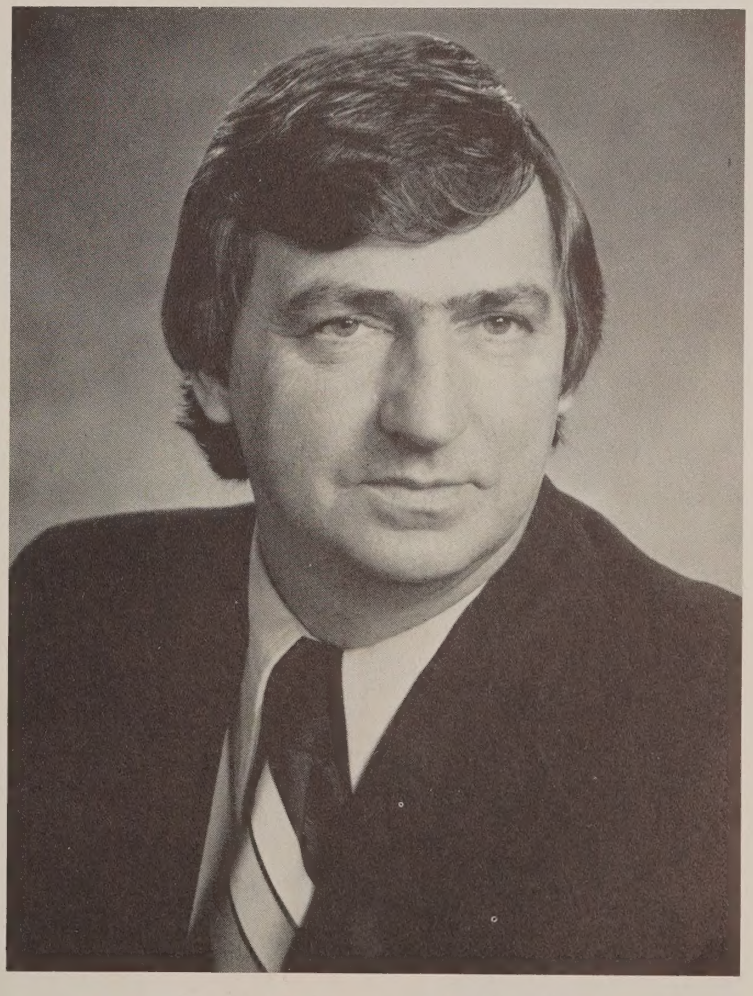


Joseph Hassell, Assistant Principal



Roger McMillan, Assistant Principal

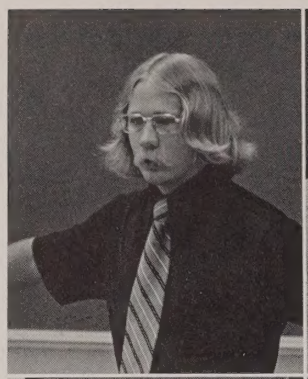
Charles Atkinson, Assistant Principal

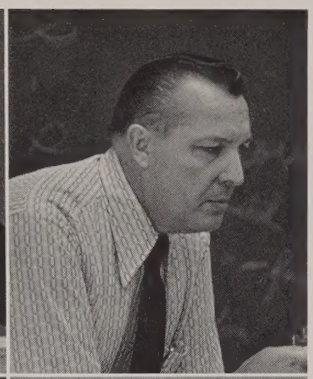


E.E. Brickell, Superintendent of Schools

Pete DeWolf
U.S. History

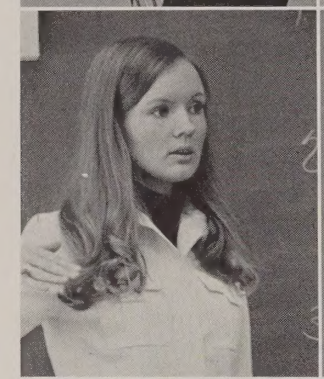
George Garbark
Government

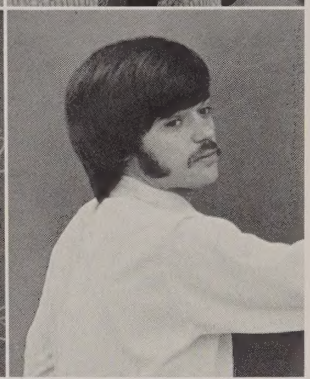




Ann Garrett
World History

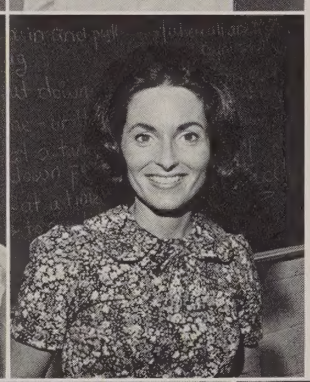
Barry Gavasto
Georgraphy





Donne Griffin
U.S. History

Stuart Grimes
U.S. History

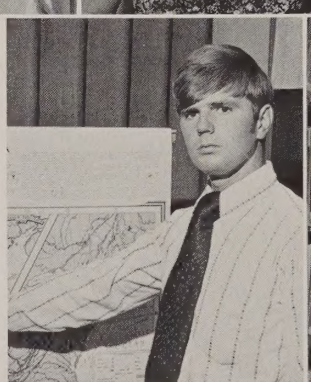


This year the government classes held a mock election for the state and city officials. This was done in an effort to make the students more aware of their responsibilities. Voting machines were obtained so as to familiarize the upcoming young voters with how the machine works. The final tallies reflected the closeness of the race for governor as it was in actuality. In some of the classes Howell won while in others Godwin took the lead. Mrs. Jones, a government teacher, was indeed very proud due to another type of election. Beth Anne Jones received the title of 1973 Homecoming Queen. This was a second for Mrs. Jones since her older daughter Connie also reigned as queen five years ago. Mr. Griffin joined his wife, who has been teaching English here, and began his first year at First Colonial as a United States History teacher.

C.L. Hill
U.S. History

Thelma Houck
Government

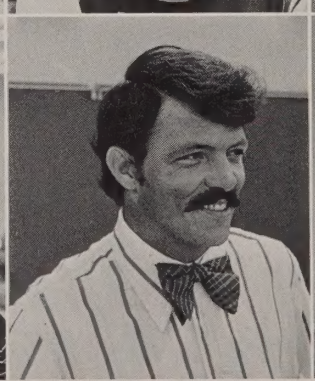
Gwen Infantino
World History

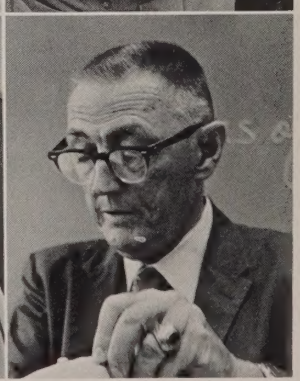


Phyllis Jones
Government

Ted Phelps
Psychology

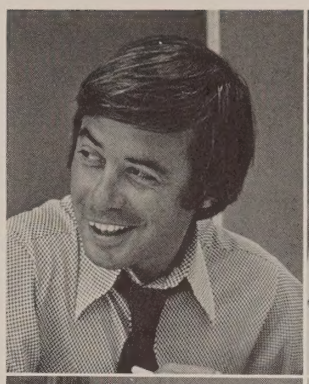
William Powell
Geography



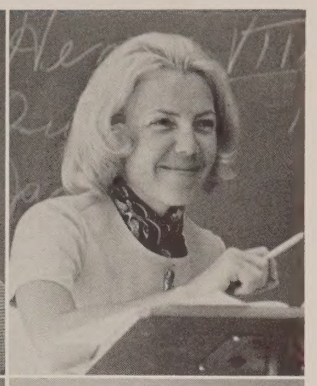


VIEWS Reflected

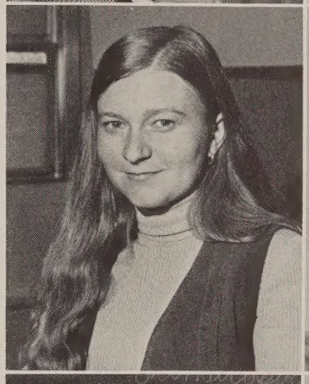
In Mock Elections



Pat Ricks
Sociology



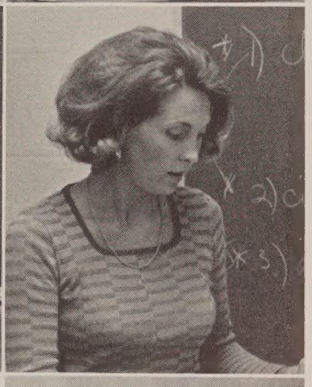
Ann Rowan
U.S. History



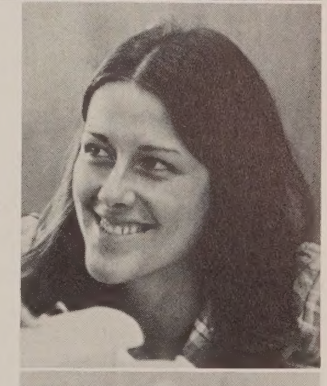
Daralyn Wallace
Government

Frank Webster
U.S. History

Hilda Wells
Government



Tamara Bowyer; Bachelor Living, Family Living, Foods



Karen Dodd
Home Ec. 4 & 5, Clothing 1 & 2

Linda Thornton; Child Development, Home Ec. 2 & 5

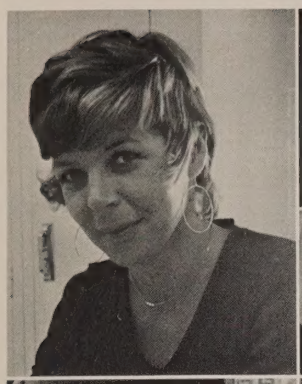
Two new semester courses have been added to the social studies department. Psychology II and Socilogy II were offered for the first time this year and met with remarkable success. Pupils involved in Mr. Phelps' Psychology II class did an experiment dealing with the prejudice in kindergarteners. They proved that these children had not formulated any kind of distinctions with their peers. Even though Mr. Phelps teaches those subjects dealing with man's mind, his involvement in coaching included the physical side of man. Not only have girls been invading the predominantly male classes, but the guys have enrolled in home economics classes. "Bachelor Living" is the name of the course and it deals with the preparation of foods, marriage responsibility, grooming, basic decorating, and even some sewing. Mrs. Bowyer who teaches this course tells of how one guy added green food coloring to his giblet gravy sincerely believing that it would look better. This same program exists for girls and is called "Family Living." Both are pilot programs for the city and are available to their students in their junior and senior year.

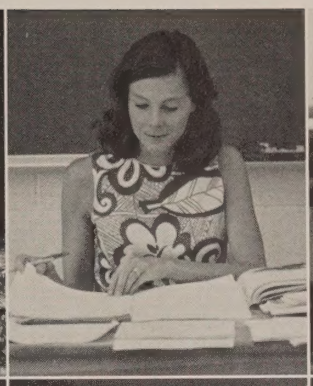
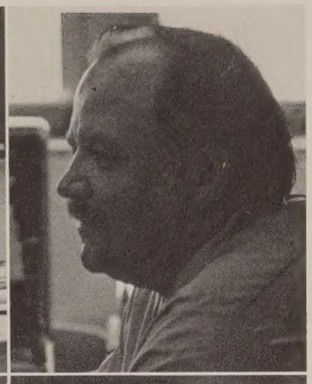
Library staff; Kathy Spencer, Beth Talley, Ruth Barco, Martha Ragland, Thelma Hampel

Teachers In ENG Have Much To Offer

Usually it is safe to say that the teachers' extra-curricular activities correlate to their subjects. But in the case of coach Douglas, an eleventh grade English teacher, this theory simply does not hold true. With this in mind, one error seems to have been made in the scheduling of students and classes; Mrs. Whitehurst ended up with a first bell English class of all J.V. football players! There are three other English teachers who also act as coaches, and their activities directly relate to their work. Mrs. Crommelin, who teaches public speaking along with her eleventh grade English classes, is the debate team's sponsor and teacher. This year's literary magazine was organized by Miss Gore. Miss Field replaced Mrs. Dozier as the drama director. Besides teaching eleventh grade English, Miss Field also instructed Drama I and II classes. Meanwhile, Mrs. Dozier became a full time English teacher.

Marianne Matson, English 10; Julia Williams, English 10; Randall Cramer, English 11



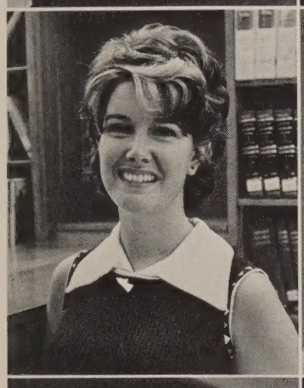



Dawn Best
English 10

Norma Brumage
English 9

Mary Crommelin
English 11 and
Public Speaking

Stewart Douglas
English 11

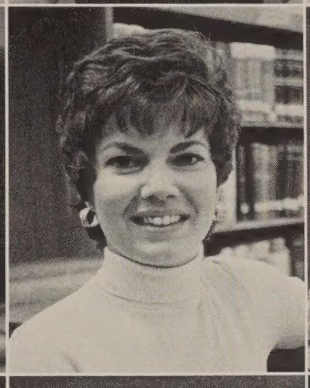


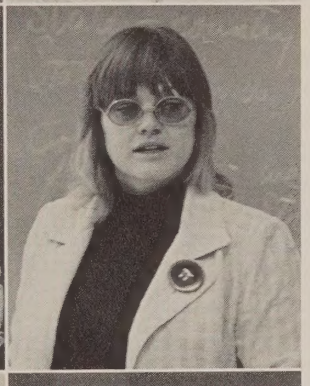
Deborah Erskine
English 9

Martha Dozier
English 12

Marsha Field
English 11, Drama

Ann Fulghum
English 10



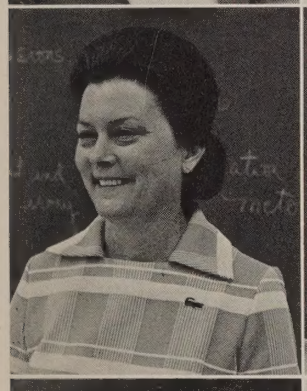


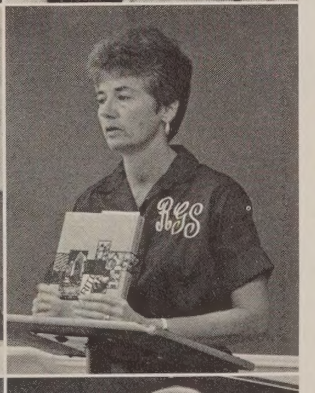
Kay Gore
English 11

Carolyn Griffin
English 10

Sharon Haring; English 11,
Adv. Comp., World Lit.

Sharon Ledford
English 9



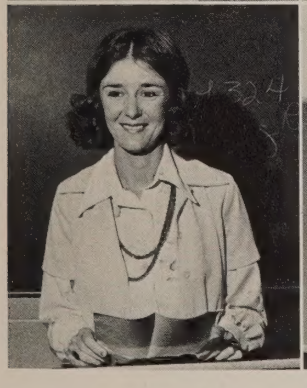
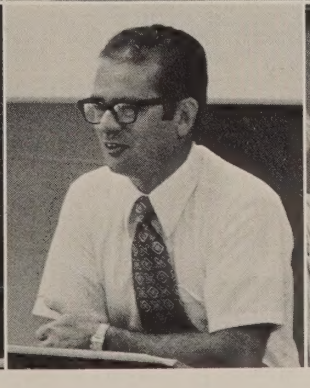
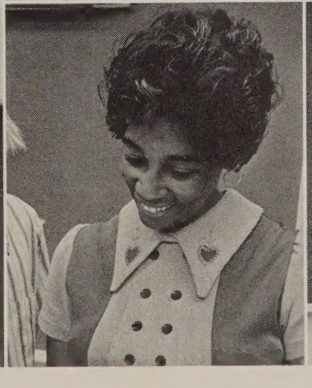
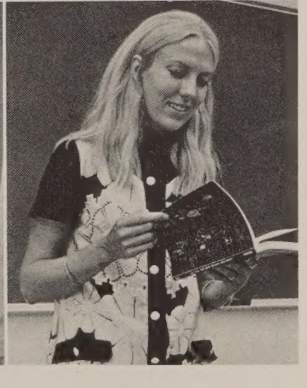


Barbara Owens
English 12

Jeanette Ross
English 12

Frances Sadler
English 11

Rosella Schendel
English 10

Clemence Stephen
English 9

John Webster
English 12

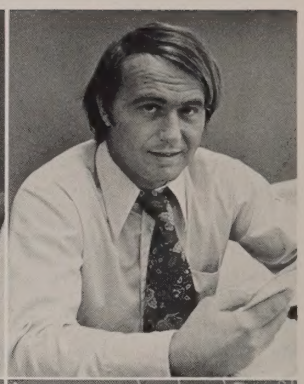
Joycelyn Whitehurst
English 11

Alice Widman
English 12

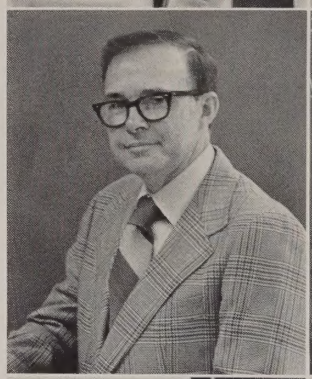
FIELDS Of Exploration

Science teachers have to have courage in order to do what they do. The chemistry teachers in working have to make sure that the students have a definite idea of what they are doing. The teachers of biology have to watch out for their weak-stomached students in the study of frog dissection. Even the earth and life sciences have surprises to offer! This year on an ecological field trip, one student fell into the mud and had to return home. In teaching physics, Mr. Marshall is about the only one on the safe side. Besides teaching science, he also instructs a geometry class and coaches our tennis team. This year the ratio of girls' enrollment in industrial art classes has increased, be it a genuine interest in such courses as drafting and shop, or merely a reflection of the women's lib movement, the instructors are pleased. Two new studies were incorporated this year. Manufacturing and Construction was one in which the students built a small section of a house which included framing, flooring, insulation, plumbing, electricity, and roofing. The other new course was the construction of a mini bike "chopper."

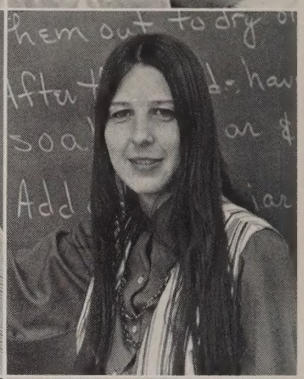
Mary Broyles
Chemistry



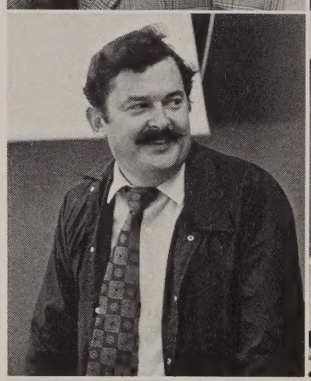
Ben Forehand
Biology



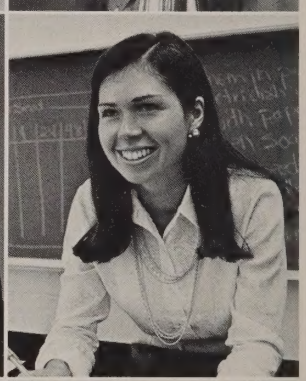
Ralph Hoskins
Biology



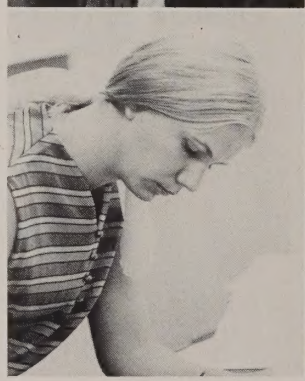
Patty Hudson
Biology



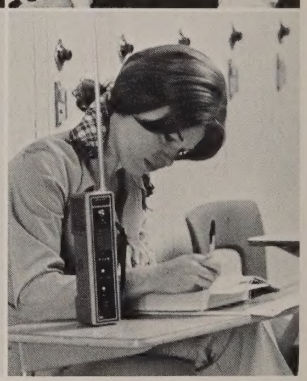
John Marshall
Physics, Geometry



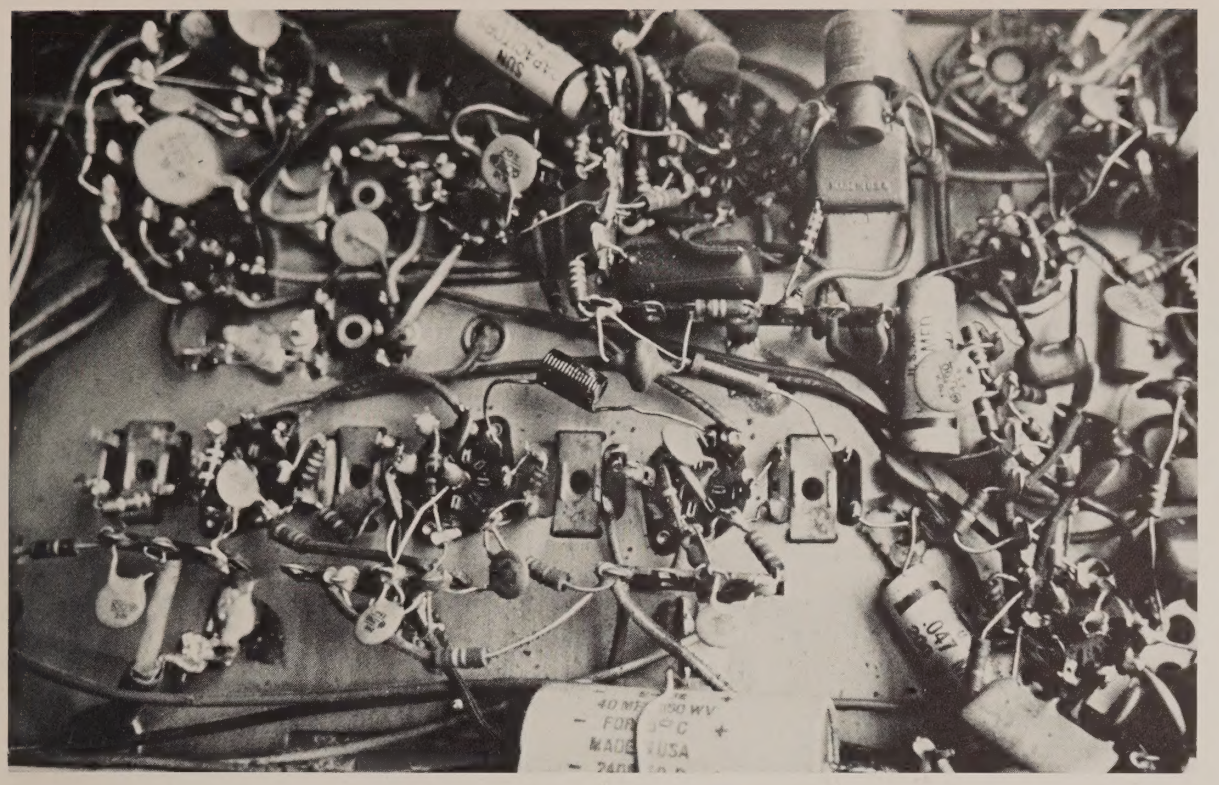
Barbara Nolan
Biology



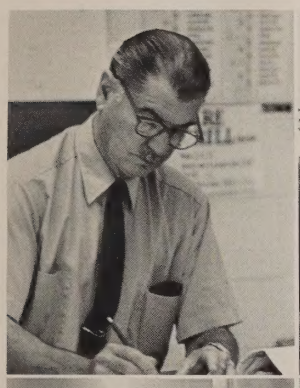
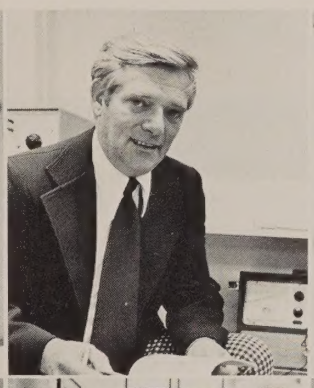
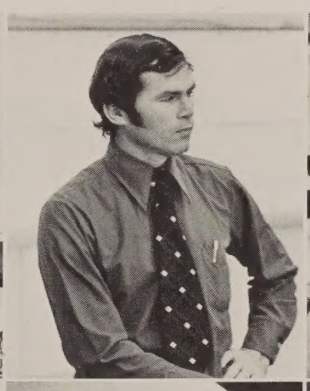
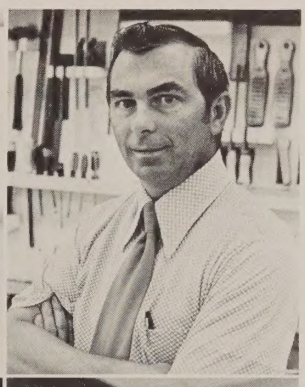
Patricia Orr
Biology, Biochemistry



Carolyn Pardue
Biology



The confusion of electronics.

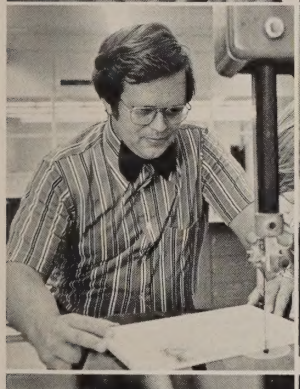
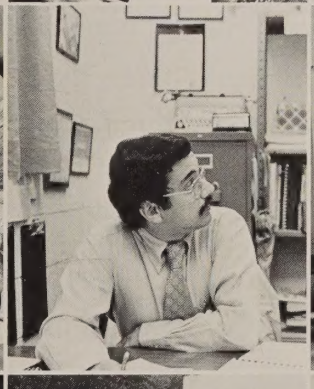





Kenneth Caffey
Drafting

Gerard Gebler
Electronics and
Woodworking

Charles Pugh
Industrial Arts

David Smith
Woods I, II

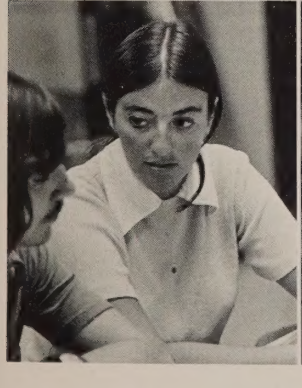
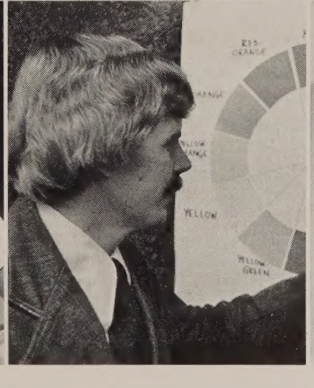



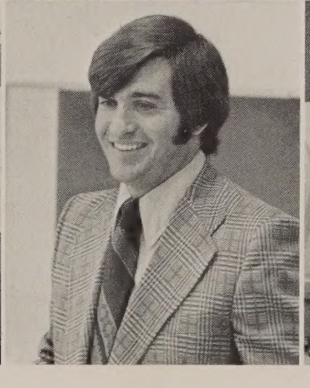
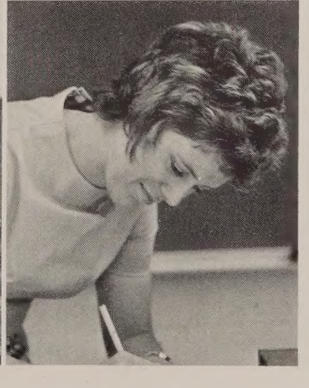
Maynard West Jr.
Woods I, II

Max Gonano
Band, Music Theory

William Miller; Chorus,
Madrigals, Music Literature

Louise Lowenthal
Art II, III, IV, V

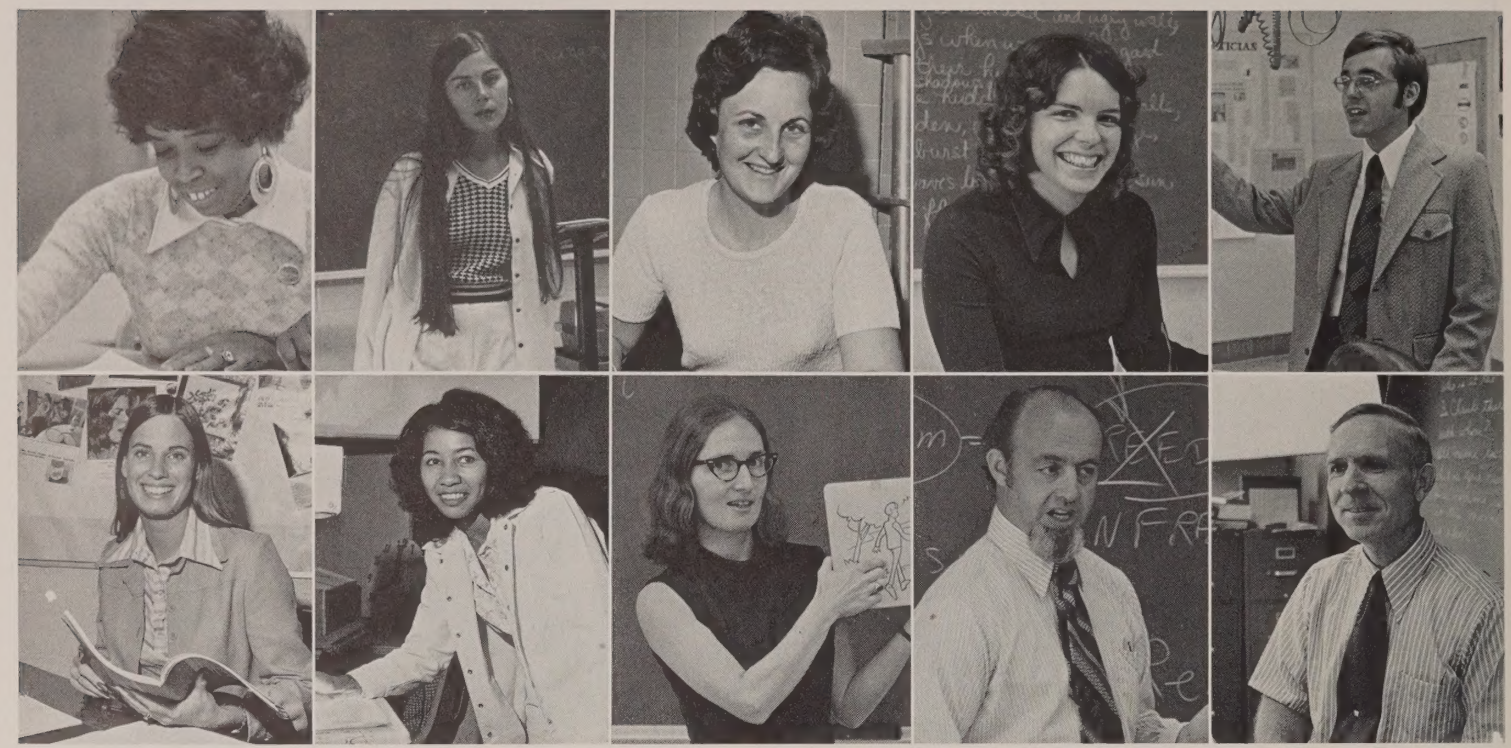



Mary Peyronnet
Art I, II

James Olson
Art I

Joseph Stewart; Earth
and Physical Science

Nancy Witowski
Chemistry



Betty Jo Woodhouse
Art I, II
Kathy Kidd
French II

Audrey Brinkley
Spanish I, II
Ingrid Nathan
Spanish, I, II

Susan Broaddus
French I, III
Gail Morrison
German, I, II, III, IV

Susan Johnston
Latin, English
Bruce Platz; Economics,
Int. Rel., Russian I, II, III

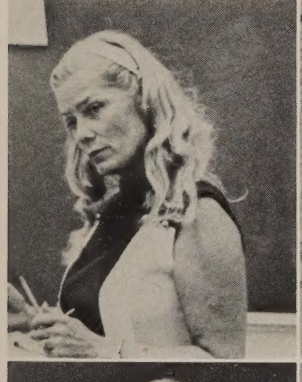
John Keracik
Spanish I
Carlton Rountree
French I, IV, V

Jacqueline Delaplane, Spanish; Hope Gilbert, Spanish

Basic NEEDS Of The future

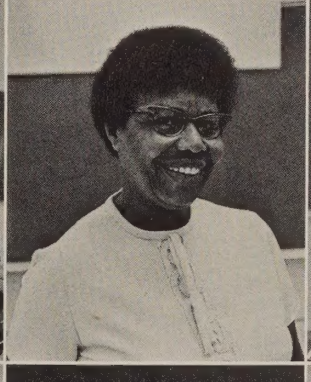
This year more emphasis has been placed on the culture, the geography and the people of the various foreign countries than has been in the past. While the ability to speak the language is a basic need, knowledge of their background, heritage, and history can mean much more in a truer understanding of foreigners. A definite asset for the language department is the travelling the teachers have done abroad. Mr. Rountree visited France this past summer and his students speak of the poster he made of French labels. Mr. Keracik and Mrs. Nathan also acted as sponsors for this year's Spanish club. Almost all of our language teachers spread their teachings in the different foreign language clubs. This year the math department decreased from 15 to 12 teachers with the one new addition being Mrs. Johnson who instructs Math III. While Miss Cox took on the responsibility of coaching the girls' basketball team, Miss Lockridge ended her term as cheerleader sponsor.

Winifred Carter
Algebra II - Trigonometry
Louise Kerzanet
Geometry

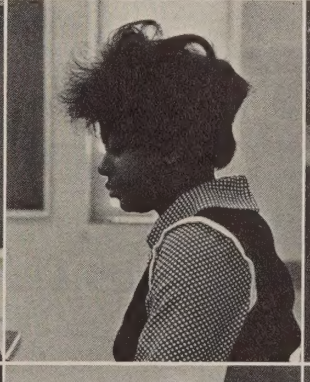


Carolyn Cox
General Math II
Judith Lockridge
Algebra II - Trigonometry

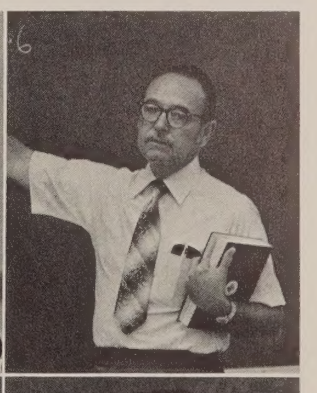
Olive Daughtry; Math IV,
Business and Consumer Math
Nancy McClure
Calculus, Math Analysis

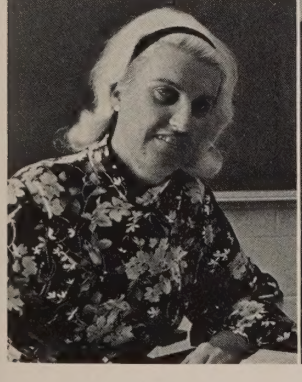


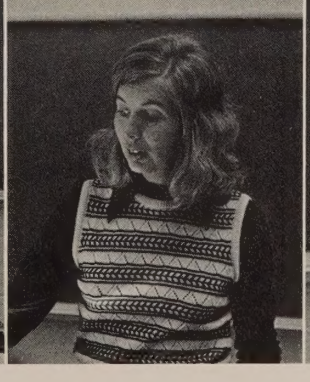
Geraldine Johnson
General Math
Harry Midgette
Geometry

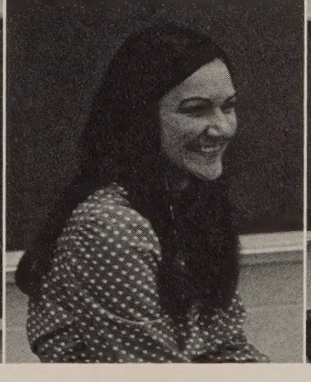


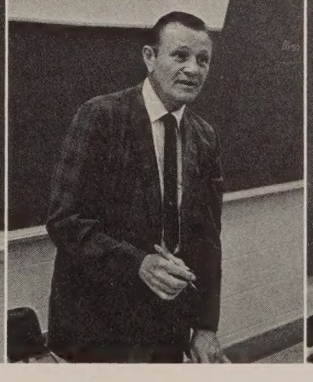
Lonnie Roark; General
Math I, III, Algebra I, II
Fred Adams
Algebra I, Geometry,
General Math I

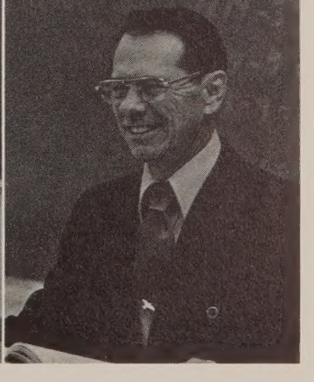




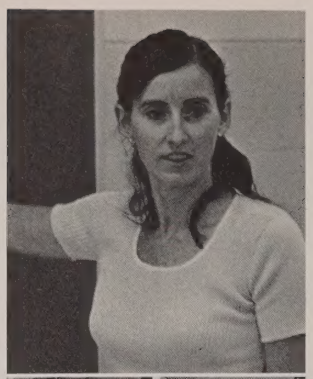




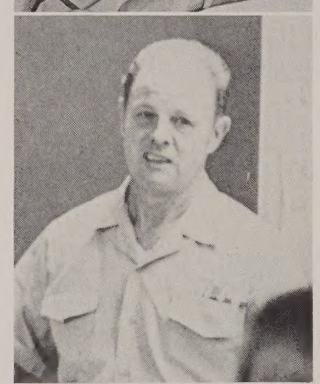




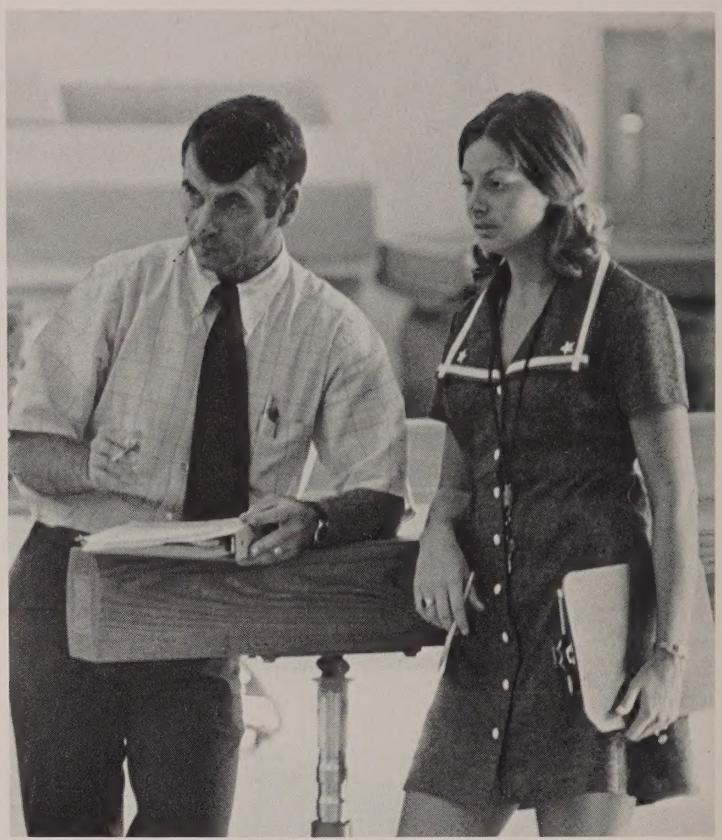
Patricia Rutkiewicz
General Math II, III



John McCarron
NJROTC



William Nicklas
NJROTC



Mr. Fishel and Miss Ellenbrand take inventory of P.E. equipment.

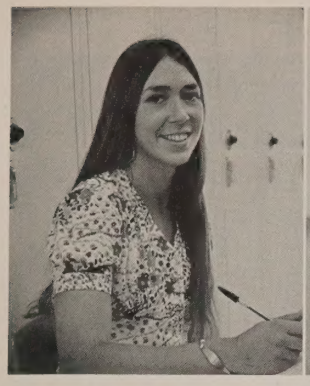
Susan Fawcett
Personal Typing,
Business Law
Louise Reid; Typing I, II,
Shorthand I

Jean Gordon
Stenography I
Jane Shell
Bookkeeping, Clerk-Typist I

Beth Leonard; Stenography
II, Clerk-Typist II
Martha Huddleston
Corrective Reading

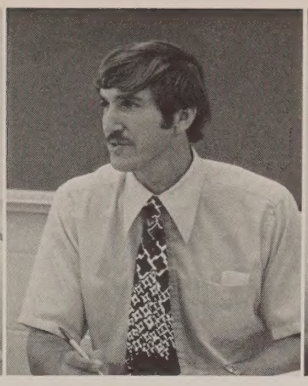
Kathleen Malone; Gen. Bus.,
Typing I, Personal Typing
Gloria King
Special Education

Ann Peele; Gen. Bus.,
Bus. Law, Pers. Typing
William Winstead
Special Education

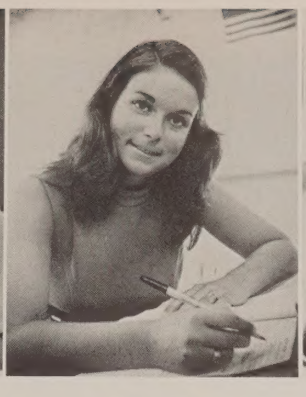


Olivia Enroughty
P.E. 10, 12

Bonnie Gallagher
P.E. 10



Alton Hill
P.E., Math



Linda Logan
Adv. P.E., P.E. 10

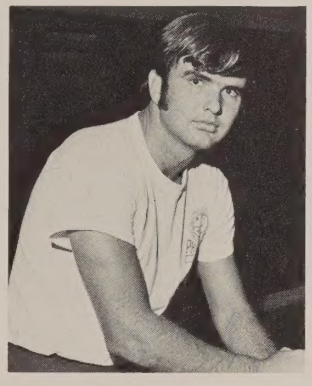
Elizabeth Oliverio
P.E. 9, 10

EDUCATION

Inside And Out

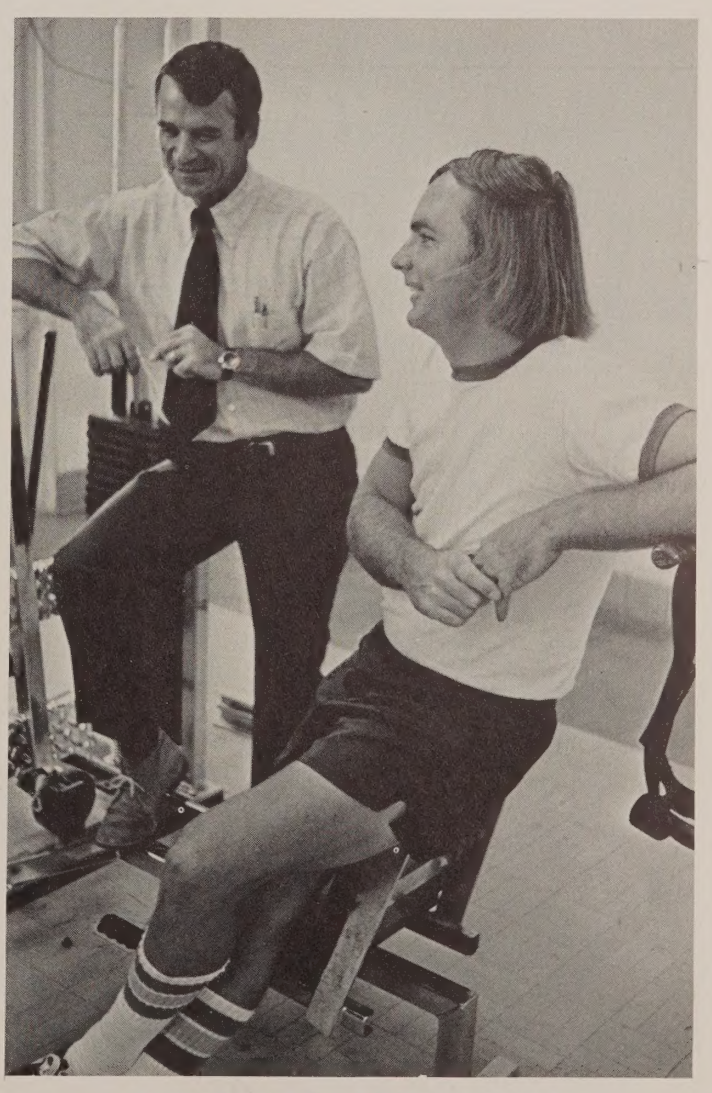
Our physical education teachers are really involved in their work. They all work as coaches for different sports teams. While Mr. Fishel is still department head of boys' physical education, there is a new head of girls' physical education, Miss Ellenbrand. A new member to the faculty is Mr. Wilson who coaches junior varsity basketball.

First Colonial's business department spent another year supplying vital office courses to vocational students as well as contributing to the general education of its academically oriented students. This department offered related experience in business and office education through F.B.L.A., its new model office, and C.O.E., the Cooperative Office Education program, coordinated by Mrs. Leonard, a new comer this year.

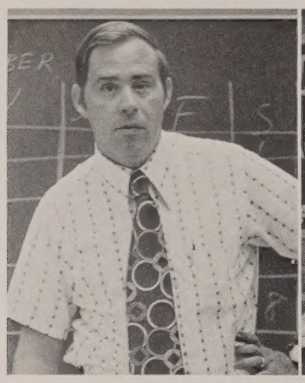


Norbert Wilson
P.E. 9

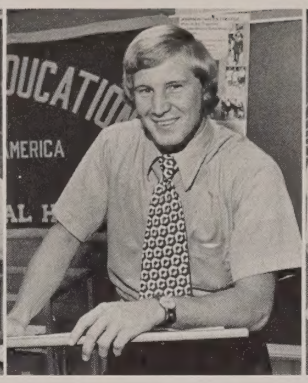
John Romano, P.E. 10; Kenneth Barto, P.E. 10



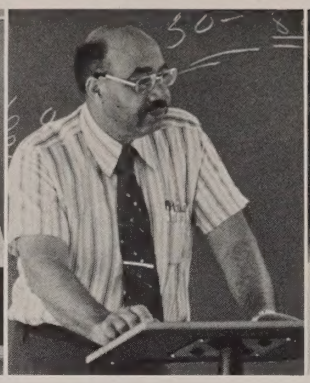
Charles Fishel, P.E. 9; Fred Britton, Adv. P.E.



Larry Brown
DE II, III



Stanley Root
D.E. I, II

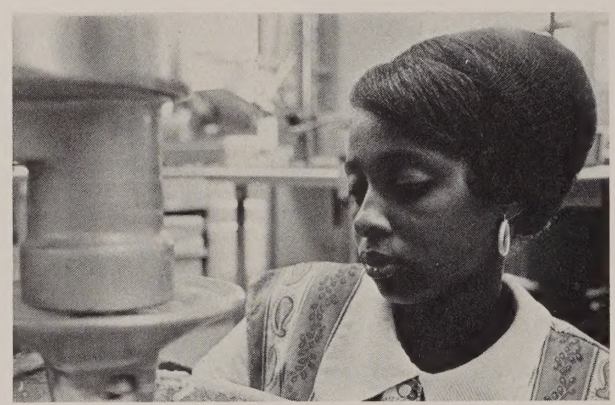


Harry Robinson
I.C.T.

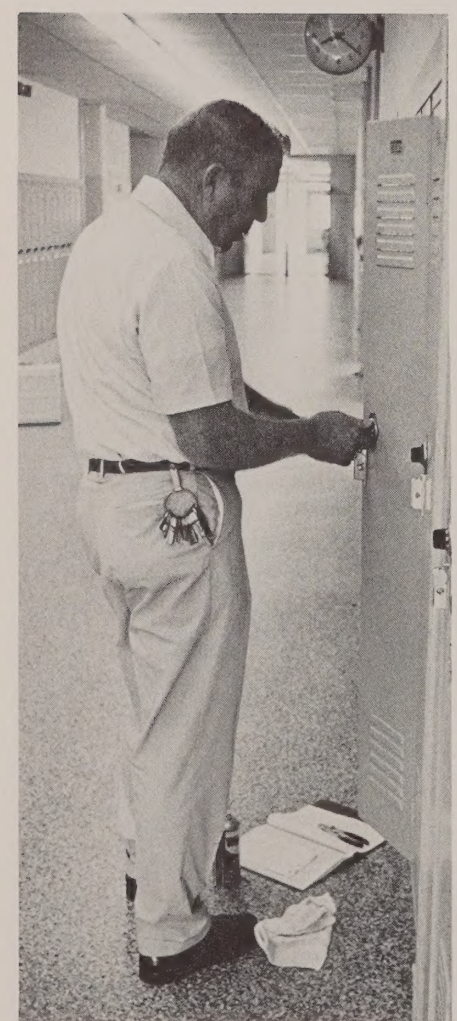
Shirley Bright
Nurse

DEALING In Business

The distributive education teachers are very much involved with their students. Not only do they work with the pupils in school, but these sponsors help them in finding out-of-school jobs. The purpose of these jobs is to futher their knowledge in the buying and selling aspects of business. The I.C.T. program differes from D.E. in that the Industrial Cooperative Training deals with vocational and trade oriented careers. And then there was nurse Bright. In her, an earnestly troubled student, whether physically ill or emotionally distressed, could find honest help. The nurse was one person we could always get a truthful opinion from.



Lunch in the making



Ralph Johnson, Custodian

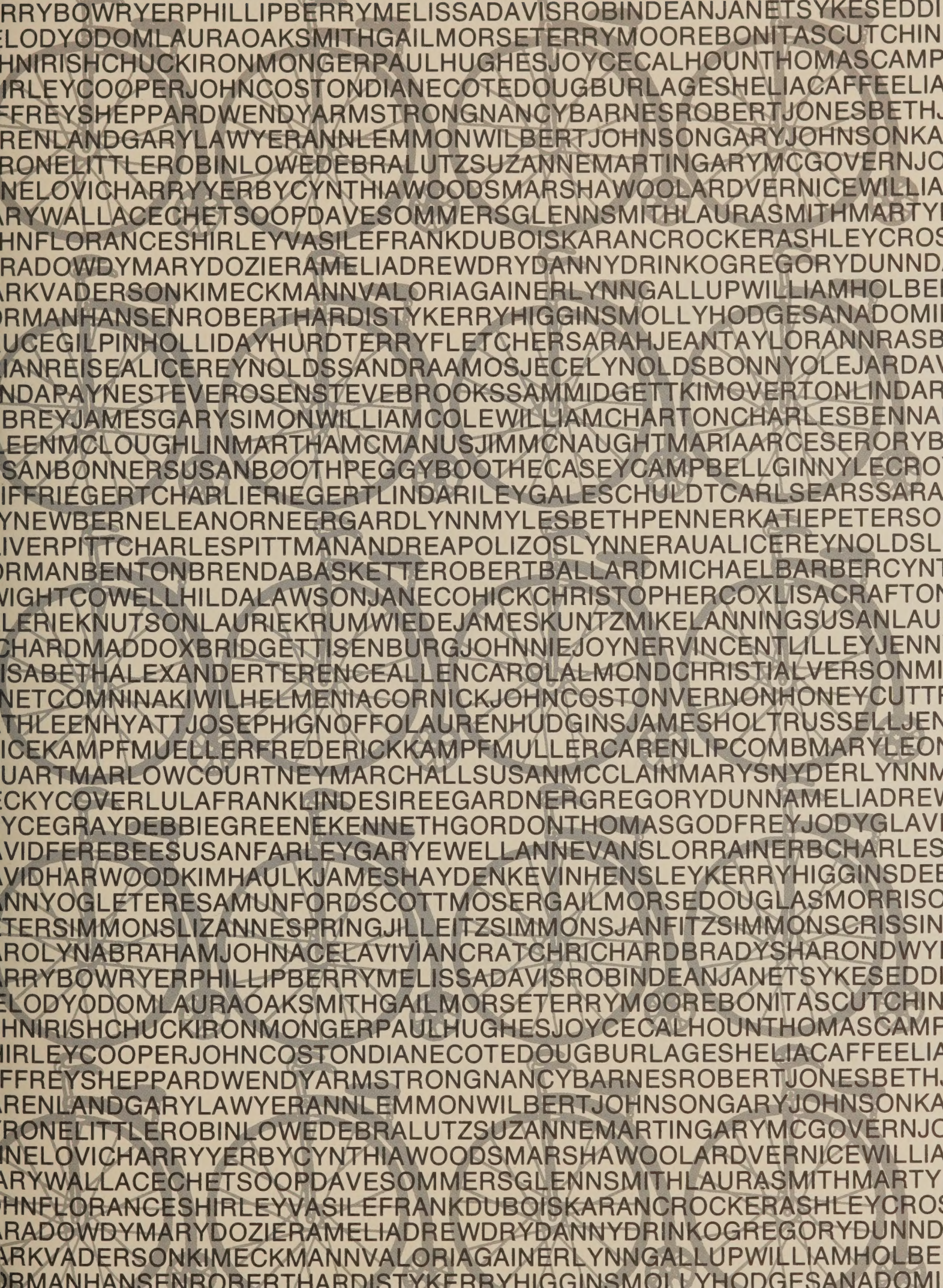
Cafeteria Staff; S. Bright, G. Sills, E. Gordon, I. Jackson, I. Doss

Our 133 member faculty bases its general purpose on the philosophy of our educational system. This is the idea that students can develop to the fullest their abilities thus enabling them to find their most useful place in today's society. One new addition to the school was Mr. MacMillan. Our new Vice-Principal has indeed made quite an impression on the student body during his first year here. "It's not a pleasant job being the disciplinarian," spoke Mr. MacMillan, "I only get to see the bad ones." Before coming to First Colonial Mr. MacMillan spent one year at the University of Virginia on sabbatical leave where he studied for an Advanced Degree in Supervision and Administration. In general he finds the student body a very good and conscientious group. While there has been no change in the position of principal, Mr. Bowyer, himself, has indeed incorporated many alterations. During his six years here as Principal a new segment has been added to the school, and this year saw the addition of a new area to the library and carpeting. Walkie-talkies have been purchased to be used in improving school-wide communication. Another difference was the new fence around the teachers' parking lot. Contrary to the beliefs of many students, this fence serves a definite purpose. It guarantees that the teachers have a place to park each day. The addition has been very successful and will possibly serve as a model for other schools in the area. The English department this year began a new program entitled ENG which was a money-raising project. The teachers sponsored films on Saturday afternoons for the students. With these funds it was possible to purchase books to supplement the curriculum. All of the studies that were completed in English classes revolved around a main objective; to show the students the relevance of the written word in relation to the materials of life. Working with the eleventh grade remedial English teachers, Mrs. Huddleston assisted with testing and modified programs which help improve speed and comprehension in reading. The corrective reading program works with small groups of students on individual prescribed programs designed to overcome reading problems. Because of the many peoples and cultures other than our own in the world, there is a need for the study of foreign language. First Colonial offers Spanish, French, German, Latin and Russian classes along with clubs for each specific language. Last summer Mrs. Kidd, a French teacher at First Colonial, prepared a summer program for the interested French students in the area. It was a four week session, free of cost, and there were no obligations as far as attendance was concerned. "The improvement was unbelievable in the thirty students that attended," said Mrs. Kidd. "The whole project was oral and it incorporated as many daily activities as was possible." Mrs. Kidd prepared a slide presentation with a tape which was presented to the School Board. Hopefully this type program will exist next summer for Spanish Students also. Three teachers from the Social Studies department also worked this summer to increase their knowledge. However, in this case, Mr. Platz, Mr. Garbark, and Miss Garrett were the students. The National Science Foundation Workshop, held in Minnesota was a three week program which introduced new teaching materials so our instructors could better diversify their material taught. These teachers spent from 9:00 A.M. to 4:30 P.M. each day studying such topics as sociology, anthropology, and geography. Such a program is indirectly designed for the high school student's benefit as the teachers will be able to impart newfound knowledge to their students to help them understand and appreciate what they have in order that they might help attain a better community, state, nation, and world. Preparing students seems to be the purpose of every department, in particular the Special Education department which trains students for employment after graduation. During their time in this program students are given the opportunity for usable work experience. Currently there are eight Special Education students enrolled in the vocational-technical school in such diverse areas as plumbing, welding, masonry, food service, and mechanics. Other students will be working after school as part of a work-study program. This year, for the first time, there were two special education teachers. Needless to say, the achievements of our faculty and their time spent are outstanding. While our enrollment makes First Colonial the eighth largest school in the state of Virginia, our faculty provides us with the highest quality of education possible.

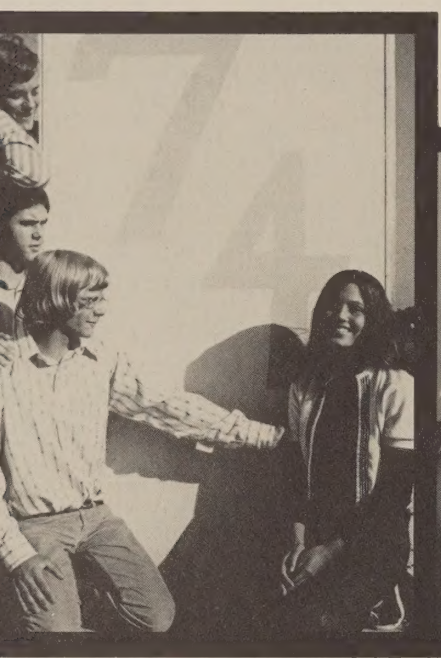
SENIORS SENIORS SENIORS SEN

In our final year, we are in a position that can never again be reached. It is as though some type of standstill has occured in our lives; we are no longer kids that are able to meet on a Saturday afternoon and build the biggest sandcastle ever, yet neither are we quite ready for what lies ahead in our adulthood.

The ventures our class has undertaken such as Senior Day and Sillies have yet to constitute a true cycle. The revolutions involve a continuance of what we began as Seniors. So while our departure means an end, hopefully our stay has meant but a beginning to future Seniors.



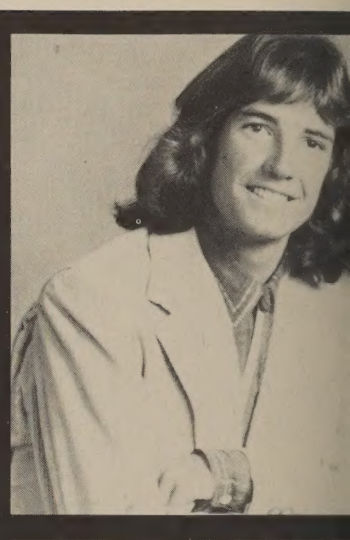
Class officers; Pres. Courtney Dyer, V. Pres. Mark Vadersen, Sec. Rob Wolff, Trea. Beth Jones



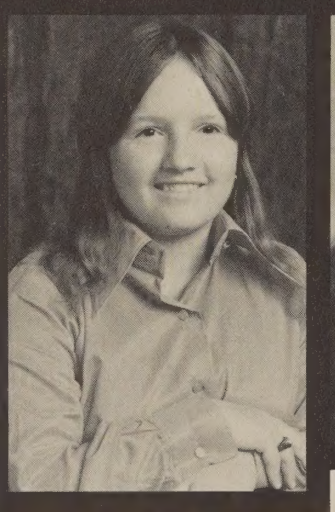
Ivy B. Albritton

Carol Annette Almond

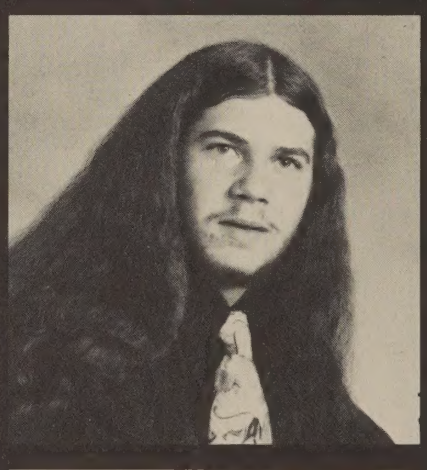
Jaye S. Adkins



Each day, a member of the class of '74 passes 553 fellow seniors in the halls. Some of them are not even recognized as 12th graders, whiles others are not known by their names. Yet each of us longs to touch the ones we know in some way, if only for a moment. Many use words of greeting and others employ gestures. Of course, the happiest ones smile and in doing so, share their feelings. No matter what the individual uses as acknowledgement of his friends, the feeling is there, for we are all part of one of the best senior classes this school has seen.



Elizabeth A. Alexander

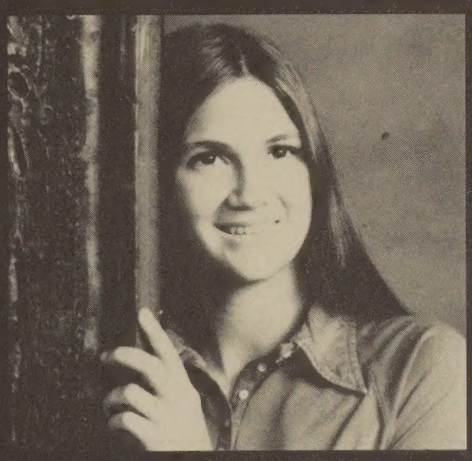


John Acela

Delbra A. Albritton

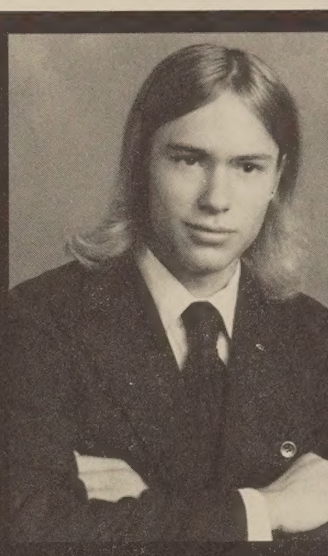
Robert G. Anderson

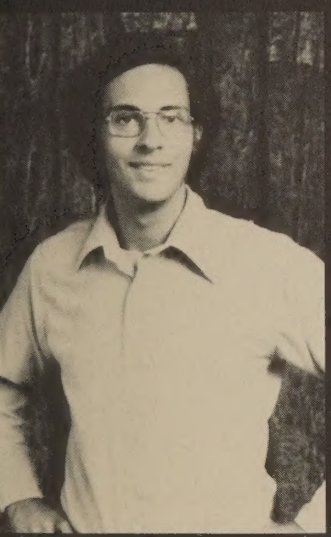
Carolynn T. Abraham



Maria C. Arcese

Terence M. Allen





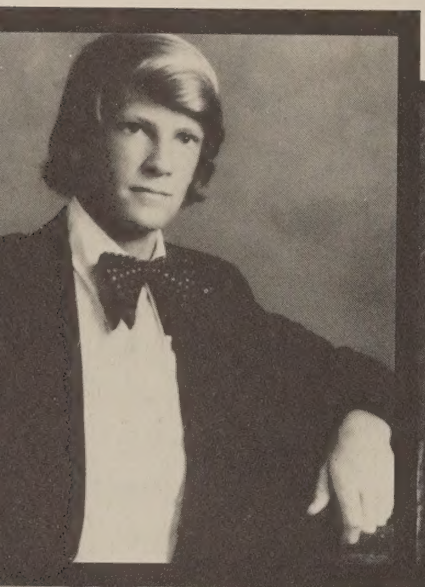
Jason Adams

Sandra Amus
Christi S. Alverson

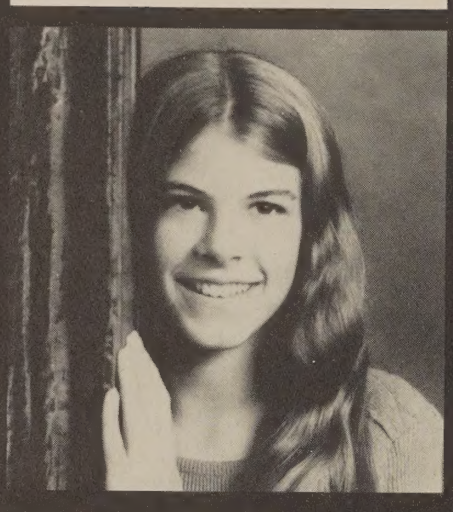
Carolyn Sue Argabright

Thomas C. Arendts

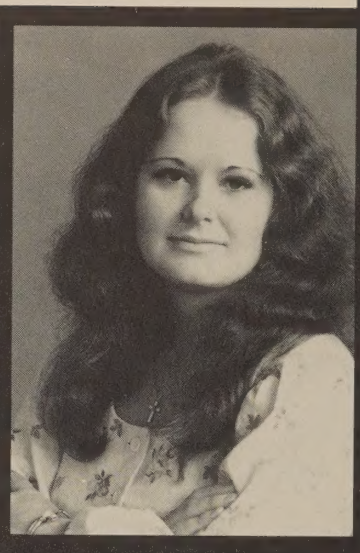
Dennis R. Armstrong



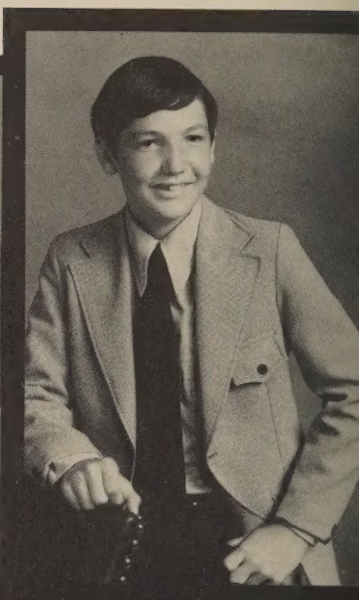
Wendy Armstrong



Paula D. Baldwin



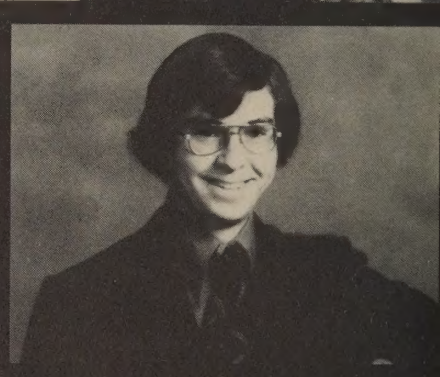
Robert R. Ballard



Nancy B. Barnes

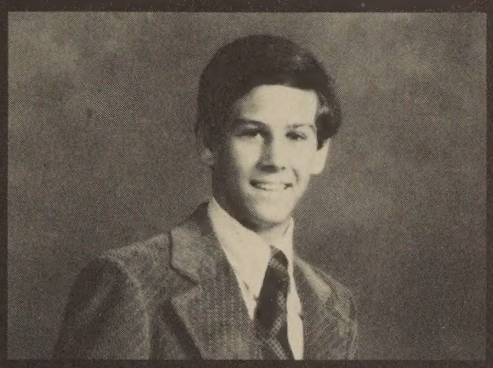
Mary Jane Barnett

Kathy L. Barcalow

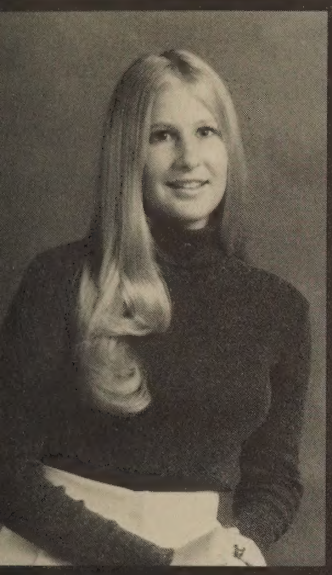


Michael E. Barber
John N. Barnard

Pamela S. Bateman
Wayne C. Batten

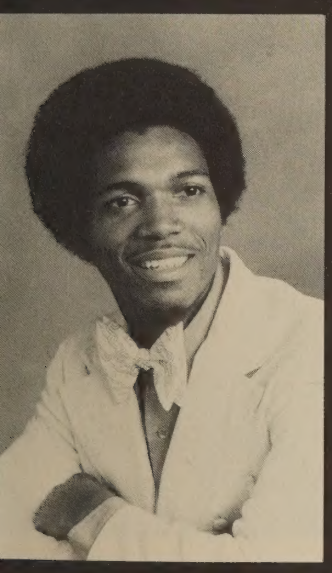


Brenda Marie
Baskette



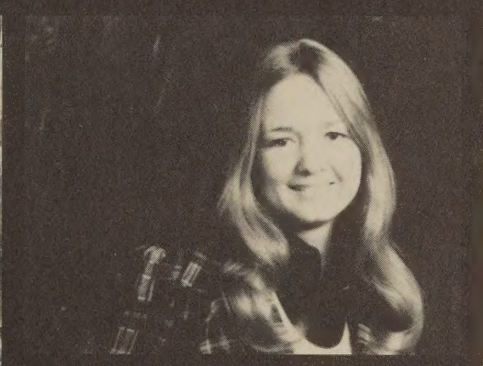
Sandra A. Belanga

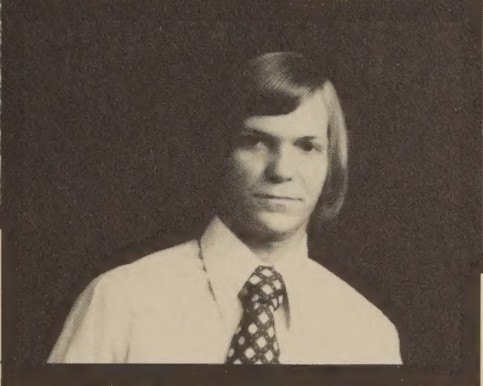
Karen Theresa
Bedenbaugh



Leslie D. Benjamin

Susan R. Benegar



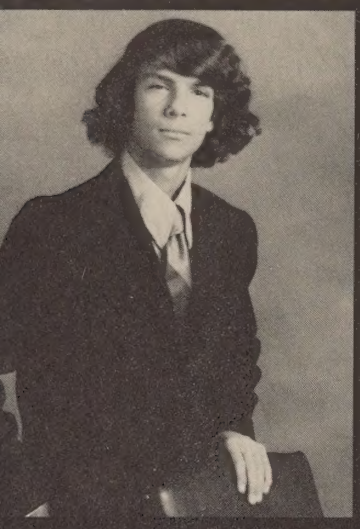


Debbie D. Beacham
Norman C. Benton

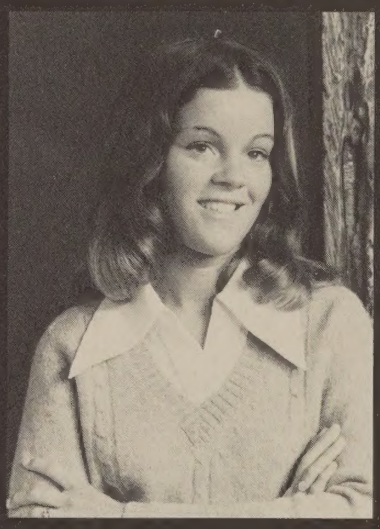
Susan, Beth, and Kim are three swingin chicks for spirit week

Susan L. Booth
Peggy A. Boothe

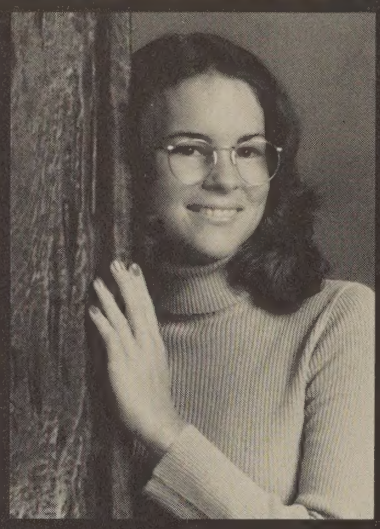
Charles Philip
Bennardo

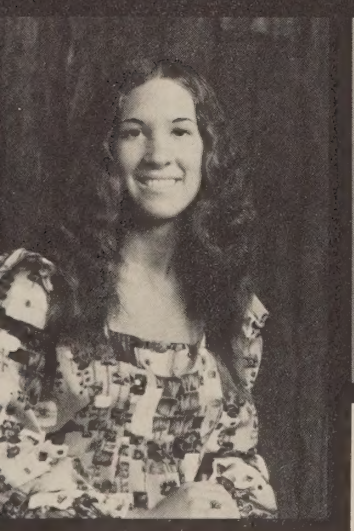


Lisa B. Bishop



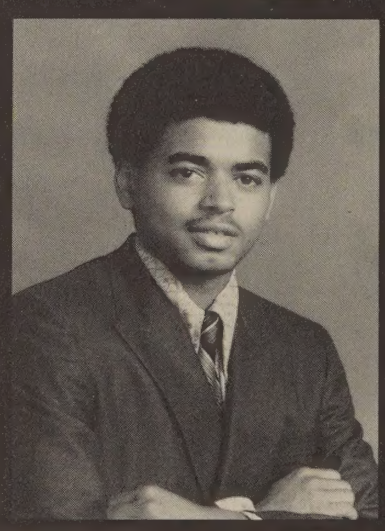
Kristen Elisabeth Bibby



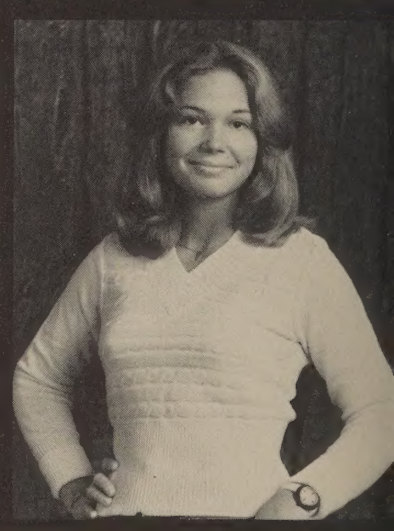


Linda J. Bowers

Donna M. Blessing



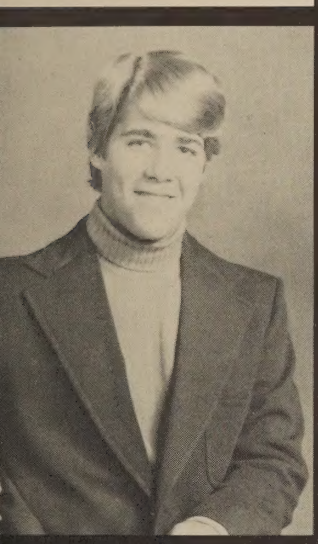
Phillip W. Berry

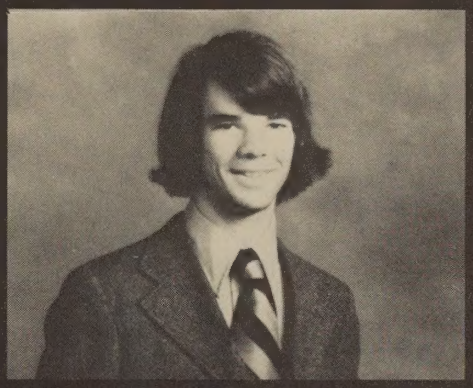


Susan A. Bonner

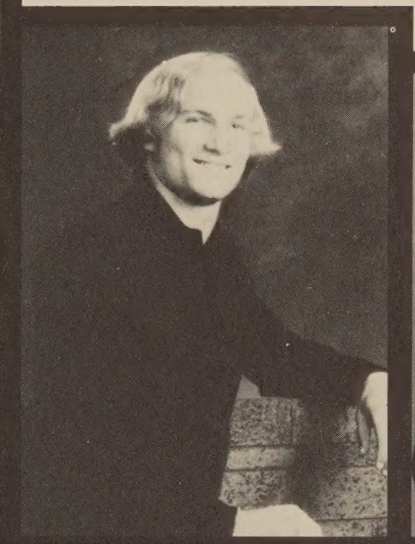
Larry E. Bowman
Richard A. Brady

Stephen K. Brooks

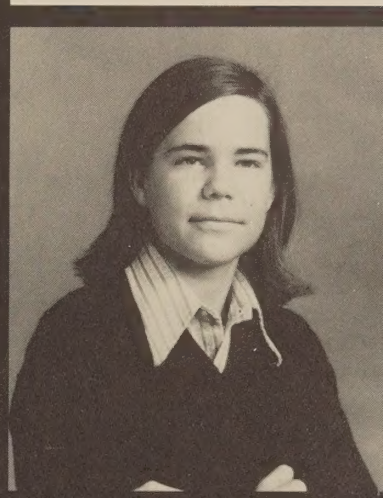


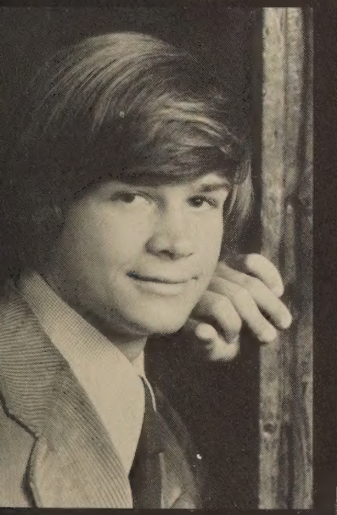


Barry Bowyer

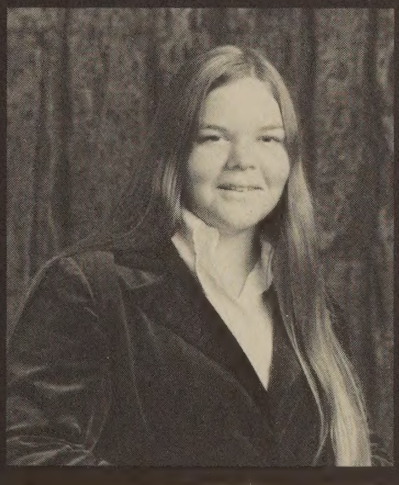


David H. Brown

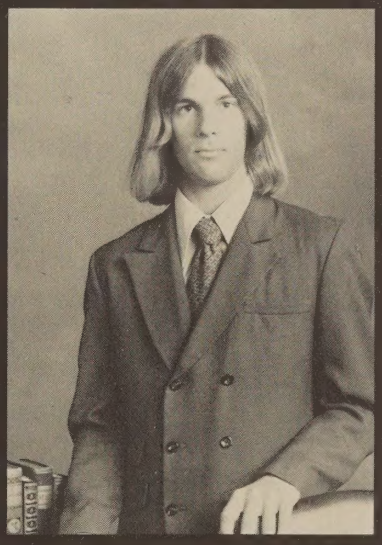




Rory L. Bunch



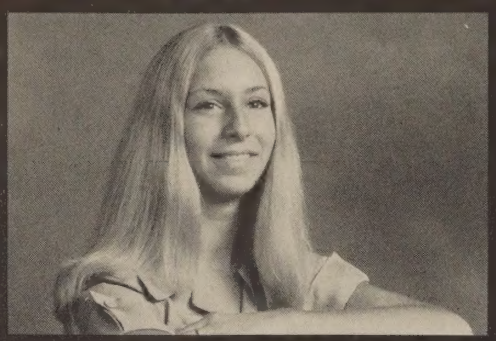
Cynthia L. Broyles



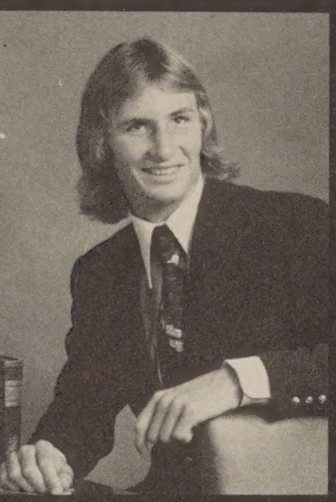
William R. Brown

The outstanding seniors,
Holly Hurd and Bruce Gilpin.

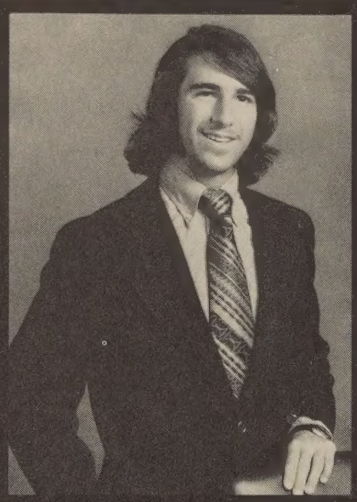
Lisa D.A. Cairns
Shelia L. Caffee



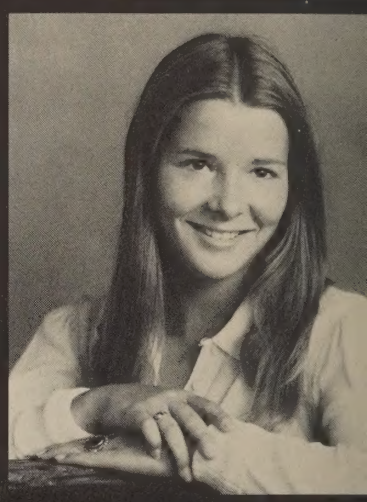
Doug C. Burlage

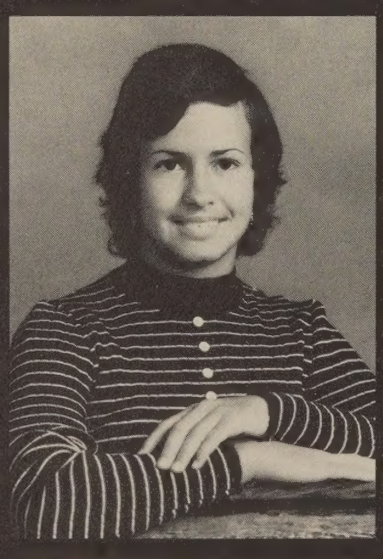


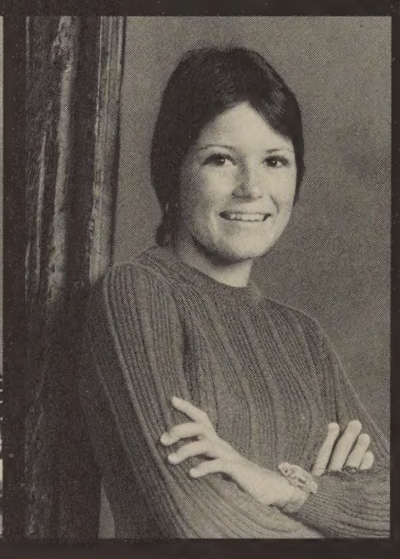
Scott E. Burdett

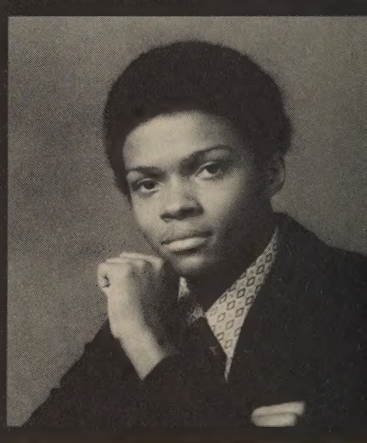


J. Kimburly Burns

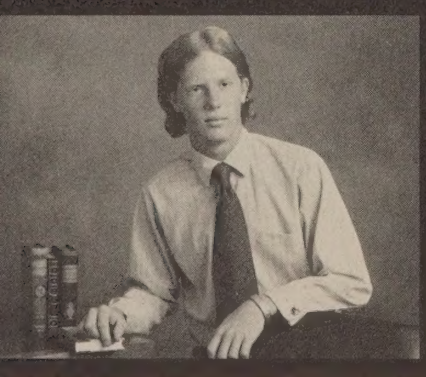








Robert L. Burford

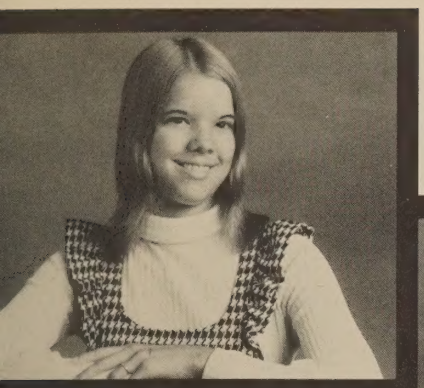


Debbi Camacho

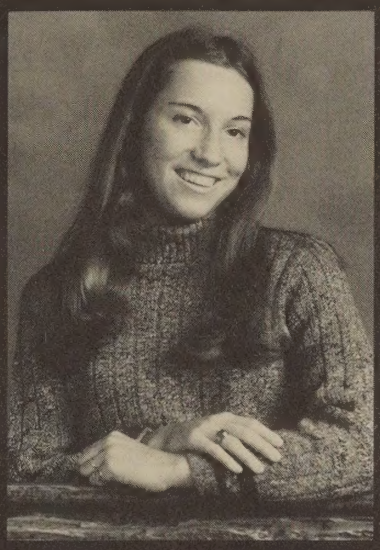
Joyce K. Calhoun

John J. Bunker
Thomas J. Camp

Debra M. Campbell
Jeffrey W. Charlton

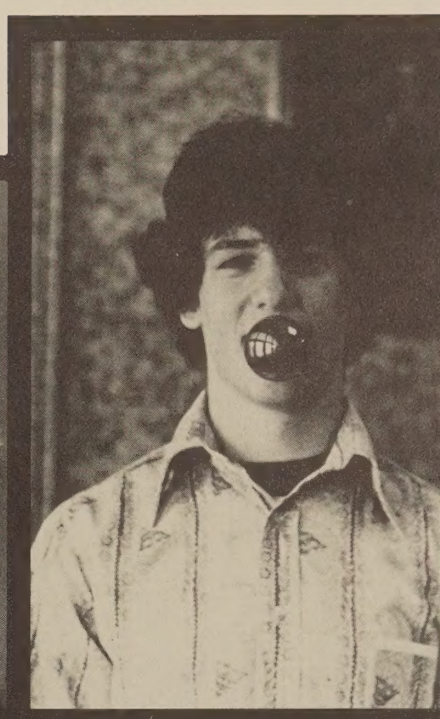


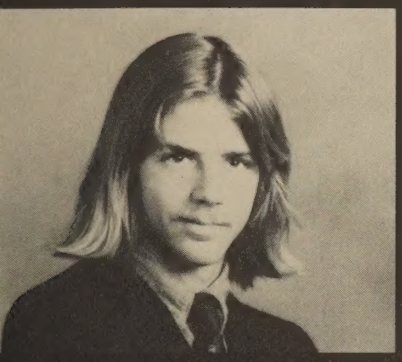
Karen Lynn Campbell

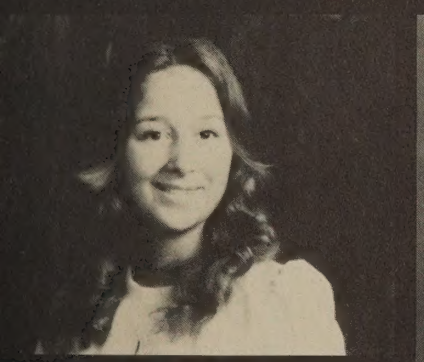


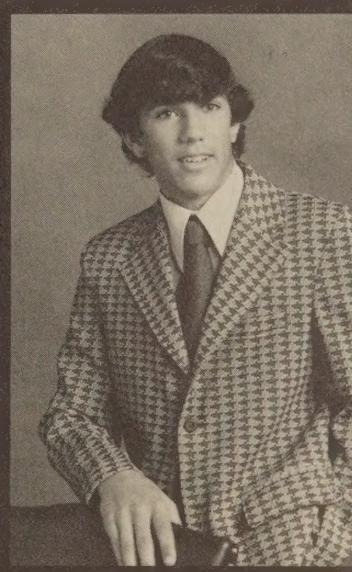
Heidi L. Campbell

Gary Simon makes one too many announcements









Susan J. Chandler

James M. Casanova

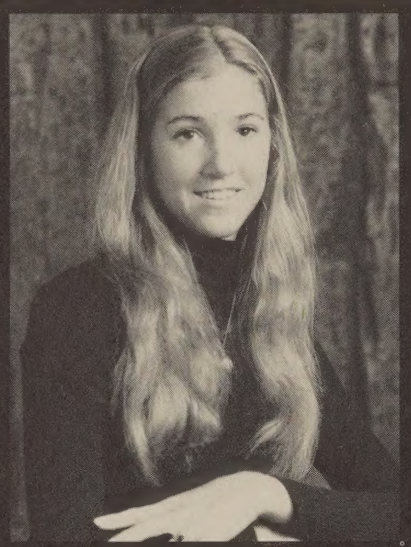
Denise J. Cardwell
Marie E. Chasse

Mary H. Chapman
Elizabeth A. Coffin

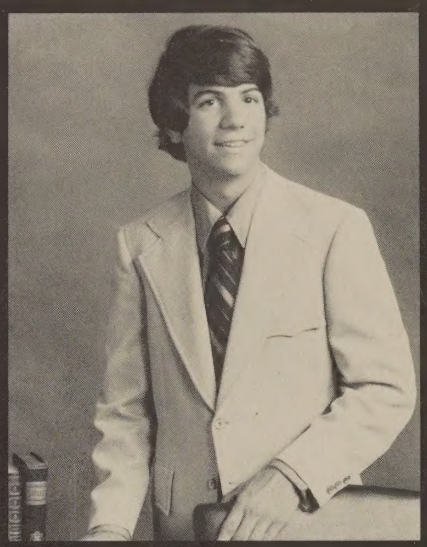
Janet E. Comninaki
Susan L. Coleman

Shirley L. Cooper

Jane L. Cohick

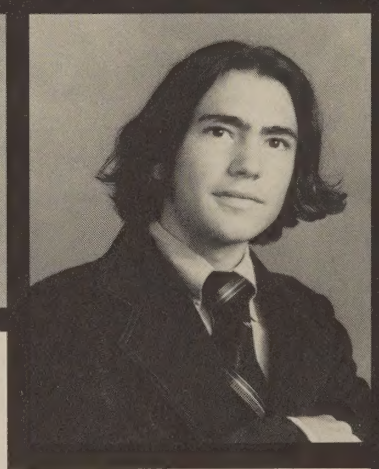


William H. Cole



John H. Coston

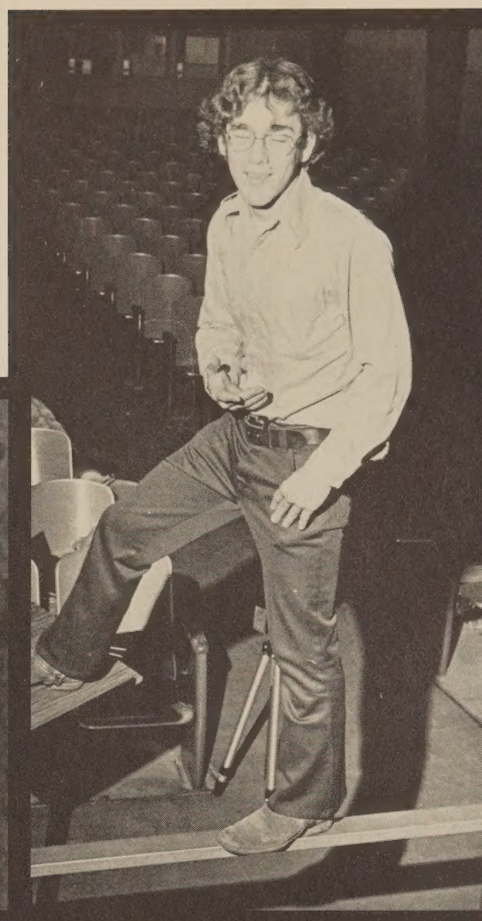
Wilhelmenia Cornick



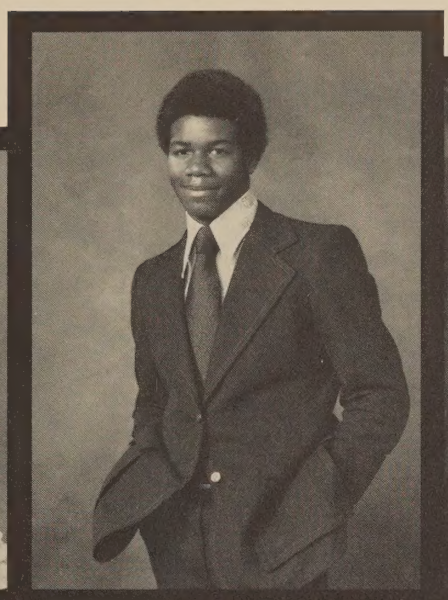
Carey T. Copeland

Sharon L. Conner

Carl Curling pauses while working on the set for the senior class play.

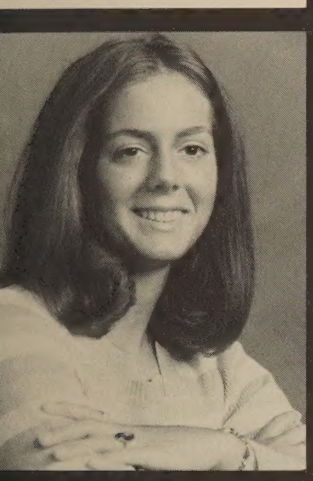


Dwight Cowell

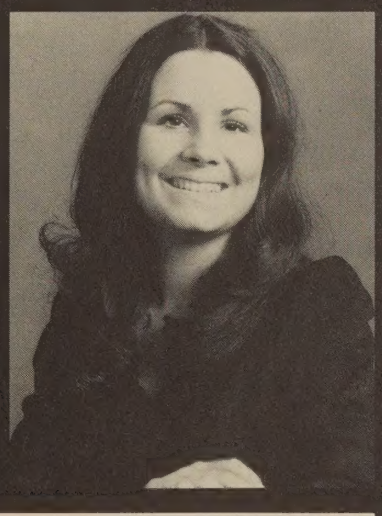


Vivian L. Cratch

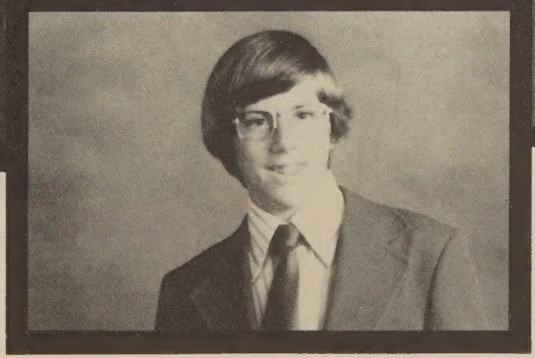
Karen H. Crocker



Diane Cote



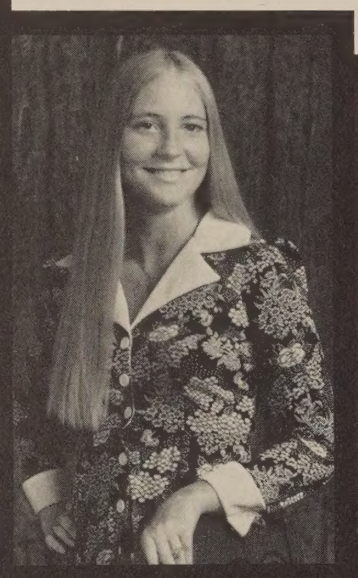
Becky Cover



Lisa B. Crafton
Christopher W. Cox

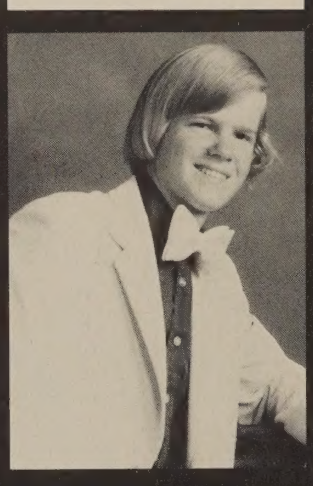
Cynthia L. Craddock

Amelia W. Drewry
S. Robin Dean



Jennifer B. Davis

Laura E. DeLoach

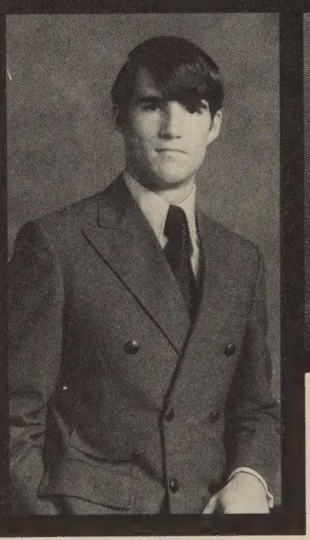


Jeff Danforth

Melissa G. Davis

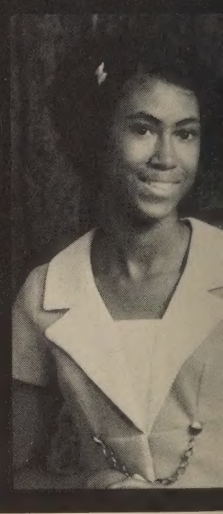
Gabrielle Debold

Denise J. DesRochers



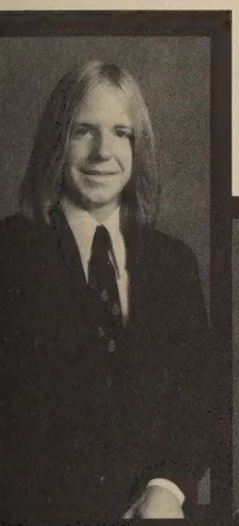
Jay A. DeLoach

Debra A. Davis



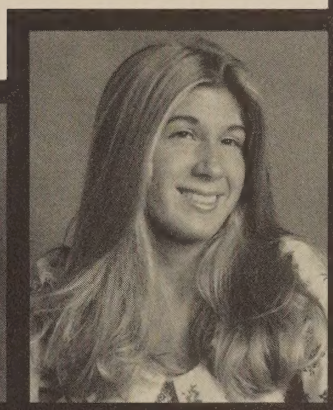
Marshia L.
Daughtry

William H. Davis



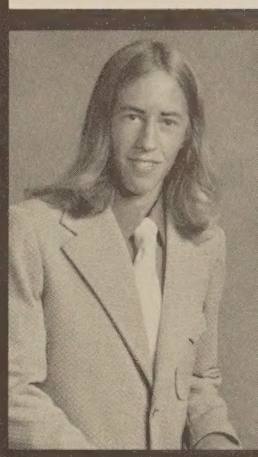
Julia Lynn Davis

Ashley M. Crosswhite

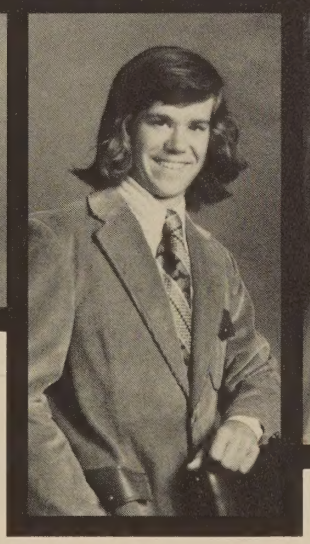


Kathy M. Daily

Michael S. Davis

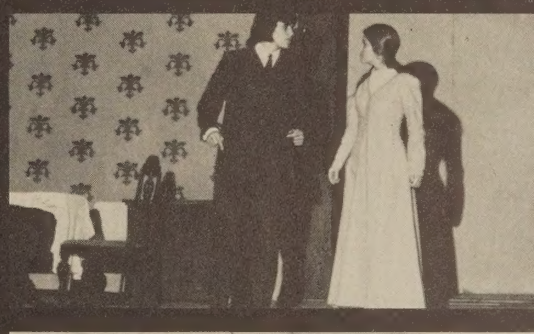


Terri L. Diamond



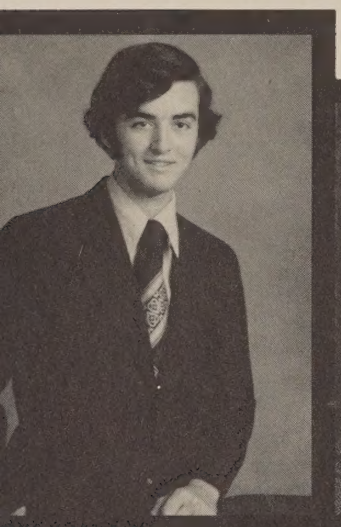
Michael P. Devine

Kelly A. Dineen



Anne Slovic and Steve Grabinsky brilliantly portray the lead roles in "Life With Father."
Gary Simon ushers in the Christmas season by decorating our tree in the foyer.

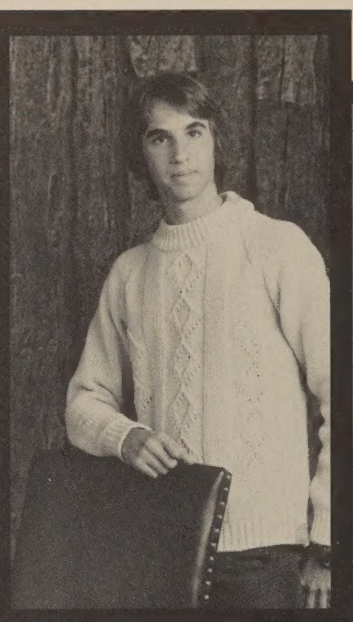
Thomas Randolf Duckett



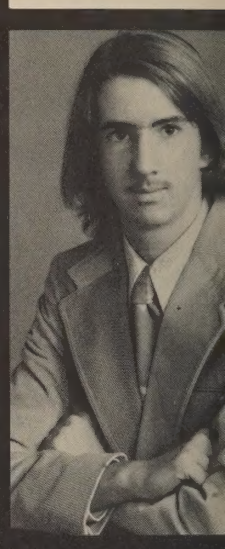
Sara Adelaide Dowdy

Lorraine F. Erb

David C. Dupree

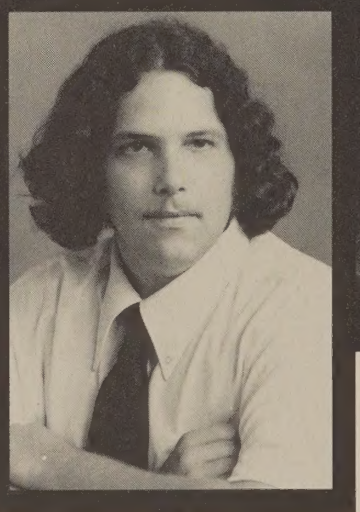


Frank L. DuBois



Ana L. Dominicci

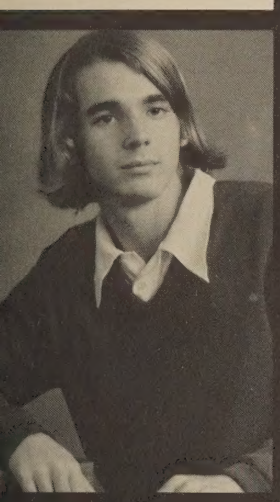
Kathy L. Dorval



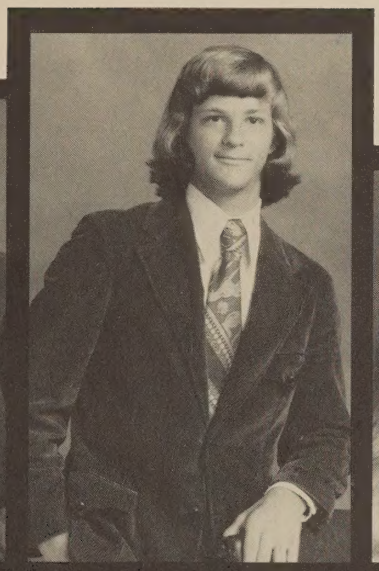
Charles K. Enroughty

The stunning Tommy Duckett reigns as queen of the powderpuff game.

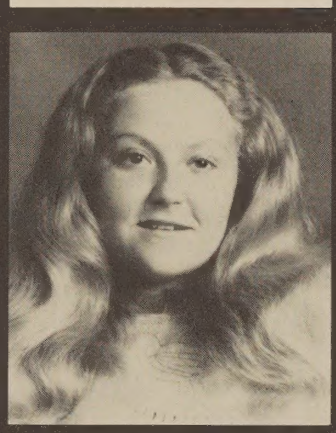
Gregory Vincent Dunn



W. Courtney Dyer

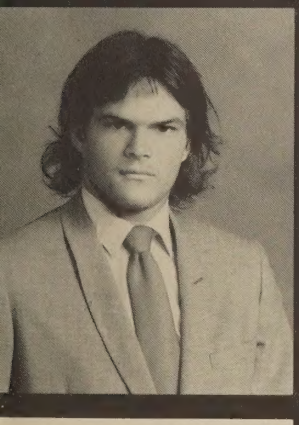


Sabrina L. Edwards

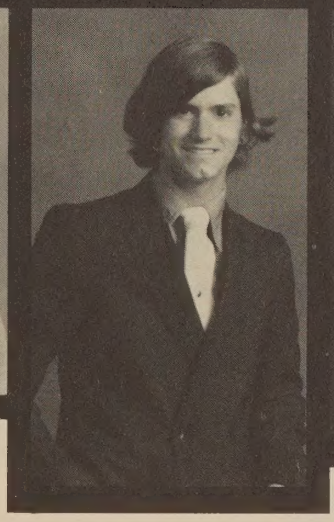


Mary C. Dozier

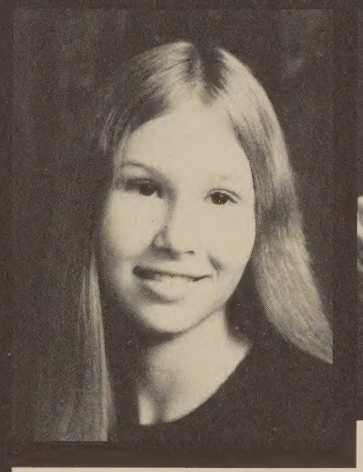
Sharon Lee Dwyer



Danny Albert Drinko



Lee M. Dismore

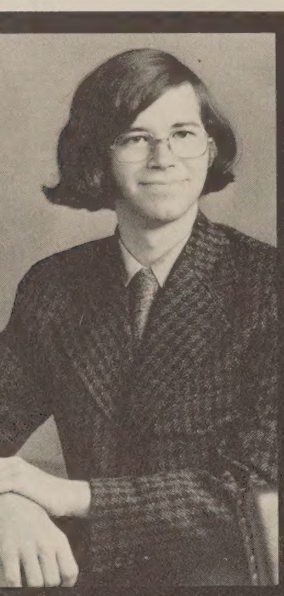


Ann L. Evans

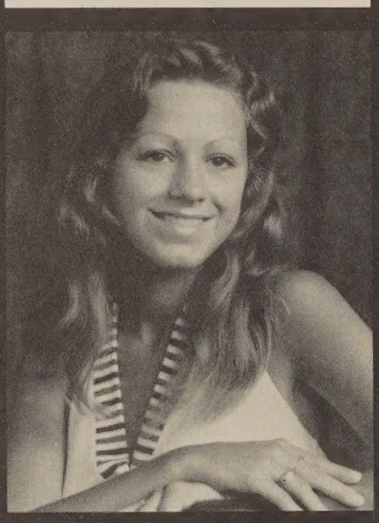
Carl Gotts coyly poses for seniors at powderpuff game.

Kathi Gleason
Susan M. Farley

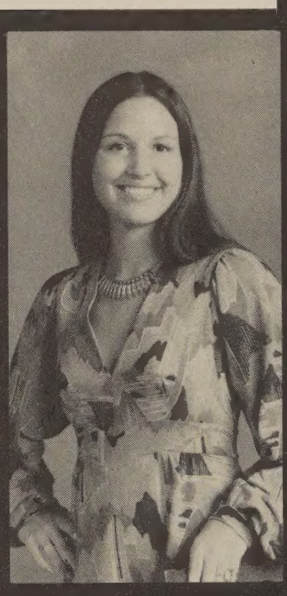
Charles A.
Easter

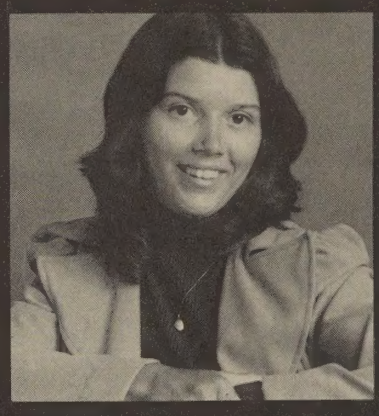


Desiree D. Gardner

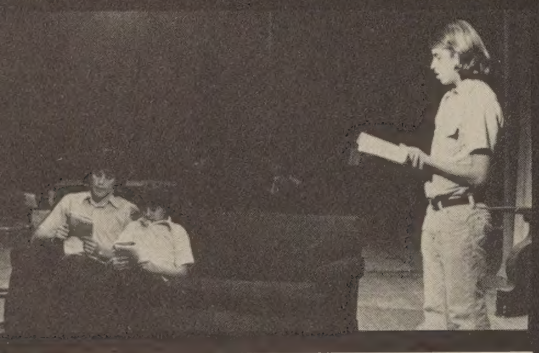


Susan Grandy Ferrell

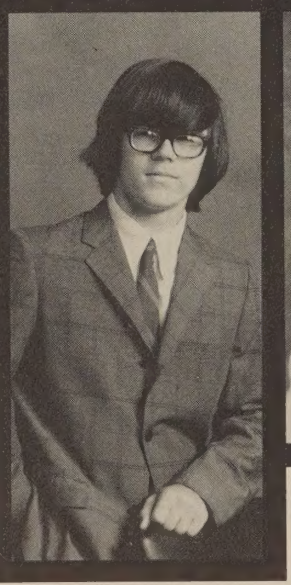




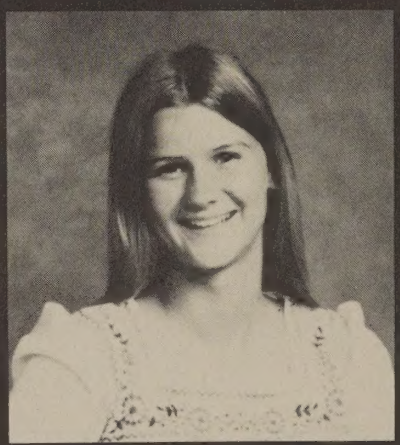
Jan Irene
Fitzsimmons



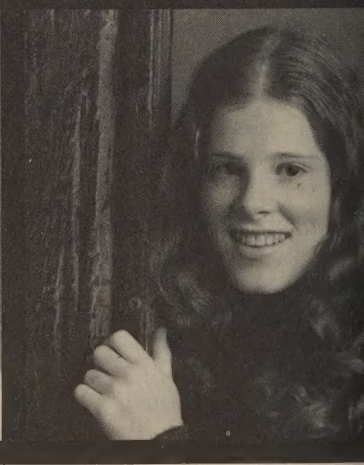
Ken Gordon, Phillip Dominicci and Steve Grabinsky rehearse for senior play, "Life With Father."



Sef E. Farrow



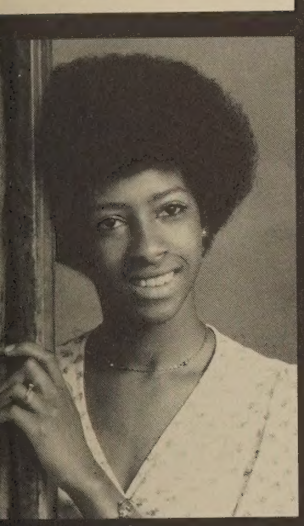
Kim Eckmann



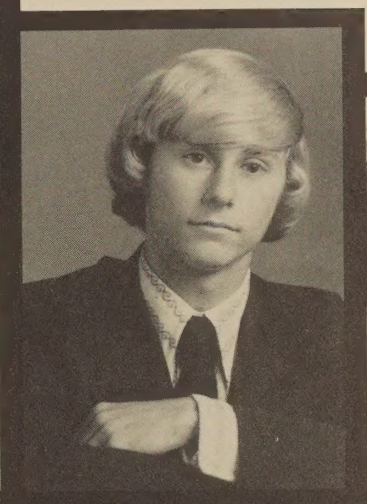
Terry L. Fletcher

Lynn B. Gallup

Joyce F. Gillum



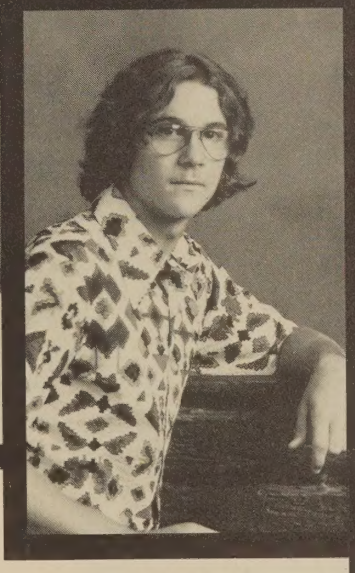
Gary M. Ewell



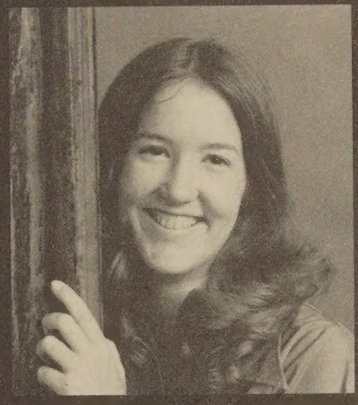
Mr. Webster congratulates two of our most spirited seniors, Steve Grabinsky and Tommy Duckett

R. Lavernie Felton

Donna M. Faini



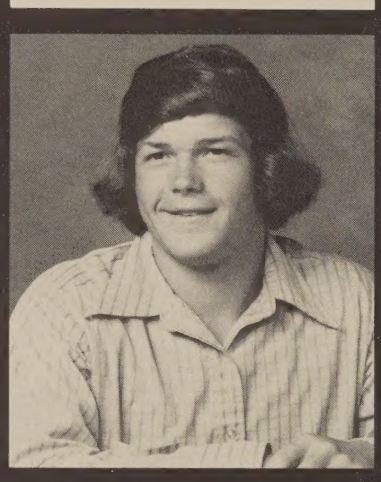
Michael S. Gegan



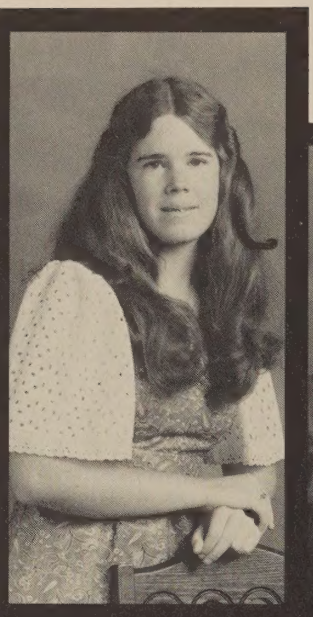
Robin L. Gilbert

Jill M. Fitzsimmons
Valoria Gainer

Susan Louise Ford



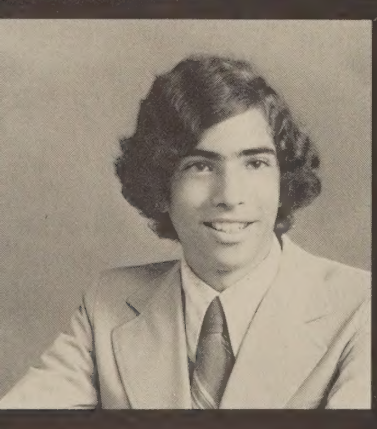
Carl Gotts



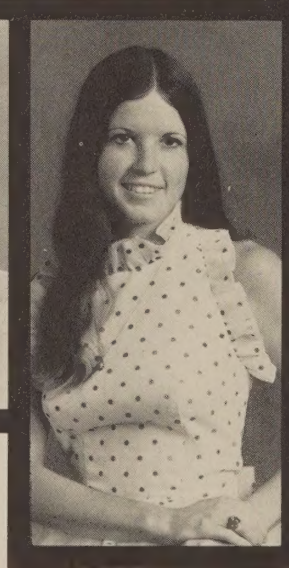
Caroline Courtenay Gordon

Donnie H. Green

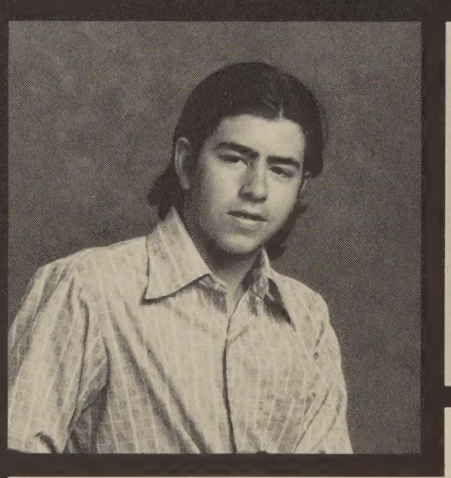
Janet A. Fox



A. Bruce Gilpin



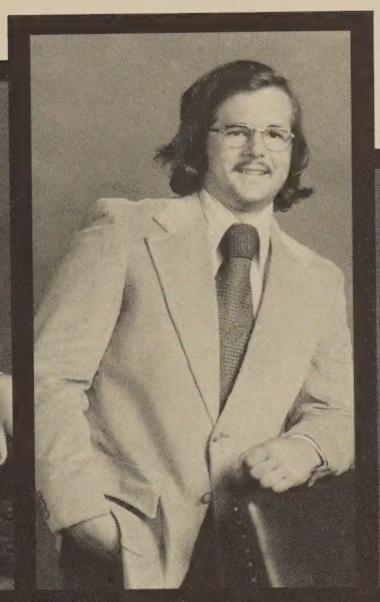
Joyce E. Gray



Kenneth Gordon

Beth Jones catches a breath between skits in "Junior Jollies."

Monica E. Flitton



Thomas W. Godfrey

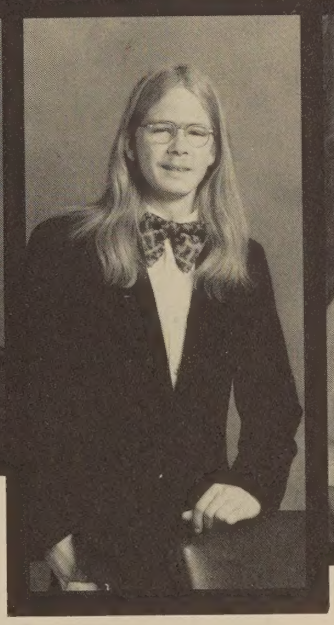
Mark Foster

Laurie D. Gimmon

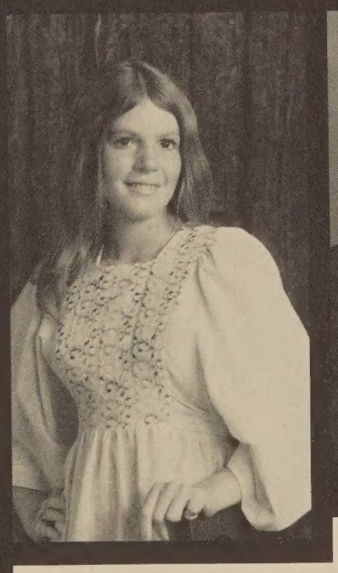
Jody L. Glaves

Claudia B. Garris

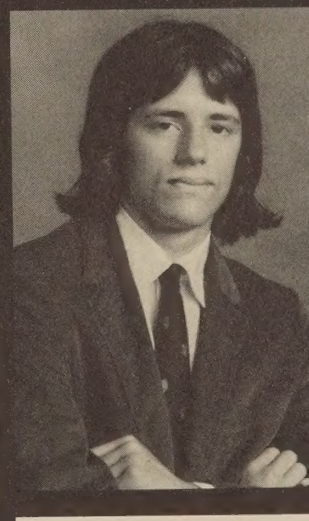
Lula A. Franklin



Thomas M. Freeman



Deborah Ann Ford



Steven B. Grabinsky

Kerry E. Higgins
Kim Maria Haulk

Jacqueline S. Greene
Debbie J. Greene

Kevin N. Hensley

James G. Hayden

Sandra Sue Hale

Norman Kristian Hansen

Deborah J. Hinde
Margaret F. Guy

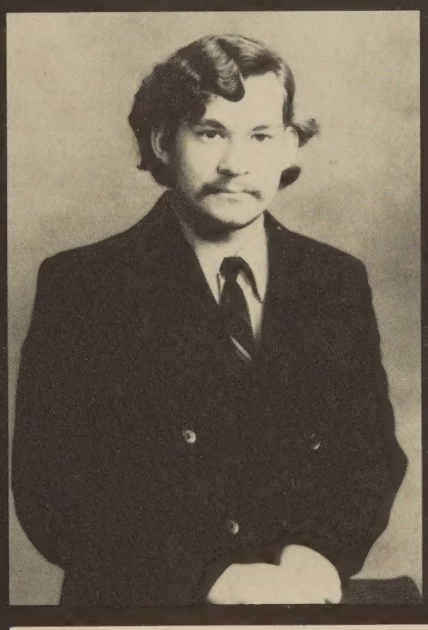
Top: Coach Romanno works with senior girls and again leads them on to a victorious game.
Bottom: Senior girls play as tough as they look

Robin A. Handford
Jeffrey S. Hiatt

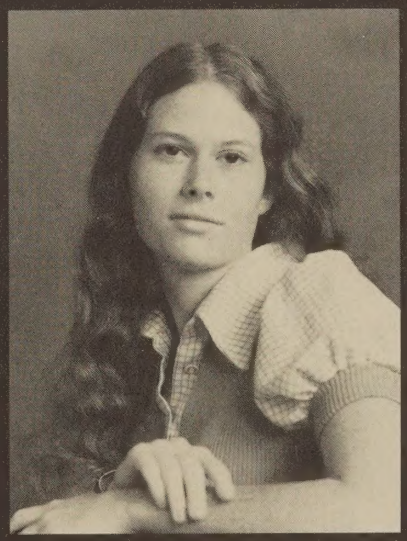
Robert H. Hardisty

David A. Harwood

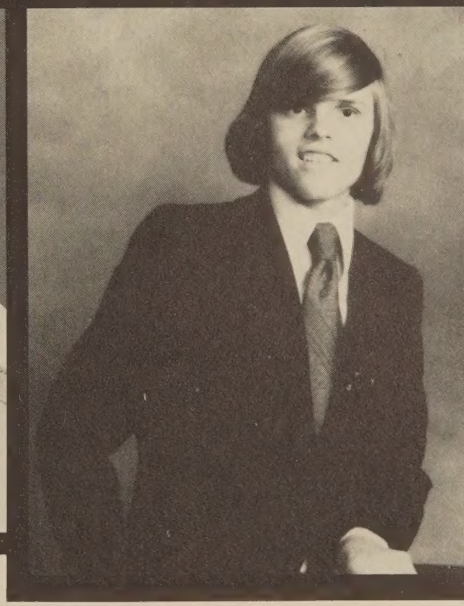
Kelly A. Hamil



Danny W. Hall



Molly H. Hodges

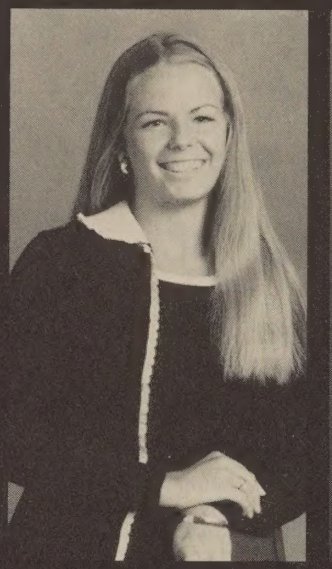


Kenneth C. Hart

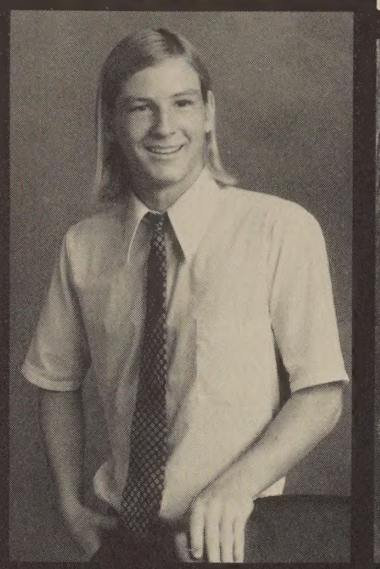
Donna Lynn Hill
Kerry Ann
Gurganus

Chuck Ironmonger
Nancy Jeanne Holland

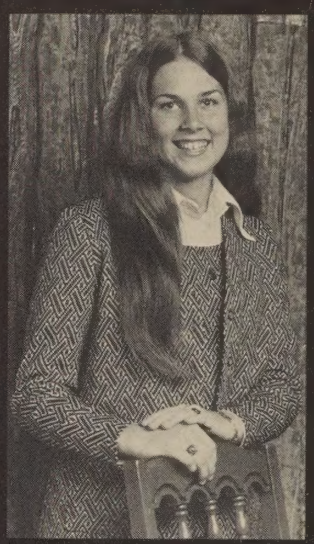
Patricia N. Hudson



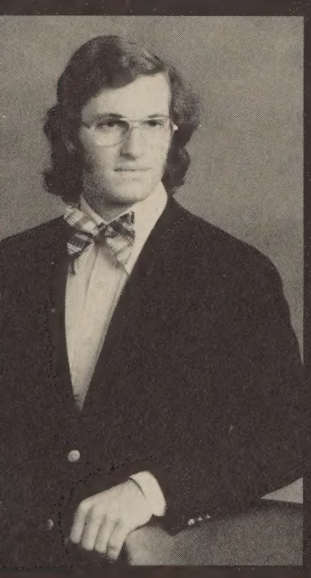
Paul Hughes



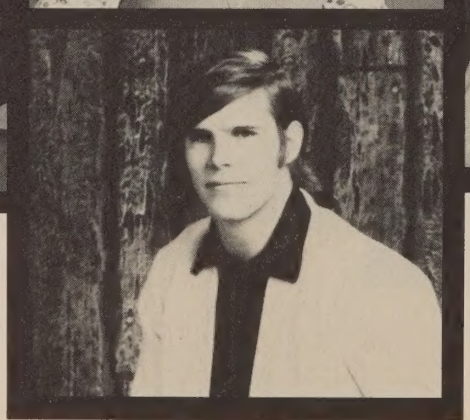
Holliday Hurd



Joseph Ignoffo

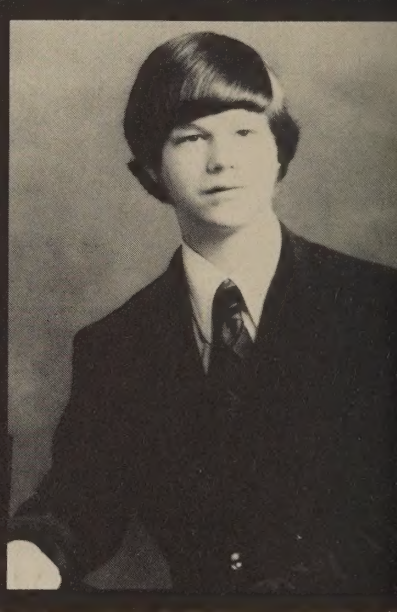


Vernon J. Honeycutt



Bridgett A. Isenburg
Michael J. Hughes

Kathlyn Marie Hyatt



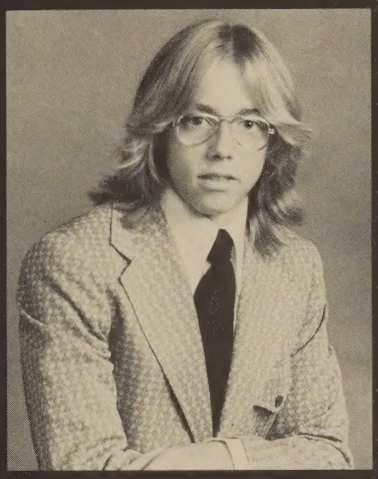
William H. Holbert

This style shirt was worn by many in our newly formed Ski Club.

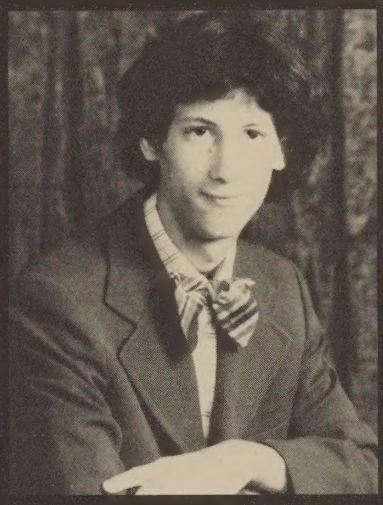
Kimly Janell Hoskins

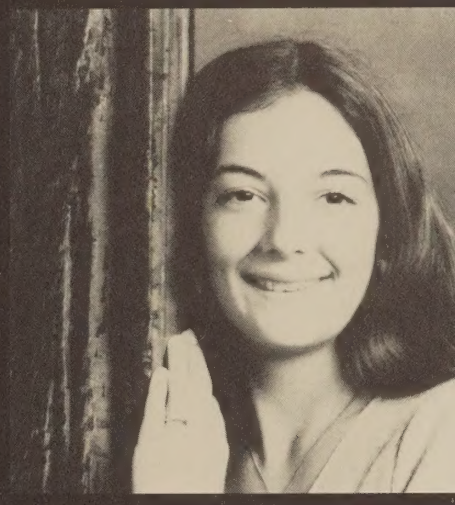
Mary F. Holz
Dallas L. Hogge

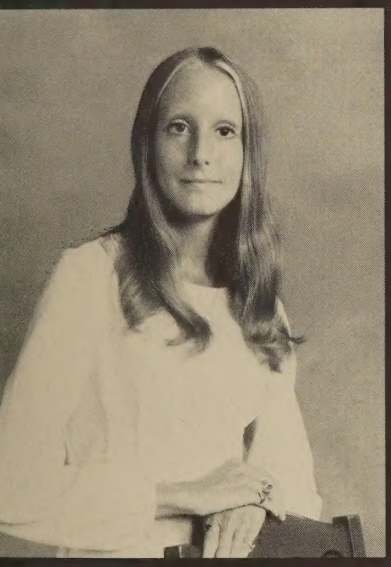
Lauren Dru Hudgins



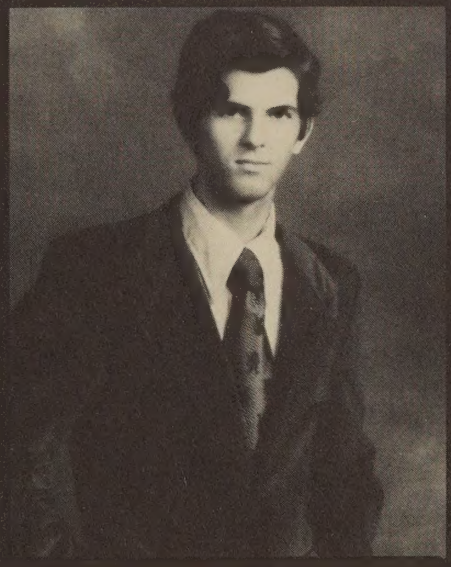
James T. Holt, Jr.





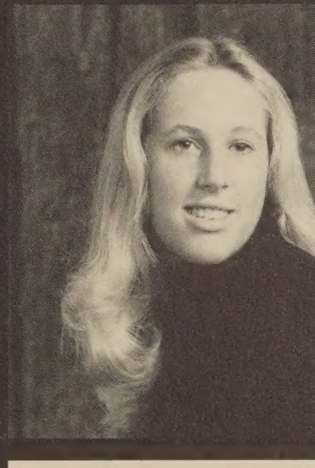


Karen L. Ives



John Garrison Irish

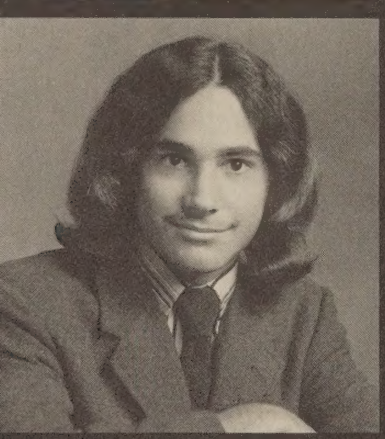
Mary L. Hopkins



Anne K.
Holland

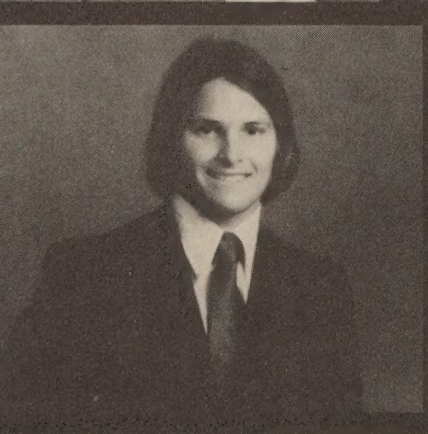
Lynnette J. Johnson
Russell W. Jennings

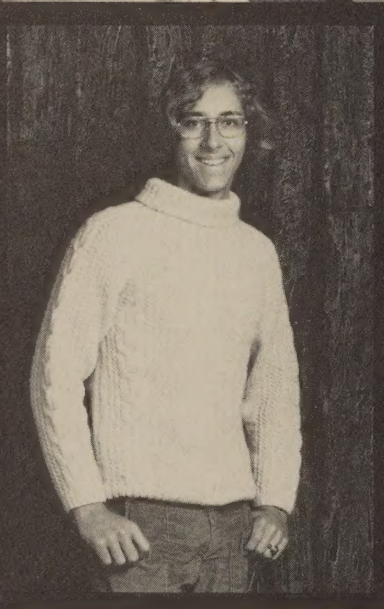
Kerri A. Kay
Johnnie W. Joyner

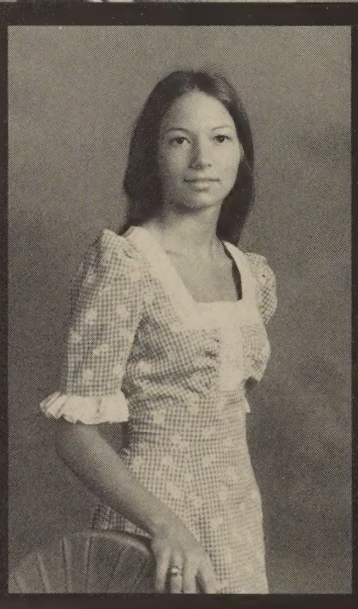


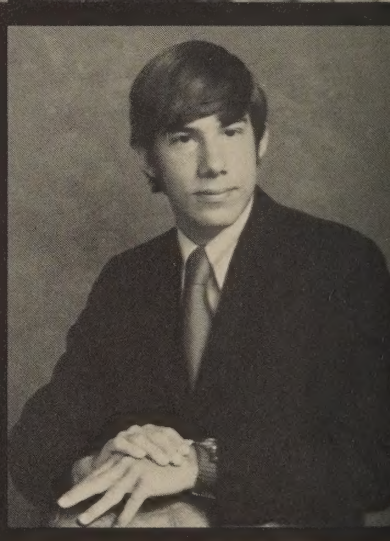
Sherry A. Jordan

Wilbert Johnson









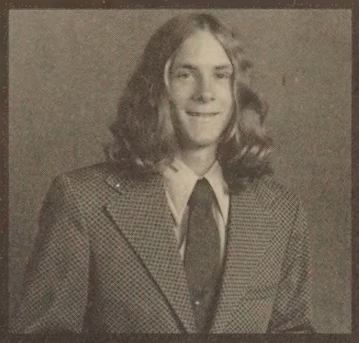
Aubrey James

John Keimig

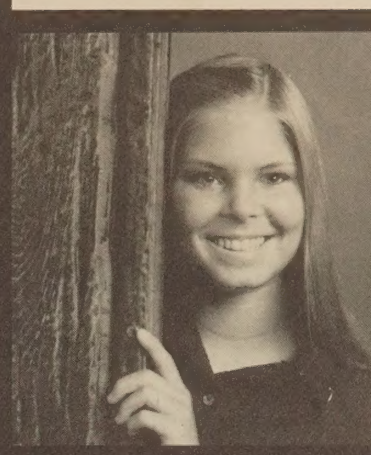
Flora R. Jordan

Raymond Douglas
Janezeck
Barbara J. Jenista

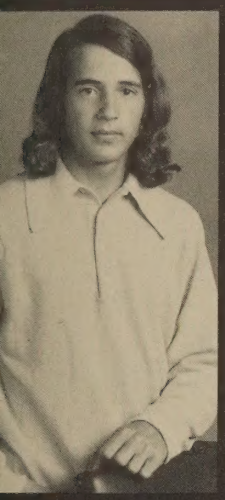
Gary W. Johnson
Paulette Jones



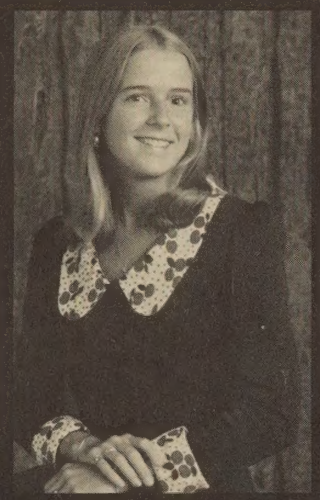
Denise C. Joyner
David J. Kees



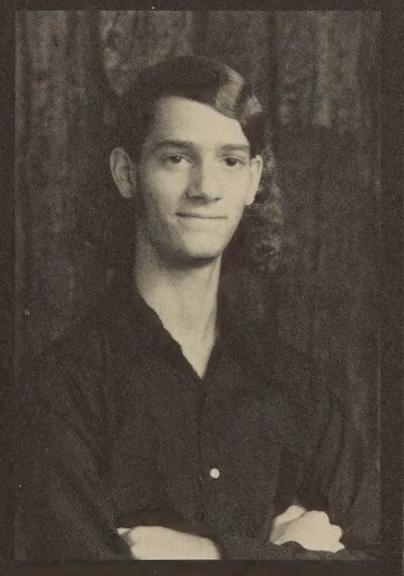
Frederick M.
Kampfmueller



Alice G. Kampfmueller



Linda M. Jimenez



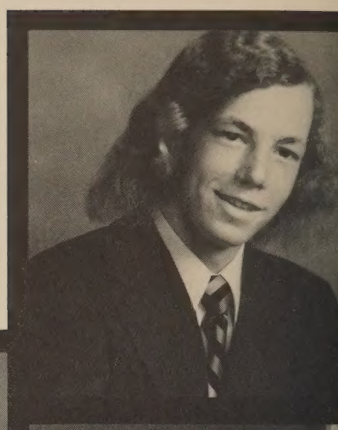
Robert Jones

Beth Jones

Majorette, Janet Smouse, leading the band, twirls her baton during half-time ceremonies.

Janet Leigh Johnson
Janis Hudson

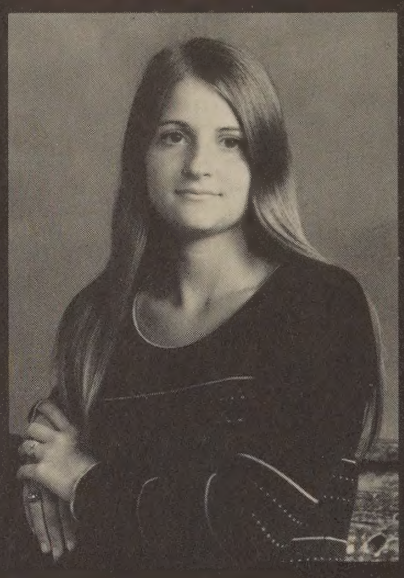
Mike Lanning
Hilda B. Lawson

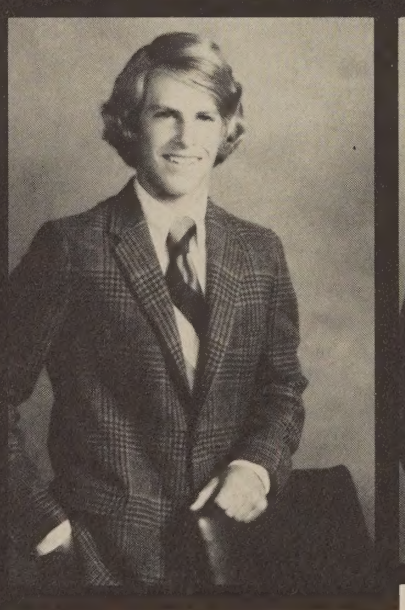


Edward C. Kuehn

Janet A. Koenig

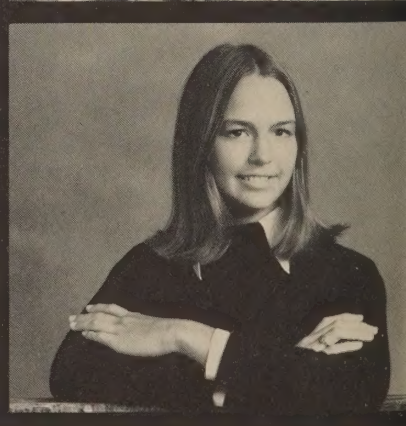
Teresa Dawn King





James C. Kuntz

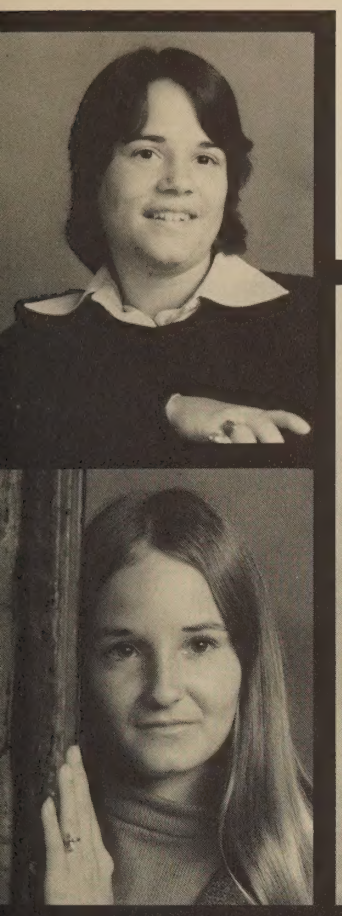
Sarah A. Lamb



Rebecca L. Kelley
Tina S. Larson

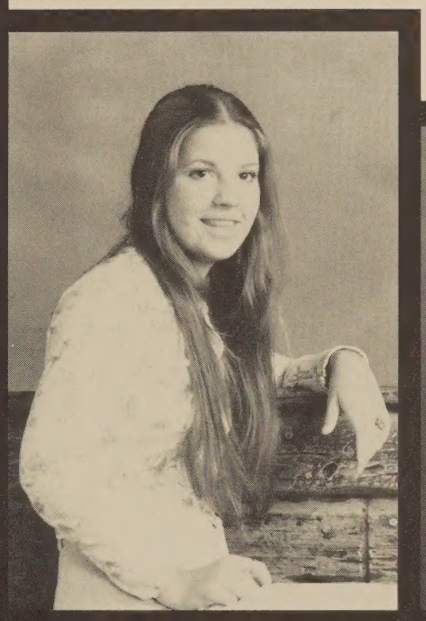
Jody Glaves promotes spirit at a Pep Rally before the big game with Bayside.

Valerie A. Knutson
Nancy G. Lavrischeff

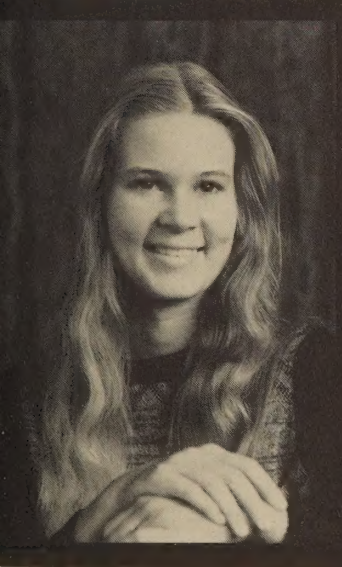


Karen A. Land

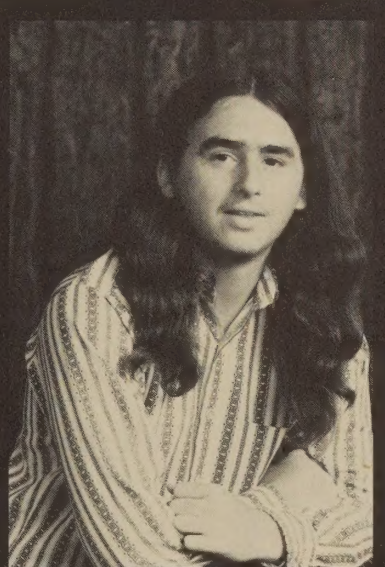
Susan Blaire Laurance



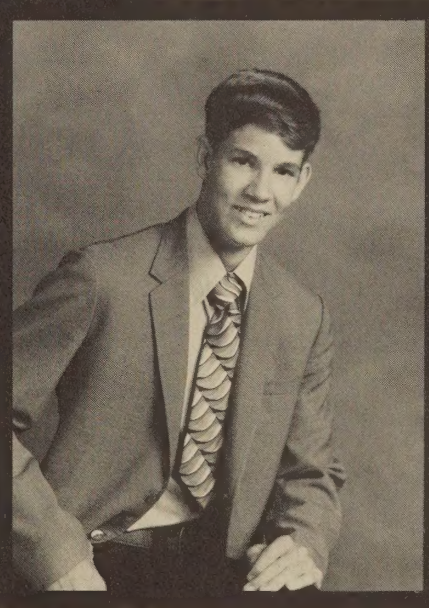
Frances A. T.
Kolodziej



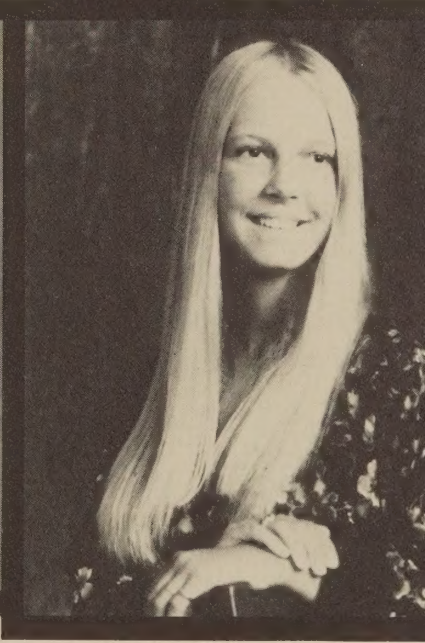
Karen L. Laucks



Charlie O. Lawrence



Frederick W. Lawler



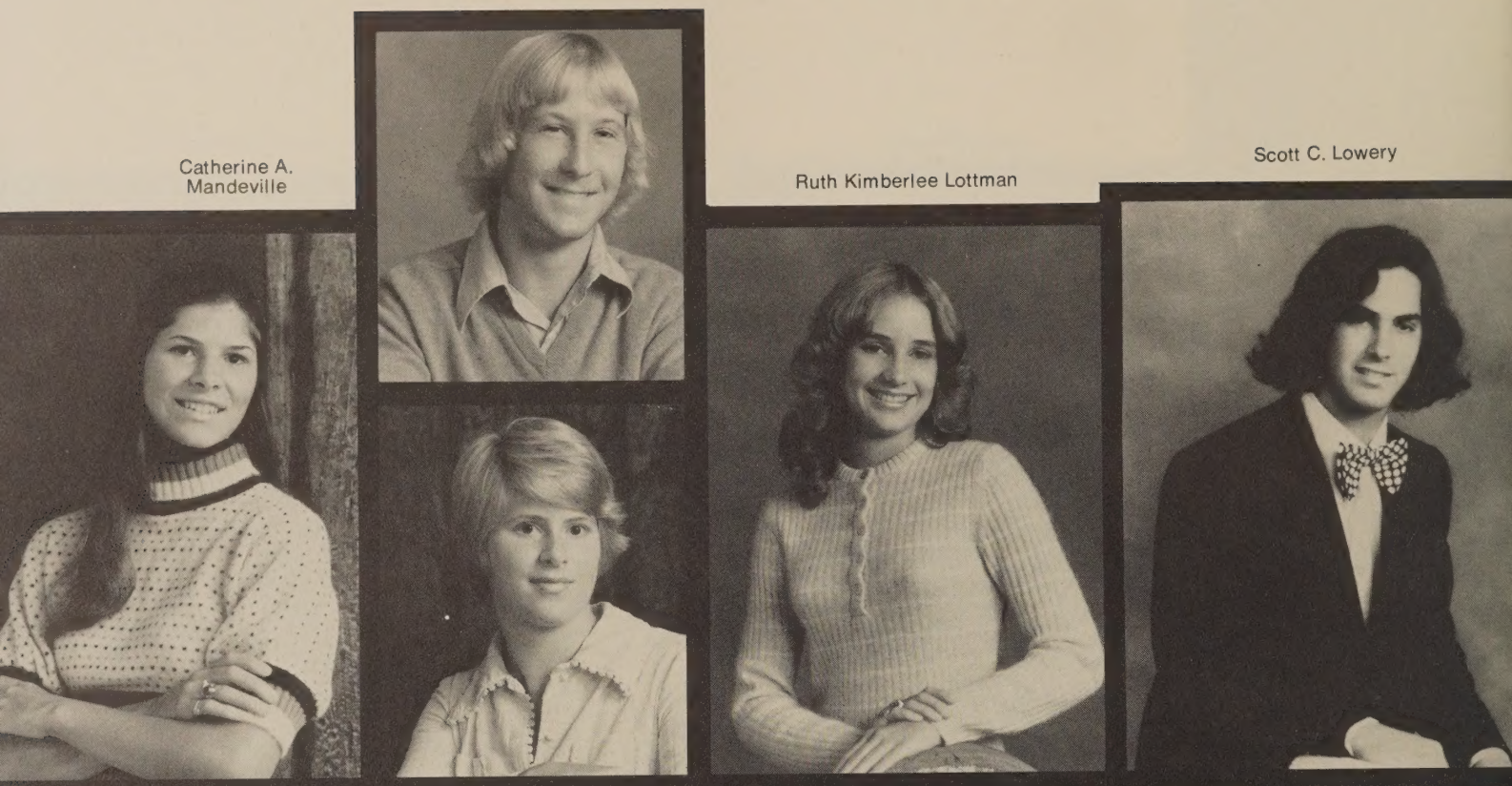
Laurie L. Krumwiede

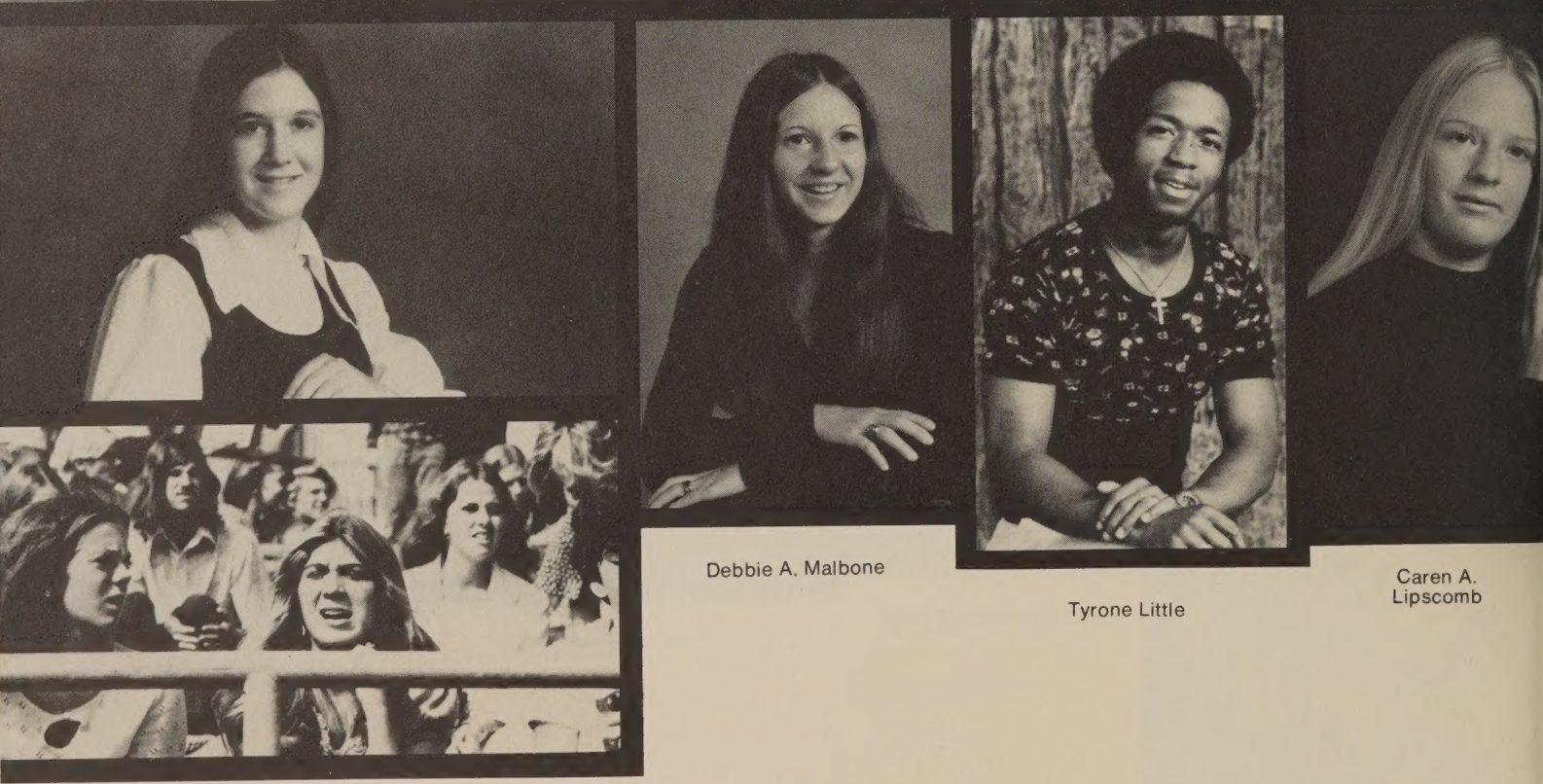
Robert H. Linsly
Helen V. LeCroy

Catherine A. Mandeville

Ruth Kimberlee Lottman

Scott C. Lowery





Debbie A. Malbone

Tyrone Little

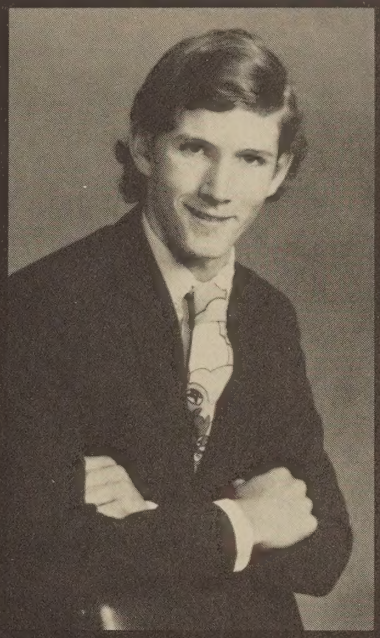
Caren A. Lipscomb

Gwen C. Lindsey

Karen Crocker and Ashley Crosswhite express their frustration over the Patriots' first loss of the season.

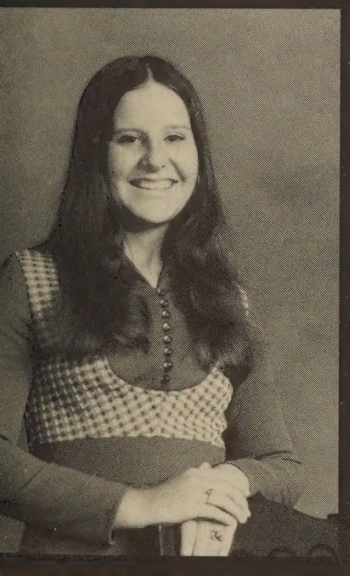
Jenny Lewis
Tracey Leigh Lucas

Vincent Lilley

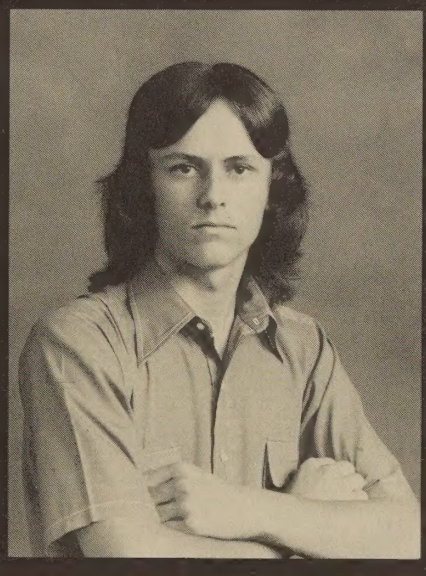


Ann T. Lemmon

Robin M. Lowe

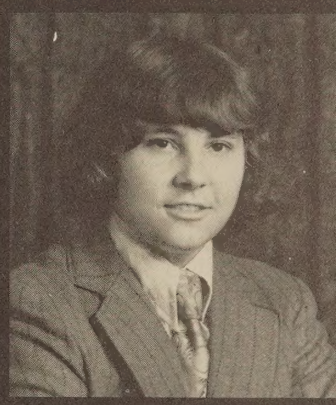


Debra A. Lutz



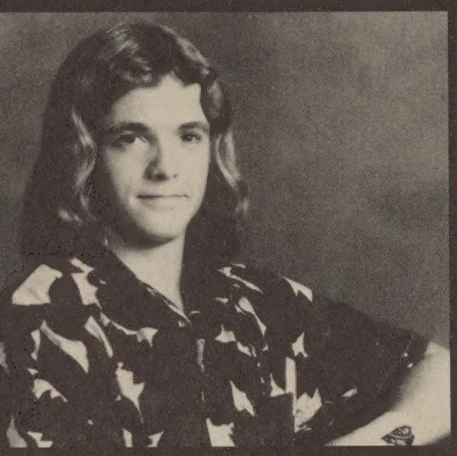
Richard A. Maddox

Mary L. Leone

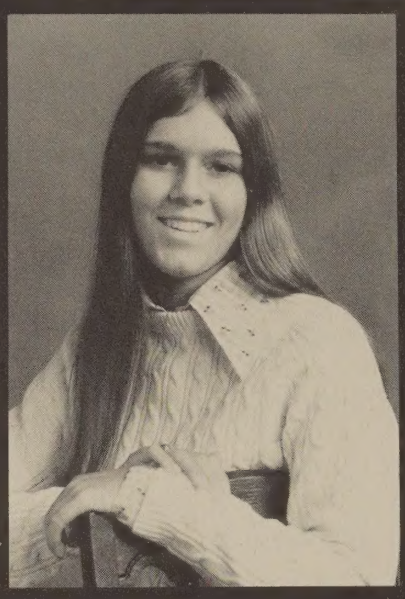


Gary A. Lawyer
Veronica L.
Little

Cathy E. Meyer
Rod MacRae

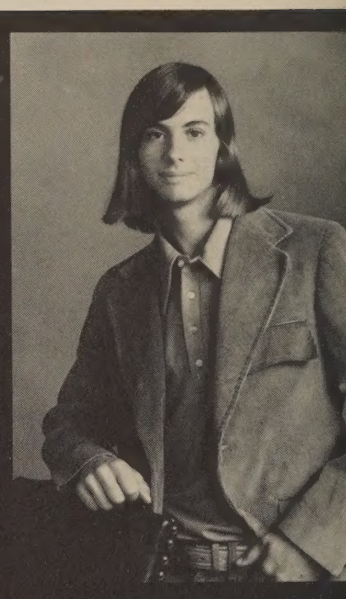


Courtney B. Marshall

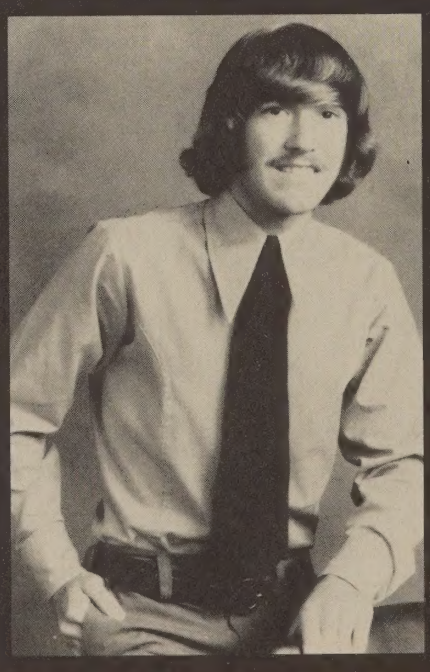


Barbara A. Macdonald

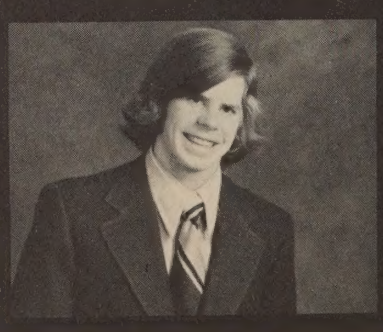
Sam K. Midgett



Suzanne N. Martin



John Carl Martin



Lynn Mason
James G. McNaught

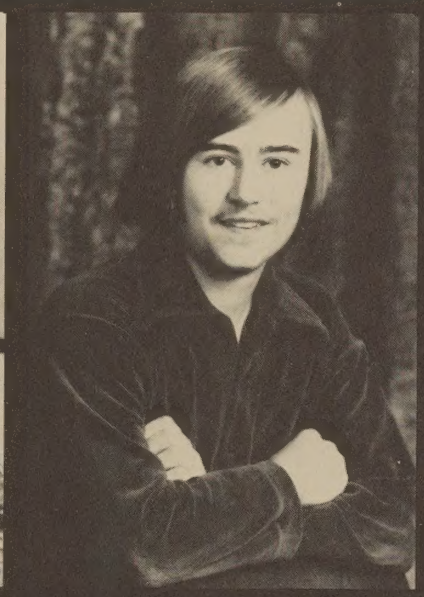
Martha Gay McManus
Joyce A. McKean

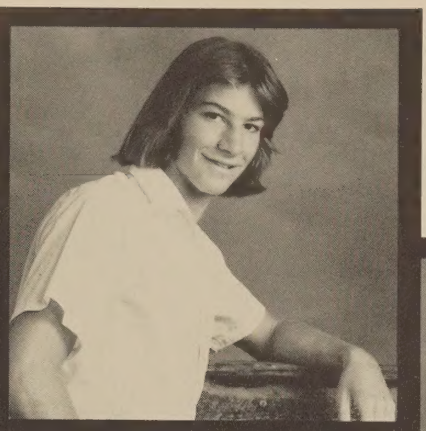
Gary McGovern
Eileen C. McLoughlin

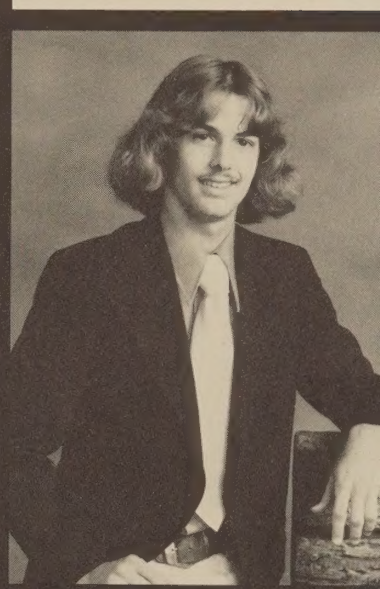
Geraldine McHerrin

Joseph Merlino

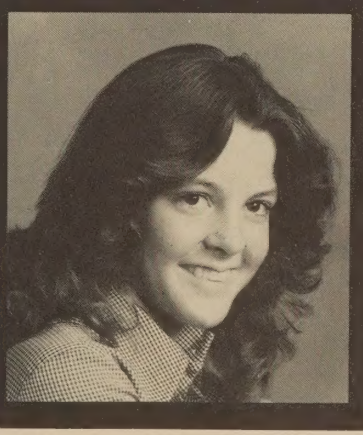
Stuart Powell
Marlow



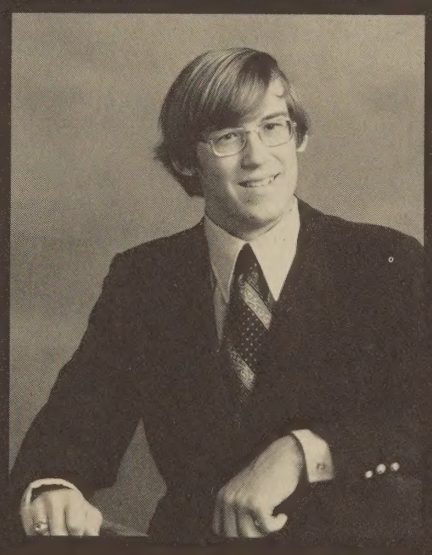




Amy L. Martin



Susan McClain
Nancy Jo McDaniel



Blake Darrell Manuel

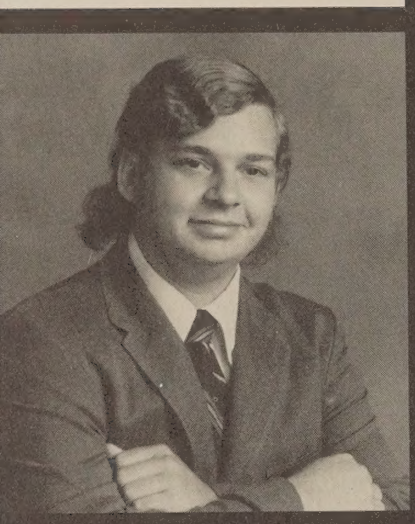
Joanne L. McKnight

Hey John, please take my picture

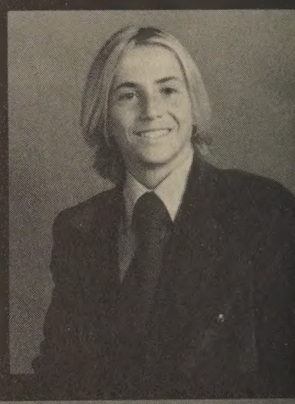
Margaret A. C. Miller
Colleen O'Reilly

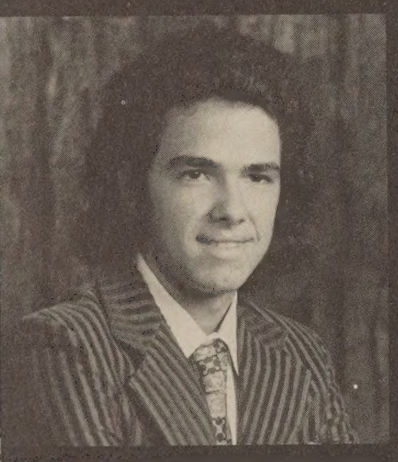
Robert W. Moose
Scott Nathan Moser

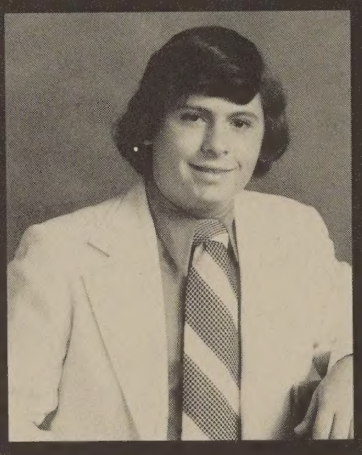
Franklin R. Owens



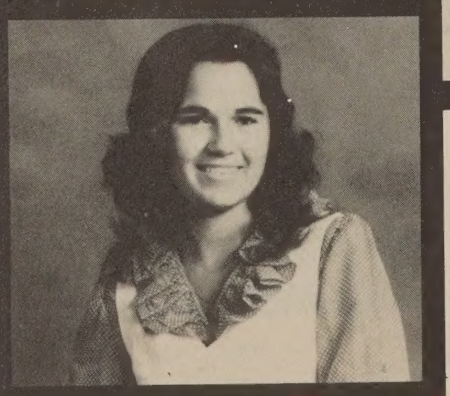
Jocelyn Olds







Richard S.
Midgett



James W. Mitchum

Jeanne K. Milligan
Regina Arlene Mizelle

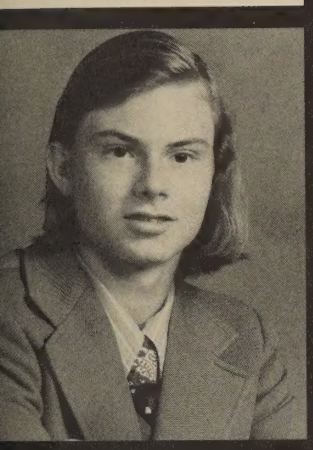
Evelyn Louise Mobley
Gail Morse

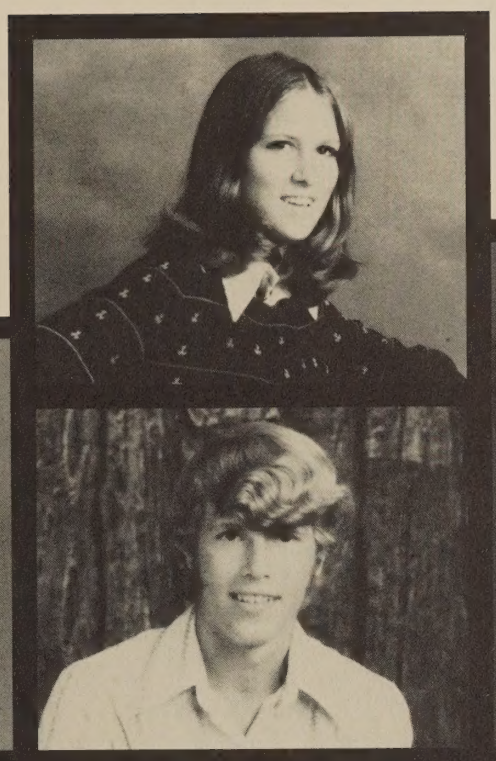
Craig L. Moranville
Douglas R. Morrisson

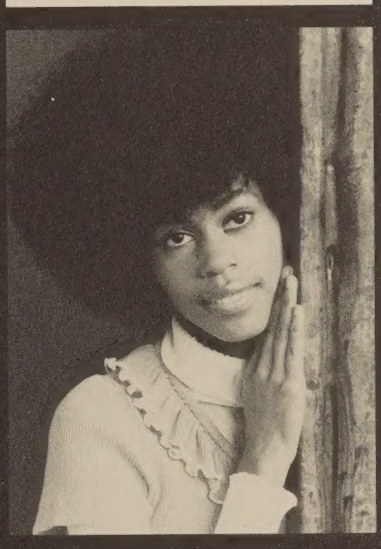
Teresa Munford
Paul Nimitz

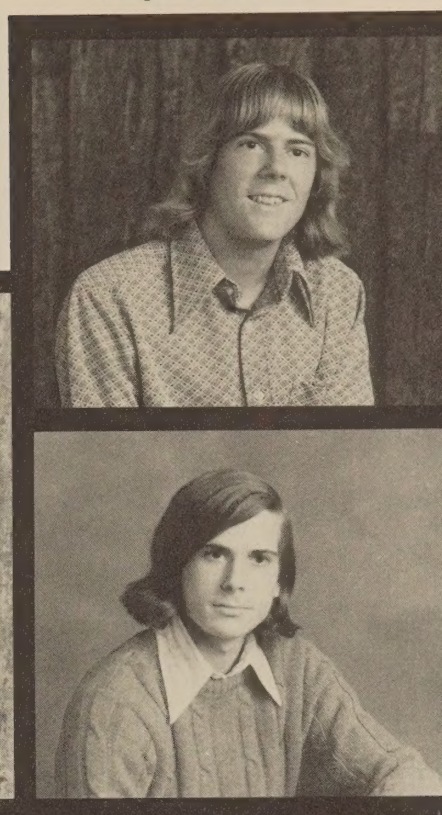
Lynn G. Myles

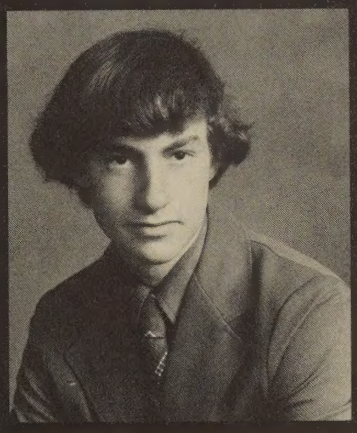
Jay R. Newbern

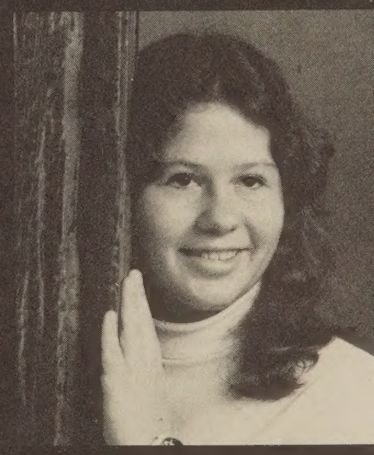


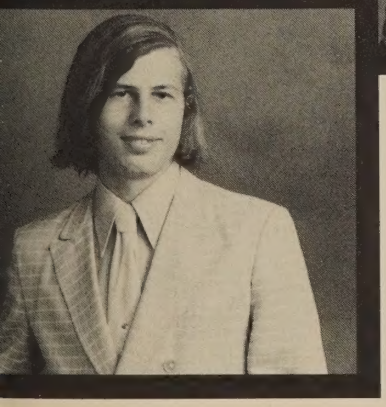




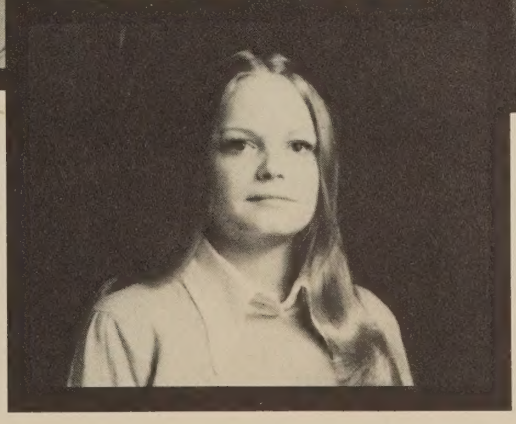








Kiel L. Norris



Deborah M. Moore

Terry L. Moore
Edward Wayne Moore

Brenda Carol Morris
Eleanor J. Neergaard

Deborah Nonni
Rick L. Parris

Danney L. Ogle
Bonny L. Olejar

Theresa D. Pagano

Melody J. Odom

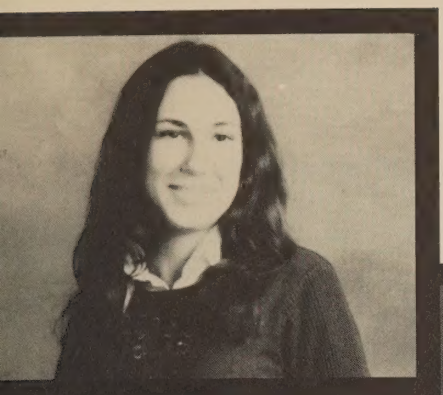
Margaret C. O'Gorman

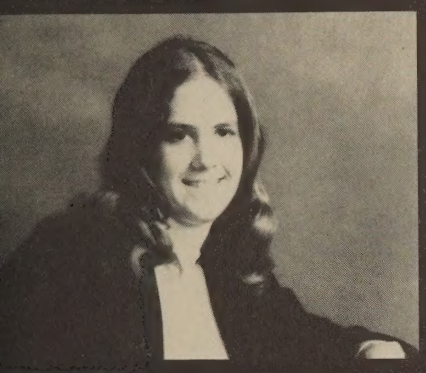
Matthew Owens

John P. Nipper
Karen L. Pawley

Andrea L. Polizos
Laura A. Oaksmith

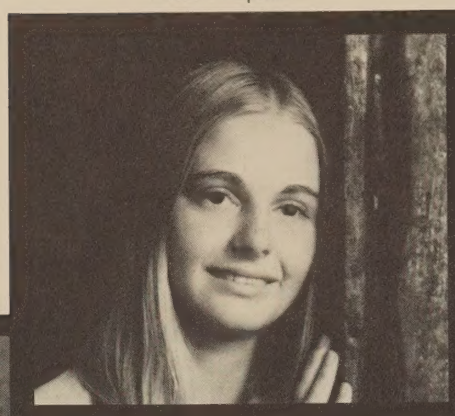
Patti A. Parks
Kim A. Overton



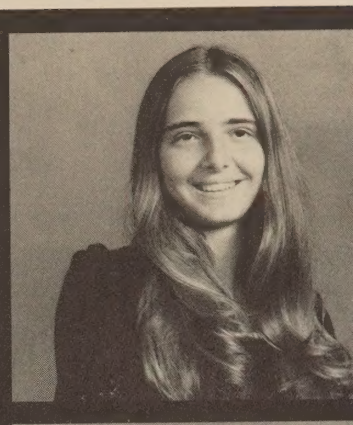


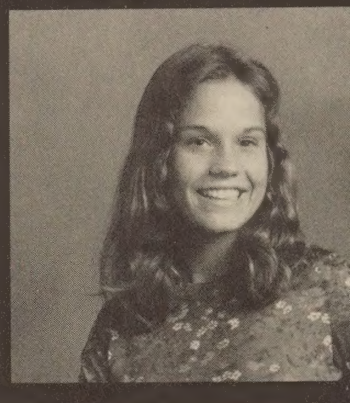
Janice D. Parker

Sandy L. Peterson
Tassos Paphites



Lynda M. Payne
Stephanie L. Oliver





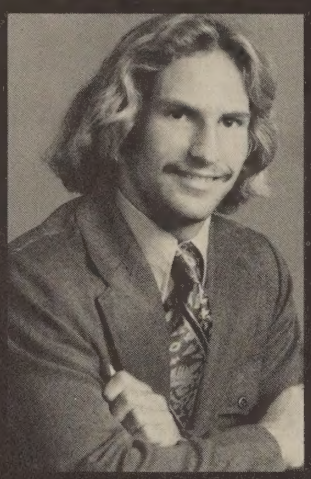
Christina M.
Pendergraft

Katie M. Peterson
Beth Penner

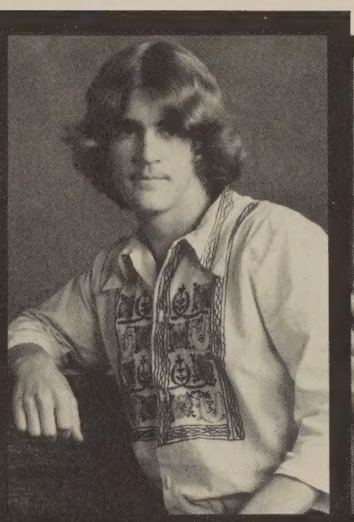
This year's senior class was so wholesome looking.

Lauren B. Phillips

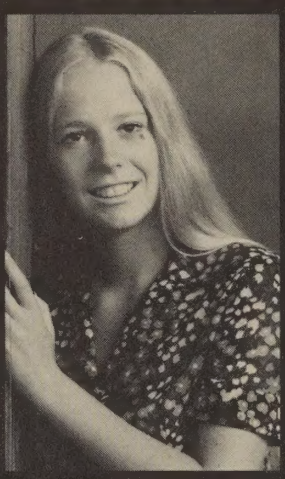
Jerry Pontes



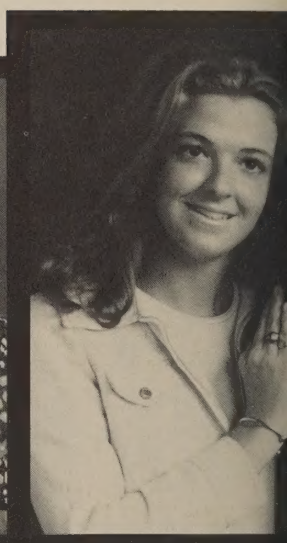
Thomas A. Potter



Andrea M. Randall



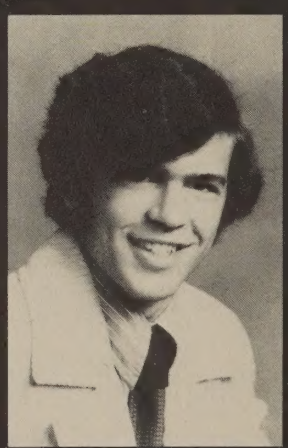
Brenda Rasberry



Ann Rasberry

Sherry L. Reavis

Matthew Price makes a quick stop at his locker before he goes to class.

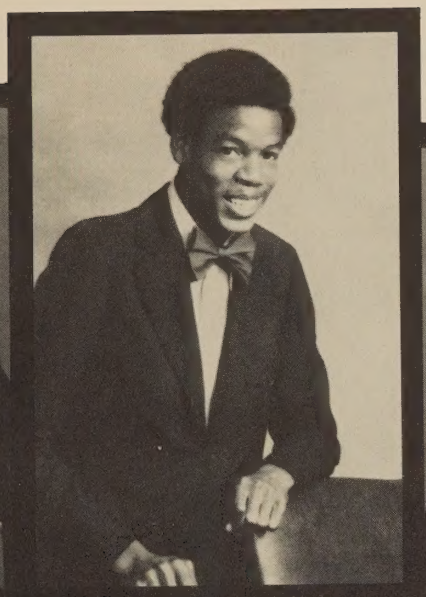


Brian Hamilton Reise

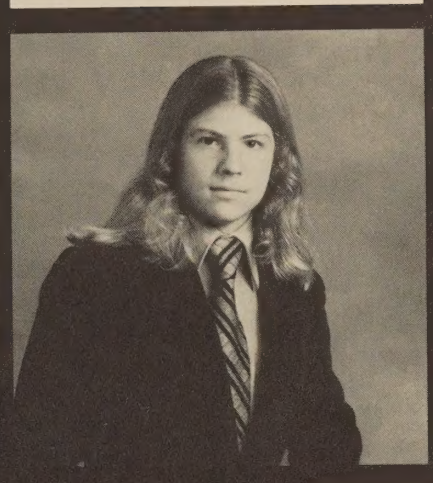
Samueal G. Reid

Michele Pitrone

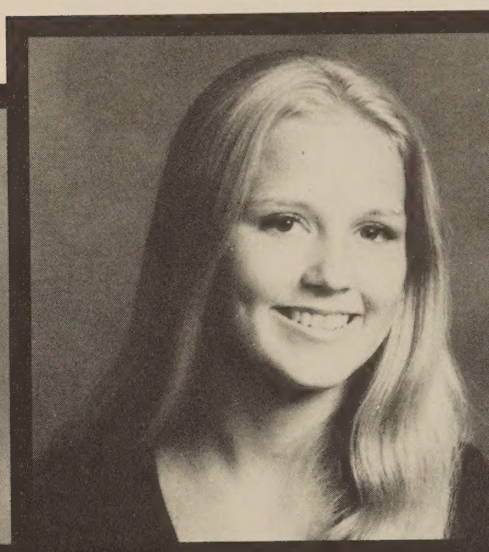
Oliver G. Pitt



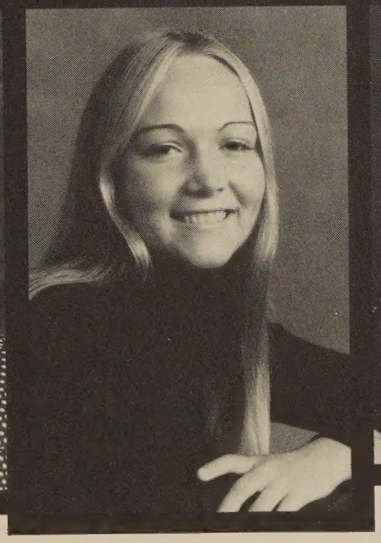
David Phillips



Billye Hatch Phillips

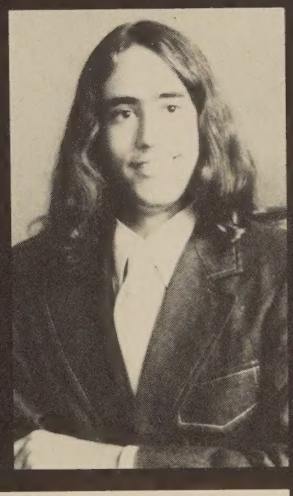


Sandra K. Reynolds

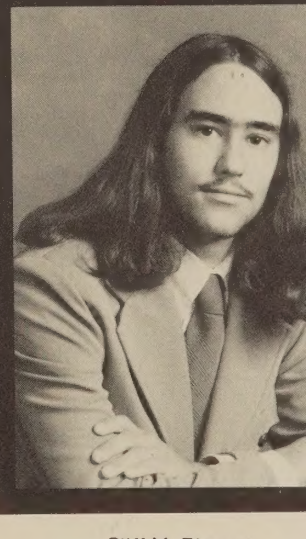


Eileen J. Rice

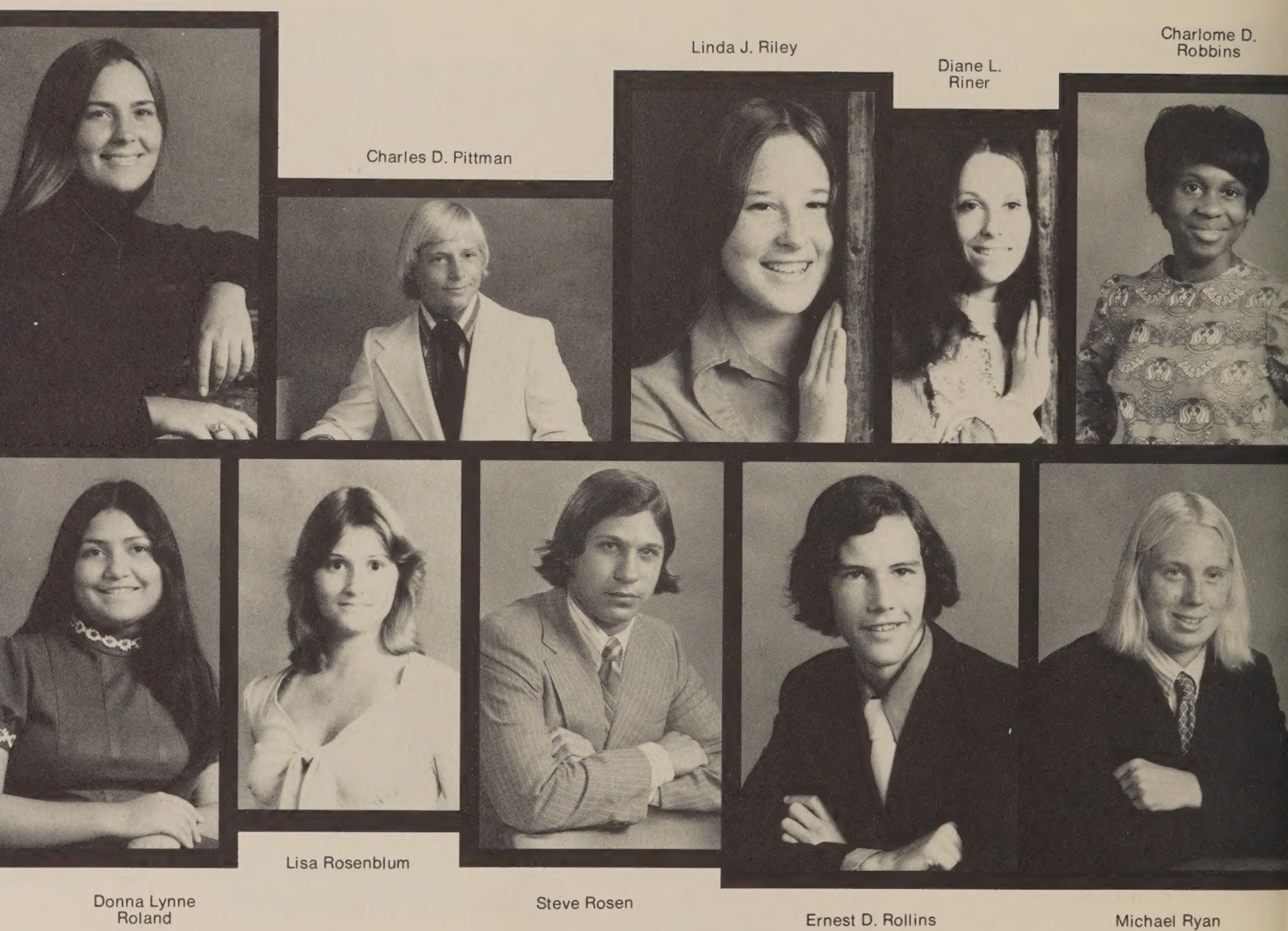
Lynne Rau



Charlie H. Riegert



Cliff M. Riegert



Linda R. Redford

Charles D. Pittman

Linda J. Riley

Diane L. Riner

Charlome D. Robbins

Donna Lynne Roland

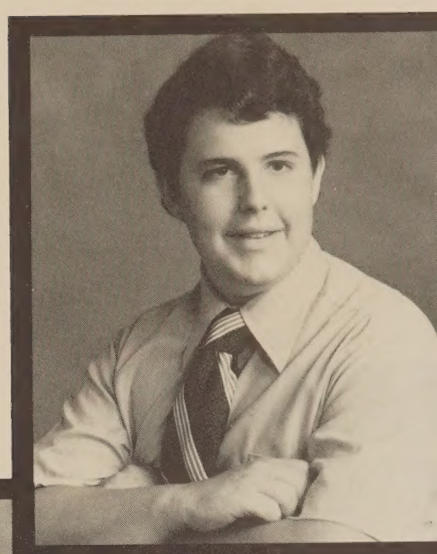
Lisa Rosenblum

Steve Rosen

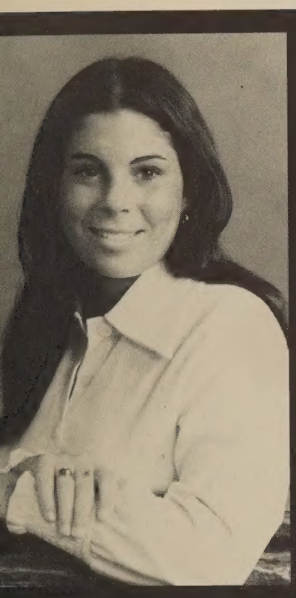
Ernest D. Rollins

Michael Ryan

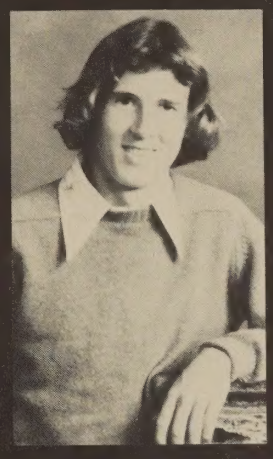
David G. Shoemaker
Karen G. Schaadt



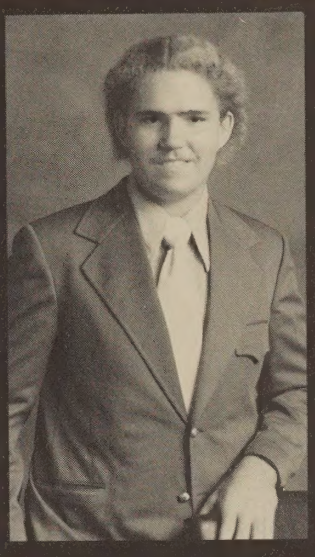
Christine Marie
Salomone



Butch E.
Schachle

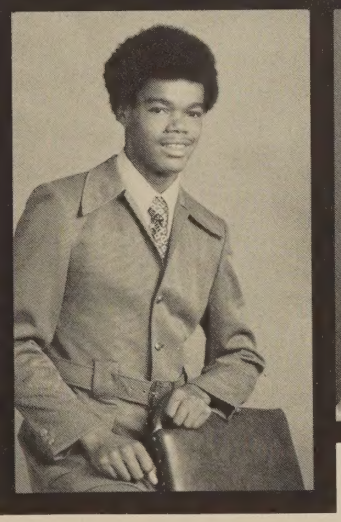


Mark H. Schleif

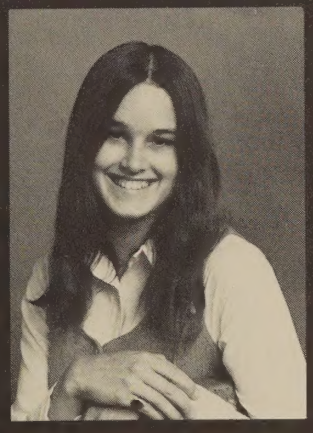


Gale A.
Schuldt

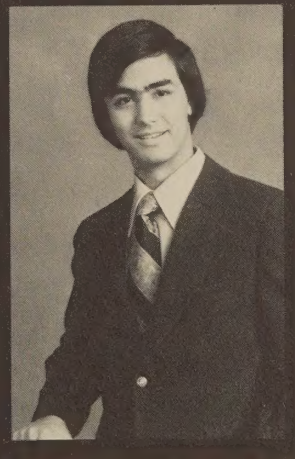
Bonita
Scutchings



Spencer Lee Scutchings



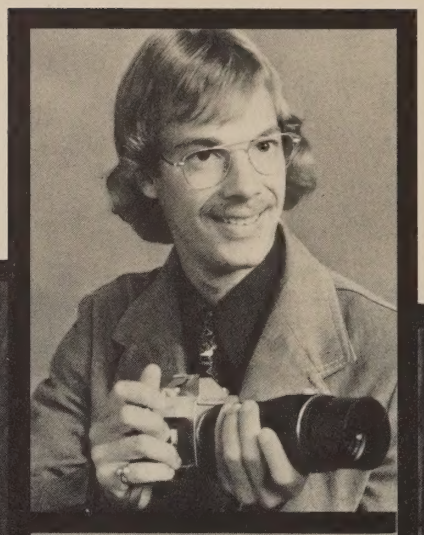
Sarah Deeton Seay



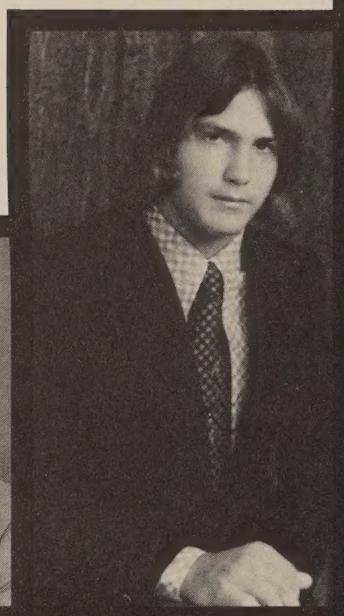
Stephen S. Sebastian

Tyrone Little plays it cool
while waiting for the bus.

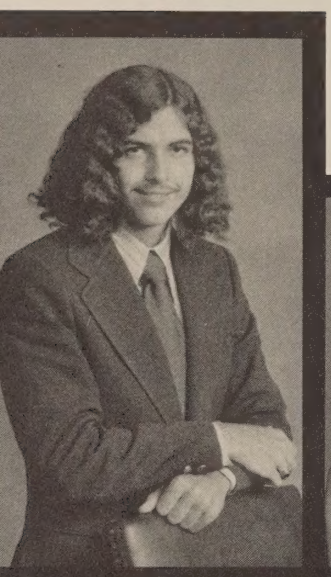
Dave B. Sommers
Carl N. Sears



Eddie W. Smith

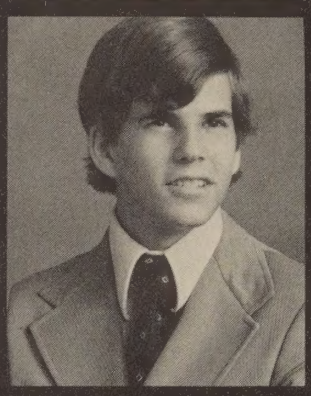


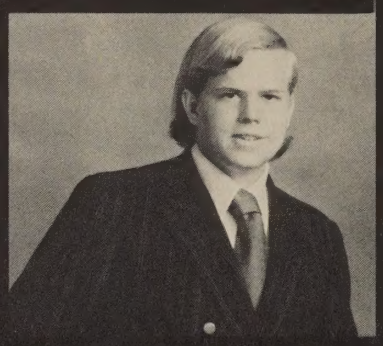
Glenn Smith

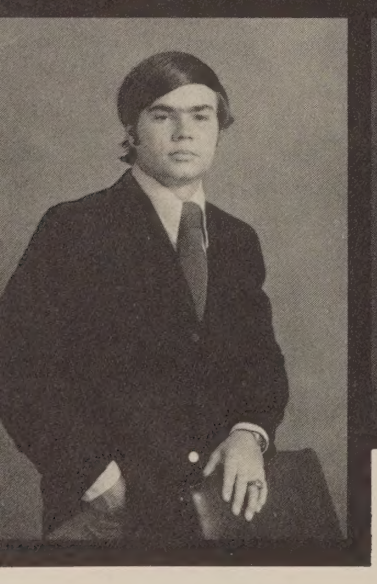


Linda S. Slate

Andrew G. Smith

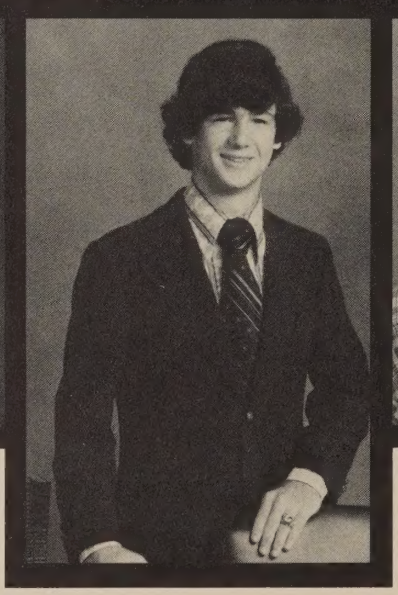




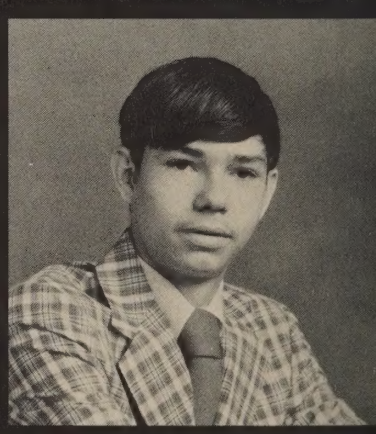


Steven J. Selby

Peter Simmons

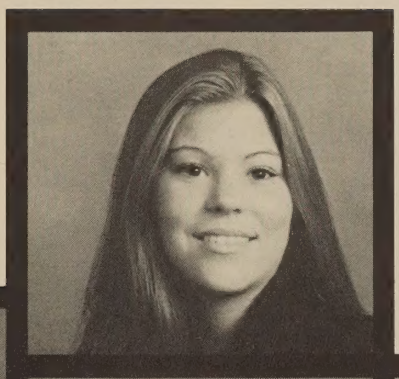


Gary Simon



Gregory D. Smith

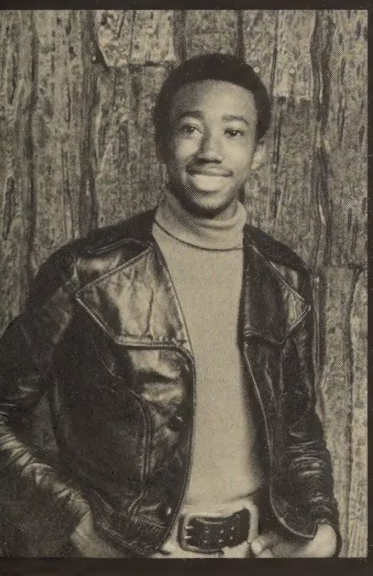
Anne Pierce Slovic
Mary L. Snyder



Jeffrey Sheppard

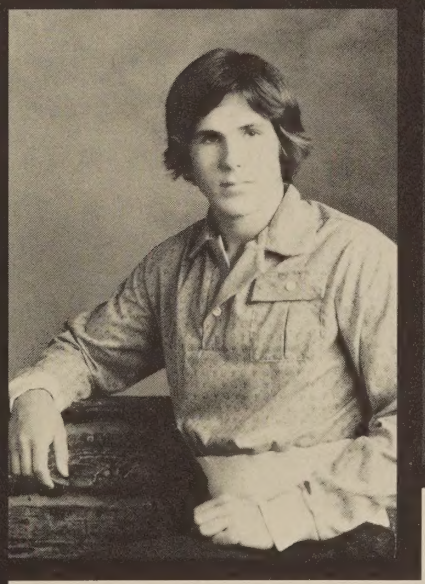
Dorothea L.
Sills

The senior powderpuff cheerleaders were very gay as they led their team to victory.

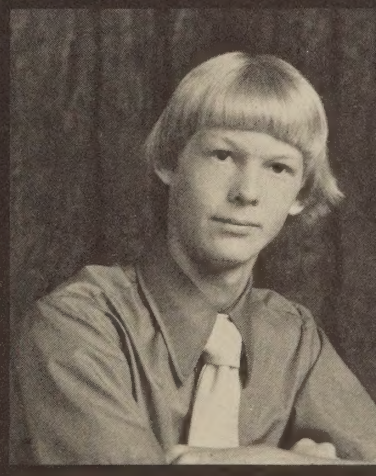


Richard C. Shaw

Janet L. Smouse
Laura J. Smith



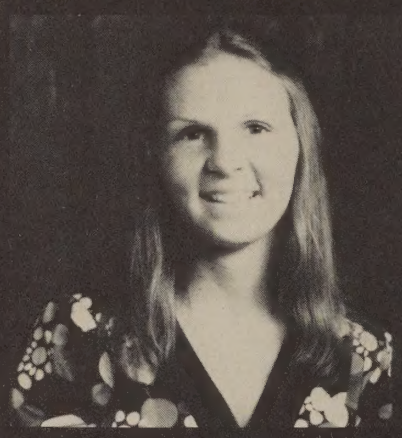
Christopher H. Sinclair



William T. Slattum

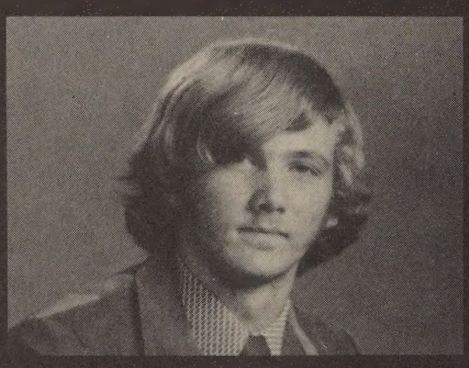
Eunice May Taylor
Mary Taylor

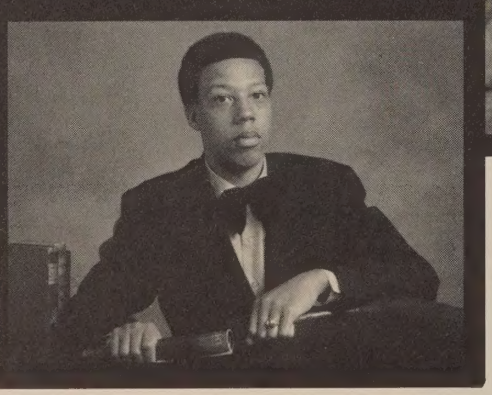
The senior class roars on.



Keith Thompson

Cynthia D.
Tamburino





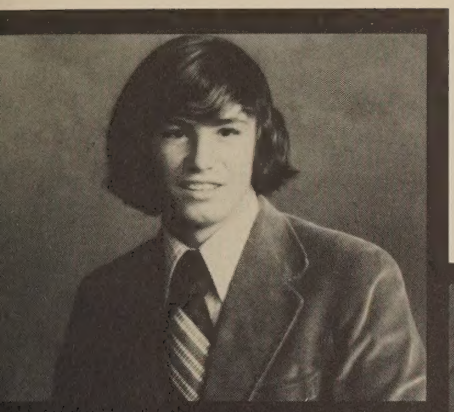
Steve Tase
Jesse B. Staton

Janet L. Sykes

Susan K. Sloan
Beth A. Smola

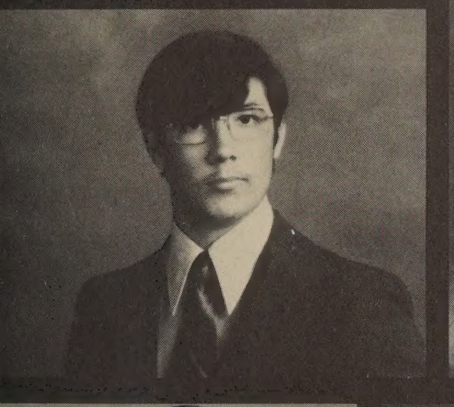
Chris E. Swecker
Chet A. Soop

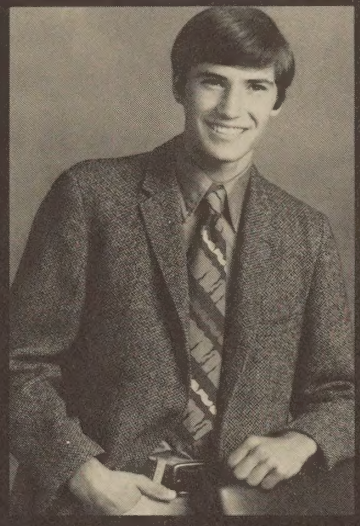
Catheryn D. Stricker
Deborah A. Sykes

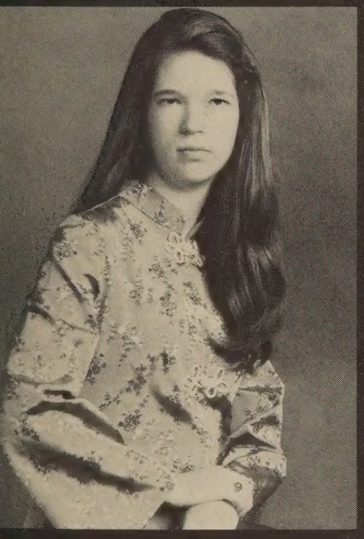


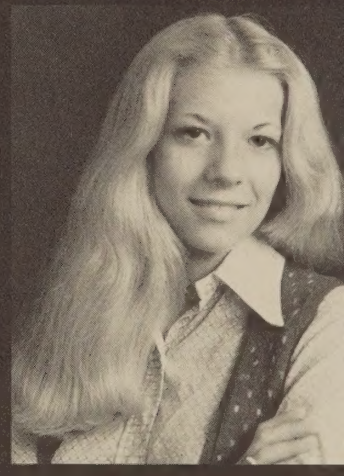
Lizanne Spring

Scott R. Snively

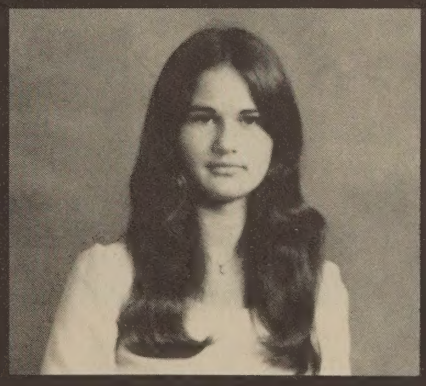








Shirley L. Spencer

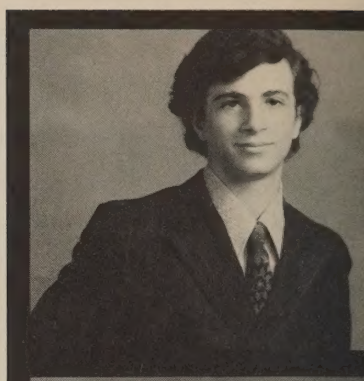


Deborah L.
Sullivan

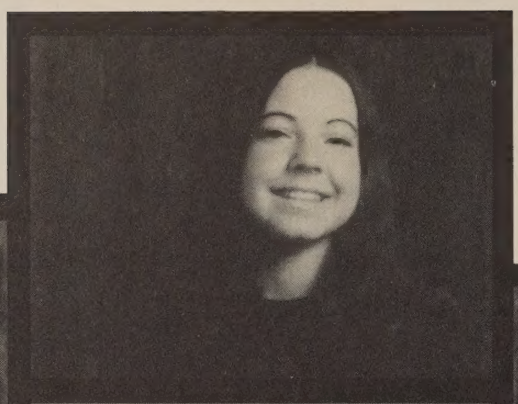
Clark Stevens
Diane Taylor

F. Bennett Strickland
Dale A. Swimme

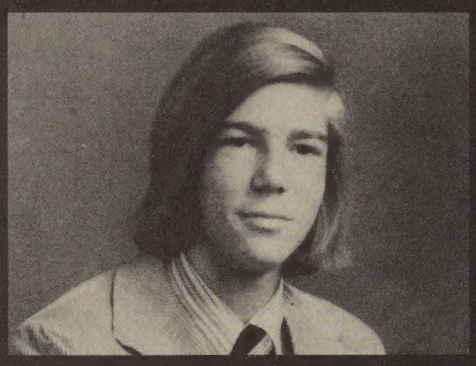
Benjamin J. Tebele
Brenda L. Trafford



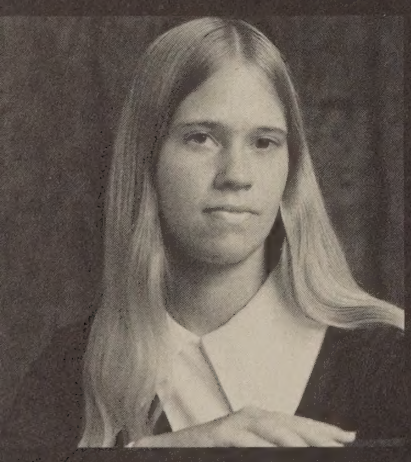
Joanie R. Tucker
Stephen S. West

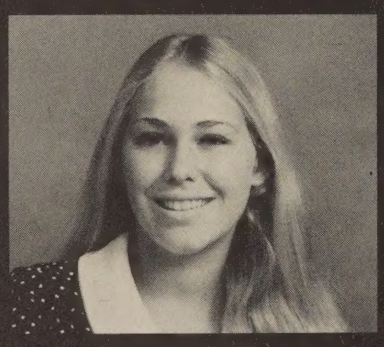


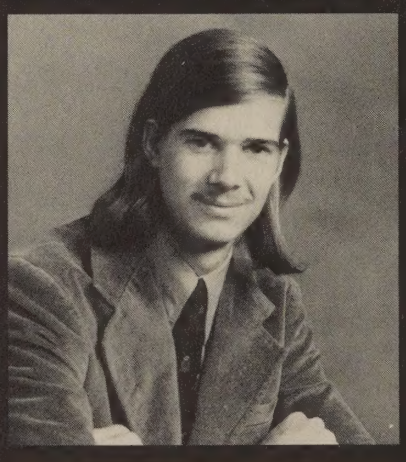
Sarah J. Taylor

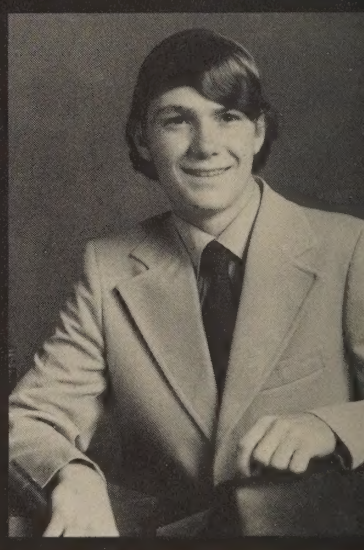


Toni R. Turner









Paul Gregory Traub

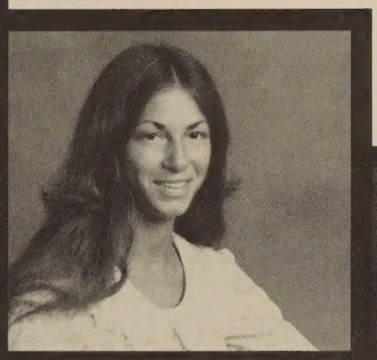
James F. Todd

Vicki L. Thomas
Maxine M. Wise

Margaret F. Travis
Anastasia Theodosiou

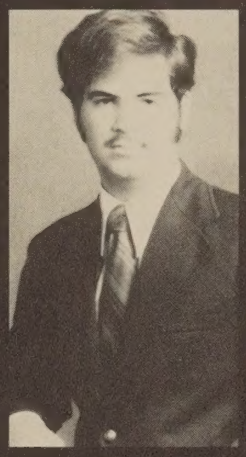
Mary S. Wallace
Cynthia L. Voliva

Shirley J. Vasile
Steve Williams

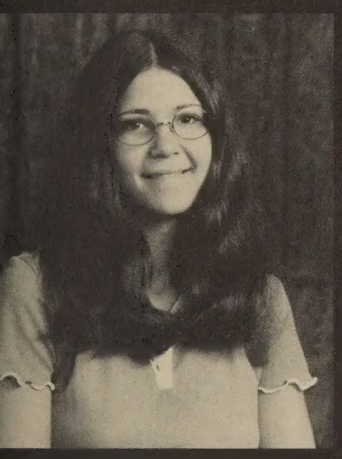


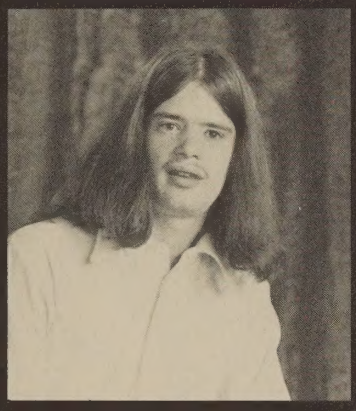
Janet Smouse and Steve Grabinsky rehearse lines for "Life With Father"

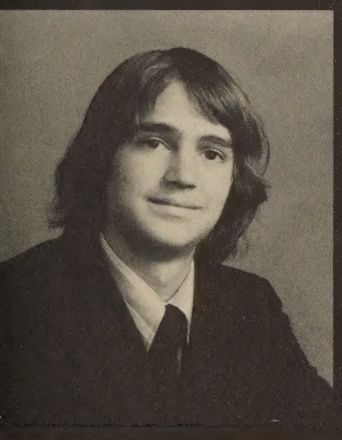
Daniel Vaughan

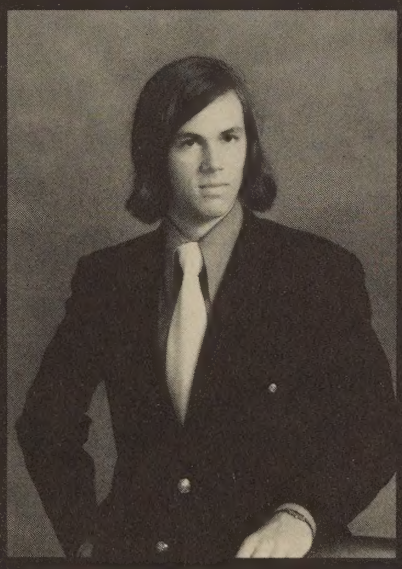


Candice L. Wallin

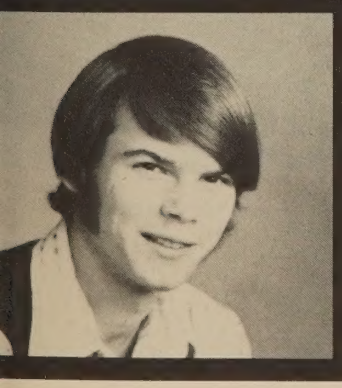








Mark S. Vadersen



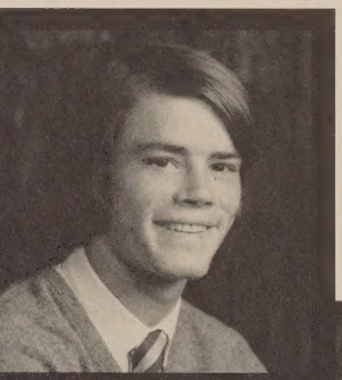
David A. VonMoll
Scott A. Webster

Robin K. VanNostrand

Karen G. Wallin

Steve J. Woodruff

Denise Williams

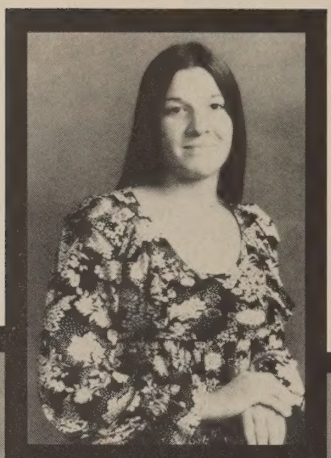


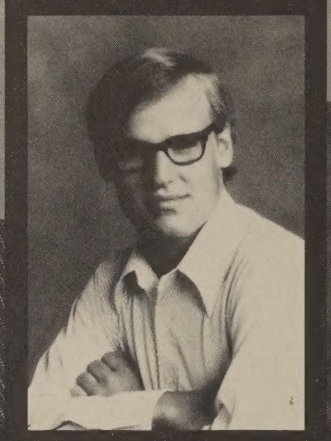
Barbara S. Williams

Gwendolyn White

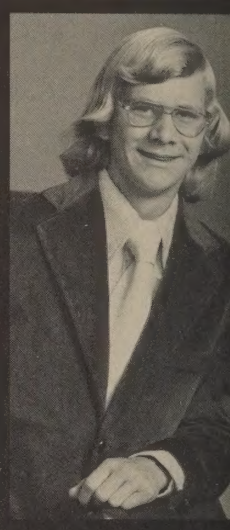
Catherine Wetmore

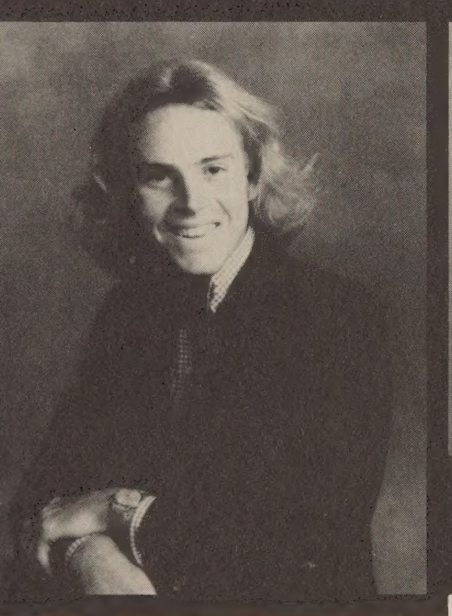
Harry J. Yerby



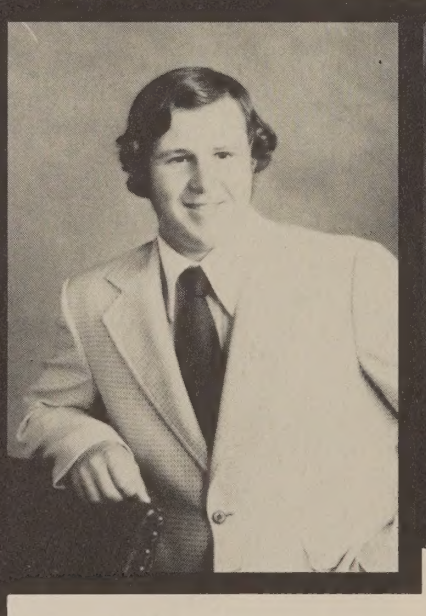


Rob T. Wolff



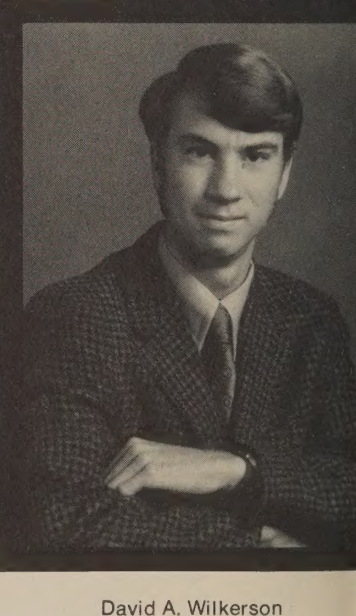


Curtis W. E. White



Jeffrey S. Williams

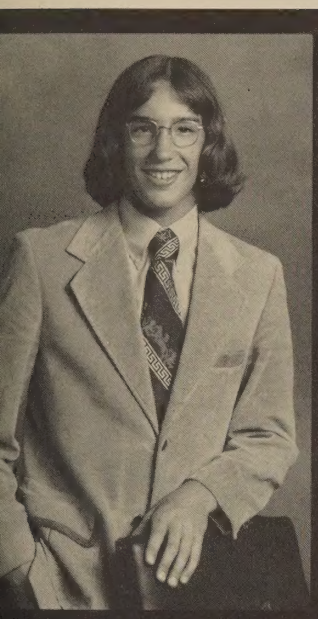
Mary A. White



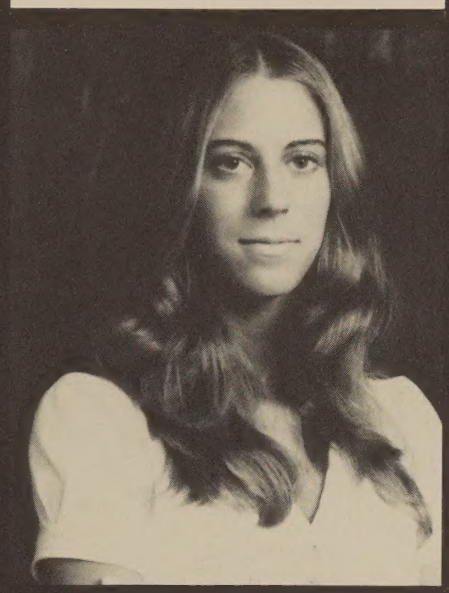
David A. Wilkerson

Vernice E. Williams
Bonnie E. Whitaker

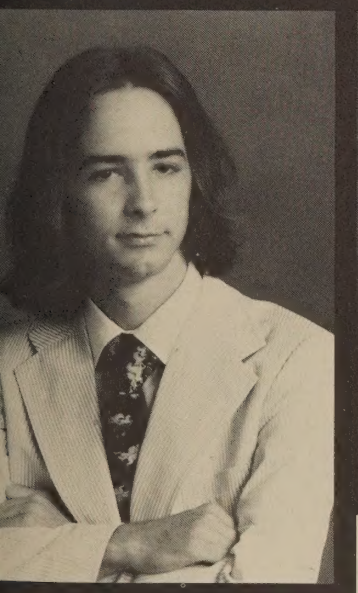
Douglas M. Worrall



Marsha G. Woolard

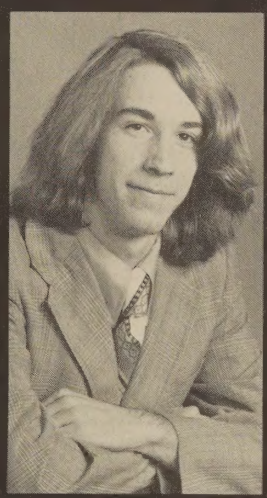


Cheryl D. Wilson



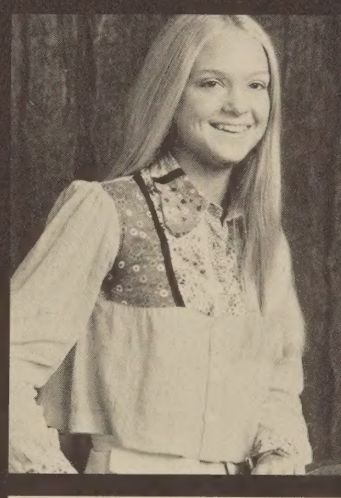
Michael R. Winesett

Cynthia A. Woods



Mark Williams

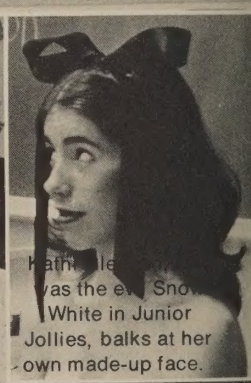
Joanie Tucker entertains at halftime



Frances Pender Withers

Members of the float committee were so tired creating their float that they became rather punchy, as seen above.

RIGHT: In a romantic scene of "Life with Father," Kelly Sloan, who played Mary Skinner, flirts with her "Yale Man" who was portrayed by Peter Simmons.
BOTTOM: Half-time ceremonies at the Powderpuff game ended with a variety of medleys performed by our own original Kazoo Band.



Kathi[illegible] was the ev[illegible] Snow White in Junior Jollies, balks at her own made-up face.

The graduating class of 1974 will be First Colonial's 8th. Each senior class has varied in that they have consisted of individuals. They are really all similar in that they are composed of students who are eager to make the most of their last year in high school. This senior class has expanded on that aspect. A larger number of seniors became involved with school life; very few remained apathetic. There are no concrete reasons for this renewed interest; however, maybe the seniors realized that if they could make full use of what was open to them as students, their class would be able to look back on this year and feel proud that they had helped make it so outstanding. While certain individuals did stand out in their participation, it is not plausible to say that they were the only ones who constituted the senior activities. Just as leaders exist in every class, so they did in this one. But a few leaders are not able to do anything by themselves; they need a group backing them up all the way. It was everyone working together that made this class what it was.

Even in basic contests such as Spirit Day and pep rallies, this senior class almost always ranked first. This can not be attributed to only our older and louder voices, for even as sophomores we won the competition for spirit. This competitive drive was one of the backbones of the class. Our school definitely offers a numerous variety of occasions that all require a desire to win and acheive. The Homecoming float contests and Powderpuff games are examples. In both their junior and senior years, the girls from this class won the flag football games. In watching this year's game, one realized the amount of imagination contained in our class. The half-time ceremonies were as impressive as those of the Homecoming game. While there were no floats, the boy cheerleaders made up for it. There was a parade around the track, and Tommy Duckett was crowned Powderpuff Queen, 1973-74. Right after that, the Kazoo Band played the class theme song, "Rock Around the Clock." Needless to say, the senior class has a way of making a zany production out of an occasion.

In their junior year, the class of '74 realized that something was needed to get the class together, a project of excursion that would force the students into combining their talents and participating. Soon after that, "Junior Jollies" was originated. This presentation consisted of several skits, a musicale, and take-offs on such things as the daily announcements. The whole performance was written, directed, acted, and produced by the class. This production established the dramatic reputation of the class. The senior class play, "*Life With Father,*" went on to further establish the theatrical abilities of these seniors. It was the first time that a senior class in our school has ever had enthusiasm for their play. The set was the best ever assembled on our stage, and the entire production was completed by the class. Later on in the spring, this class performed "Senior Sillies" which was a sequel to the "Jollies." While the money made off all their productions added up to more than any other class had ever earned, there was much more gained than that of monetary value. The two original productions showed to the rest of the underclassmen what could be done with enthusiasm and determination. The individual talent ranks only 2nd to those important factors. Talent is discovered only when such opportunity exists for it to be exhibited. The senior class sincerely hopes that the "Jollies" and "Sillies" become tradition in the coming years. The seniors have certainly been influenced by positive factors, both in and out of school. With the aid of such teachers as Miss Gore, Mrs. Haring, Mrs. Owens, and Mrs. Lowenthal mere ideas the class had were pushed forward until they were actualities. In last year's Heritage, one headline read, "Seniors Anticipate Graduation . . . and Escape." This feeling is what differentiates this year's senior class from those of the past. Many feel no desire to escape from these years; this senior year has been filled with friends, activities, and occasions that make the thought of leaving an almost sad one. These individuals have created the greatness of this time and year. They will never have any regrets about their acheivements, only confidence in what they can do in the future.

CLASSES CLASSES CLASSES CL

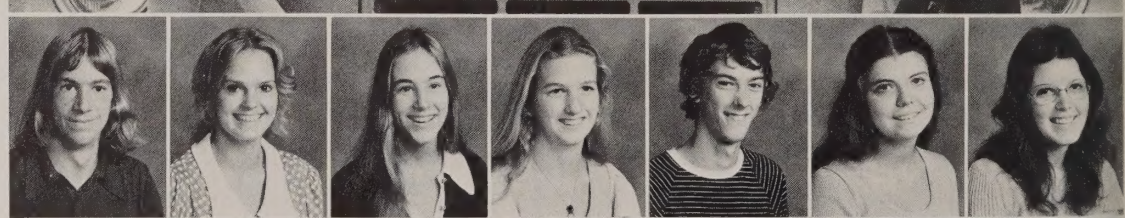
There were no eighth graders at First colonial this year; thus, the freshman class became the underdogs. The sophomore class obtained many new students as is usually the case as there was the annual influx of students from Virginia Beach Junior High. Both the ninth and tenth grade students began by looking up to the older students and gradually became more self-assured as the year progressed. The Junior class, riled by the constant praise always directed to the Seniors, proved themselves at the Homecoming game where their float placed first. In the spring, the class of '75 wrote, produced, and directed the Junior Jollies. For certain, the up and coming Senior class will be able to consider itself best at First Colonial.

SES CLASSES CLASSES CLASSES CLASS

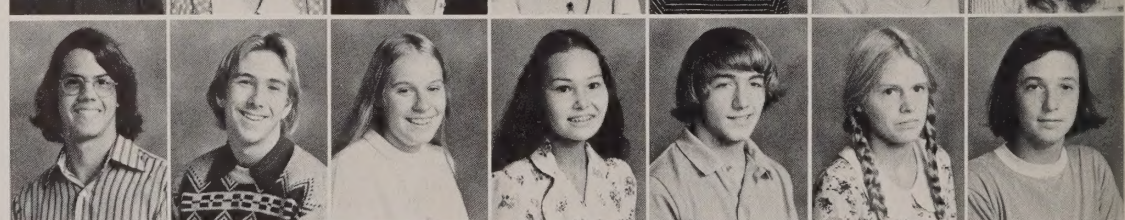
"Over The Rainbow" Deems FIRST PLACE

The Junior Class took on their responsibilities and ventures with an enthusiasm that attracted the attention of the entire school. The class of '75 showed its indomitable spirit when they won decisively the spirit cannon at the last pep rally. The hours of work and the last-minute touchups on the class float, "Over the Rainbow to Victory," were well worth it when it won first place in a close competition. In order to raise money for their junior and senior proms, they promoted several fund-raising ventures, including candy sales, mum sales, and a sock hop after the eventful powderpuff game. The class proudly wore their newly-acquired class rings which distinguished them from the lower classes. Preparation for the future began as students discussed college choices and college boards. Drawing closer to the end of their high school career, the junior class showed through their avid participation in school activities the spirit and ambition that will lead them to success.

The junior class officers are Lois McDaniels, Treasurer; Kim Coulsting, Vice-President; Christie Lampton, President; and Patti McGinnis, Secretary.

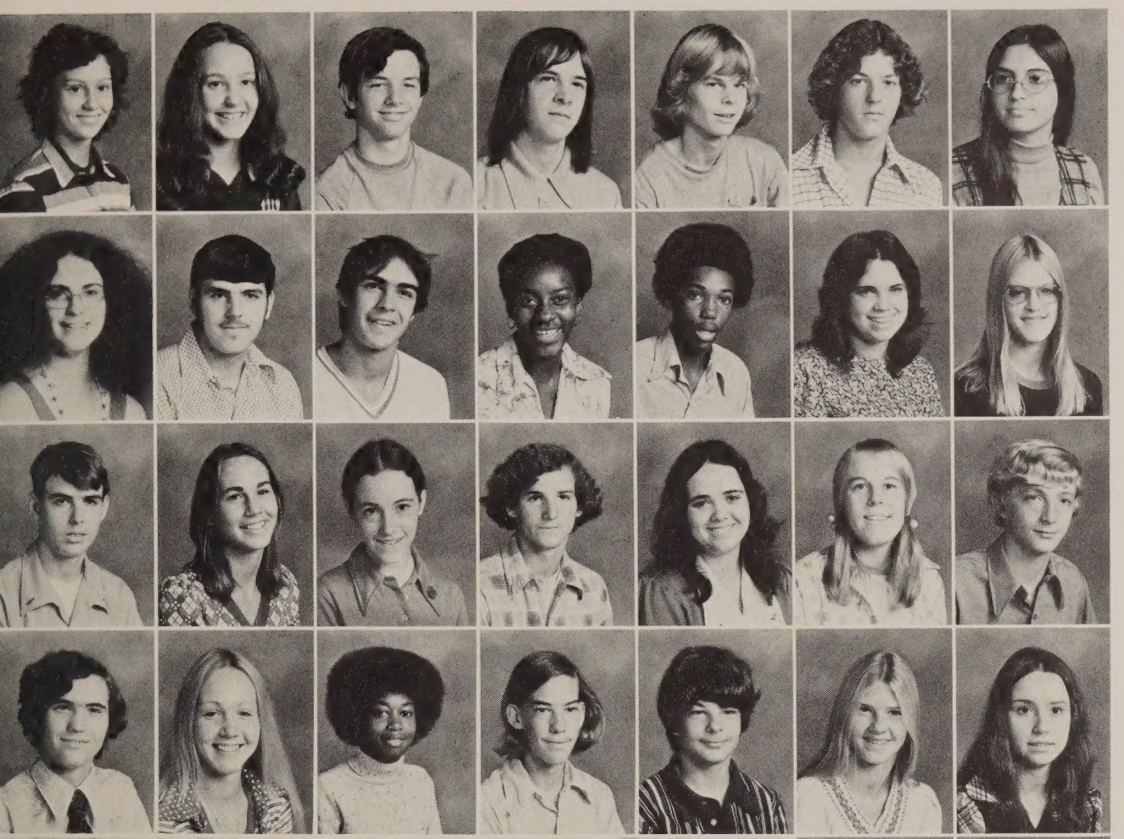


Mitch Ackaway
Sharleen Adams
Kathy Addison
Robin Ailstock
Chris Allen
Patsi Allen
Nancy Anderson



Mark Andresen
John Andrews
Nancy Arnold
Marie Artz
Sherwood Ashbury
Diane Astrum
Mark Atkins

Kenny Atkinson
Mary Atwater
Tom Badger
Nancy Baggett
Debbie Baggot
Elizabeth Baldwin
Harry Banks

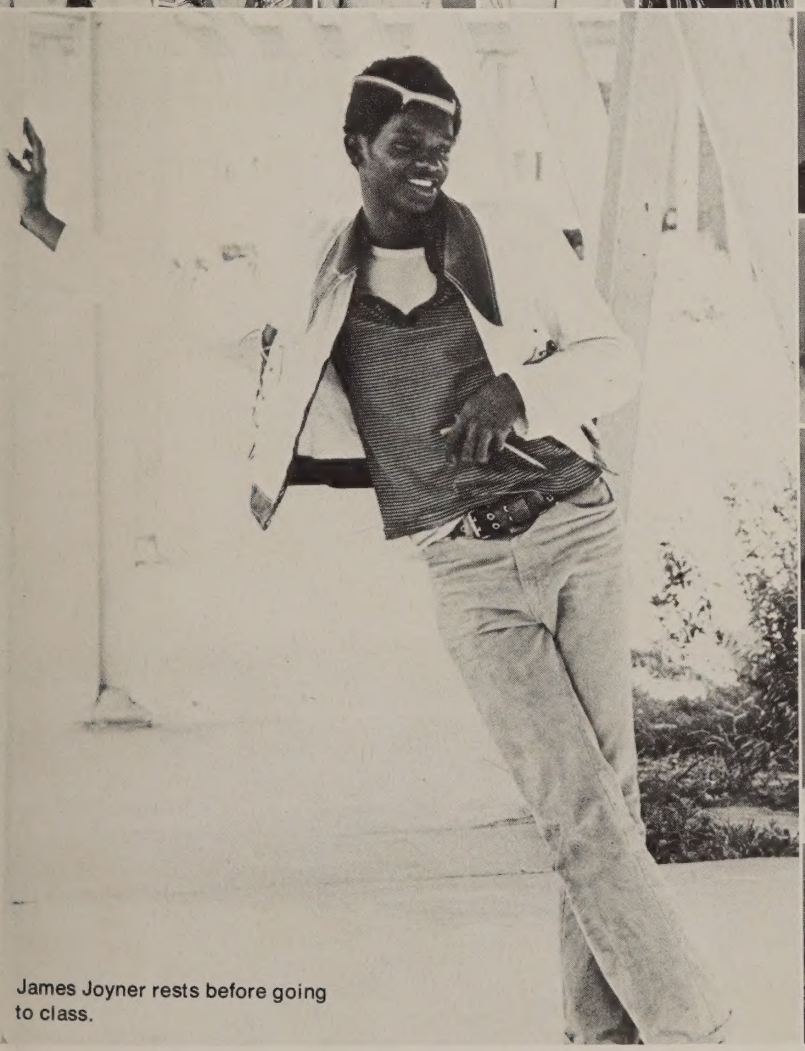


Donna Barbar
Cathy Barnes
Thomas Barnes
Bruce Barrett
Craig Baskette
Stephen Bean
Theresa Beaudry

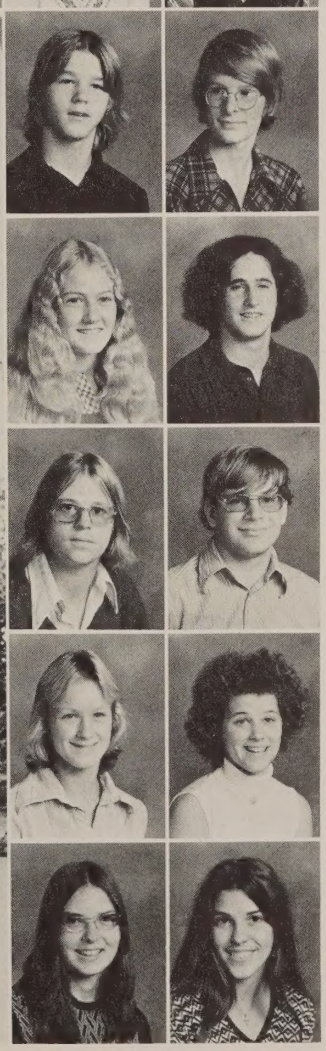
Joanne Belbusti
Harold Bentley
Bob Berry
Janice Berry
Ronnie Bertha
Denise Binder
Terry Blair

Hank Blake
Ellen Boesch
Alice Booker
Mike Bowman
Bonnie Boyd
Dani Boyd
Darryll Bradshaw

Hal Breedlove
Elizabeth Brennan
Bernice Bridgers
Chris Brittan
John Brock
Bonnie Brown
Cathy Brown



James Joyner rests before going to class.



Joey Buchanan
Doug Buckelew

Karen Burch
Winston Burrus

Robert Butler
Chris Butts

Shelley Byington
Betsy Caldwell

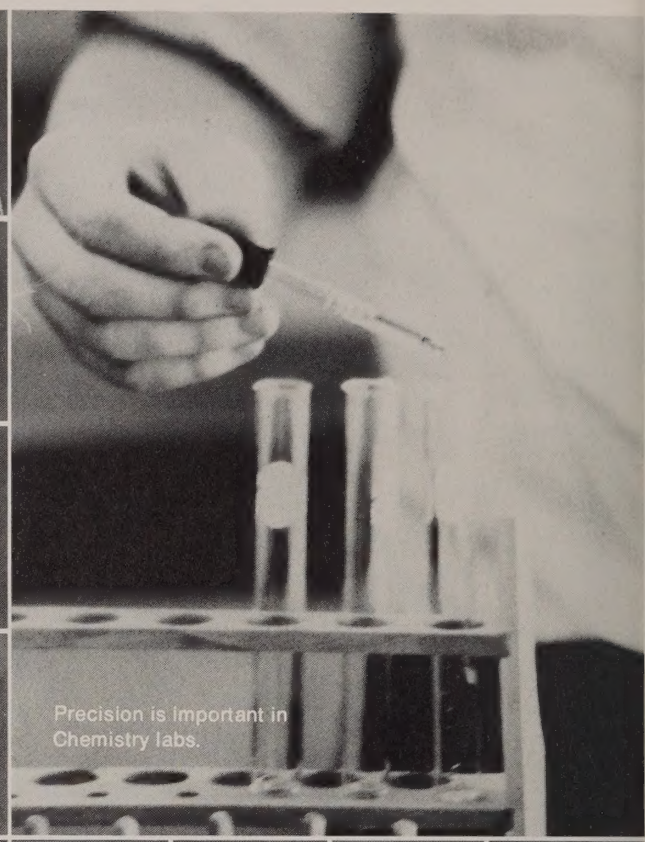
Cheryl Campbell
Kim Campbell

Nancy Candelario
Jeff Cannon
Marlene Carter

Bill Cavitt
Molly Chalkley
Mary Beth Channon

Donna Chappell
Marsha Chenman
Janice Chick

David Chin
Kirk Clausen
Trici Clemmons


Precision is important in Chemistry labs.

Sarita Collings
Ronnie Columbus
Marianne Cong
William Conradt
Kathy Cook
Tricia Cooley
Karen Coons

Andrew Cooper
Diane Cooper
Kathy Cotton
Kim Coulsting
Shelia Councill
Leigh Coupland
Wanda Cover

Patrick Cowan
Catherine Cox
Steve Cratch
Lynn Creef
Danny Crispen
Mary Cromwell
Nancy Dalia

Vondell Darden
James Davis
Julia Davis
Monroe Davis
Madeleine Denton
Manny Diaz
Pat Diederich

John Dixon
John M. Dixon
Tim Dixon
Ruthie Dominicci
Debbie Donnell
Darryl Doss
Sam Douros

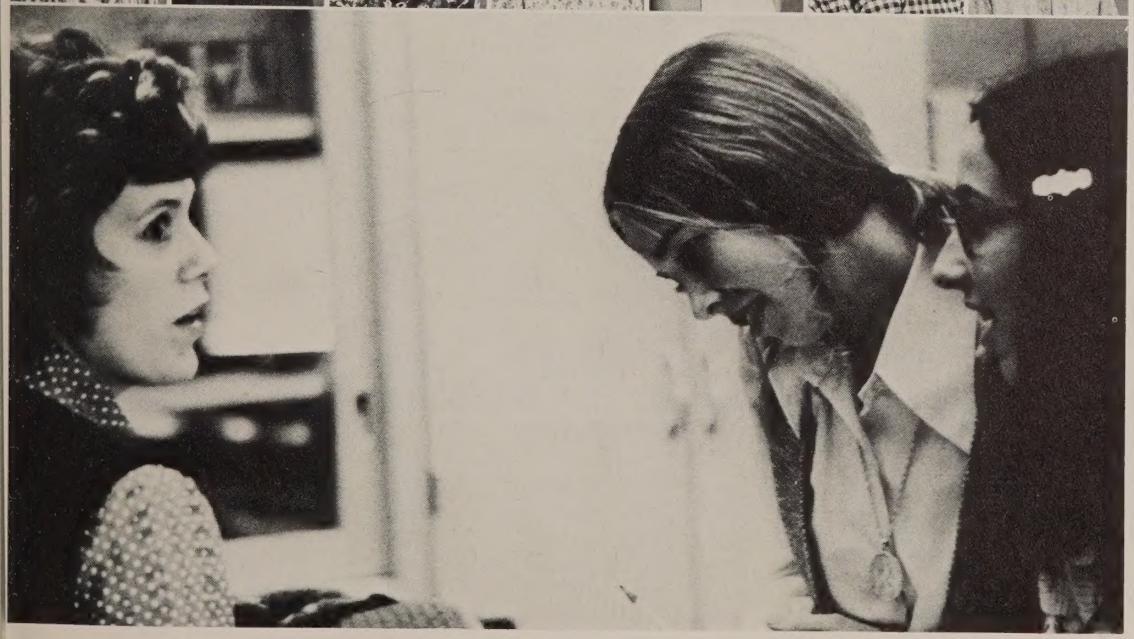
Juniors Prepare For PSAT's

Bill Dowding
Sandy Doyle
Patty Drinko
Darlene Drumheller
Georgienne Eak
Mike Eak
John Edwards

Kenny Edwards
Sherry Edwards
Cindy Ehrhardt
James Erbs
Lorna Erickson
Charnell Etheridge
Viola Etheridge

Jeff Eubank
Eric Fairchild
Mike Fairchild
Anne Marie Farrar
Dana Farrar
Melinda Ferrell
Marjorie Finn

Linda Finneran
Stirling Fitz-Randolph
Bill Harris
Sara Flanagan
Cindy Flinn
Mark Flitton
Peter Florance



Lisa Ward and Anne Shukis get help from Mrs. Witowski.

Imagination Is The KEY To Success

Leigh Folkes
Keith Fontenot
Ian Forbes

Pete Forbes
Cathy Foote
Tom Foubert

Linda Furniss
Pete Fyles
Karen Garbus

Jim Garrison
Roxanne Geiger
Marie Gibson

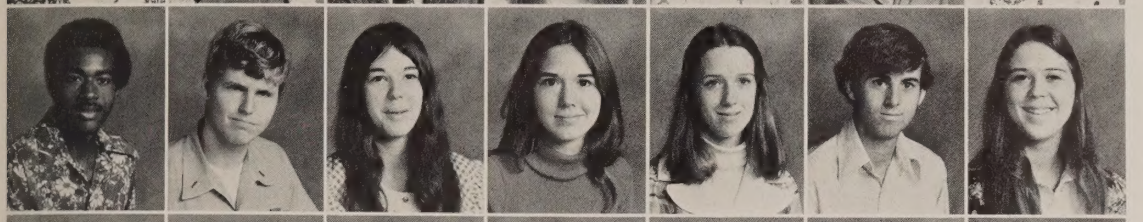
Patricia Gordon
Tom Goubeaux
Fran Gravitt
Donna Gray
Mark Gray
Joanne Green
Gaye Gregory

Lynne Gresham
Tina Griffin
Lonnie Grimstead
Teresa Grube
Mike Gurley
Brenda Haas
Anita Hart

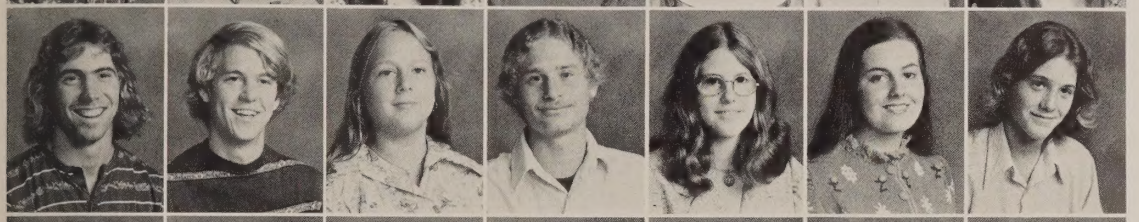
Cathy Hart
Jim Harwood
Laura Hauck
Nancy Heath
Debbie Heddinger
Jeff Heiland
Mark Henry

Larry Gofligan and Wilbert Johnson find a way to escape the boredom of everyday classes.

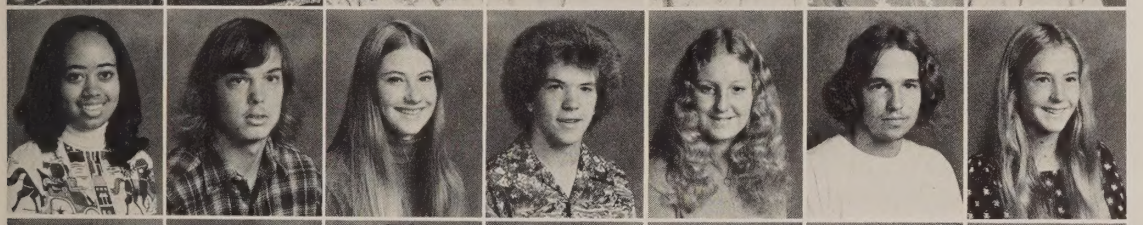
Mary Henry
Cheryl Hertz
Bobby Hewitt
Mary Highfield
Betty Hilliard
Laurie Hlinovsky
Janet Hoel



Alvin Holsey
Gary Horrigan
Susan Horton
Debbie Houseknecht
Mary Ellen Howe
Charles Hubbard
Paula Hubbard

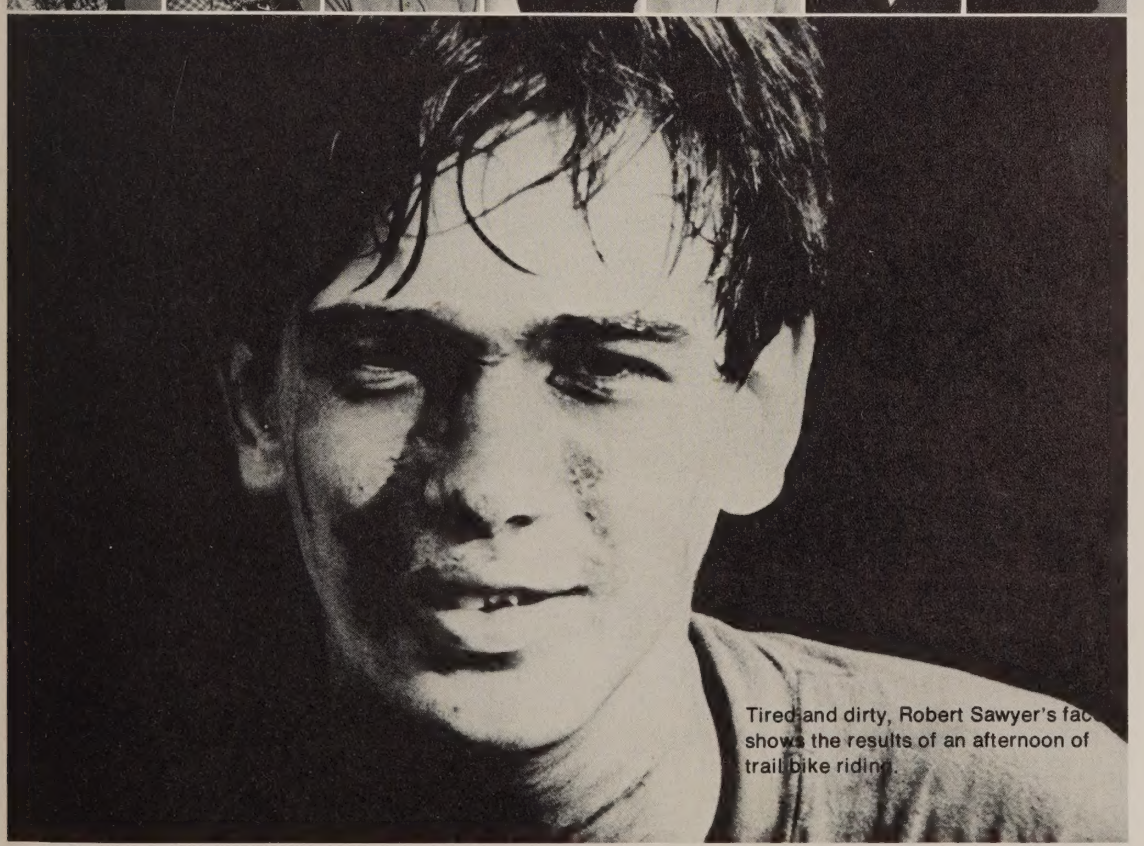


Ronnie Hudgins
Robert Hudome
Terry Hudson
Mark Hughes
Julie Hunger
Susan Huxter
Glenn Hyatt



Mary Hyman
Steve Ironmonger
Debbie Ives
John Jackson
Carie Jacques
Ollie Jamell
Leslie Jarrett

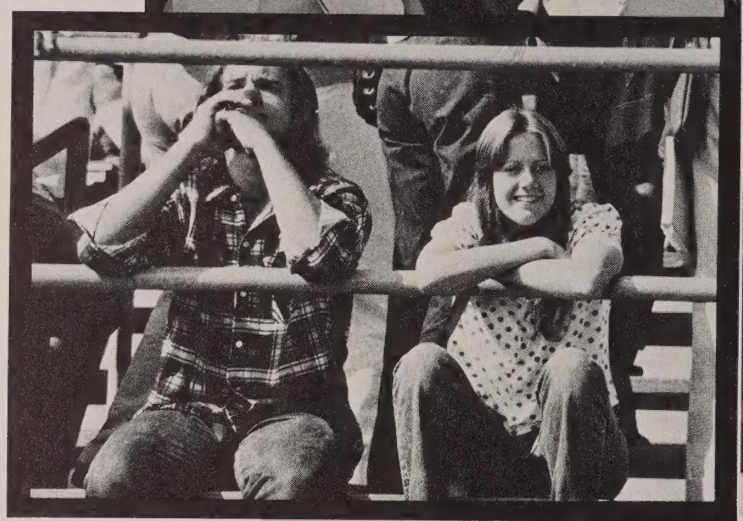
Susan Jenkins
Mary Jennings
Charlie Jett
Carolyn Jewell
David Johnson
Howard Jones
Loretta Jones

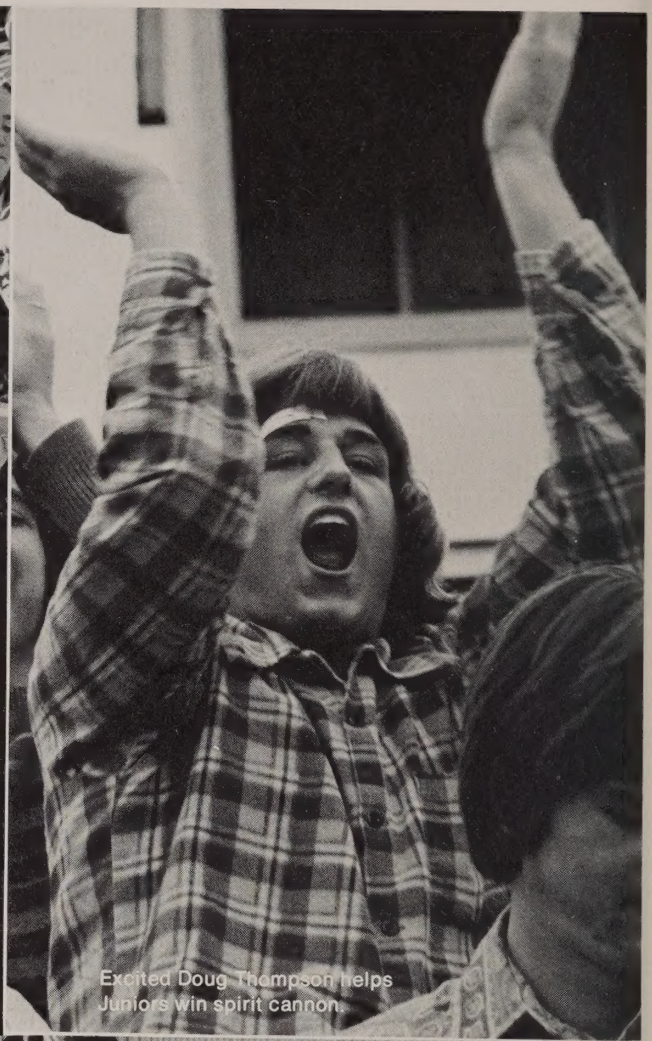


Tired and dirty, Robert Sawyer's fac
shows the results of an afternoon of
trail bike ridin

Drill team members lead students in cheering at Pep Rally.

Russ Meyer and Madeleine Denton observe activities at Pep Rally.

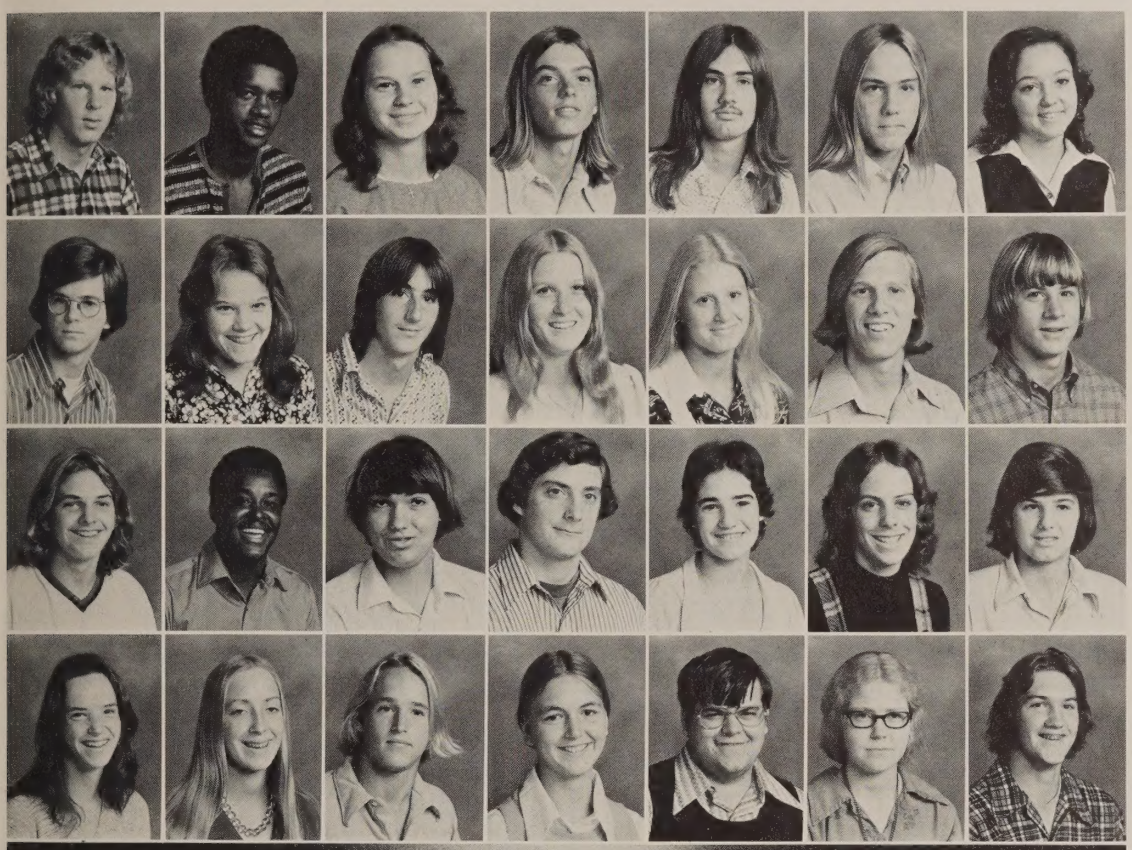




Excited Doug Thompson helps Juniors win spirit cannon.

Class of '75 shows typical F.C. spirit.

Junior SPIRIT Prevails At Pep Rally



Mark Jordana
Clarence Joyner
Linda Kavula
Steve Keener
Robert Kennedy
Tim Kenney
Chere Kerns

Warfield Kidder
Katie Killen
Sandy King
Joy Kingston
Cheryl Kinsey
Michael Kirby
Gary Kirkland

Shone Kirkpatrick
Charles Knight
Richard Koch
John Korte
Cindy Kosjer
Barbara Kuntz
Richard Laform

Catherine Lake
Anne Lamore
Buster Lankford
Laura Larson
Eddie Lawhorn
Susan Lawlor
Ricky Lear

Lynn Creef, Nancy Baggett, and Ruthie Dominicci cheer for their winning float.

Student CREATIVITY Evident In Art Class

Christie Lemmon
Steve Leonard
David Levi
John Lin
Jane Lombard
Andrew Loucka
Bernadette Lowe

Ricky Lowe
Sherry MacMahon
Robbie Maddox
Rusty Madison
Melinda Maher
Anne Makowski
Maureen Malanga

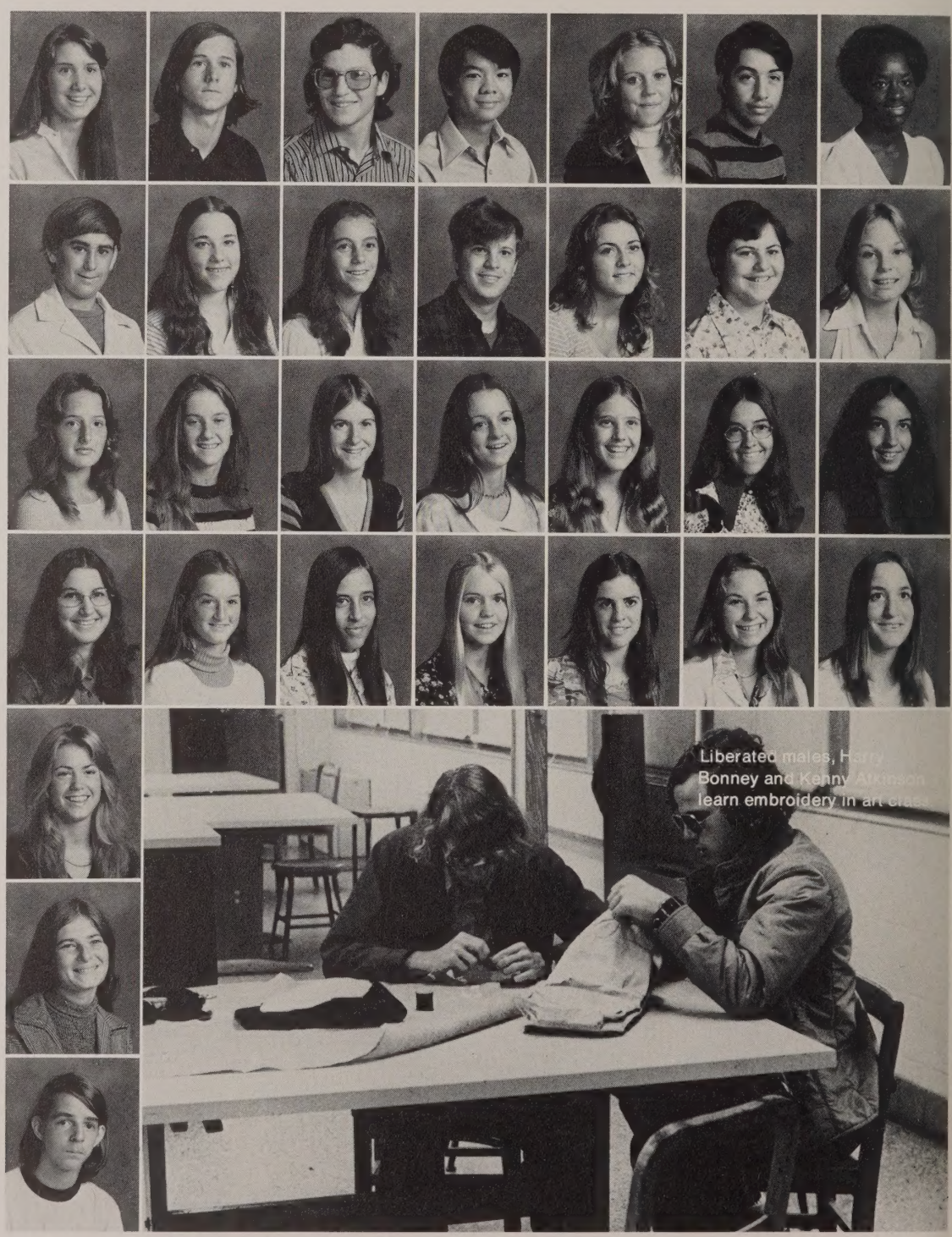
Karen Mandevill
Jane Manson
Joan Manson
Leslynne Martin
Yvonne Martin
Barbara Mason
Valerie Massa

Mandy Matthews
Kim McCanna
Barbara McClure
Lois McDaniels
Sheila McElwain
Patti McGinnis
Kathy McLoughlin

Nancy McTague

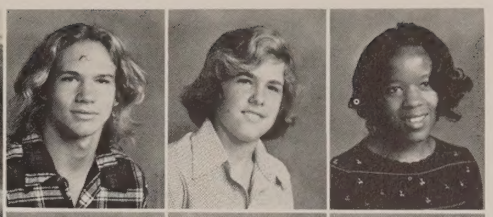
Tracy Meagher

Mike Meyer

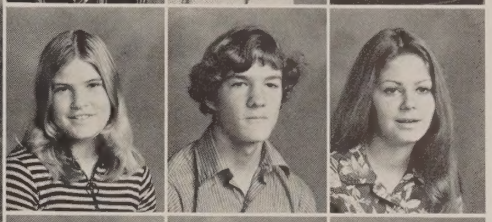


Liberated males, Harry Bonney and Kenny Atkinson learn embroidery in art class.

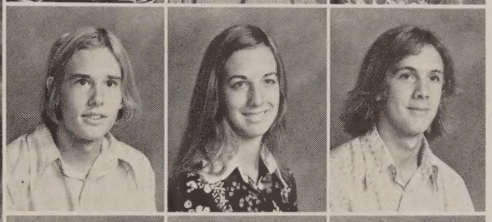
David Parker grabs a quick snack between classes.



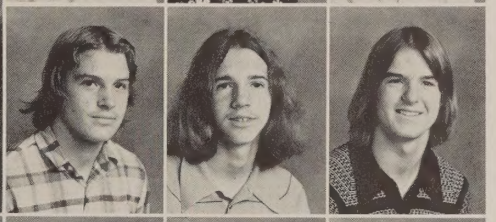
Russell Meyer
Al Midgette
Brenda Miles



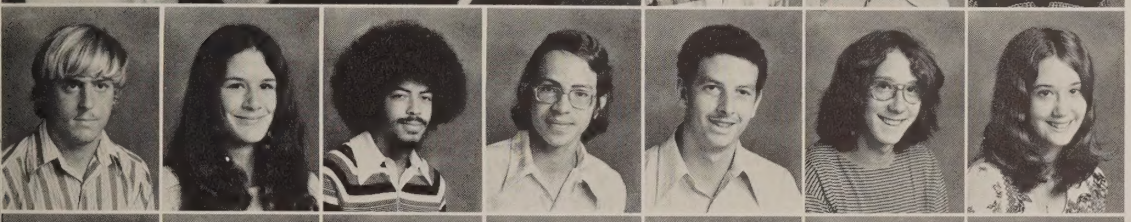
Jody Miller
Mark Miltz
Laurie Minor



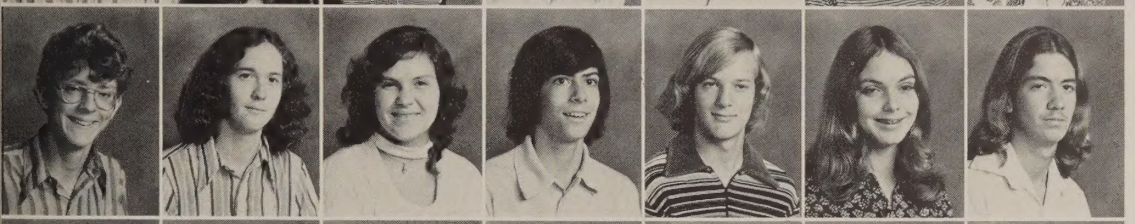
Ricky Minter
Barbara Mitchell
Donald Mitchell



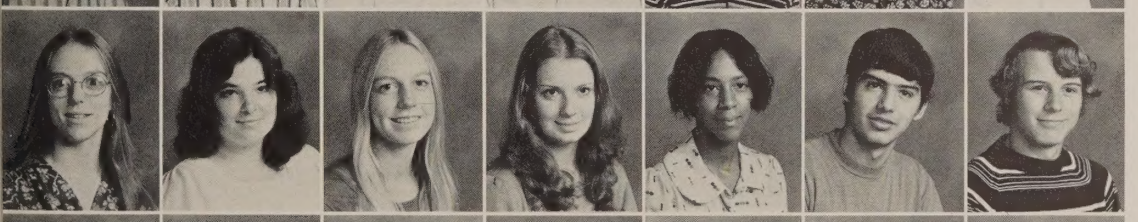
Tracy Moon
Gary Moore
Ray Moore



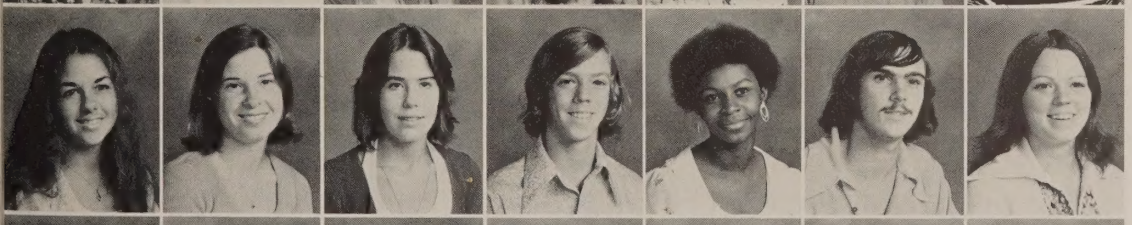
Ron Moranville
Lamoine Morcock
Ronald Morgan
Frank Mortikie
Mark Mosley
Tim Mueller
Debbie Mullin



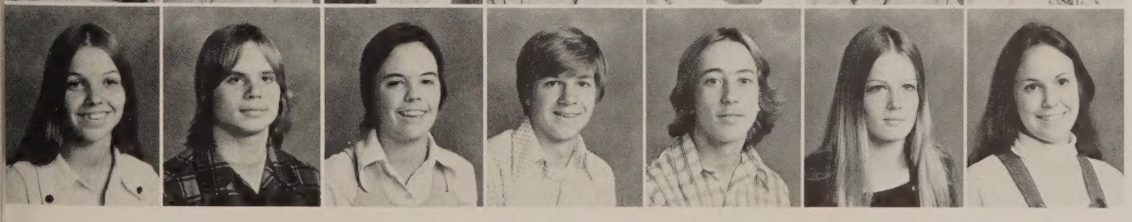
Peter Munson
Bill Murdock
Teresa Nagle
Fred Napolitano
Paul Neal
Becky Neeley
Joel Nelson



Brenda Nicoll
Donna Nonni
Lisa Norris
Cathy O'Connell
Cynthia Olds
Gary Orlano
Dean Owens

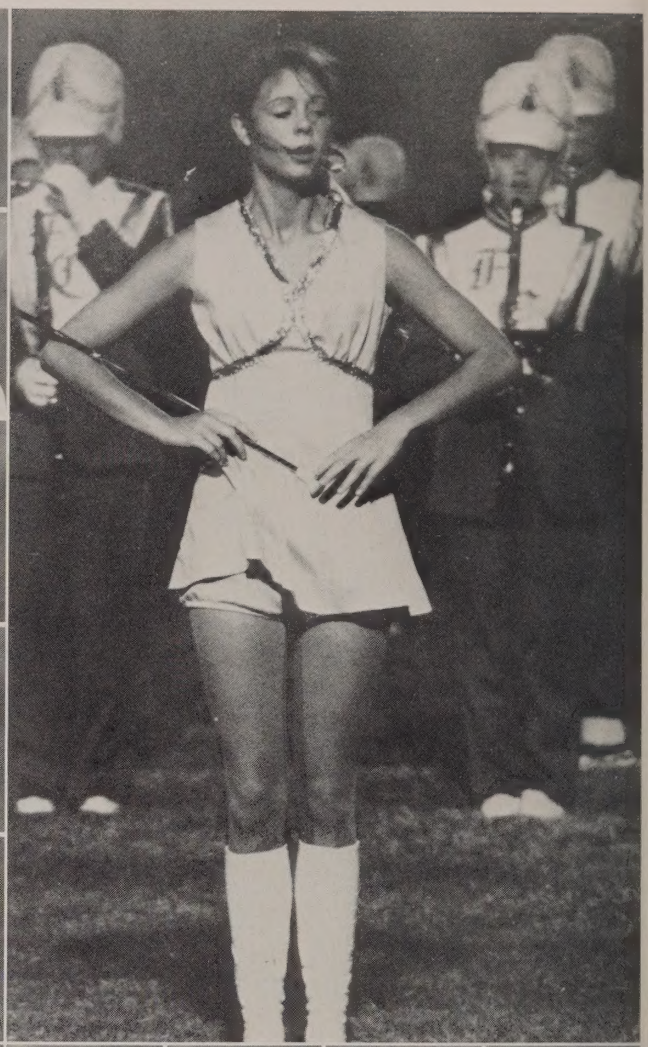


Debbie Paganelli
Amy Palacio
Nancy Palmer
David Parker
Geraldine Parker
Eddie Parris
Susan Parrish



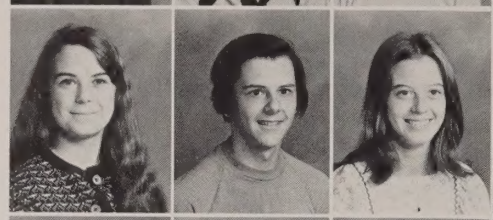
Kathy Parsons
Bruce Payne
Stephanie Peck
Mike Perry
Gene Peterson
Joanne Peterson
Nancy Peterson

Kim Seredynski prepares to perform at half-time.



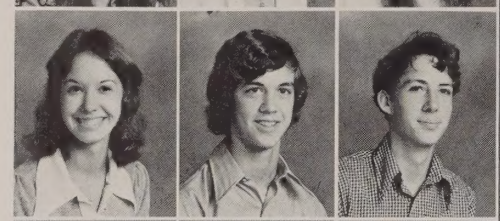
Tom Peverall
Ken Phillips
Mike Pooland

Cam Porkorski
Walter Potter
Georgette Powell



Sharon Prinz
Sally Protzman
Pat Purcell

Tracy Rabey
Kevin Rack
Tim Ramsey



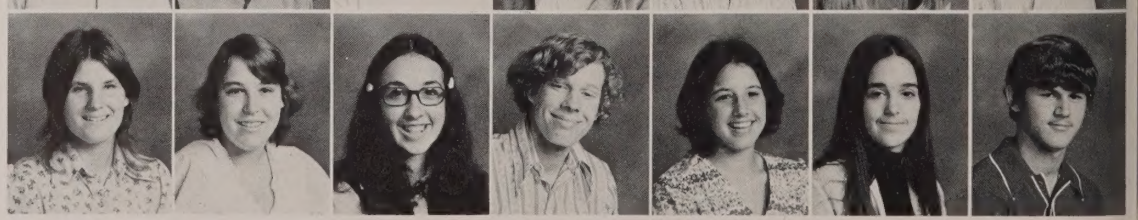
Carol Rasberry
Donna Ratner
Crystal Reed

Scott Reeks
Cathy Reid
Climatene Riddick
Theresa Riddick
Randy Ritter
Tonda Roberge
Donald Roberson

Kirk Rogers
Barbara Roth
Carol Russell
Linda Russo
John Rutherford
Robin Rylance
George Sadowski

Anthony Salomone
John Saunders
Pete Scoppa
Kim Searle
Ken Sebastian
Diana Seeley
Tip Sharpe

Cathy Shaver
Anne Sheehan
Anne Shukis
Mike Shutty
Brenda Simmonic
Cathy Simmons
Kenneth Simmons



MUSIC Maintains Homecoming Mood

Paul Simmons
Francine Singer
Tina Slagle
Scott Slye
Ben Smith
Debbie Smith
Jamie Smith

Peggy Smith
Rhonda Smith
Ricky Smith
Shelley Smith
Wendy Snap
Kent Sole
Eric Spain

Tommy Spradlin
Deborah Stafford
Amy Stapleton
Craig Steele
Dawson Sterling
Arthur Stetson
Shirley Stowe

Cheryl Strano
Wanda Strickland
Lynne Strudl
Patty Sullivan
Carl Swanberg
Heidi Sydow
Danielle Tabot

he band keeps time with the pulsing beat of the kettle
rums.

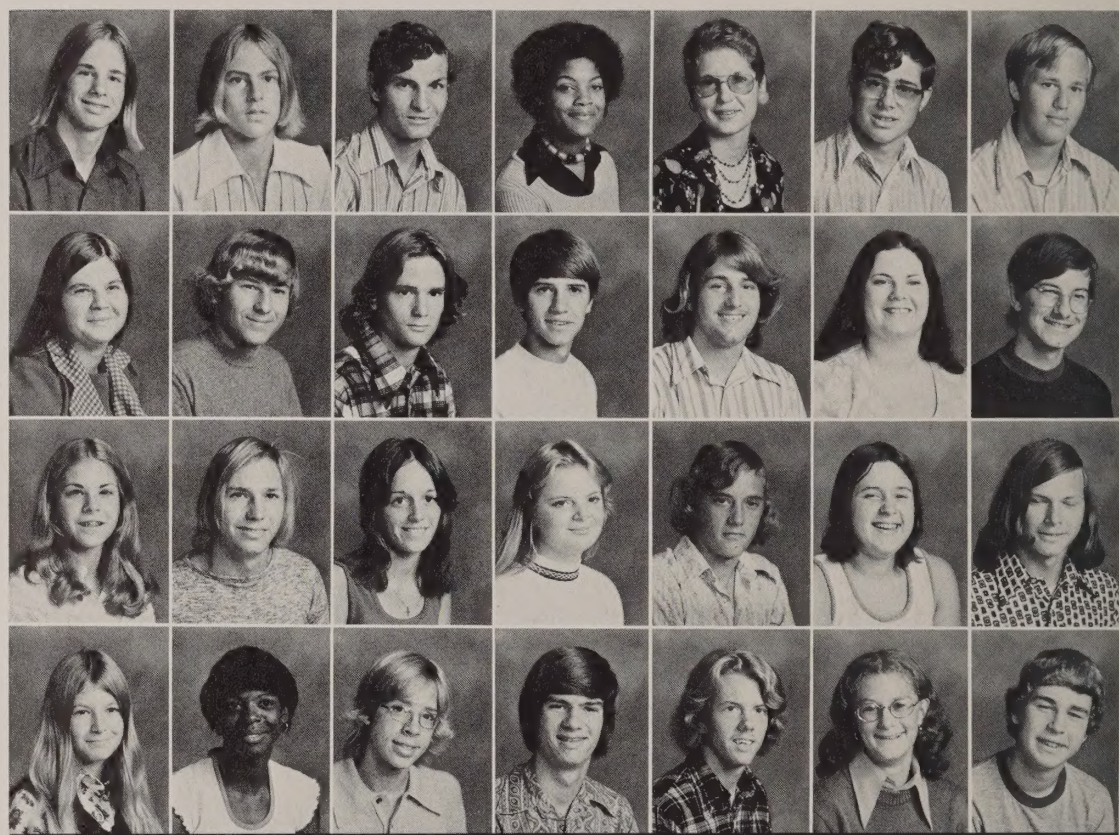
Juniors Contemplate The FUTURE

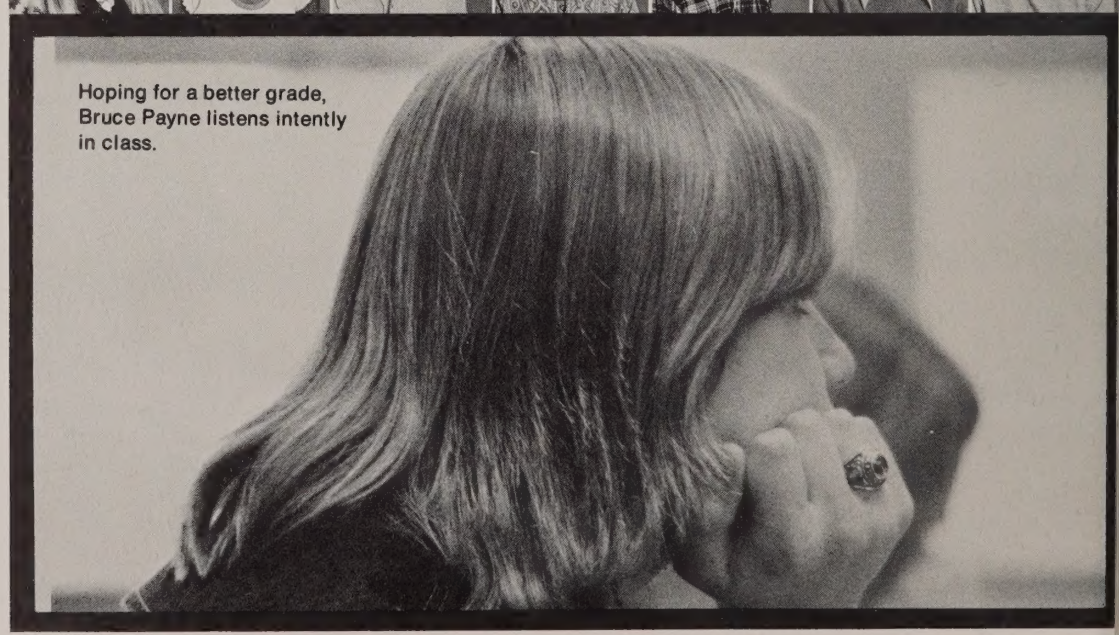
Tommy Talbert
Albert Tase
Charles Taylor
Charmaine Taylor
Diane Taylor
George Taylor
Randy Teets

Nannette Terry
David Thacker
Joe Thatcher
David Thomlinson
Doug Thompson
Debbie Trotter
Jim Turk

Judy Turk
Allan Turner
Cindy Turner
Connie Twiddy
Charles Tyndall
Kim Underwood
Robert Vardon

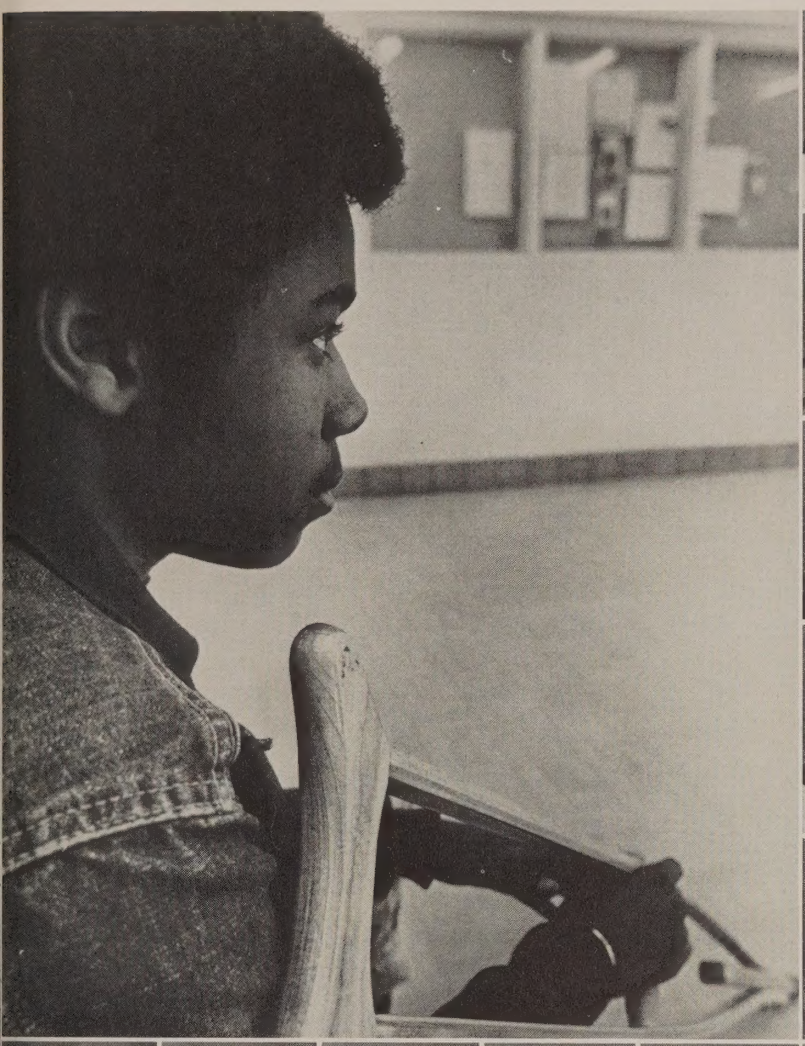
Pam Vaught
Yvonne Veasy
Tom Vander Vennet
Brooks Waddington
Wayne Wagley
Jenny Wahrman
Mike Walker

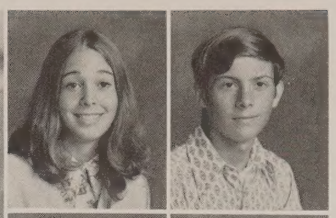




Hoping for a better grade, Bruce Payne listens intently in class.

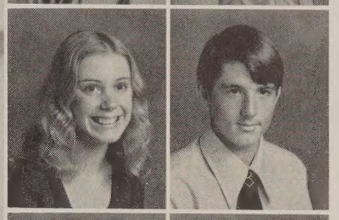
Keith Ferebee watches pensively during P.E. class.





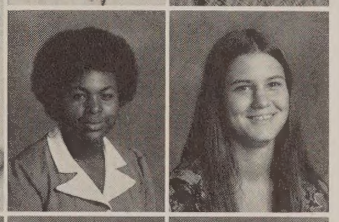
Lisa Ward
Dave Warren

Connie Weiller
Lee Weinraub



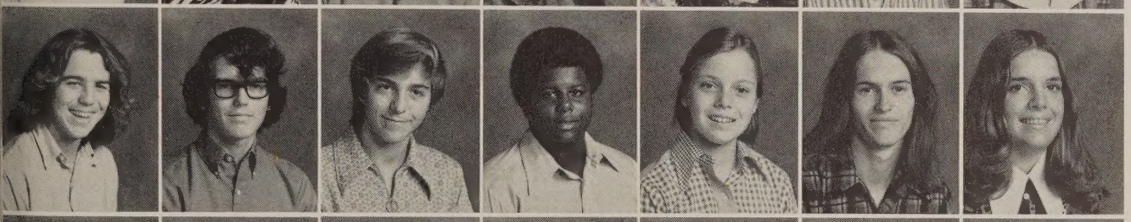
Cheryl Wernke
Ed Weselesky

Robin White
Vicki White

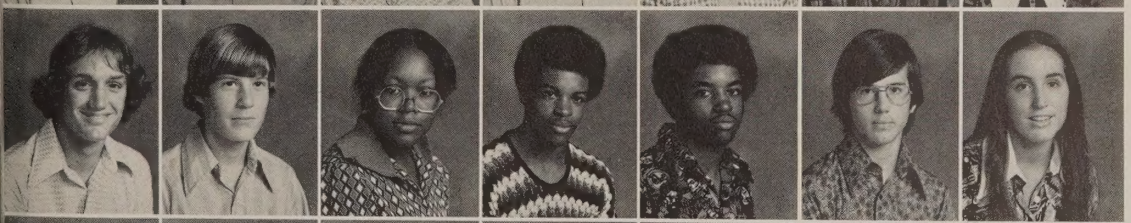


Atvanna Whitehurst
Kathy Whitehurst

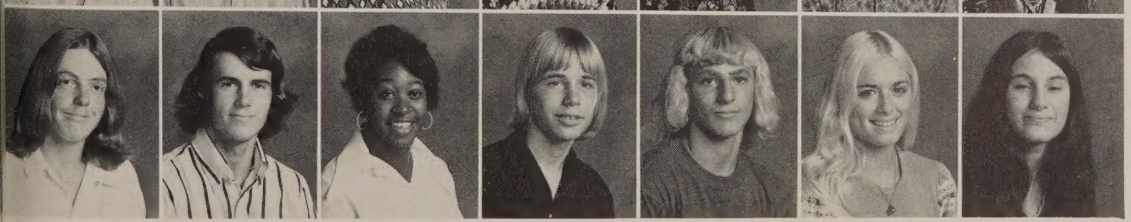
Barbara Wilkerson
Eric Williams
Lance Williams
Sherrill Williams
Kim Willis
Robie Wilmer
Debbie Wilson



Rusty Wilson
Gary Wiltshire
Howard Winston
Wade Winston
Mary Ellen Withers
Alan Wood
Patty Wood



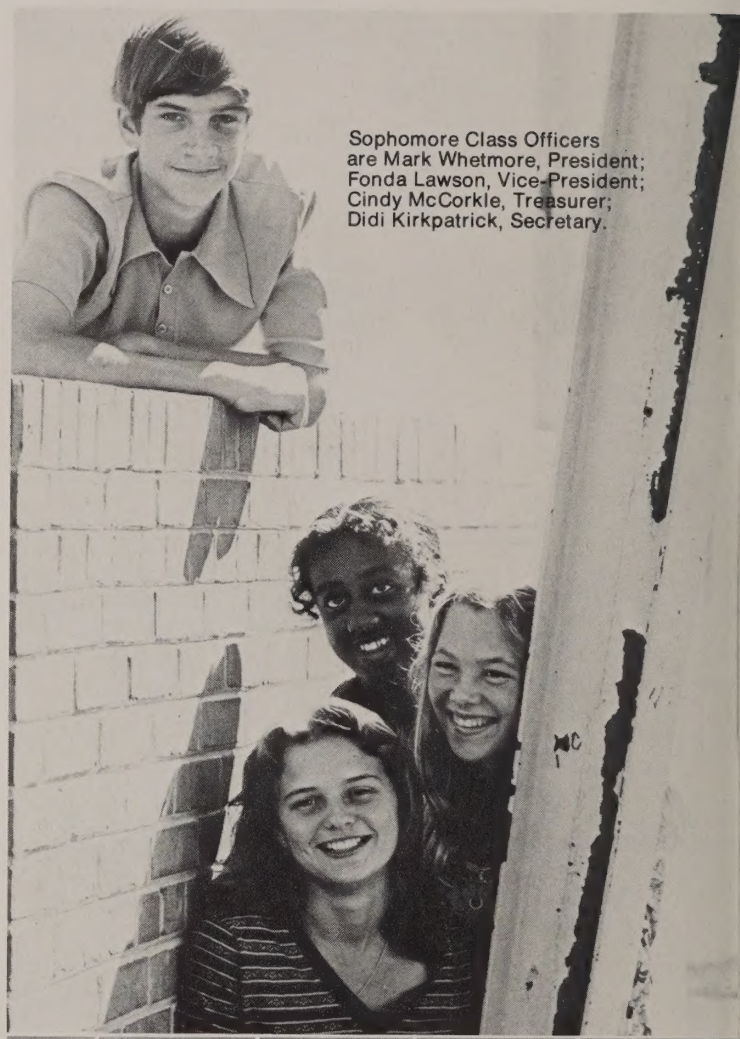
Robert Wood
Teddy Wood
Cordelia Woodhouse
Oswald Woodies
Sheraton Woodies
Kurt Woods
Carol Worley



David Wright
John Wright
Marjorie Wright
Mark Wright
Jeff Zerkel
Robin Ziegler
Denise Zirnheld

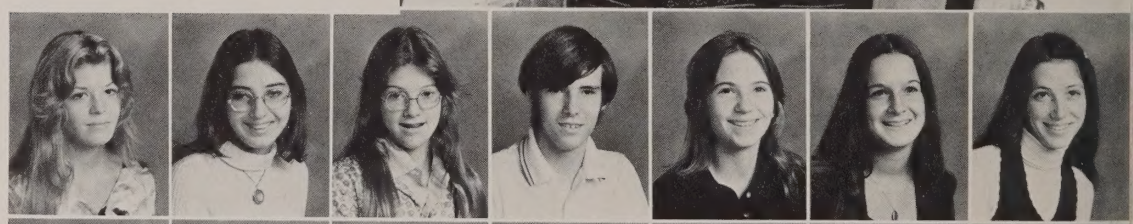
Class Of '76 Earns Money Through Candy Sales

Students from Virginia Beach Junior High School entered F.C. this year and combined with the students that have been here since the eighth grade. These sophomores began the year with the election of class officers. These new leaders at once realized they had a problem which was similar to that of other classes at the beginning of a school term; there was no money and Homecoming was around the corner. The class sold charm pops and earned enough funds to build their float which was entitled "Patriots Find Fortune in Oz." This class completed service projects which benefited the community. One change the class of 76 made was that they earned extra money this year to replenish the treasury for their junior year.



Sophomore Class Officers are Mark Whetmore, President; Fonda Lawson, Vice-President; Cindy McCorkle, Treasurer; Didi Kirkpatrick, Secretary.

Jannis Abel
Joy Abramson
Katie Ackels
Paul Ailiff
Lee Albritton
Marcia Alderman
Karen Allen



Kim Allen
Linda Allen
Robert Alley
Nancy Allison
Tracy Allsbrook
Cindy Alphin
Wendy Ambrose

Ginger Anderson
Karen Anderson
Nicky Anoia
Rick Anoia
Patrick Armstrong
Sandy Artis
Pat Atkins

Margie Ausley
Debbie Austin
Ed Ayvazion
Maxine Baer
Bonnie Baker
Lorrie Barco
Debbie Barnes

Elaine Barnes
Ross Barnes
Susan Barnes
Cathy Bateman
Eddie Bateman
Carol Baxter
Ernest Beeson

Linda Belvin
Judy Benegar
Terry Beninato
Kenya Benitez
Mike Blaski
Bruce Bobal
Boyd Bohlool

Patty Boesch
Butch Bonner
Ann Bowden
Tommy Bozard
Darlene Bradley
Martin Brady
Nancy Breedlove

Bart Bridges
Nancy Britton
Bill Brock
Christine Brogan
Mike Brooks
Thomas Broom
Arthur Brown

Debbie Brown
Gwen Brown
Mamie Brown
Patti Brown
Wynne Brown
Geroge Bryant
Johnny Buckner

Sophomores show spirit of '76 at pep rally.

Darrell Burdett
Debra Burford
Vernon Burris
Domenico Buscetta
Penny Butts
Sissy Byrd
Kathy Cahoon

Bonnie Caldwell
Steve Camachu
Brad Campbell
Patricia Campbell
Celeste Camper
Doug Canning
Debbie Cantor

Cheryl Caraway
Eric Carlo
Lisa Carpenter
Tee Carr
David Casanova
Bonney Cassida
Mark Carter

Lance Chandler
David Chasse
Patty Jo Cherry
Rachel Cherry
Scott Childress
Mike Chinn
Helene Clough

Joe Coe
Tris Coffin

Bebe Cole
Bill Coleman

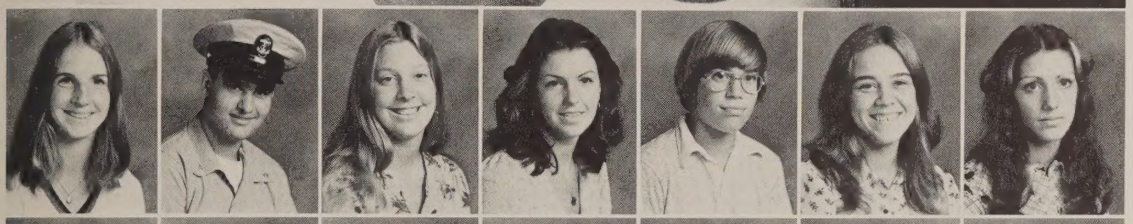
Ronna Coleman
Benton Collins

Joe Collins
Karen Colonna

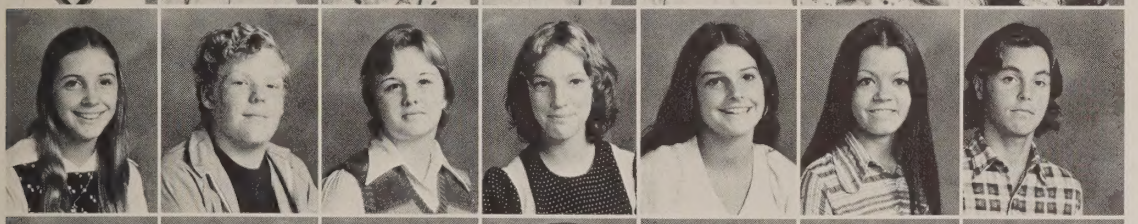
Louise Cominaki
Terry Cook

Lisa Tucker entertains the fans at halftime.

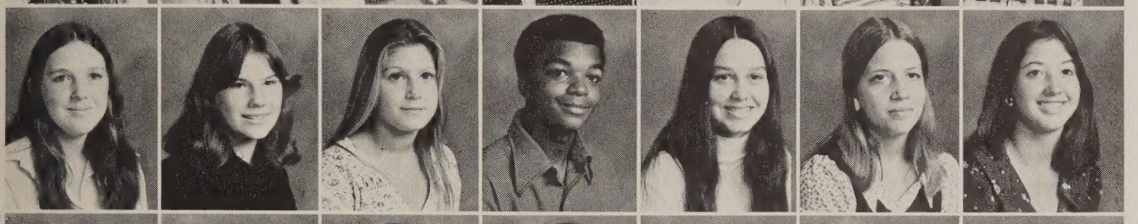
A past 'patriot of the week', Terry Harris shows a smile that is typical of his personality.



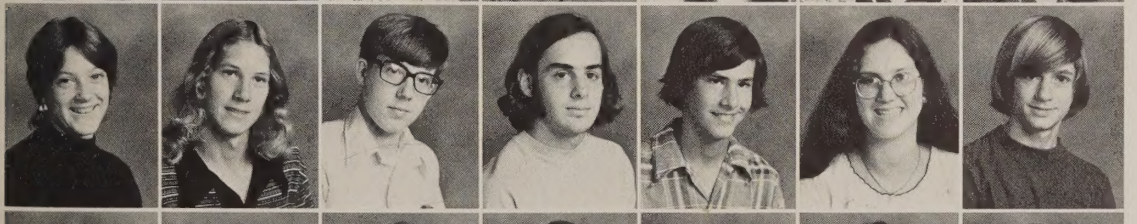
Karen Cooley
Leroy Copeland
Betsi Cowan
Jody Cowan
Craig Cox
Tina Cox
Debbie Craddock



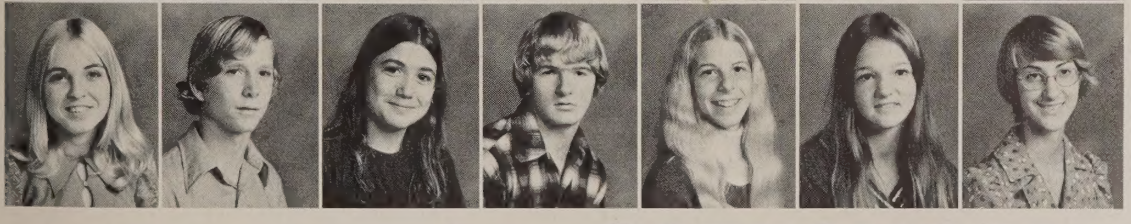
Nancy Craft
Steven Crayne
Wanda Crittendon
Vickie Crouch
Beth Cruden
Kathy Crugan
Bob Crutchfield



Marianne Curling
Ruth Curtis
Mary Gail Darden
Walter Darrell
Debbie Davis
Joan Davis
Lisa Davis



Melanie Davis
Danny Deardoff
Bill Deady
John Dee
Danny Des Roaches
Linda Dickey
Lance Dombrowski



Rita Dreckel
Jeff Drennan
Andy Douglas
Mike Dowdy
Sue Dyer
Tracy Eanes
Mary Easley

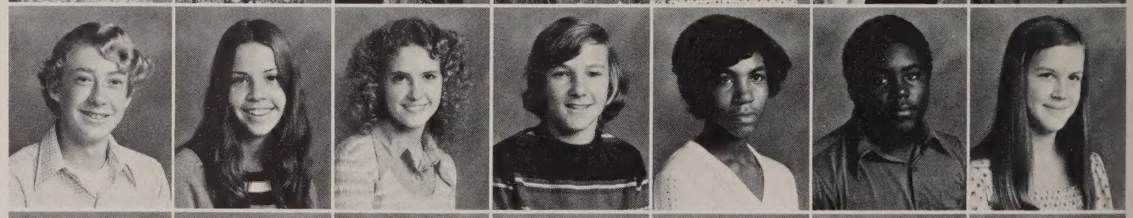
Majorettes Express **SOPHOMORE** Enthusiasm

Sophomores Exhibit The
SPIRIT OF '76

The enthusiastic sophomore class gathers together to build enthusiasm and support for the mighty Patriots.

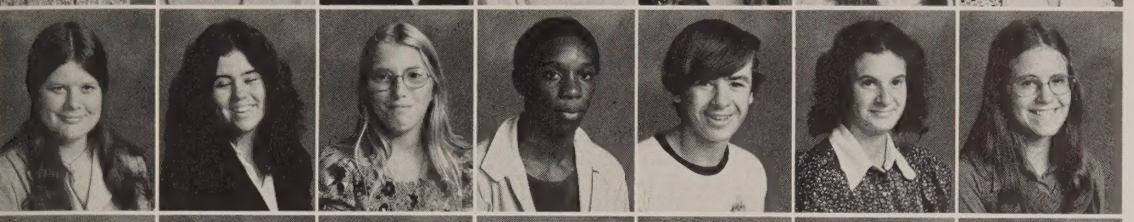
Linda Edge
Patsy Edwards
Sonya Ekman
Karen Elliott
Jay Entwisle
Gloria Etherdige
Joe Faddis

Gary Falk
Debbie Falkner
Pam Farrar
Angelo Fasciocco
Linda Felton
Veleni Felton
Bonnie Ferguson

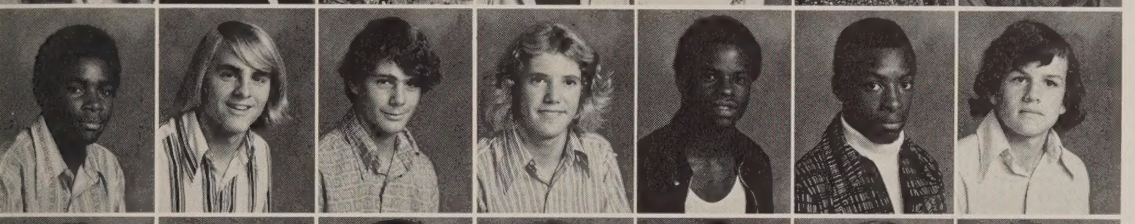


Sue Finn
Mike Fitzpatrick
Mary Ann Florance
Cheryle Flournoy
Mark Foglegren
Sean Forbush
Barbe Ford

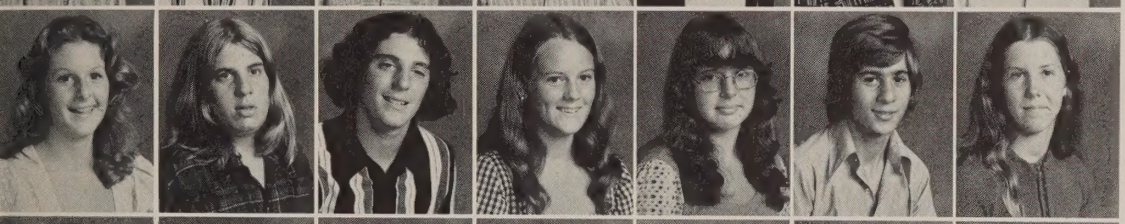
David Ford
Mark Forlines
Susan Fortenberry
Kim Foster
Sharon Fox
Glenda Franklin
Sue Freeman



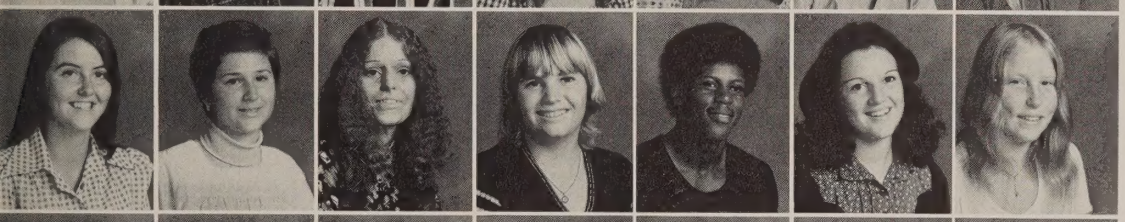
Barbara Frost
Donna Gardner
Susan Gaspar
Larry Gay
Ron Gaylor
Diane Georghiow
Leah Golden



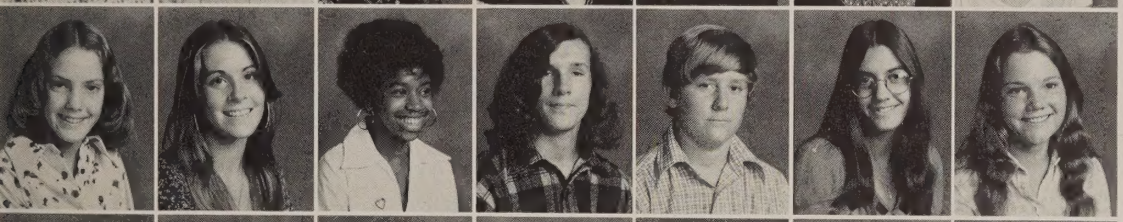
Larry Gordon
Bruce Graham
Buddy Greenway
Barry Greenwood
Dalton Gregory
Milton Gregory
Steve Gresham



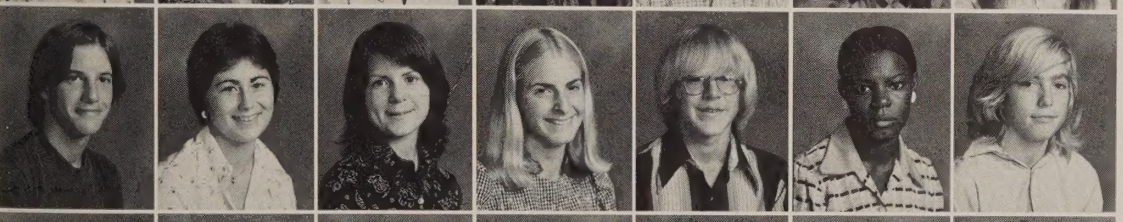
Stuart Grimes
Bruce Grossman
John Hadjukakos
Sue Hairston
Pat Hammond
Paul Harmond
Susan Harrington



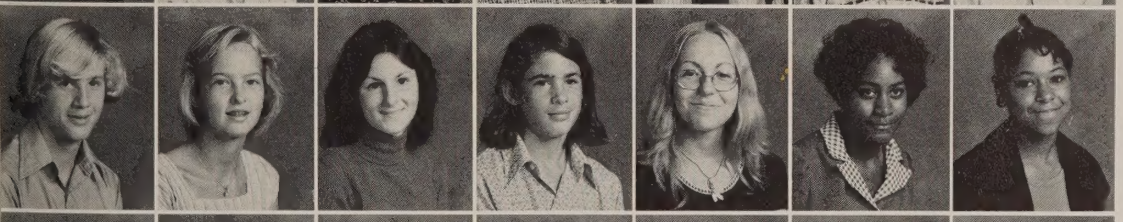
Joyce Harris
Melanie Harris
Rado Harris
Rhonda Harris
Terry Harris
Judy Hart
Marcel Hart



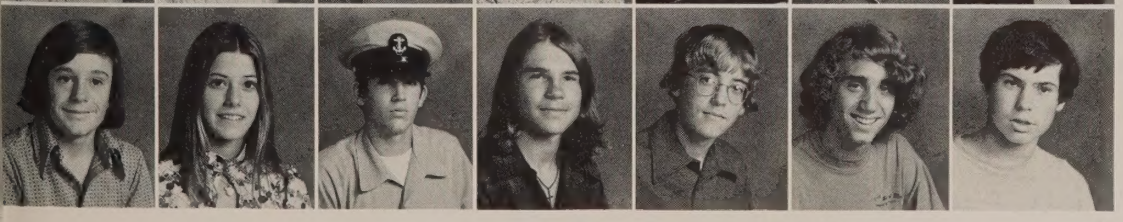
Russy Hatchet
Kristin Hawkins
Pamela Haynes
John Heinz
Robert Hembree
Mary Hendy
Mary Ann Henry



Brian Hensley
Lisa Hewitt
Terry Hicks
Tish Hillegass
Gary Hodge
Phyllis Hoggard
Donnie Hogge

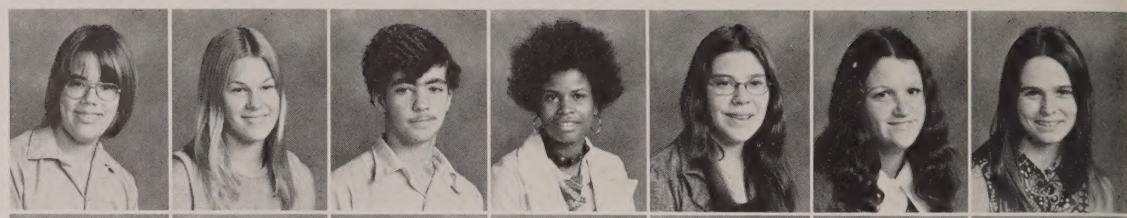


David Holcomb
Kim Hollandsworth
Candi Hollen
Bobby Hollins
Ellen Holloman
Angelo Holsey
Debbie Homberry



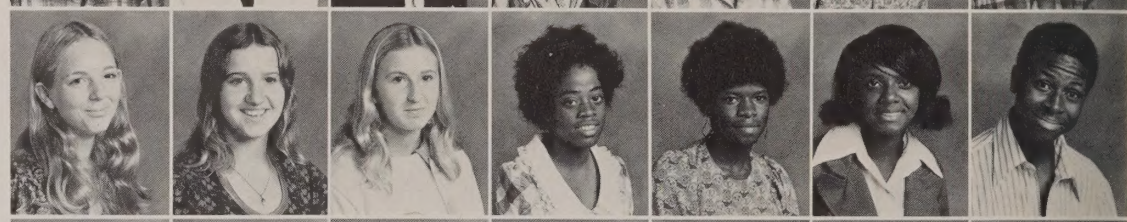
Mike Hoover
Diane Houseknecht
Fred Howell
Mark Huenerburg
David Huggins
Chip Hulvey
Joey Humphreys

Wilson Hunter
Sherril Hurd
Steve Hutchins
Pamela Hyman
Anita Hywitt
Tracy Isenburg
Margaret Isley

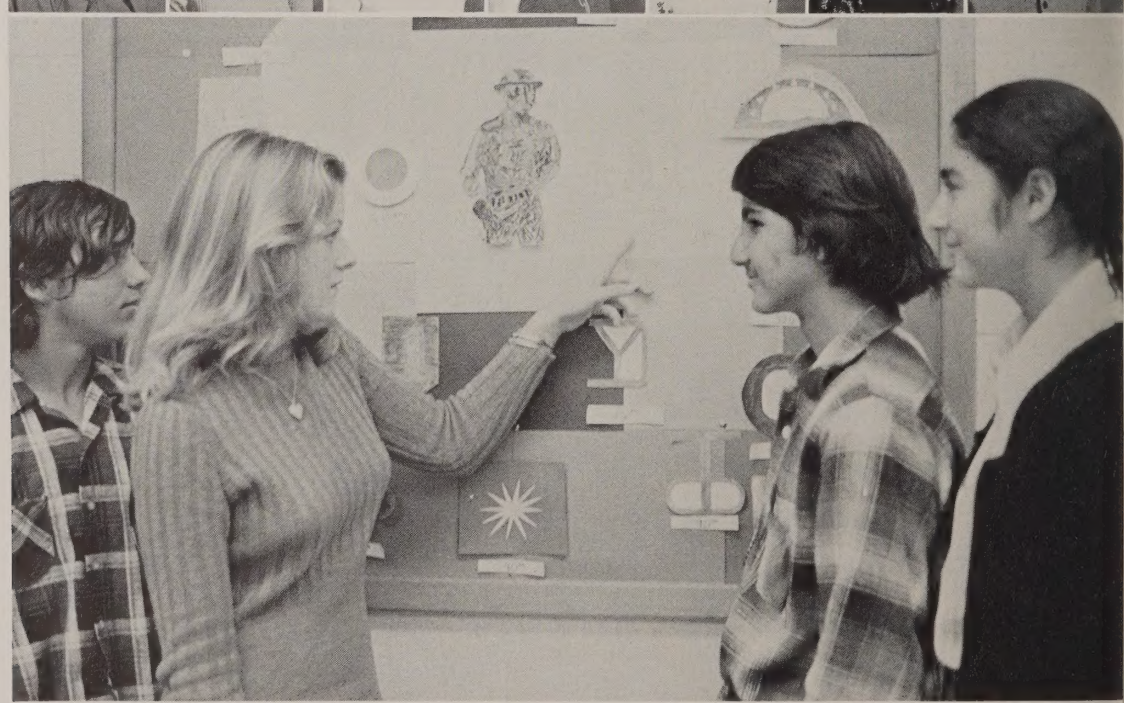


Greg Jackson
Billy James
Calvin James
Ingri James
Greg Jeffers
Richard Jenkins
David Jennings

Susan Jessie
Leilani Jessup
Cheryl Johnson
Felicia Johnson
Gennie Johnson
Kathy Johnson
Larry Johnson

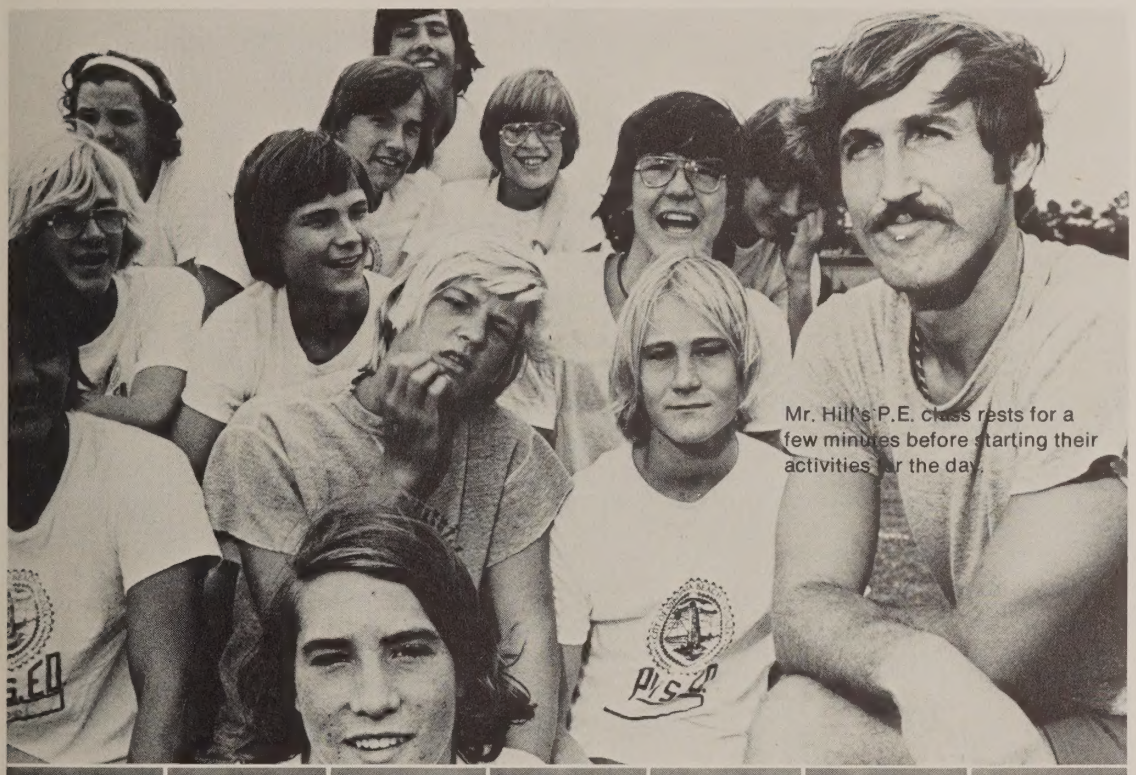


Jamie Jones
Phyllis Jones
Beverly Joyner
Darlene Joyner
Pat Joyner
Kim Kaiser
Brad Kaune

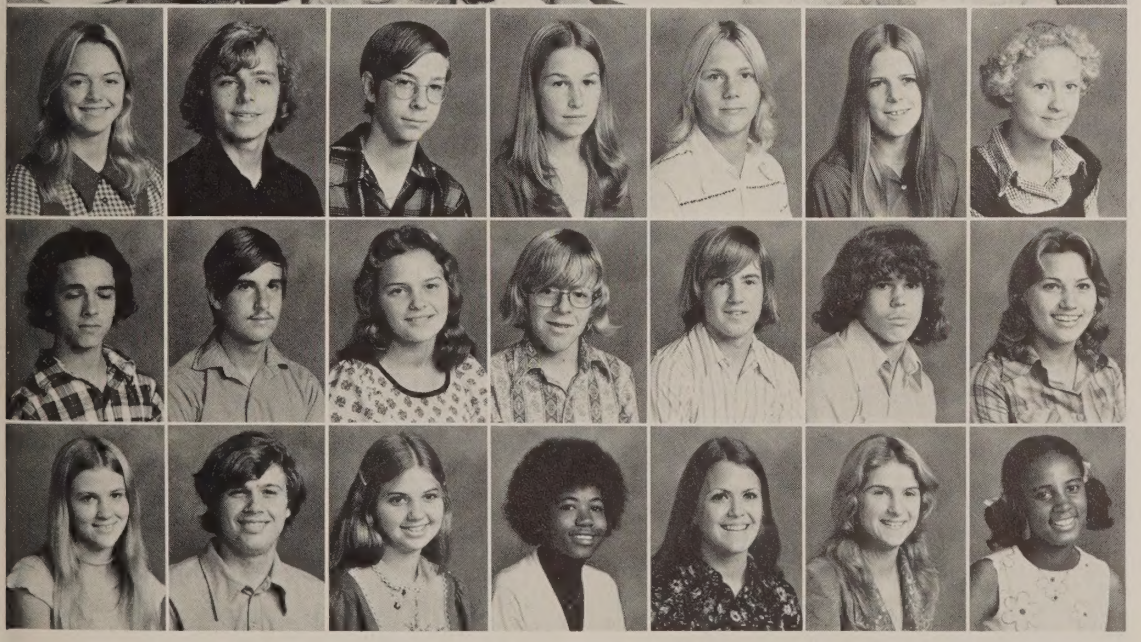


Students in Mrs. Infantino's history class discuss the bulletin board they made.

Students ENJOY History And P.E. Classes



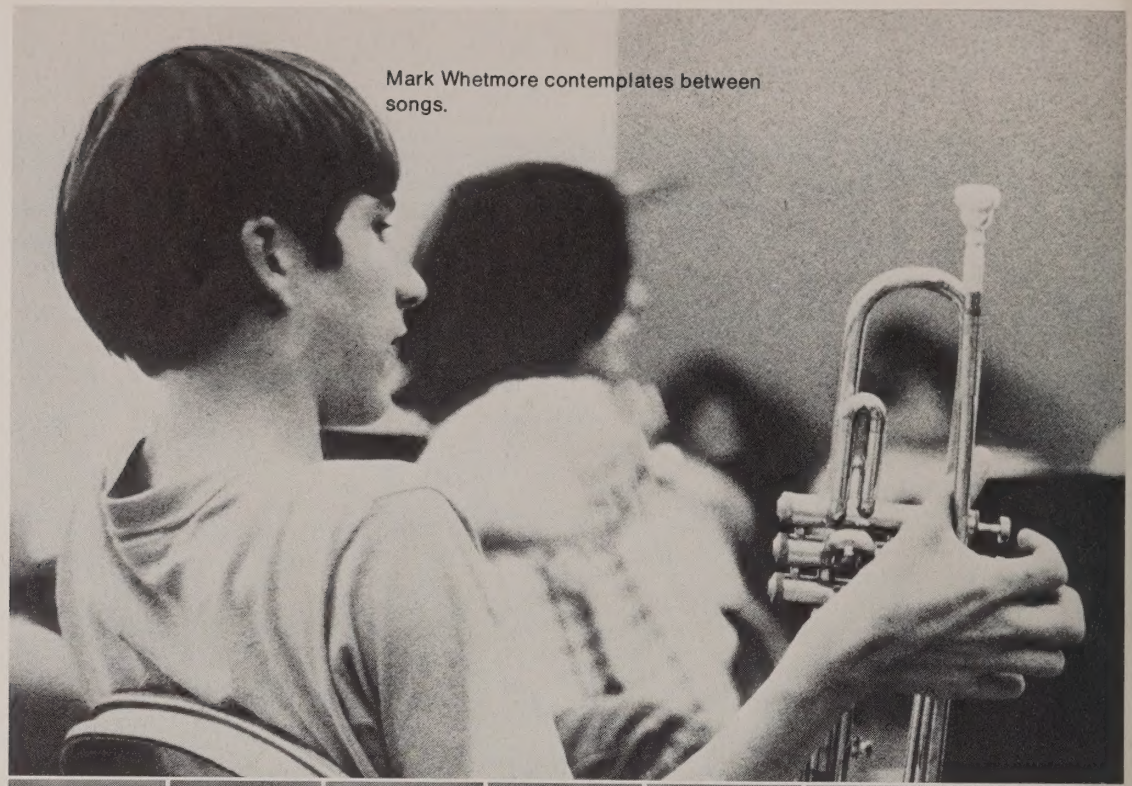
Mr. Hill's P.E. class rests for a few minutes before starting their activities for the day.



Karen Keating
Mark Keimig
Matt Kemick
Nancy Kennedy
Mike Kenney
Lynne Kilbreth
Kerry Kiehil

Dan Kiley
Scott Kincaid
Didi Kirkpatrick
Eric Kleintop
Greg Knapp
Mac Knight
Melanie Koch

Tona Kunkle
Eddie Lakeman
Judi Lancaster
Terri Lane
Jana Large
Susan Lawrence
Vanessa Lawrence



Mark Whetmore contemplates between songs.

John LeCroy
Lee Lenova
Robbie Lett
Fred Levine
Bill Lidner
Craig Lipscomb
Burt Liverance

Sandra Long
Teak Lottman
Glendora Lowe
Glynn Lowery
Grace Lowskie
Kathleen Lucey
Hope Ludwig

Bill MacDonald
Rachel MacFarlane
Hank Mallison
Marty Mallison
Fred Marsh
Sands Marshall
Jan Martin

Linda Mason
Patty Masters
Mike Matlick
Bobby Meenan
Becky Mellot
Margie Meyers
Susan McAllister

Jenise McCardell
Moe McChensey
Nancy McChensey
Gail McCloud
Cindy McCorkle
Richard McDonald
Wade McElligott

Steve McGovern
Lorraine McIndoe
David McMahon
David McSwain
Holly Miles
Jack Miller
Alice Miranda

Students Think About FUTURE

Vi Misa
Paul Mobley
Susan Molnar
Debbie Monroe
Timmy Moon
McKinney Moore
Cynthia Morgan

Claudia Moriss
Elizabeth Morris
Mike Moss
Amanda Motherway
Mary Munford
Nancy Murphy
Pam Myers

Patti Neergaard
Joni Neighbors
Floyd Newkirk
Steve Newton
Forrest Nichols
Carol Nissen
Charles Norrington

Kathy O'Brien
Mike O'Connall
Tracy O'Connor
Joe Ogle
TheresaO'Gorman
Betsy Olson
Jerry Onhaizer

Carolyn Sutton has a serious discussion with friend in lunch lab.

Helene Owans
Pam Parks
Walter Parsick
Jackie Parsons
Ronnie Parsons
Barry Peay
Charles Peel

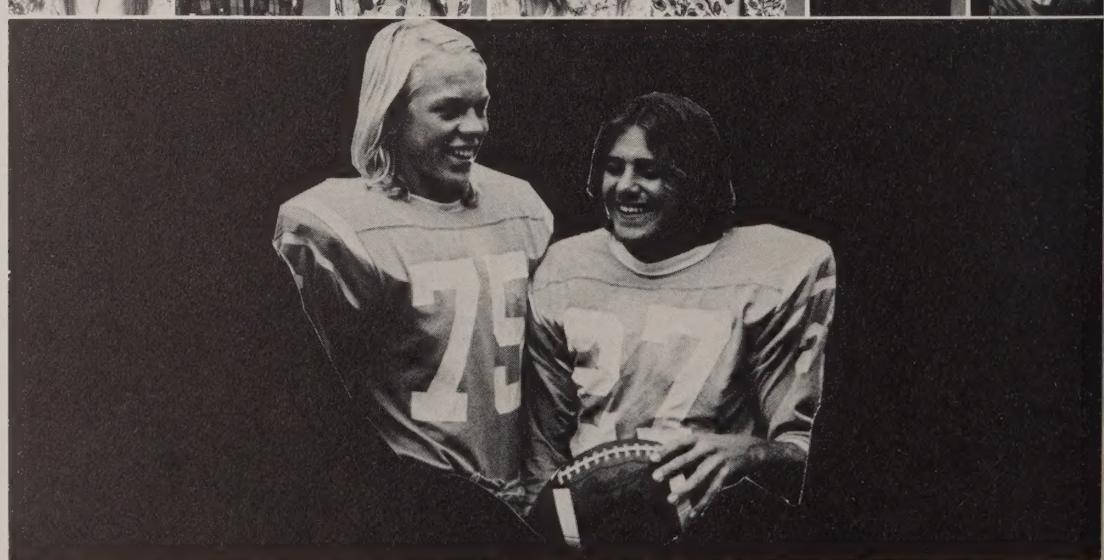
Andrew Perris
Leslie Peterson
Vicky Phelps
Debbie Phillips
Jim Pierce
Paula Poplin
Kathy Porter

Debbie Potter
Travis Powell
Jay Pownell
Robin Preace
John Price
Mark Price
Pam Priest

Kate Purcelle
Bruce Puryear
Robin Rabey
Billy Radick
Ann Ragan
Alan Reed
Mary Reid

John Reise
Gerry Reuss
Jeffry Revers
Debbie Rhodes
Walter Rien
Chad Rice
Bayne Richardson

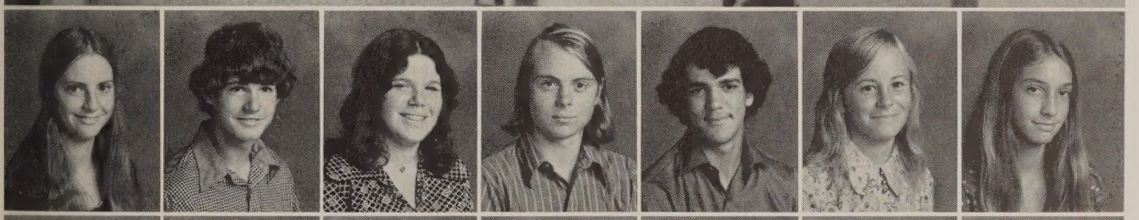
Patty Riley
Tim Riner
James Risper
Sheryl Ritter
Leslie Rivers
Bruce Roberts
Pam Robertson



Stanley Parsick and David Jennings' smiles reflect their pride in having a winning season.

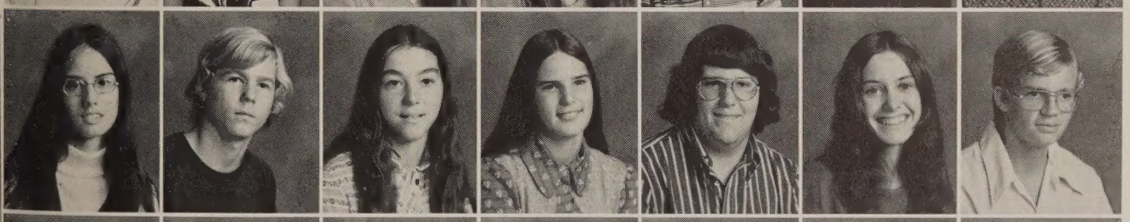
Sophomores PARTICIPATE In School Activities

Barbara Hackett and Fonda Lawson, J.V. cheerleaders, head down the hall with magic marker set to prepare posters for the game that week.

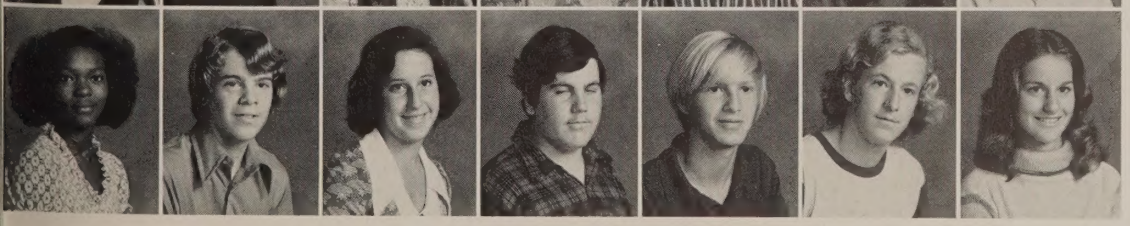


Vickie Robinson
Dave Roland
Joan Ronick
Sean Ryan
Sean J. Ryan
Kathy Rydell
Vashon Sarkisian

Susan Saunders
Helen Savvides
Emma Sawyer
Mary Sawyer
Keith Schachle
Brenda Scott
John Scott



Carol Seaman
Duane Sears
Judy Seif
Janice Selby
Mark Sellers
Sherry Sellers
Danny Shaffer



Cynthia Shaw
Mike Sherrill
Robin Shoemaker
Robert Sholar
Ted Shuman
Chris Sidwell
Darby Simpson

Sophomores Take Another **STEP** Toward Graduation

Kippy Sinclair
Theresa Sledge
Chris Slominski
Donna Lynn Sluss
Beth Smtih
Bonni Smtih
Clell Smith

Eric Smith
Kelly Smith
Jackie Smtih
Jimmy Smith
Marty Smith
Patty Smith
Sandra Smith

Skip Smith
Tracy Smtih
Cathy Smouse
Gail Snively
Noel Snow
Clavon Snowden
Kathy Snyder

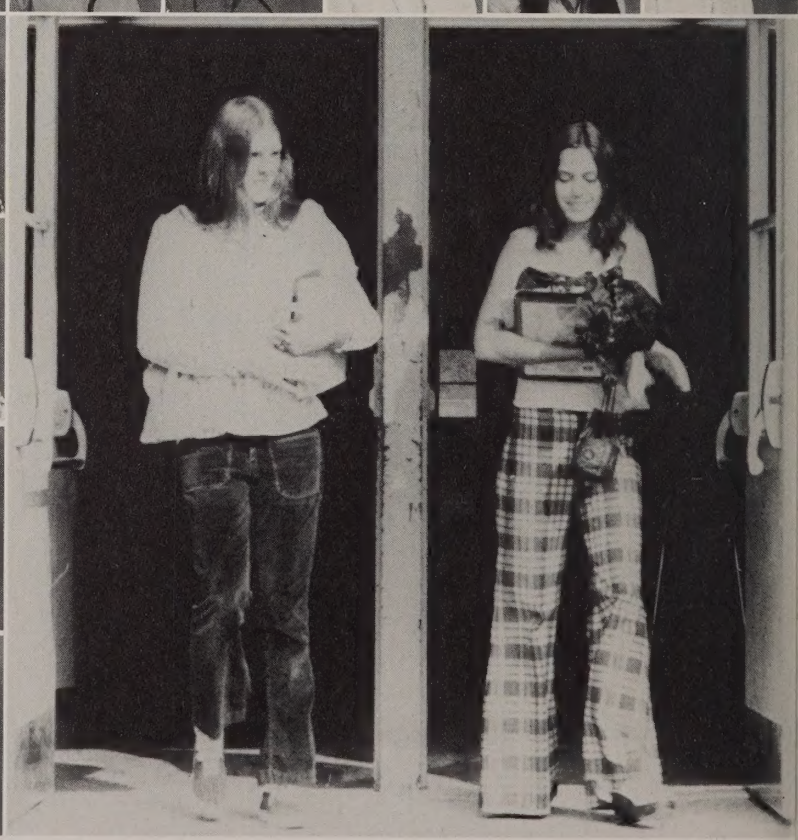
Alex Somarakis
John Summers
Alvin Spellman
Scott Spruill
Marty Stanford
Nora Steentofte
Charlie Stevenson

Laura Stillman
Barbara Strickland

Mary Strudl
Diane Sullivan

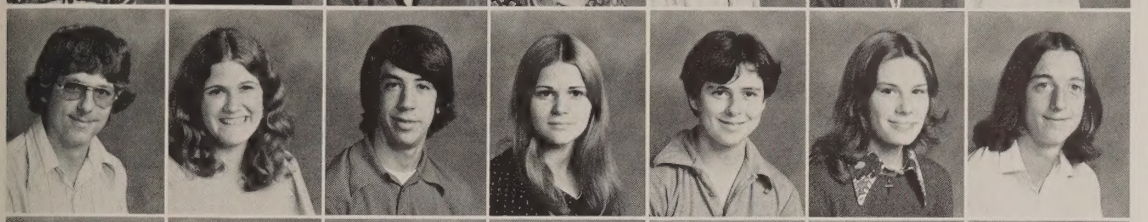
Carolyn Sutton
Steve Swecker

Dede Tabor
Beth Talbot

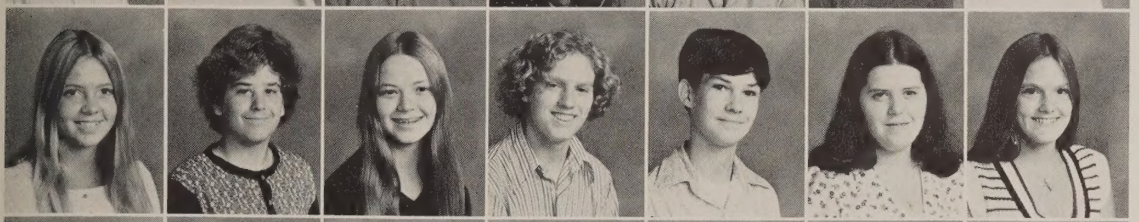


After a full day at school Robin West and Sheri Sellers leave the building to board the bus.

Bob Tarver
Mike Taylor
Clifford Teabout
Ann Terrill
Steve Terveer
David Thacker
Doug Thomas



Frank Thomas
Karen Thompson
Paul Thompson
Mary Thrash
Pat Tinney
Kathleen Tow
Steve Traub

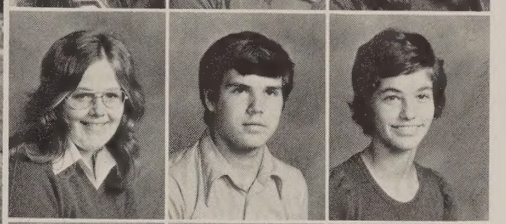


Nancy Taweek
Tom Triscritti
Lisa Tucker
Chuck Turner
Kevin Ulrey
Karen Vaderson
Ann Vandersyde

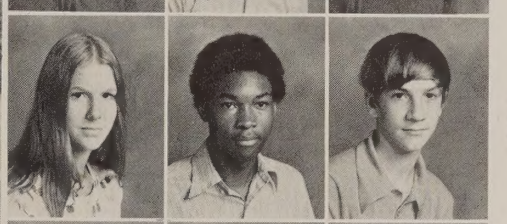
Larry Vanscoy
Gail Walker
Lisa Walker
Harold Wallace
Lisa Wallace
Liz Wallace
Missie Waller

John Goodman leads his classmates in running laps around the track.

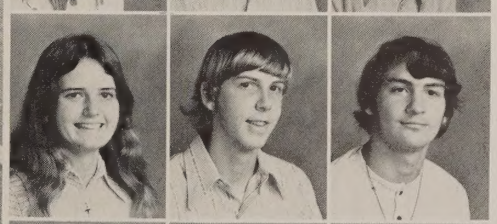
Kim Wallin
Margaret Wallin
Tracie Ward



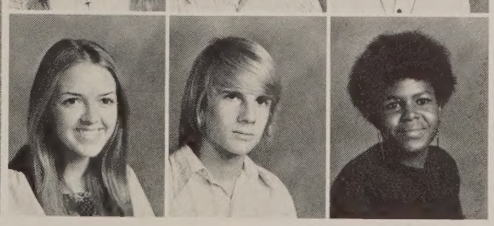
Linda Waters
Chuck Watkins
Pam Weller



Robin West
Leroy Wheaton
Mark Whetmore



Joanne Whitaker
Peter White
Bubba Whitehurst



Kathi Whitley
Jim Wickstrom
Brenda Wiggins

Clinton Wiggins
Terry Wilburn
Barbara Wild
Frankie Wiley
George Wilkins
Brad Williams
Darlene Williams

Hunter Williams
Jon Williams
Sheila Williams
Tony Williams
Jeff Wilmer
Mark Wilson
Jane Winston

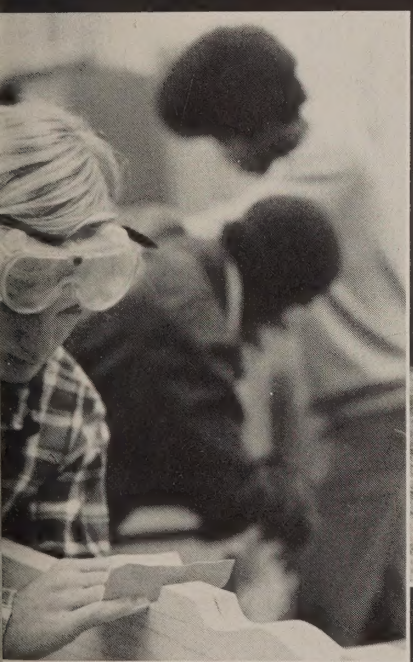
Betty Wisecarver
Joe Withers
Laurie Wolf
Karen Wood
Kirk Wood
Shelby Woodhouse
Detra Woodies

Larry Worak
Mark Wray
Brenda Wright
Diane Wright
Karen Wright
Nick Wright
Debbie Yaple

Attendant Melanie Koch's smile reflects the excitement of homecoming.

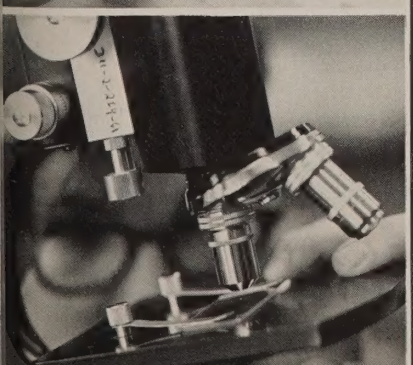
Sophomores Express VARIED Interests

Nancy Breedlove helps an ailing dog.

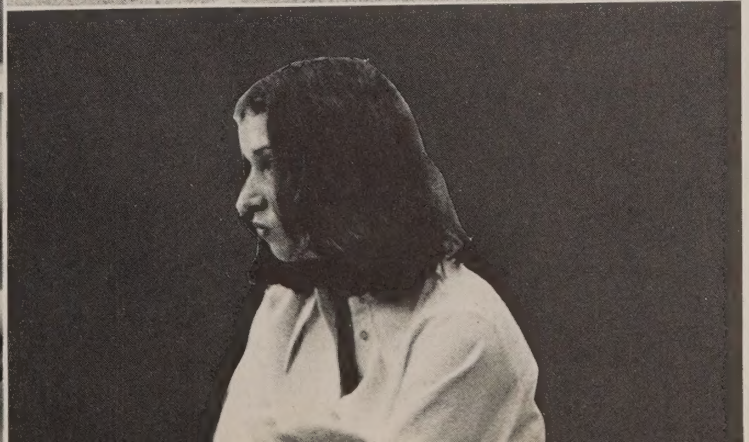


A woodshop student carefully sands his project.

A special brass section, joined by Mr. Gonano, entertain at halftime.



A student gets a closer look.

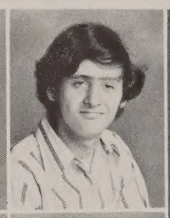


Sandy Artis ponders her future.

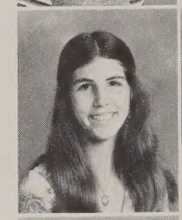
FRESHMEN Struggle Onward And Upward

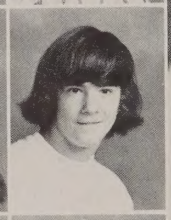
The Class of '77 returned to school after three months of freedom prepared to take on their responsibilities with enthusiasm. Their enterprise and creativity was evident when, with combined effort and ambition, the freshman float won Honorable Mention at Homecoming. To raise funds for class activities in the future, freshmen promoted several money making projects and ventures, including candy sales. The Class of '77 was the last freshman class at First Colonial. They proved through their wide participation in school and community activities their eagerness to accept, and their ability to meet, the new challenges of tomorrow.

Theresa Adkins
William Alexander



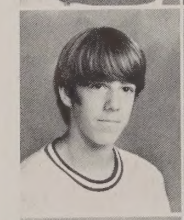
Sharron Allen
George Amsler

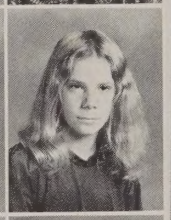




Andrea Anderson
Judy Artis

Jimmy Austin
Scott Ball

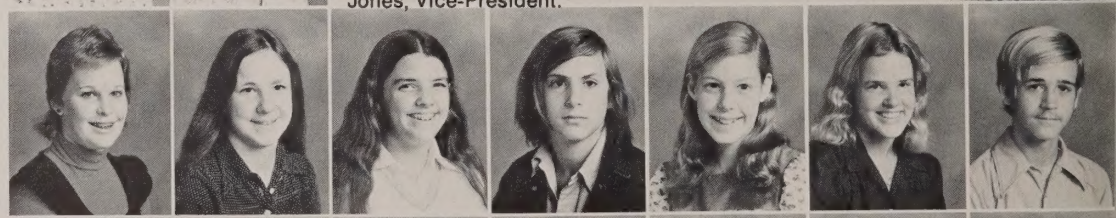




Pam Barnes
Rita Barraco

Class officers are: Pam Pyle, President; Kathy O'Connell, Treasurer; Susie Smith, Secretary; and Emilie Jones, Vice-President.

Jan Baskette
Mandy Bateman
Joyce Bedwell
Todd Been
Barbara Bekkedahl
Hunter Bell
Kevin Bengal



Sandra Berry
Lowe Bibby
Katie Blackburn
Dawn Booterbaugh
Lisa Buychuck
Susan Bracher
Lisa Brady

Cymanthia Brigman
Kathy Brinkley
Rose Brinson
Denise Bristow
Damon Britton
Russ Brooks
Barbara Brown

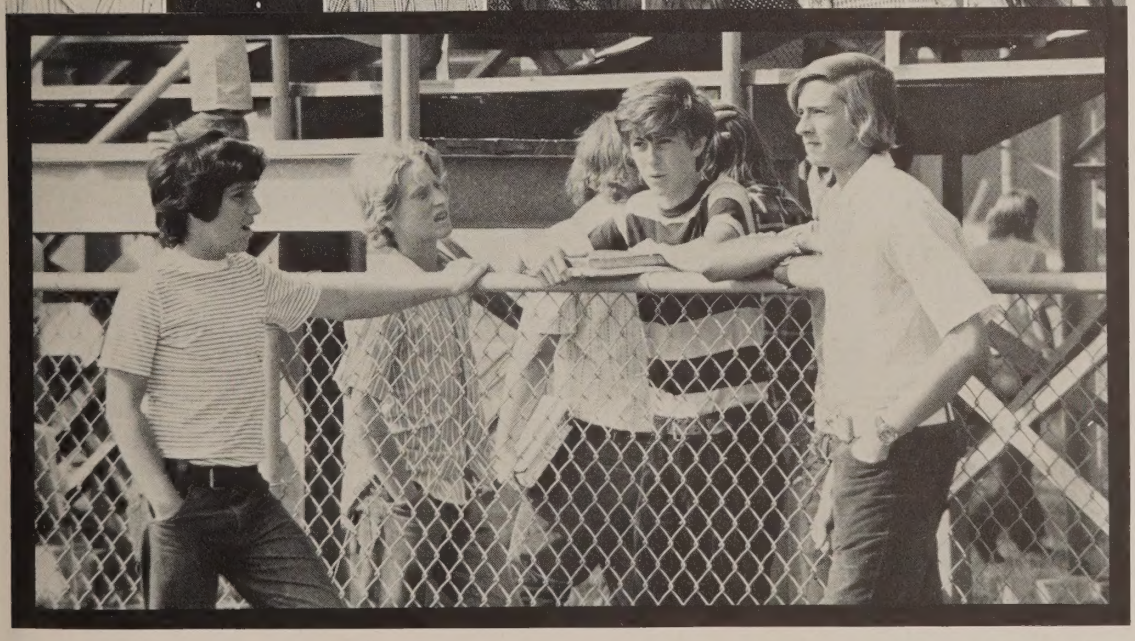
David Brown
Eugene Bryan
Lee Ann Bryant
Kathy Burger
Debbie Burt
Eric Butts
Danny Bymaster

Tom Cake
Paula Caldwell
Greg Campbell
Jill Campbell
Kana Campbell
Al Cardwell
Winston Carlyle

Sharon Carroway
Diana Carter
Ira Carter
David Cavitt
Gail Chandler
Jim Cheney
Rhonda Cheney

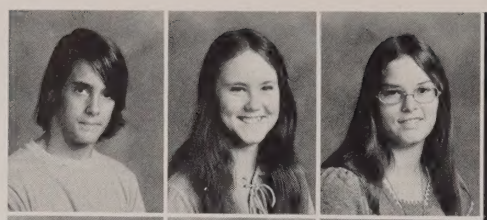
Robin Cheney
Anna Christie
Jesse Clayton
Christy Coffman
Laurie Cole
Brenda Coleman
Susane Compitello

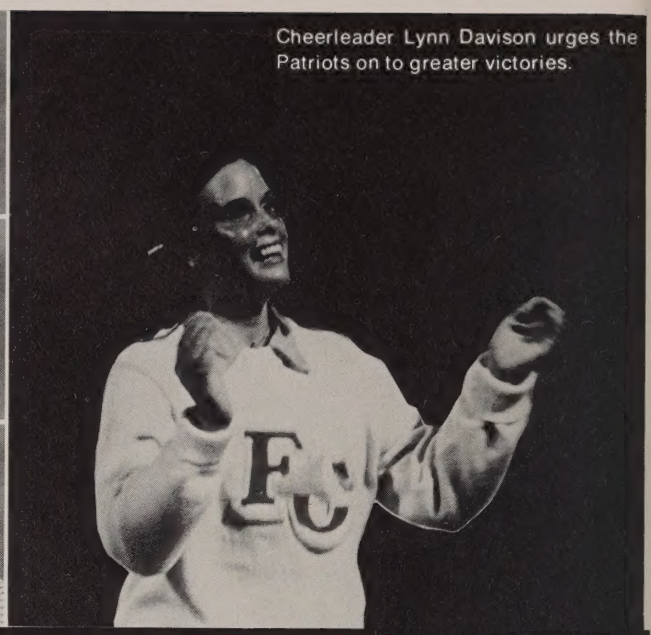
Richard Cooper
Norman Cote
Chris Coulsting
Sharon Cratch
Tammy Creef
Larry Davis
Lynn Davison



Students fervently discuss the details of the latest football game.

Mark Davison
Diane Dean
Susan Decker

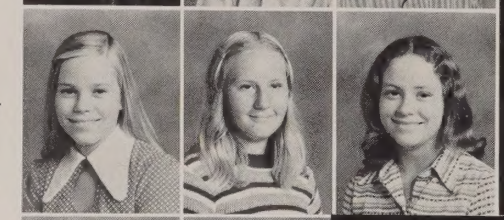




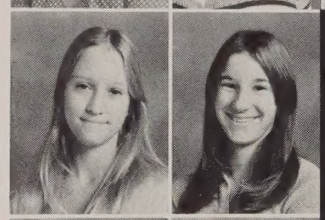
Cheerleader Lynn Davison urges the Patriots on to greater victories.

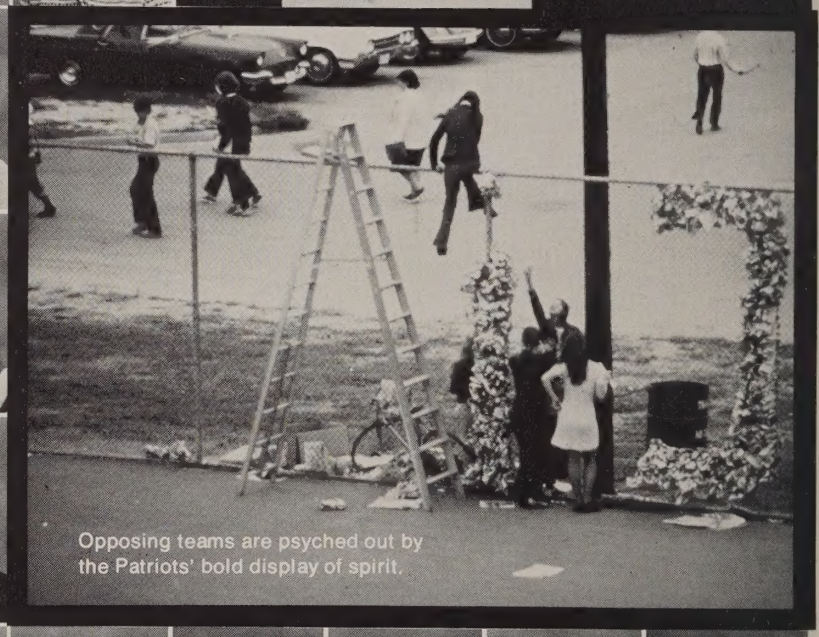
Sylvia DeLoach
Tom DeLong
Mike Denton

Caron Doff
Lynn Dollemeyer
Sheila Dover



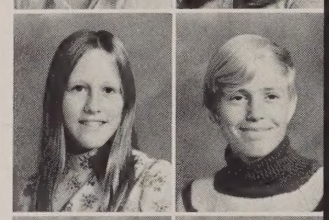
Leslie Drennon
Mary Dwyer



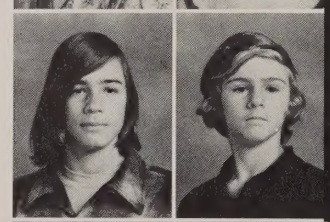


Opposing teams are psyched out by the Patriots' bold display of spirit.

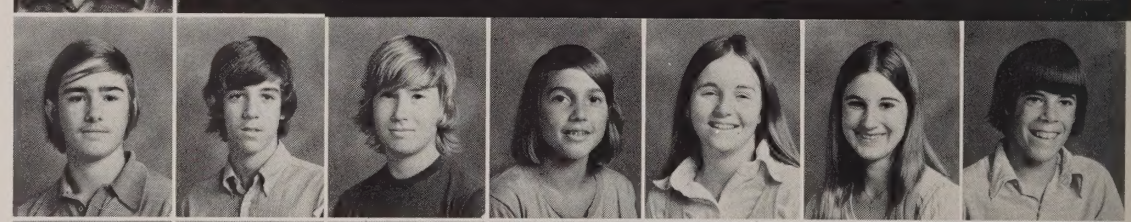
Brenda Edwards
Frank Edwards



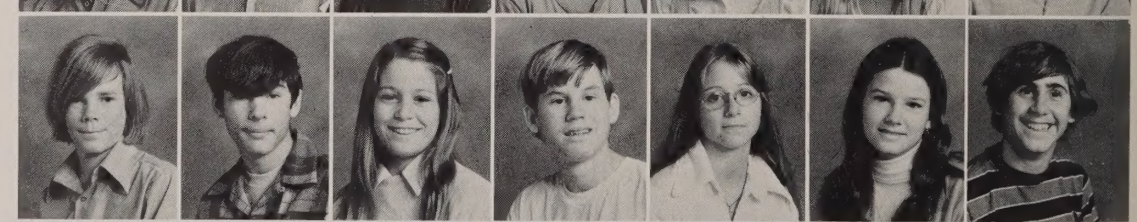
Greg Erhardt
Chris Ettel



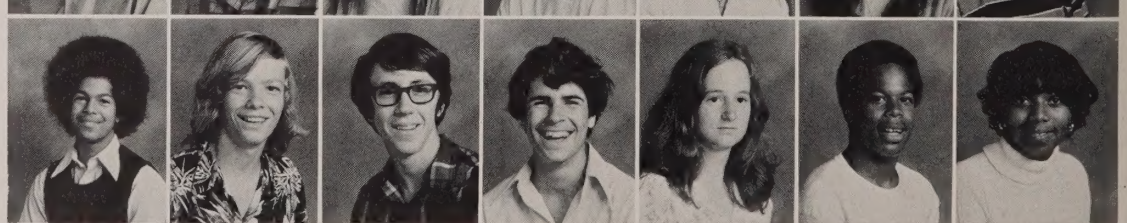
Greg Ettel
Jim Evans
Mark Evans
Tom Fasciocco
Kim Fentress
Natalie Ferrell



John Finneran
Richard Flory
Martha Foster
Kenneth Francis
Jane Frizzell
Jennifer Fyles
John Garcia



Warnell Garrett
Mark Gessner
Jon Glass
Bruce Glaves
Jan Godfrey
Randy Goffigan
Wanda Goffigan



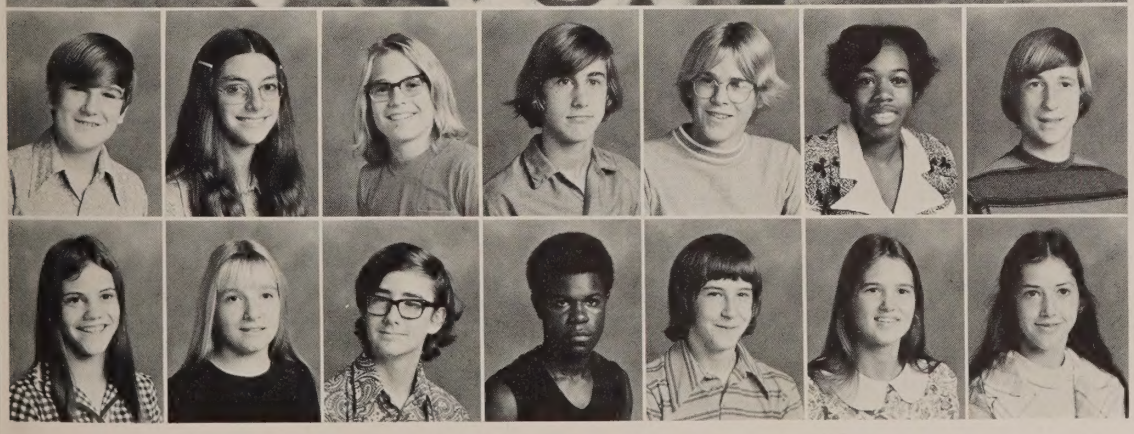
J.V. Cheerleaders

Back The Patriots

John Goodman
Cindy Goulart
Carlton Gravatt
Mever Griffin
Bill Grimm
Martin Grube
Barbara Hackett

Chris Hairston
Karen Hall
Linda Hammonds
Cathy Handford
Andy Harmond
Linda Harrop
Lisa Harryman

Pam Pyle's enthusiasm leads First Colonial Patriots to triumph.



David Harryson
Robin Harwell
Bob Harwood
Dennis Hathaway
Charlie Hawkins
Veronica Haynes
Al Henry

Marian Hensley
Kathy Hesse
Brian Hill
Gerald Hoggard
Jimmy Holland
Kay Hollandsworth
Rene Howe

Tamara Hudgins
Bert Hudson
Mary Huerta
Craig Hughes
Sally Hulvey
Billy Hunta
David Hutchins

Keith Jansen
Jim Jenista
Roger Jenkins
Donna Jennings
Andrew Jett
Ann Johnson
Brenda Johnson

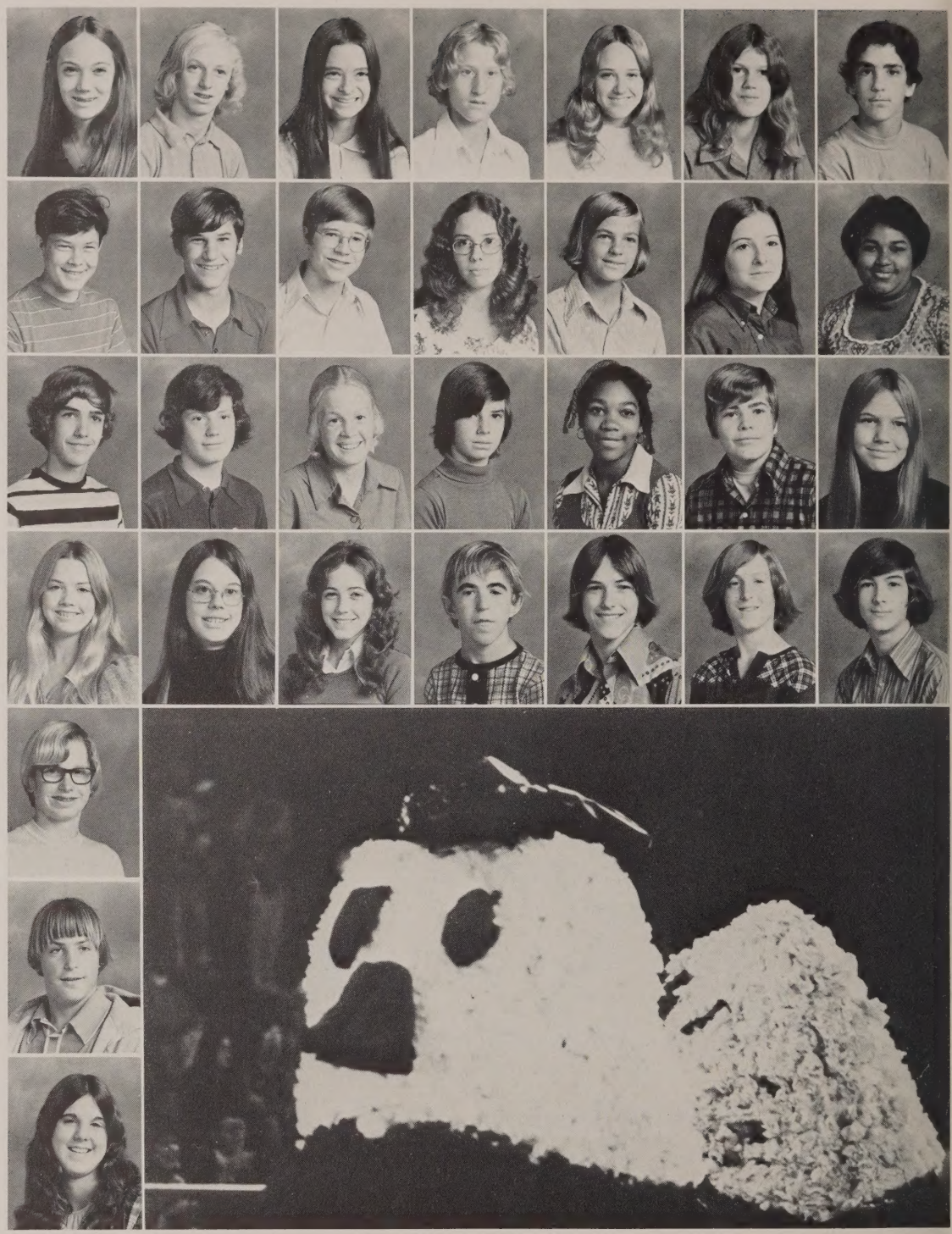
Dennis Johnson
Andy Jones
Emilie Jones
Wayne Jones
Bonnie Joyner
Mark Karn
Audrey Kaune

Karla Keating
Kathy Kellam
Kathy Kelly
Chip King
Chris King
Curtis Kingston
Donald Knepper

Peter Kohn

James LaMore

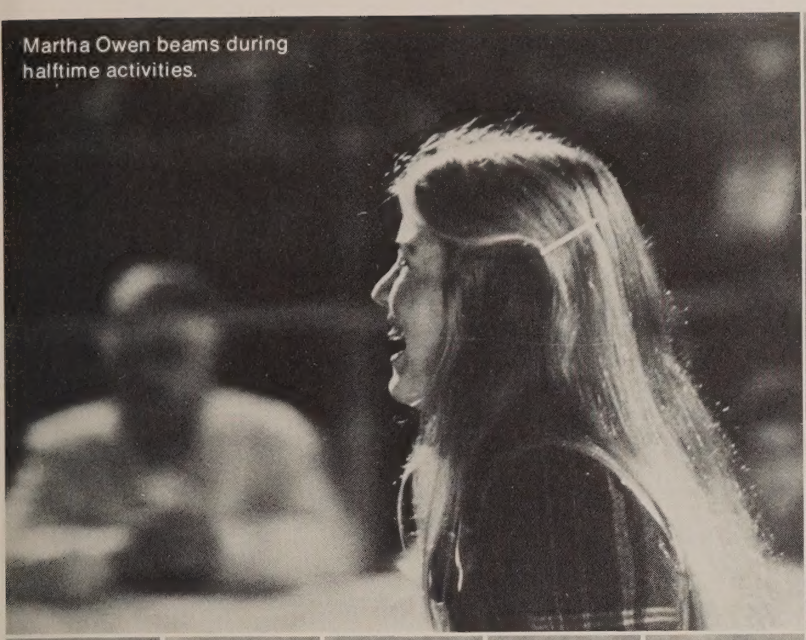
Mary Landeck



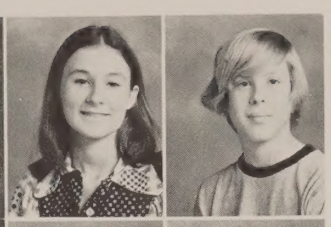
The freshman float added variety to the float competition.

Class Of '77 Float Forecasts

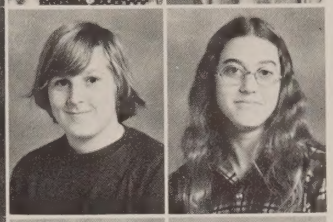
HOMECOMING Victory



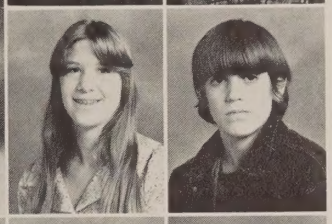
Martha Owen beams during halftime activities.



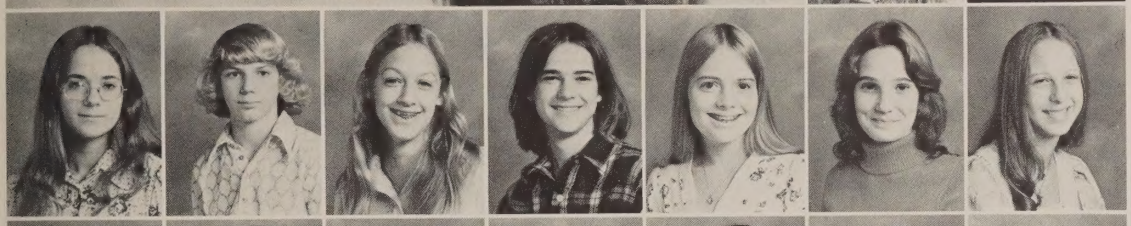
Sheree Lanum
Scott Lawson



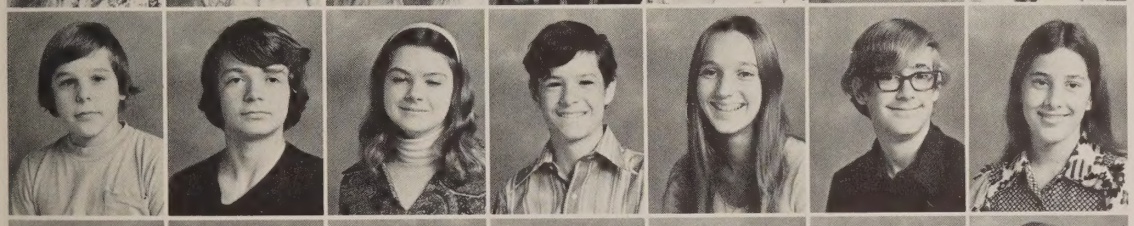
Ronnie Lawyer
Cheryl Lax



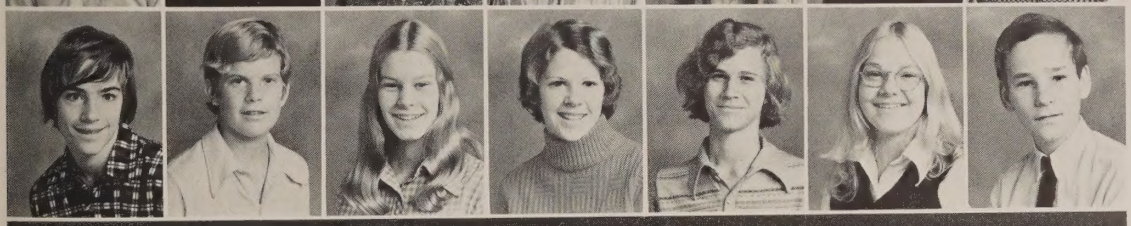
Marion Lemmon
Mike Leonard



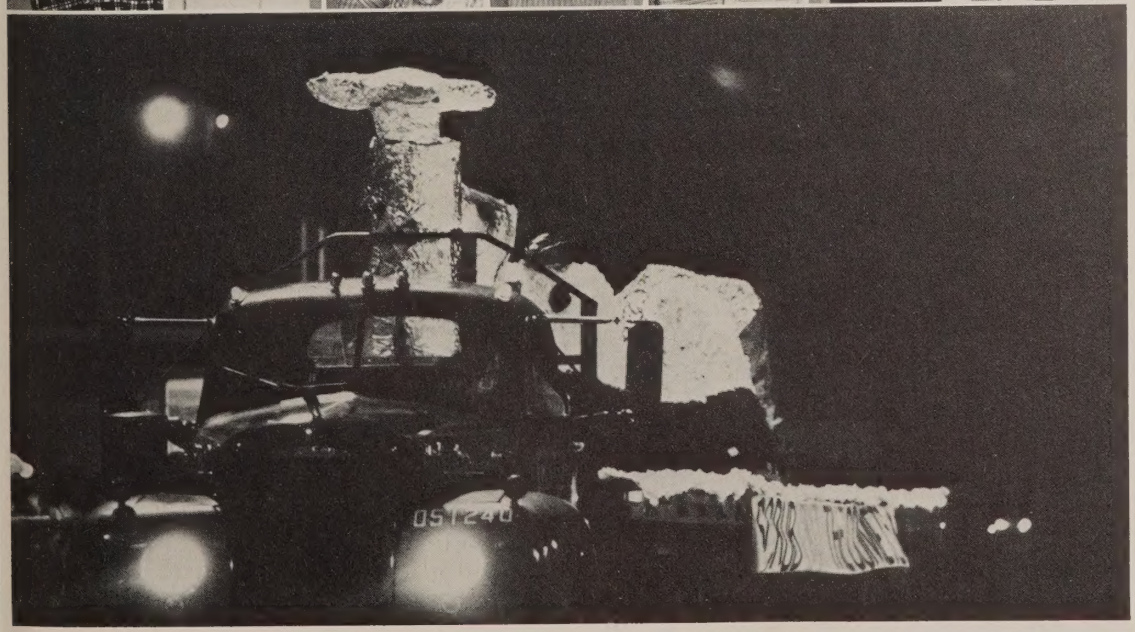
Pat Lett
Eric Lex
Diane Lindsey
Allen Lioselle
Henry Logan
Nancy Lottman
Debbie Lukei



Alan Mahanes
Doug Marshall
Carol Martin
Jeff Martin
Lisa Massa
Jeff McAlhaney
Holly McClintock



Jimmy McDonald
John McGruder
Laurie McGuire
Karen McNaught
Steve Meenan
Rene Mellburg
Matthew Merriman



Many hours of building and last minute touch ups were necessary to complete the freshman float, "Scrub Out the Comets."

Sandra Berry is exultant at leaving school for the day.

Manya Meyer
Preston Midgette
Deborah Miles
Robin Miller
Scott Monroe
Betsy Montgomery
Suzanne Moody

Doug Moore
Jeff Moore
Tracy Moore
Pam Moranville
Cindy Moss
Micheala Motherway
Jean Mullaney

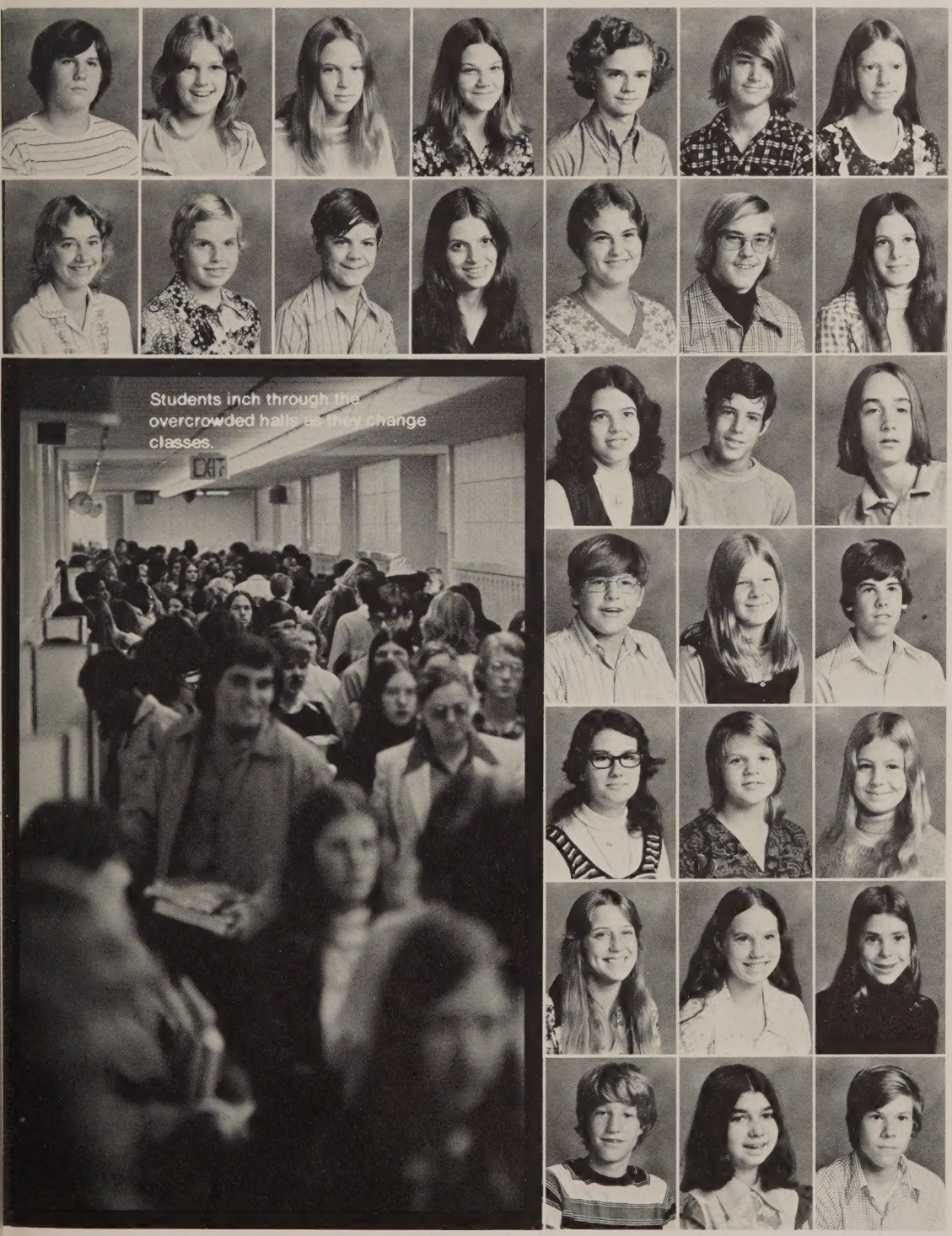
Dawn Mundy
Karen Myers
Fanchon Nelson
Jeff Nelson
Danny Newman
Larita Newton
Chris Nickerson

Chris Niswonger
George Norrington
Karen Norville
Lynne Ober
Kathy O'Connell
Jennifer O'Gorman
Bruce O'Keefe

James Olivey
John O'Reilly
Jamie Overton
Martha Owen
Pam Paganelli
Jimmy Pankiewicz
Rita Parisi

John Parker
Madalyn Paster
Kelly Pate
Jay Payne
Jenny Pendergraft
Norman Perry
William Peters

Feelings DIVERGE Concerning School



Students inch through the overcrowded halls as they change classes.

Ted Peterson
Robin Petretto
Vickie Petretto
Patti Price
Bruce Prickett
Donald Profitt
Kate Protzman

Pam Pyle
Peggy Quirke
Edward Rack
Vickie Ragland
Debbie Ramsey
Lee Rasberry
Missy Reeks

Kathy Reise
Chuck Reynolds
Jimmy Rice

Jimmy Riley
Linda Riley
Monte Rish

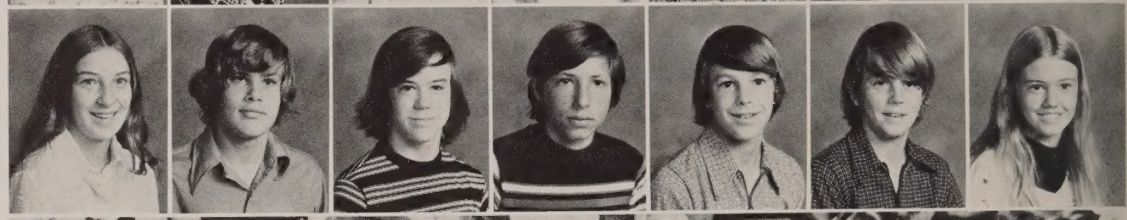
Diana Robbins
Marcie Roberge
Carol Roughly

Kelly Roy
Colleen Ryan
Jeanie Salamone

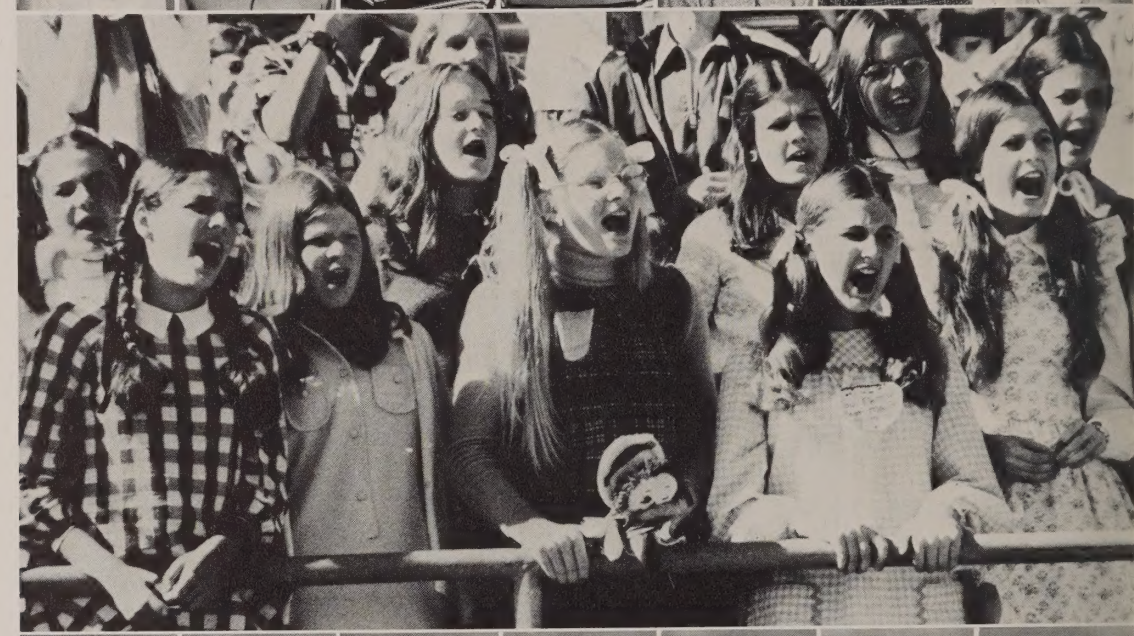
Scott Salland
Karen Sanchez
Paul Sanden

James Scott
Roosevelt Scott
Margo Searle
Cindy Seymour
Robert Shay
Debbie Sheaffer
Elvin Sholar

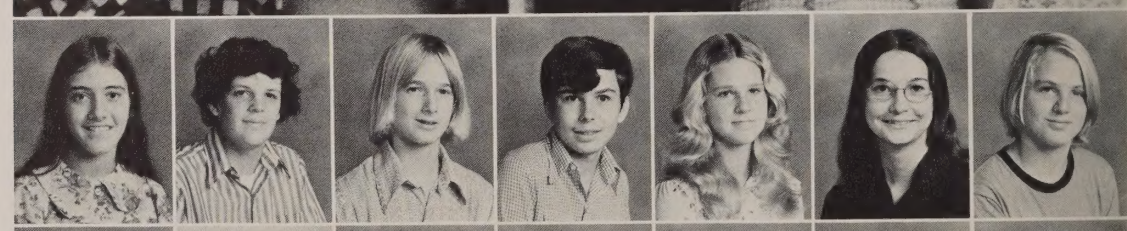
Regina Shukis
Jim Silence
John Simmons
Mike Simonic
Jeff Sipler
David Smith
Gail Smith



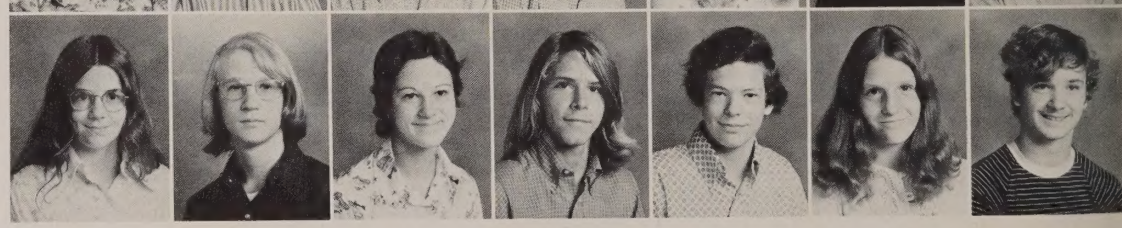
The attire of the freshmen on Sprit Day reflects their status in the school.



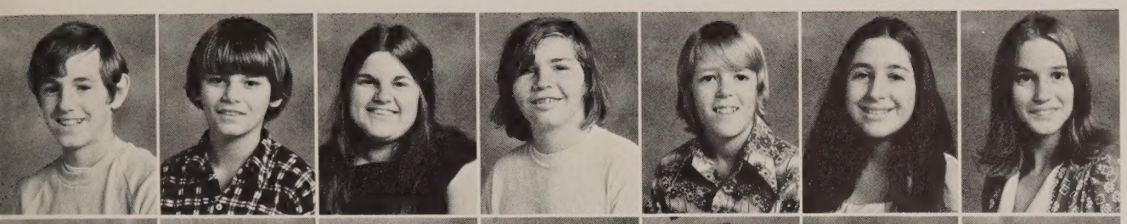
Mary Smith
Randy Smith
Robert Smith
Scott Smith
Susie Smith
Suzanne Smith
Jimmy Smola



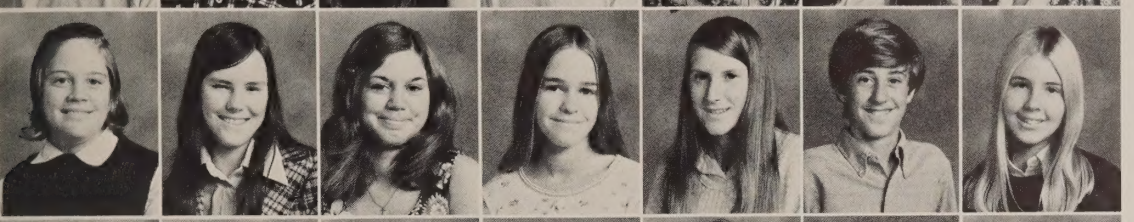
Karen Snyder
Eugene Sokolowski
Linda Spring
Robbie Spivey
David Spradlin
Susan Spruill
Jimmy Stanley



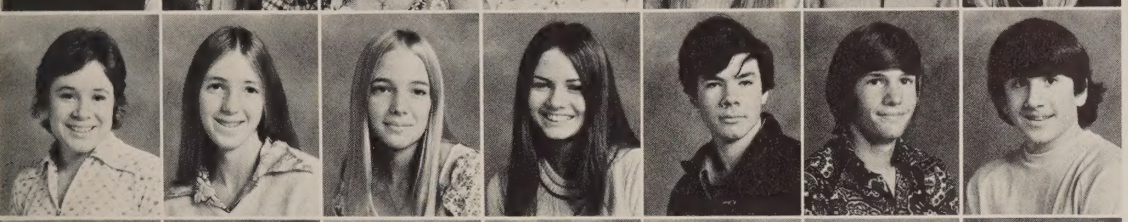
Freshman Spirit Is CONTAGIOUS At Fall Pep Rallies



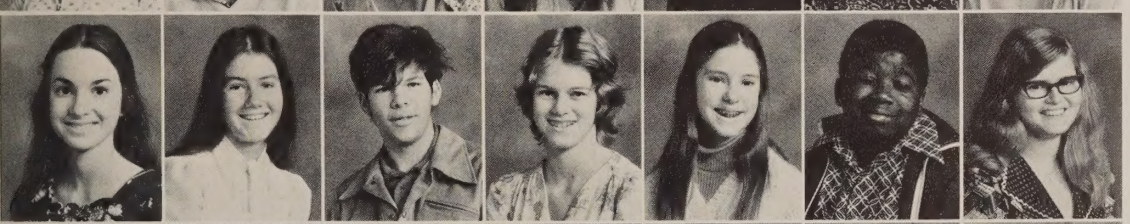
Gerald Stoffel
Jimmy Strange
Laurie Strudl
Edgar Suggs
Fred Sydow
Kim Tamburino
Margi Tarver



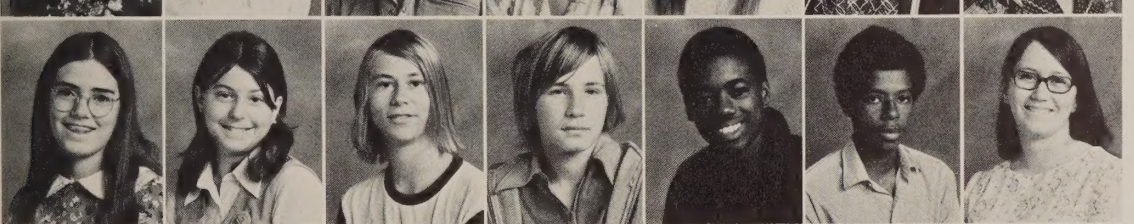
Teresa Taylor
Annette Terveer
Athena Theodosiou
Tracy Thomas
Kimberly Todd
Danny Triscitti
Robin Turner



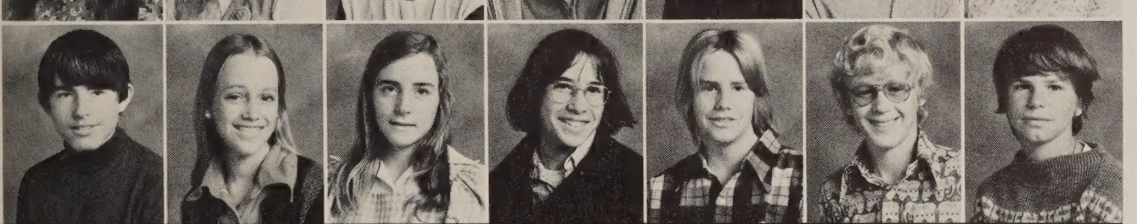
Krista Underwood
Dawn Urbanek
Shelley Vaden
Vicki Vaughn
Mike Voliva
Stewart Waddington
Skip Walker



Tammy Walker
Sharon Waltman
Stephen Warner
Kathy Watson
Debbie Weaver
Gus Webb
Faith Weikel



Wendy Weller
Beverly Wermers
Gary Wernke
Tommy West
Carl White
Daryl Williams
Lorraine Willaims



Neil Williams
Julie Withers
Donna Worley
Paul Worrall
Fred Yates
Warner Young
Scott Ziegler

Freshman enthusiasm animates the Homecoming pep rally.

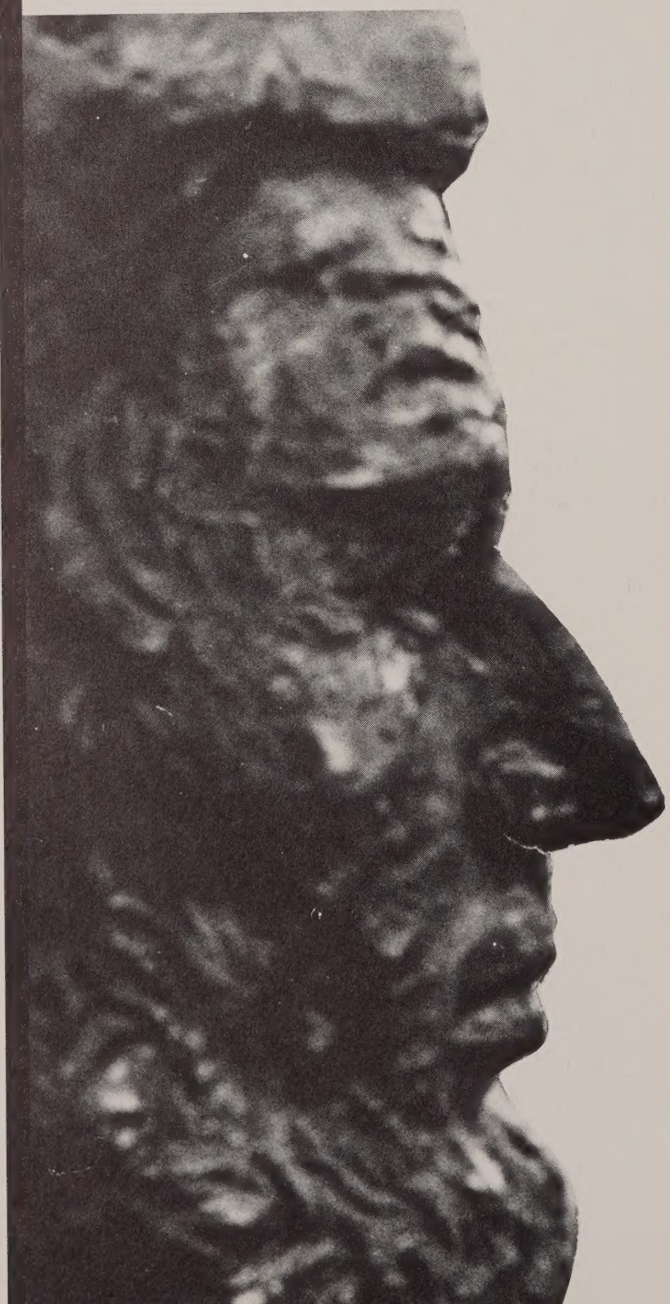
ACTIVITIES ACTIVITIES ACTIVITIES

In viewing the bulletin board, many students are enticed by clubs that deal with such interesting fields as drama, photography or ecology. And often, spurred on by a surge of enthusiasm, they sign their names away to several different clubs' membership lists. However, after realizing the time required for such involvement, they soon drop out. Remaining is a smaller number of determined members who fight to keep the ideals of the club going strong. It is to these people whom the credit goes for maintaining a sense of pride in their accomplishments. Exemplifying this spirit is the S.C.A. who made remarkable improvements this year and even acted to help out other clubs in financial need.

ACTIVITIES ACTIVITIES ACTIVITIES

SCA Starts Things Rolling

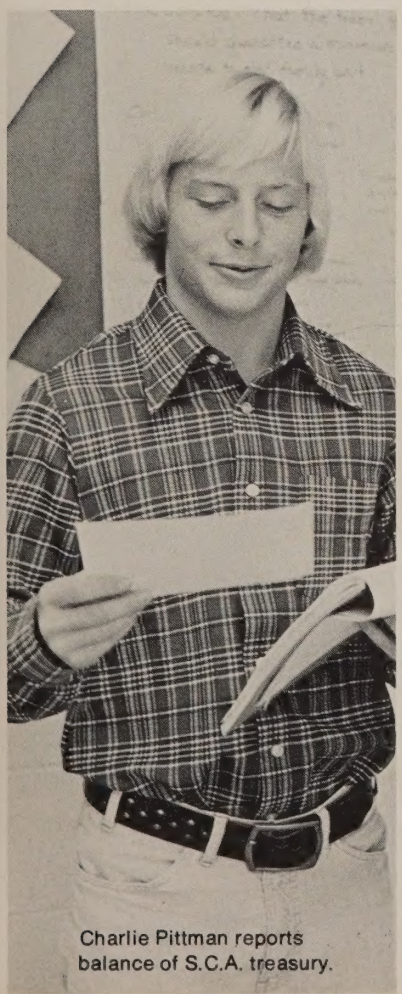
Our S.C.A. has not only paid off previous debts from last years council, but has been the first to make money off the annual Homecoming Dance. Due to the success of this year's event, the S.C. A. sponsored and arranged a Colonial Ball which was held in the spring. Further efforts to raise money included the sale of hot chocolate at football games and candy sales. Even though the long range goal of the S.C.A. was to leave money for next year's council, they have contributed far more. At the first of the year the S.C.A. painted a section of the bleachers for the band and drill team members. The council sponsored such community activities within the school such as the annual walkathon for cerebral palsy. The Big Brother of America campaign was pushed by the members and resulted in a less polluted enviroment around our school. The S.C.A. is also responsible for the changing of the marquee and keeping every one posted on the school's events. This year's S.C.A. has indeed been successful in all of its undertakings.



Charlie Pittman, Treasurer; Anna Dominicci, Secretary; Gary Simon, Vice-President; and Aubrey James, talk over school oriented problems.

Homecoming 1973, a great success for the S.C.A.

Unlike other clubs, the I.C.C. has a very clear cut purpose which does not call for money, competative events, nor much of anything that the usual club does. The Inter Club Council exists as a medium between all the clubs and the Principal. Headed by our S.C.A. Vice President, Gary Simon, the I.C.C. is composed of all the acting club presidents. It is within this group of leaders that club activities are coordinated and it is also here that all the club functions are approved by Mr. Bowyer.



Charlie Pittman reports balance of S.C.A. treasury.

Club presidents meet to discuss homecoming activities.

CLUB OF CLUBS

In the Naval Junior Reserve Officer Training Corps program there is the satisfaction and pride of being part of your country, and its people, regardless of creed or race, and the feeling of accomplishment in being selected as an N.J.R.O.T.C. cadet. One new aspect of the unit is the addition of girls. They participate in all the activities that are expected of them including tossing a nine pound rifle. The principle goal of the program was to develop citizenship, leadership, teamwork, and high standards of personal conduct and appearance. Through all of this the primary aim of self development by the cadet himself or herself is achieved.

Row One: T. House, J. Sterago, K. Parsons, V. Misa, K. Dineen. *Row Two:* E. McCher, L. Mitchell, H. Miles, D. Bradley.

NJROTC Liberate Their Ranks

Row One: J. Sheppard. *Row Two:* C. Soop, G. Smith. *Row Three:* J. Florance, R. Glover, G. Horrigan. *Row Four:* S. Joshua, D. Shay, M. Johnson, B. Greenway, J. Bapties, J. Grayson, L. Woyak, H. Midgett, S. Hutchins. *Row Five:* R. Hall, C. Snowden, L. Gray, S. Baldwin, P. Cowan, L. Copeland, R. Radach, L. Williams, H. Blake. *Row Six:* H. Goffigan, T. Mann, J. White, L. Johnson, M. Wilson, R. Etheridge, J. Davis, B. MacDonald, F. Gregg. *Row Seven:* M. Whetmore, De. Burdett, J. Holland, W. Wiggins, D. Taylor, B. Kaune, G. Sharpe, R. Rhan, F. Howe.

Row One: J. Biondo, B. Simonic. *Row Two:* E. Sokolowski, B. Rish, B. Wisecarver, C. Tennefoss, S. Reynolds. *Row Three:* N. Snow, M. Strudl, M. Ferrel, D. Roberson, A. Anderson, J. Matthews, B. Bohlool, D. Paganelli, D. Trotter, P. Purcell. *Row Four:* S. Johnston, K. Gore, T. Cooley, C. Cook, L. Waters, T. Kenney, D. Kees, C. Goulart, V. Anderson, H. Breedlove, J. Evans, L. Harryman, S. Mood S. Byrd, W. Dalia.

They Like Latin

They like Latin, and they've gotten involved in it. It seems that they are not alone. The Latin clubs all over Virginia got together for what they called the Latin Classical League. It was held the weekend of December 8. These classical kids also planned a trip to England in June. They too have added to the weight of our student body, as candy sales were their main source of income for their many activities. Yes, F.C.'s Latin lovers thought it was important to stick together. And they have, in grand style.

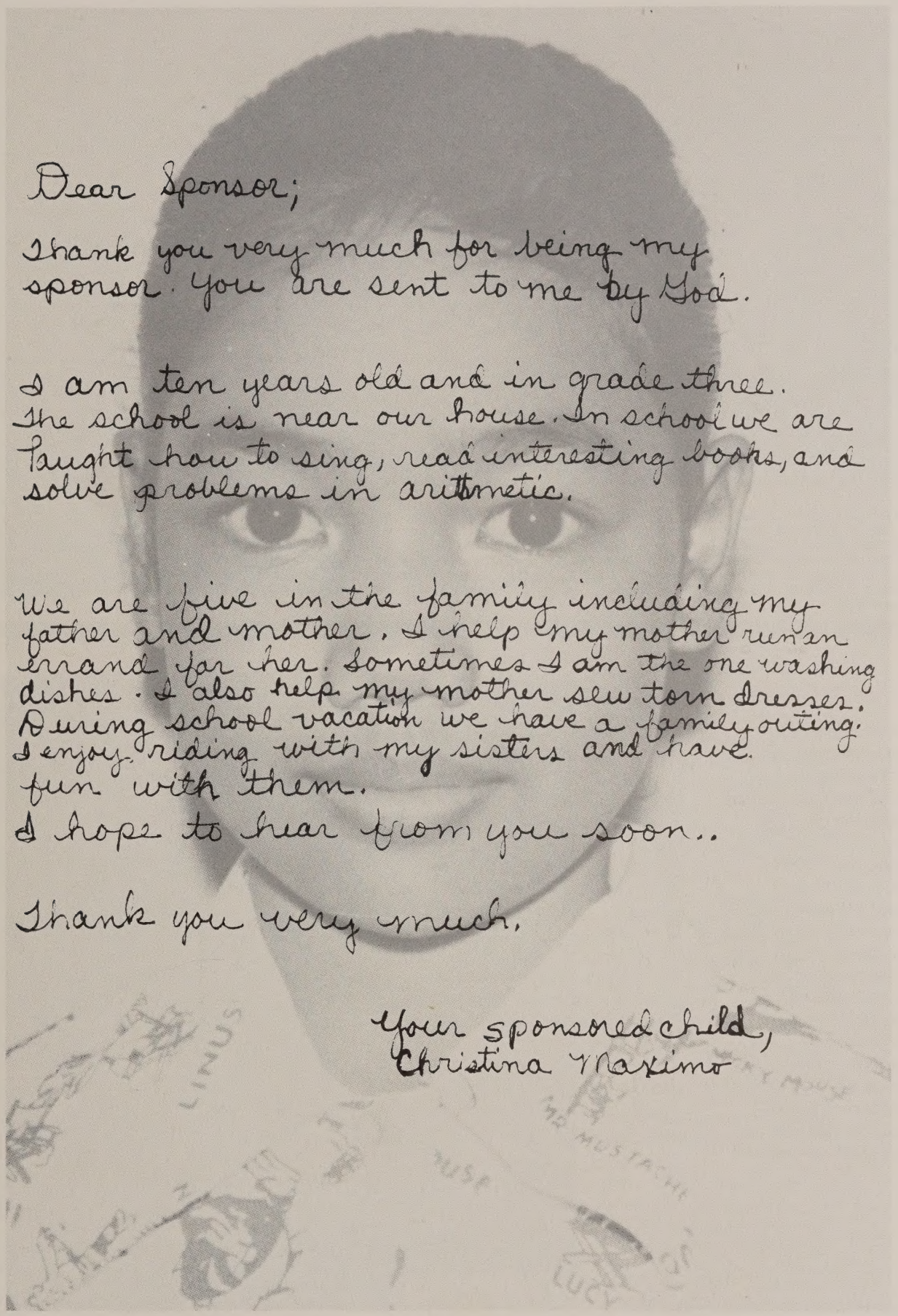
Resolved; That the Federal Government should minimize annual income to each family unit. The typical student would reply to that resolution with "I guess so. Well you know what I mean." But ask a member of the Debate team what their opinion is on the subject and they will pull out a packet of index cards and begin covering every aspect of their side. The affirmative member would argue for the issue to be passed whereas the negative one would want it to remain the same. This resolution is the same throughout all the high schools. These highly competitive debates are held in schools ranging from North Carolina to West Virginia. The team members attend scheduled tournaments as often as three times a month. It is a time consuming responsibility being on this team, but asking any member how they can be so devoted, one must be prepared for a lengthy argument that will undecidedly convince you.

B. Slattum, C. Pittman, B. Manuel, C. Lindsey, B. Kaune, are this year's members of the debate team.

Foster Parents Greatly Welcomed By Christina

Christina wrote in her first letter to them, "You are sent to me by God." Here out of the mouth of a babe, was stated their purpose. Unrealistic though it may seem, they feel one should always strive for perfection. The members of the Beta Tri-Hi-Y worked through their projects with welfare and handicapped children, with the aged, with Vietnam veterans, and with mere daily contacts to share God's love and perhaps make a small improvement in this crazy-mixed-up world. They wish that others would join them, for they know that many small improvements add up to a better world.

Row One: Jenny O'Gorman. *Row Two:* K. Haulk, N. Holland, B. Coffin, B. Jones, L. Redford, L. Oaksmith, D. Hinde. *Row Three:* M. Channon, R. Handford, T. O'Gorman, D. Walker, J. McKnight. *Row Four:* P. Hudson, T. Larson, M. Hopkins, C. Handford, L. Larson, G. LeCroy, L. Wells, V. Ragland, K. Tow.



Dear Sponsor;

Thank you very much for being my sponsor. You are sent to me by God.

I am ten years old and in grade three. The school is near our house. In school we are taught how to sing, read interesting books, and solve problems in arithmetic.

We are five in the family including my father and mother. I help my mother run an errand for her. Sometimes I am the one washing dishes. I also help my mother sew torn dresses. During school vacation we have a family outing. I enjoy riding with my sisters and have fun with them.

I hope to hear from you soon..

Thank you very much.

Your sponsored child,
Christina Maximo

Christina Maximo writes grateful letter to her sponsors.

Row One: D. Burford, J. Bedwell, K. Blackburn, L. Cole, J. Lombard, B. Phelps, M. Davis, K. Benitez, A. Dominici, P. Vaught, A. Kaune, J. Hoel. *Row Two:* B. Ballard K. Watson, J. Godfrey, L. Wiltshire, J. Winston, T. Cook, S. Lilley, L. Erickson, K. Andersen, L. Hammond, W. Cover, B. Gilpin. *Row Three:* S. Council, R. Smith, D. Seeley, B. Wright, K. Storbeck, D. Brown, H. Campbell, R. Wolff, K. Todd, P. Caldwell, C. Curling. *Row Four:* H. Gilbert, A. Brinkley, K. Norville, L. Davidson, A. Theodosiou, D. Triscritti, A. Harmond, R. Shukis, W. McDonald, M. Smith, K. Schact, N. Steenforth, M. Diaz, M. Barber, D. Levy, C. Tarver, C. Cook, S. Campbell, J. Delaplane, I. Nathan. *Row Five:* B. Brennan, B. Cowan, J. Conrad, K. Watson, S. Meenan, J. McChsney, S. Artis, M. Chalkley, S. Kincaid, B. Grossman, P. Munson, P. Nimitz, R. Braithwaite, B. Smith, C. Stevenson.

New Goals Set

Last year's Spanish club succeeded in making over 10,000.00. Needless to say, this broke all existing records The F.C. Spanish club has always been the most active in the school. Car washes, bake sales, taco dinners, bazaars, and the ever popular Saturday morning donut sales are always taking up the time of the members. After last year's trip, the club has changed its goals in many ways. This year there are no plans for another record breaking club as far as money and the distance traveled is concerned. The Spanish club has redirected its efforts into helping others. No longer will the club exist for the sole purpose of the members earning their way to St. Augustine or Puerto Rico as it has in the past. Instead the group has engaged in such activities as collecting canned goods for Thanksgiving and Christmas and holding a party for officer's of the Puerto Rican Navy. Spanish children in this area found themselves the lucky beneficiaries of a party, held in their honor. Again this year, the club sponsored a scholarship to which they tripled the amount from the year before.

Spanish club members all tuckered out after a day out in the city.

Front: M. Keimig, T. Kunkle, J. Miller. *Left:* G. Morrison, Sponser; S. Fortenberry, N. Kennedy, G. Eak, Secretary; H. Breedlove, President. *Right:* M. Freundt, K. Burch, L. Boycluck, D. Buckelew, Treas.; B. Roth, V. Pres.

German And Russian Clubs Work For Next Year

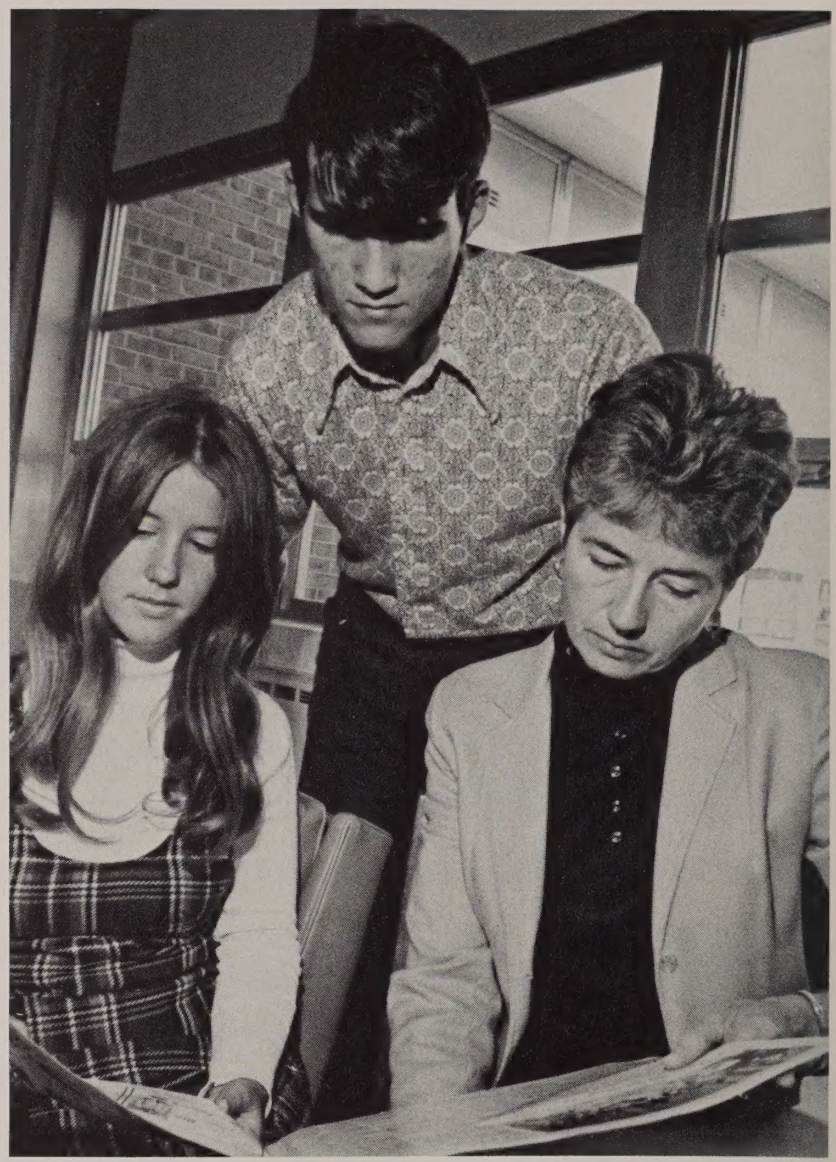
The German Club was a group of ambitious students that gathered every Friday night, after football season, at Shakey's, to discuss "plans". Their "plans" included a German Christmas party, a spring banquet, and several bake sales. All this served to acquaint the members with one another and to raise several hundred dollars for their greatest plan of all: the Oktoberfest next fall.

Row One: N. Williams, B. Roth, B. Horrigan, C. Brown. *Row Two:* B. Platz, B. Hill, F. Hart, R. MacFarlane, D. Schaffer, S. Momtgomery.

This year saw a new event in the annals of F.C.; for the first time a Russian club was created. The club was born into charter form while their members were cleaning the stadium to make money. The club's main purpose was to make Russian look as appealing as possible in hopes that more students will enroll in the classes given. They stimulated interest by putting up posters in Russian and just talking their language up among others. Club activities commenced with a trip to O.D.U. to see the movie, *Ballad of a Soldier* and terminated with a trip to the Soviet Embassy in Washington.

HEAR YE! HEAR YE!

Publication Of Both Programs And Town Crier Make For Busy Year



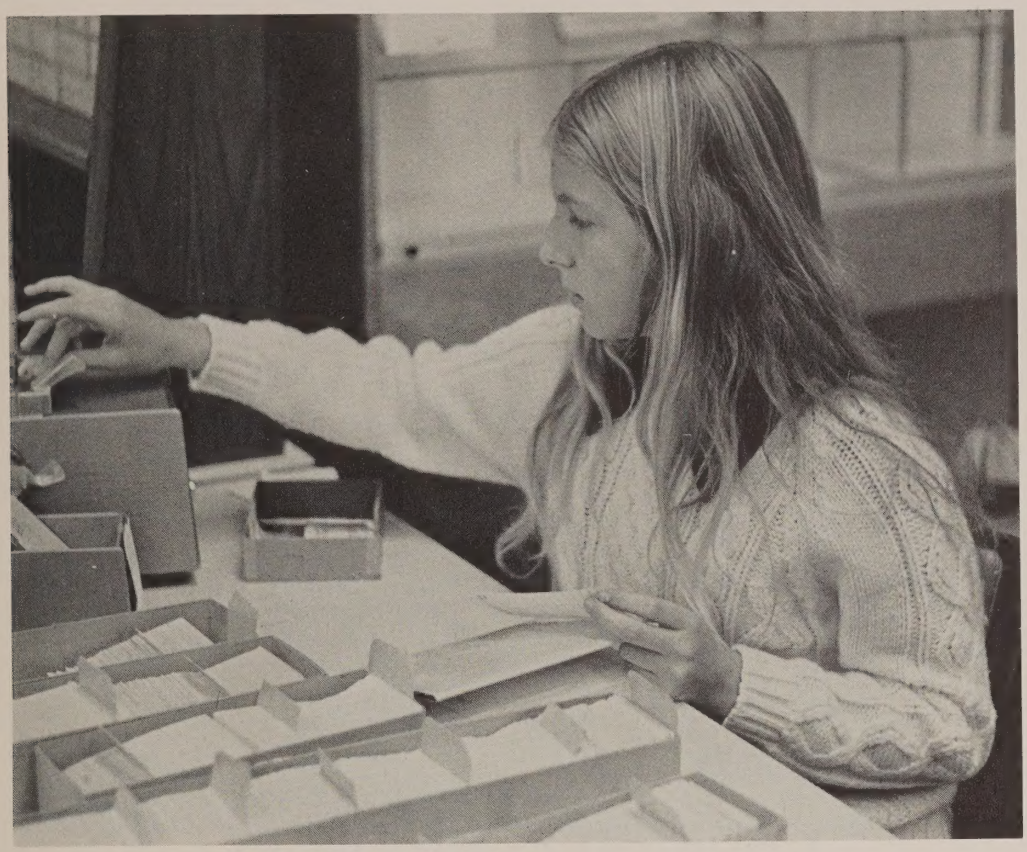
Co-editors Jay DeLoach and Jan Fitzsimmons discuss new ideas with sponsor Mrs. Schendel.

Not only was our Newspaper Staff responsible for the publication fo the *Town Crier,* but this year they were also responsible for compiling the football programs. Last summer the shop owners of Virginia Beach were asked for their support in the form of advertisements for the programs. On Friday nights the staff was kept busy selling the programs. Then the next morning the club reported to the stadium to clean up trash left by our spirited fans. This year the staff went to Richmond for the annual conference where they attended lectures and classes. With this new insight, they returned to print many sensational *Town Criers.*

Newspaper Staff cleans stadium after a football game to raise money for paper.

Row One: P. Simmons, D. Baggett, W. Cover, C. Ammon. *Row Two:* H. Williams, P. Nimitz, R. Lawler, A. Palacio. *Row Three:* G. Simon, H. Sydow, S. Lawlor, H. Breedlove, B. Horrigan, B. Slattum. *Row Four:* C. Broyles, T. Beaudy, F. Hart, B. Emanuel. *Row Five:* J. Hunger, L. Jarret, A. Booker.

Row One: D. Kees, C. Roughley. *Row Two:* S. Taylor, K. Burger. *Row Three:* C. Russell, K. Hall, M. Strudl, L. Saunders, B. Wisecarver, B. Miles, S. Smith, V. Lilley, B. Liverance.



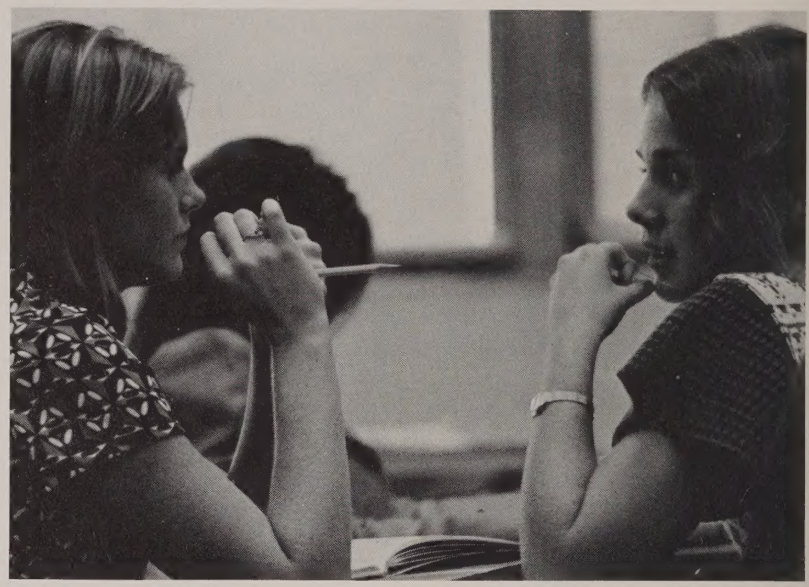
The First Colonial library consists of much more than books, magazines, audio visual equipment or copying machines. Our librarians and the Library Media Service club are the real backbone of our library. The members of this club volunteered their lunch hours to assist the librarians in such chores as helping a student find a book or checking out books for students. The students attended field trips, and other activities that will show the students the resources that are open to them in libraries. All this is done to make our quest for knowledge a little easier.

Filing cards is one of Carol Roughly's many tasks.

Library aides help Librarians by carding books when they come in.

Head Librarian Mrs. Ragland keeps things going when it gets rough.

THINK

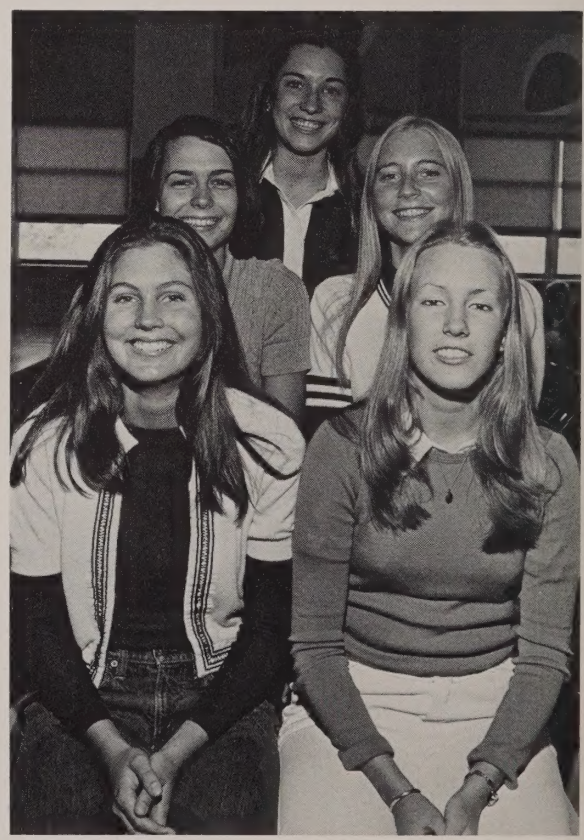


N.H.S., Holly Hurd talks homework over with her sister, Sherri.

Pride And Patriotism

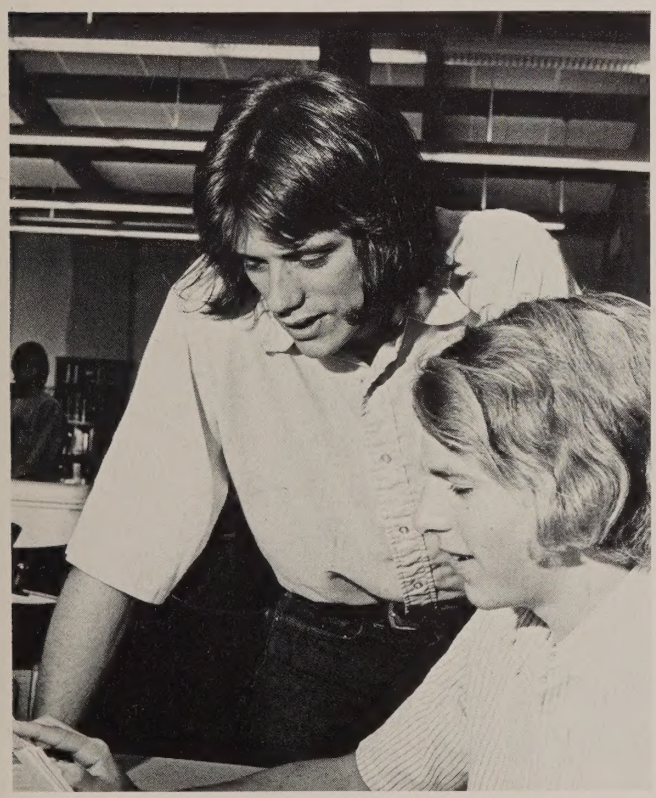
This past summer nine representatives from the Junior class attended Girls and Boys State. The four boys stayed at Lynchburg College; the girls were at Radford. These students participated in caucusses, primaries, and all of the campaign proceedings that occur in our state government. The highlight of the week was the election of Governor. Discipline was very much stressed. They all marched in straight lines and had to wear beanie caps to distinguish the different cities. The competition was fierce and the city that had the most honorable record won the title of model city. The students left with a sense of pride and patriotism that many may never feel at all.

Row One: J. DeLoach. *Row Two:* V. Lily, R. Wolff. *Row Three:* C. Pittman.



Row One: B. Jones, B. Coffin. *Row Two:* C. Meyer, J. Davis. *Row Three:* C. Campbell.

Row One: C. Gordon, J. Tucker, K. Peterson, J. Davis, A. Martin, J. McKnight, B. Coffin, C. Miyer. *Row Two:* J. Runkei, R. Lawler, J. DeLoach, B. Woods, P. Simmons, A. James. *Row Three:* G. Debold, B. Gilpin, H. Hurd, M. Hopkins, R. Handford, C. Campbell, S. Reynolds, B. Platz, S. Grabinsky - missing.



N.H.S. President, Steve Grabinsky shares his knowledge by tutoring a student.

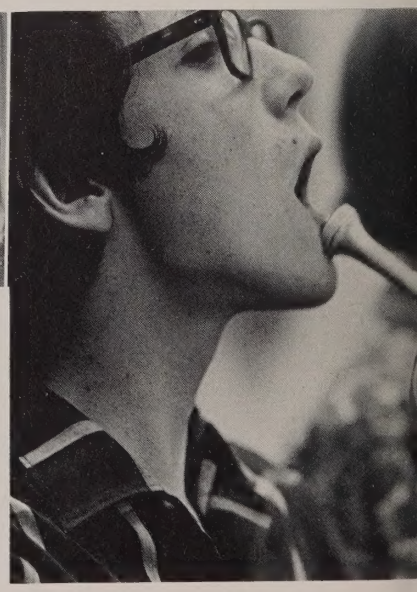
NHS Wants To Change Tradition With Cauliflower

A Cauliflower? Yes, that's what this year's Honor Society used to represent their group to the Parents League on Club night. Knowing that Honor Society is traditionally just a name given to the "brains" in the student body, this year's members were motivated to change tradtion. They were all very active, crazy, people — not just "brains" as many think. Whenever possible several members took time away from their own activities to tutor. They also worked together to raise money for their annual tapping ceremony and a scholarship which they offered at the end of the year. Throughout their busy senior year at F.C. the N.H.S. worked to make their club more than just a label on their applications and they did it!

Joanie Tucker clowns around.

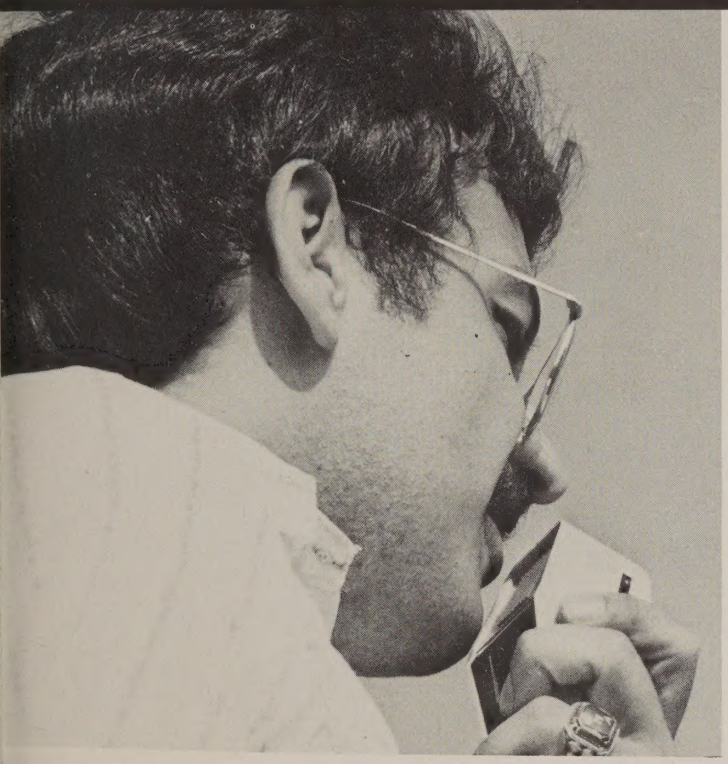
Mr. Ganano tells it like it is

Concert Band prepares for the Christmas Concert.

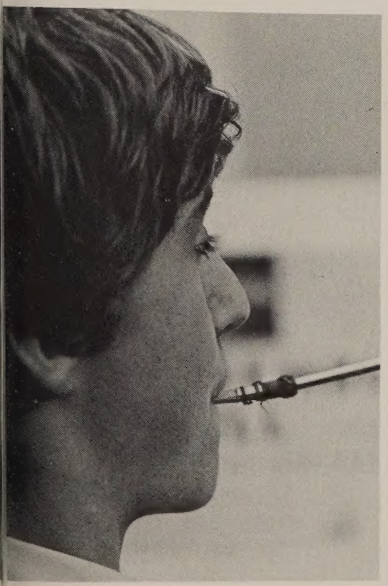


Johnathan Glass and Danny Trisc

BAND-TENT-HUT 123



This year, our band surpassed all of the mere expectations we had set for them. At halftime during the football season, the band's music was comparable to that of college students. The Christmas concert was so beautiful this year that as the band finished their medley, one could have heard a pin drop. That silence was such a contrast to the times that the band would march down the halls playing a favorite song, Rock Around the Clock, The whole building would vibrate to their music. During the holidays, the group sold Christmas trees in an effort to raise money for their trip to Tennessee for field and concert competition. All of the band members along with Mr. Gonano worked together in order to give our school a band to be proud of and they did indeed succeed.



lay on and on.

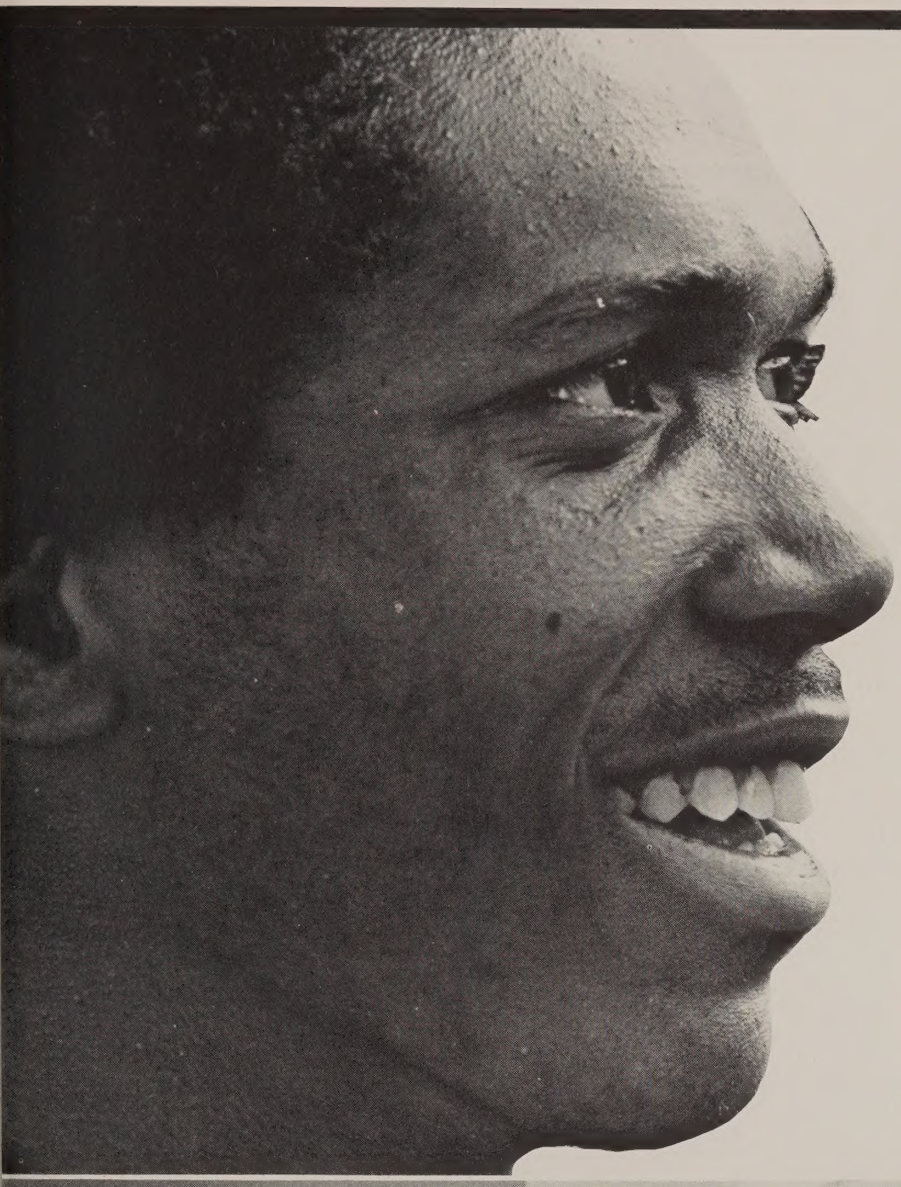
A. Jones, B. Coleman, W. Winston, T. Triscitti, W. Garrett, D. Chasse, R. Alley, J. Payne, and M. Shaw are Band B. Drummers.

Band Rocks Around The Clock

Row One: D. Gregory, F. Lawson, F. Smith. *Row Two:* D. Olds, L. Gainer, L. McHerris, B. Council, Q. Olds. *Row Three:* M. Gregory, N. Banks, S. Long, W. Winston, L. Goffigan. *Row Four:* C. Etheridge, S. Berry, V. Pace, J. Barnard, W. Garret, P. Jones, H. Myles, W. Johnson, T. Harris, D. Berry, B. Harris. *Row Five:* D. Cowell, P. Hoggard. *Row Six:* S. Council, I. Power. Sponsor: J. Whitehurst. Assistants: N. Brumage, K. Malone, I. Nathan, B. Woodhouse.

This year marks a new beginning of the Black Culture club. The club's hope is to promote love and brotherhood throughout the club as well as the school. This desire of the new club to pass the love on benefitted the community in the form of a Thanksgiving basket for a needy family. In another special project, members of the group made welcome badges for the Halifax football team at Homecoming. Black History week was pushed and constituted a time of learning and growing for those members interested in their heritage.

P. Hoggard, S. Council, D. Conell, I. Powers, Q. Garrett are officers of Black Culture Club.

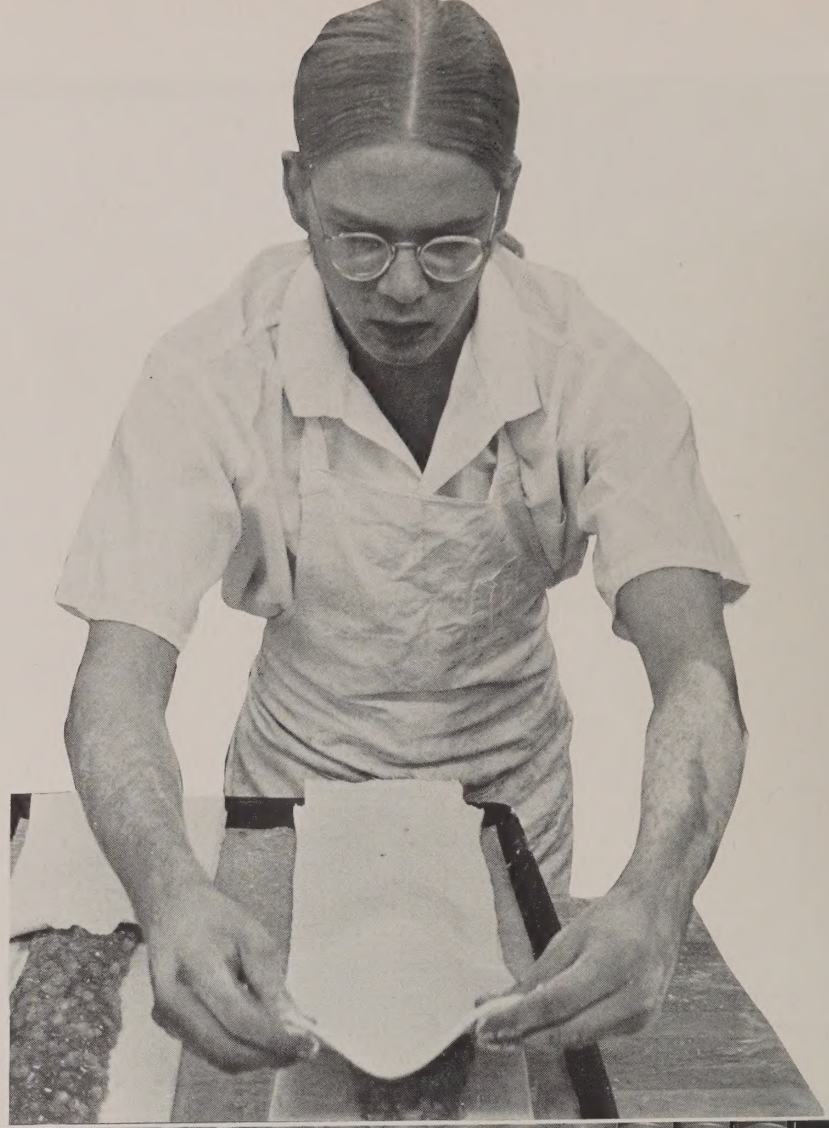


RIGHT ON

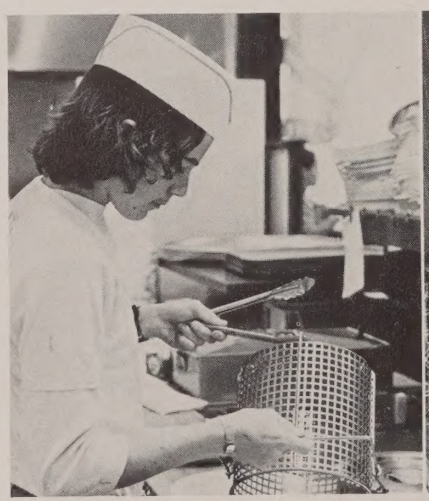
Black Culture Club Promotes Brotherhood

Black Culture Club members socialize while working on activity.

Both D.E. and I.C.T. students worked hard this year. In addition to their school oriented jobs, the students scheduled many activities to further their knowledge of the business world. They took field trips to businesses and advertising agencies, served a banquet for their employers, and entered a display in the state and District DECA competitions. These projects were to teach themselves what could be done when given an idea and reasons to back it. Students were offered opportunities to become an integral part of their community. Worthwhile? You Decide.



Mike Freeman prepares Apple strudel at Plaza Bakery.



One of Kevin Hensley's many jobs at Pollards Chicken House is to prepare the plates.

Row One: S. Kiemig, M. Hlinovsky, M. Baker, D. Cowell, B. Lewis, M. Johnson, Mr. Robinson, *Row Two:* R. Kinney, L. Mason, C. Lewis, D. Albritton, K. Land, L. Miles, L. Bortugno. *Row Three:* K. Como, P. Bateman, C. Clausen, J. Hoel, W. Winston, T. Walsh, T. Camp, D. Cullin. *Row Four:* T. Courtney, J. Honeycutt, P. Hogge, C. Taylor, K. Hewsey, A. Holsey, J. Drumheller.

D. E., I. C. T. Students Spend Hours At Part-Time Jobs

Row One: D. Gardr, L. Myers, H. Sydow, A. Louka, D. Riner, H. Sydow. *Row Two:* P. Jones, W. Mobley, S. Marlowe, C. Cox, S. Dowdy, V. Cratch, I. Albritton. *Row Three:* S. Leonard, R. Columbus, P. Neale, S. McClain, S. Fowler, A. Lemmon, A. Theodosiou, C. Pokorski. *Row Four:* C. Whetmore, A. Whitehurst, S. Reavis, D. Sullivan, S. Patterson, J. Lewis, J. Gray, D. Burlage. *Row Five;* S. Vasile, J. Sykes, N. Barnes, T. Pasquale, T. Barnes, C. Twiddy, N. Terry, B. Kelly, R. Richards. *Riw Six:* A. Taliaferro, T. Diamond, P. Gilcrease, T. Murford, L. Jiminez, K. Purcell, A. Somarakis, J. Mitchum, J. Allsbrook. *Row Seven:* Mr. Root, E. Rollins, C. Ironmonger, Mr. Brown.

Distributive Education officers meet to discuss upcoming plans.

Ivy Albritton, a D.E. student, serves a customer at McDonald's.

Determination, Key To Success

Row One: S. Danforth, J. Andrews, J. Barnard, C. Pittman, L. Benjamin, S. Selby, M. Wilson, S. Lowery, T. Little, B. Harris, F. Smith, S. Parsick, R. Lett, R. Young. *Row Two:* W. Johnson, E. Davis, L. Goffigan, S. Gainer, R. Ford, J. Ford, B. Thimson.

The thinking man's club now includes a girl. Holly Hurd, the sole female member of the chess club seemed to make quite an impression on the males. The only requirement to join the club is knowledge of the game itself. That alone limits the group to just a few. But all of them have quick minds and even more, a desire to win; for competition is the backbone of the club. Team members play against each other and promote their support by challenging anyone who can play.

V. Lilly, T. Phelps, H. Hurd, J. Keimig, C. Hairston, C. Stevens, P. Nimitz, T. Peverall, E. Sokolowski, D. Thomlinson, H. Breedlove, S. Reeks.

Row One: D. Ives, D. Sluss, L. Riley, P. Purcell, T. Cooley, L. Creef. *Row Two:* D. Donnell, R. Brinson, J. Neighbors.

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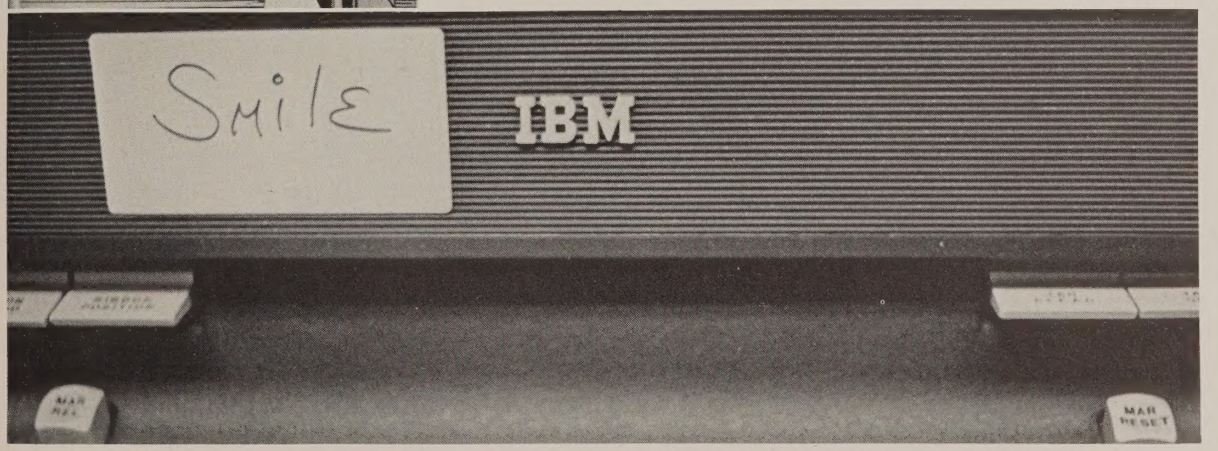
What does the business world expect of me? How can I learn to cope in that jungle out there? There are answers to these questions and the Future Business Leaders of America are prepared to learn them. By engaging in such events as debates, public presentations, spelling contests, and bulletin board decorations, the club competes with other groups in the district. Winners go to O.D.U. for regionals and then to Roanoke for State competition. Finalists attend a convention in San Diego. Money raising efforts included the pretty leg contest, and car washes. With such ample preparation as this, our next generation of business leaders will be able to meet their challenge with confidence.



Business students keep everyone happy with their signs.

Row One: S. Brigman, J. Fox, L. Jarret, L. Greshim, S. Brigman, A. Shukis, K. Ackles, N. Holland, B. Nicoll, C. Reed, T. Cooley, L. Spring. *Row Two:* R. MacFarlane, P. Joyner, S. Taylor, T. Fletcher, K. Hyatt, K. Ackles, M. Alderman, K. Protzman, N. Breedlove, E. Barnes, C. Hart. *Row Three:* K. Reise, L. Ward, F. Gravatt, L. Furniss, T. Clemmons, M. Chenmin, P. Parks, M. Hyman, B. Kelly, B. Penner, D. Craddock, M. Reeks, R. Shoemaker, K. Sinclair, B. Furgeson, D. Gvaleni, S. Broaddus. *Row Four:* W. Young, M. Fitzpatrick, S. Reeks, J. Smith.

Twice To Canada, Tradition Begun

Throughout the year the French club has held a number of dinners and parties with the foods and customs relating to the culture of France. The long range goal of this year's club was astoundingly similar to that of many others; a trip in the spring. However since France was just too far away, the French club decided on the next best place as Canada. Money raising projects included all American bake sales, car washes and candy sales. The annual tradition of the French club participating in the Chrysler Hall French Day was again carried out. This occasion which was held in early spring, proved to be a great success due to the money that was earned and the knowledge that was gained about France.

Officers discuss future plans with sponsor.

AN APPLE A DAY

Ars Medica Students Pursue Career Goals

Row One: J. Todd, C. Pokorski, L. Crafton, G. Anderson.
Row Two: H. Breedlove, J. Hunger, S. Spencer, P. Weller, F. Kolodiej.

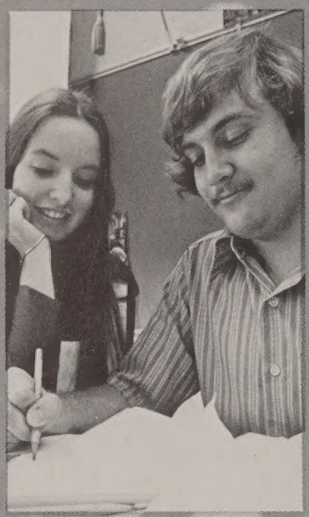
An Ars Medica member finishes duties with Mrs. Bright.

Ars Medica prepared for the professional lives of it's enthusiastic members; students that knew what mattered to them: medicine. This year they visited Bethesda Naval Hospital, the best on the East Coast, to observe and perhaps learn more of the workings of a hospital. They also took a trip to the medical school at U.V.A. For fund raising, the members sold all the usual candies, along with something new and different; candles. All this they did in an effort to make high school a useful experience to them later on.

F.C. Marching Band And Drill Team

Row One: B. Roth, M. Curling, G. Eak, C. Jewell, K. Duff, B. Wermer, R. Harwell, A. Shukis, S. Moody, T. Clemmons, D. Carter. *Row Two:* M. Hyman, Lieutenant, A. Miranda, S. Ford, S. Taylor, B. Wright. *Row Three:* J. Davis, Captain, D. Ford, B. Themides, R. West, B. Kelly. *Row Four:* C. Garris, B. Talbot, B. Strickland, C. Russell, A. Christie, B. Montgomery, R. Curtis, F. Weikel, V. Lawrence, J. Conrad, G. Loschi.

They'd like to teach the world to sing . . . and march, and twirl a rifle, and . . . Yes, F.C.'s drill team was really busy this year. Along with their outstanding halftime performances, they entered several competitions such as the "Lake Taylor First Annual Field Band Competetion," and Tennessee Tobacco Festival, the Armed Forces Parade, and others. Winner of several awards, our drill team was a fine representative. They even added a new attraction to their routines this year — the saber, which the captain and lieutenant twirled effortlessly. To raise funds for their many activities, the drill team sold doughnuts and footballs throughout the year, and sponsored one of our many dances. They'd "like to teach the world . . ." And what great teachers they'd be!



D. Barnes observes D. Morrow drawing ads for yearbook.

Liz Ann Spring, editor, and Jill Fitzsimmons, co-editor, review the rating of the '73 Heritage.

M. Withers, R. Handford, M. Carter try to find some new ideas for the senior section.

L. Ward, C. Campbell, and G. LeCroy help keep our expenses within reason.

T. Goubeaux, N. Kuehn, and C. Lemmon discuss a new kind of layout for the sports section.

One of the many scenes at Columbia University during the seminar.

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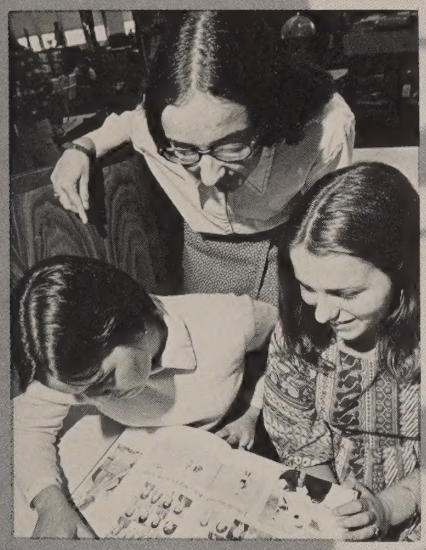

Other annuals help A. Shukis, S. Peck, and L. Oaksmith come up with new ideas for copy.

This is the question that most annual staff members ask themselves at least once. Will we meet those deadlines? The answer is yes. The seminars at Winston-Salem last summer and Columbia University last fall helped make it possible. Many ideas for special effects and layout design were taught at these two seminars. The staff members hours of soliciting ads are also evident. The *Hertiage* would not exist without them. An annual-sponsored dance was one of the staff's money — raising projects. In every detail of the book you can see the hard work and dedication of those staff members who worked till all hours of the night to meet their deadlines. Writing, typing, photographing, labeling, designing, proofreading, and redesigning. It sounds rough but the annual staff members want you to have a first class annual.

Jill, Robin, and Mrs. Stephen check map to see if they are on the right road to Winston-Salem.

H. Breedlove, J. Florance, and F. Dubois keep an ever flowing abundance of pictures coming for the staff.

S. Taylor goes over club coverage with L. Larson and L. Sanden.

V. White, N. Palmer, A. Polizos, and E. Barnes laugh over an old yearbook with old fashions.

One of the few clubs that is still limited only to the boys in the school is the Monogram club. It helps the members to develop a better understanding of sportsmanship. The club is also limited to only those persons that have earned a letter.

The Key Club and the Keyettes are two interelated clubs that try to help people whenever and wherever they can. The Keyettes worked with the King's Daughters Childrens Hospital at Christmas and also sponsored a canned food drive. The clubs also sponsored a hay ride in the spring. These two clubs are basically a nonprofit organization, unlike most clubs their aim is to help others, and be a service to the community.

Row One: M. Travis, C. Smouse. *Row two:* S. Grimes, M. Chasse, B. Whitaker, G. LeCroy, J. Smouse.

S. Lowrey, S. Selby, D. Janacek, J. Korte, E. Smith, M. Hughes, J. Edwards, C. Taylor

NEED HELP?

Key Club members are: S. Smith, R. Wolff, S. Selby, J. Keracik, P. Hughes, J. Zirkle, J. Andrews.

Spirit; Lets Hear It

Row One: T. Slagle, C. Pokorski, J. Smith, C. Rougly, B. Simonic. *Row Two:* V. Booth, K. Burger, L. Cominaki, S. Lecks.

Every year a dedicated group of spirit — seekers get together and try their best to unite the student body in school spirit; Pep, if you will. Though many feel the club is worthless, they would miss the school initials stuffed in the fence at homecoming and the signs and the banners and pep buses if those dedicated a few did not care. But they do care and they have worked, and this year has truly been one of their best.

Row One: S. Taylor, J. Lancaster, J. Sheppard, C. Pardue, A. Polizos, J. Florance, B. Coffin, M. Matthews. *Row Two:* S. Harrington, J. Conrad, L. Wallace, B. Jenista, B. Gilpin, C. O'Reilly, T. Cooley. *Row Three:* L. Norris, M. Chenman, C. Johnson, M. Jennings, B. Nicoll, T. Slagle. *Row Four:* N. Traweek, B. Lach, L. Sarkinson, S. Hurd, K. Wallin, T. Eanes, N. Breedlove, D. Potter, T. Grube. *Row Five:* S. Terveer, J. Withers, M. Moss, J. Smith, G. Anderson, M. Huenerberg, S. Newton, M. Keimig.

After a year in retirement the Biology Club came back into being this year. Bringing with it a new aspect, they decided to introduce marine life into their studies. They had various speakers to come and talk on assorted subjects. They also went on field trips to different universities where they learned how to seine. They caught an assortment of marine animals for their aquariums at home and at school. This year was exceptionally good, and the members hope that the Biology Club will come out of retirement permanently.

ADS ADS ADS ADS ADS ADS

We each have a definite role in our community; unfortunately, many of us discard this for goals associated with the school. Merchants and shopowners ask no more of us than the chance to be able to offer their various products. The spirit we have shown this year within our school is meant to be shared with the following sponsors and patrons who have so kindly offered us their support when needed.

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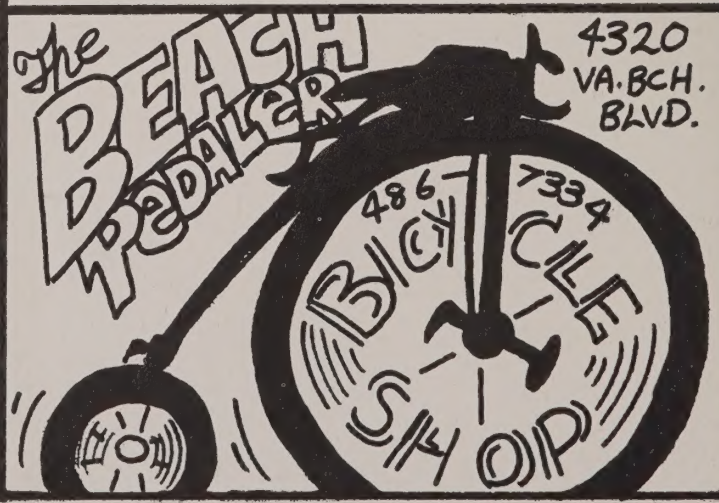

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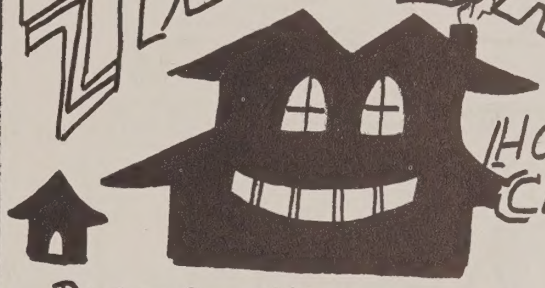

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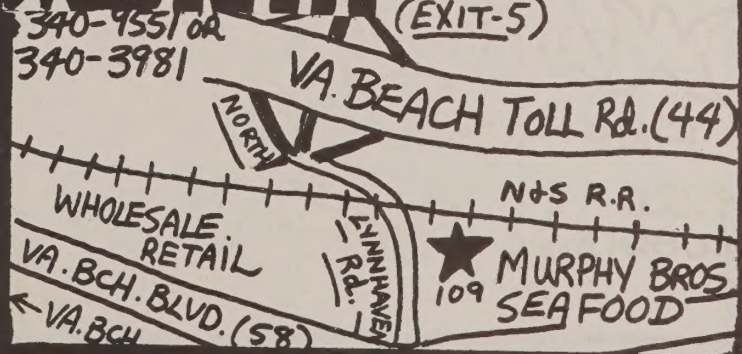

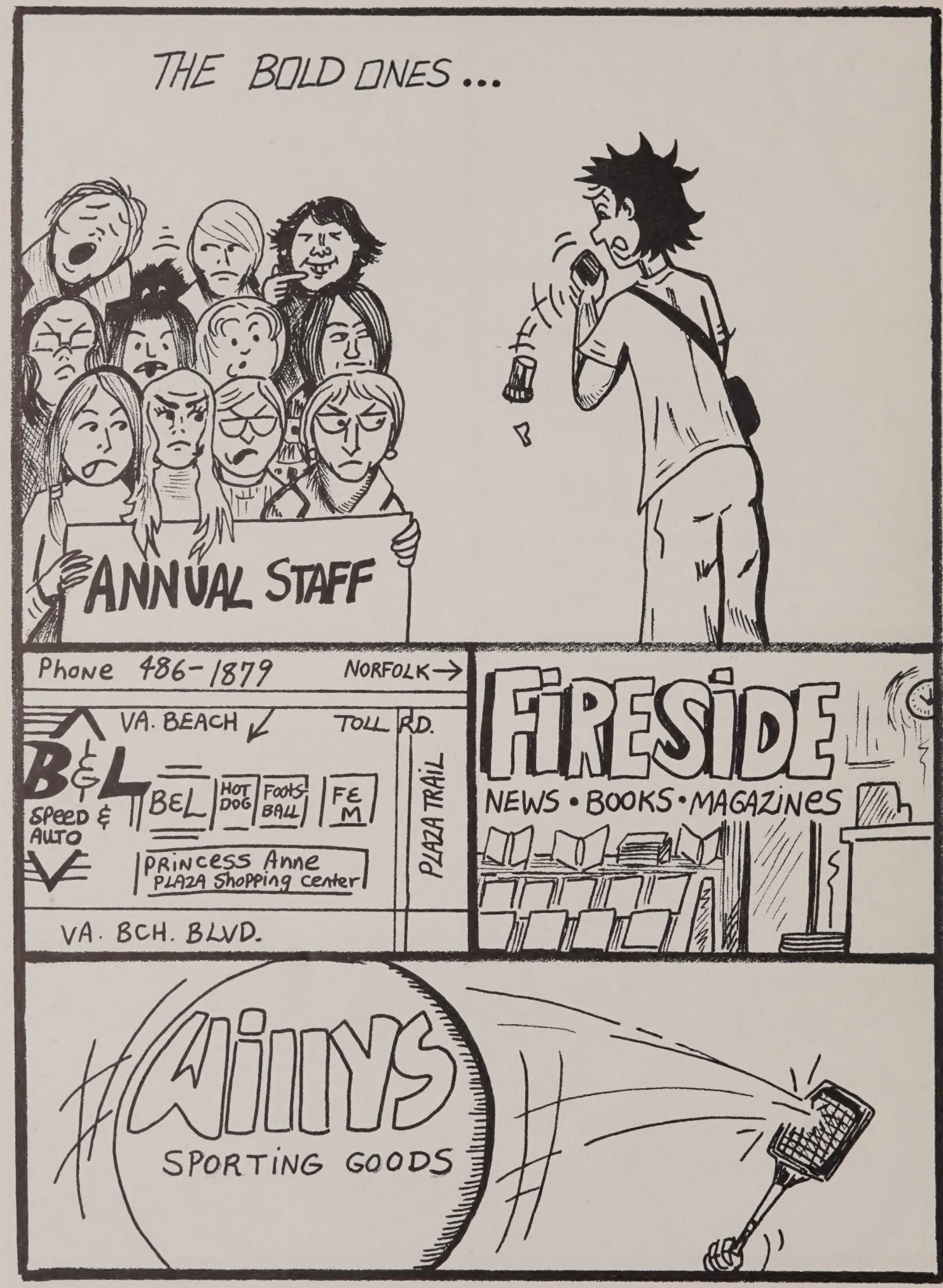
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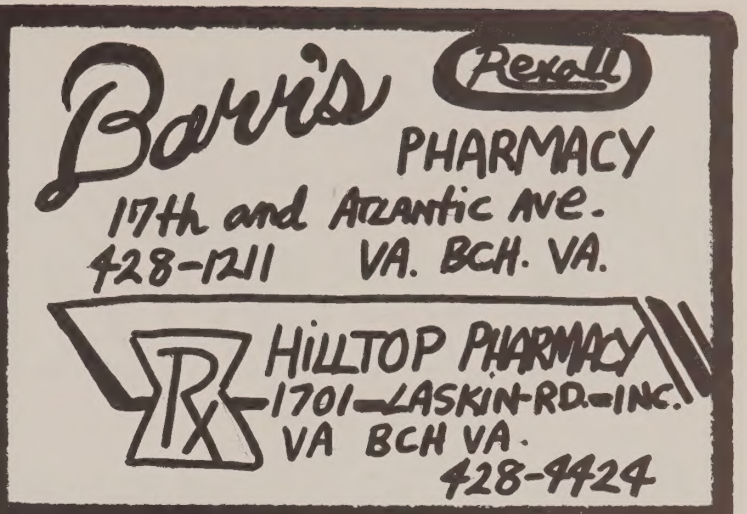
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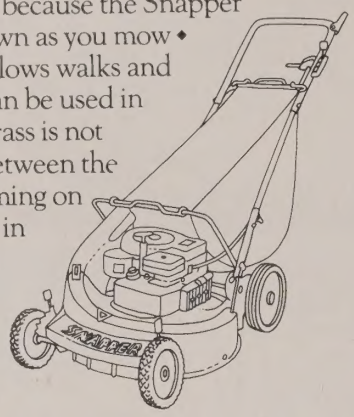

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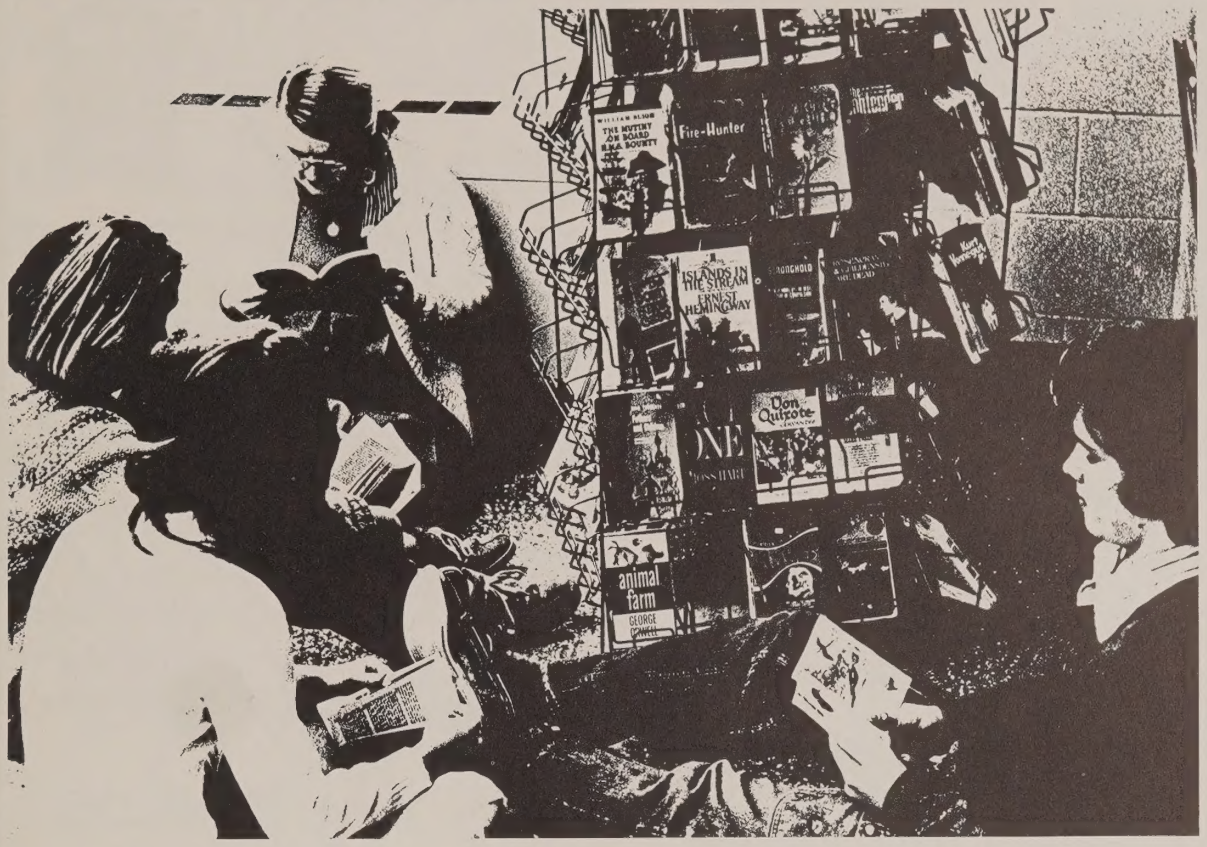

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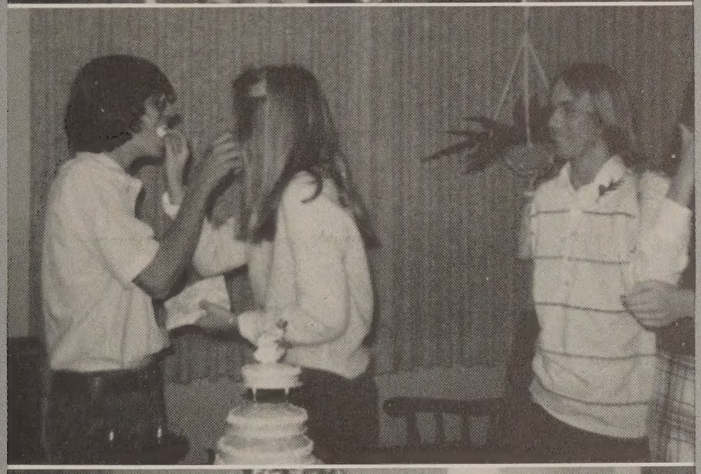

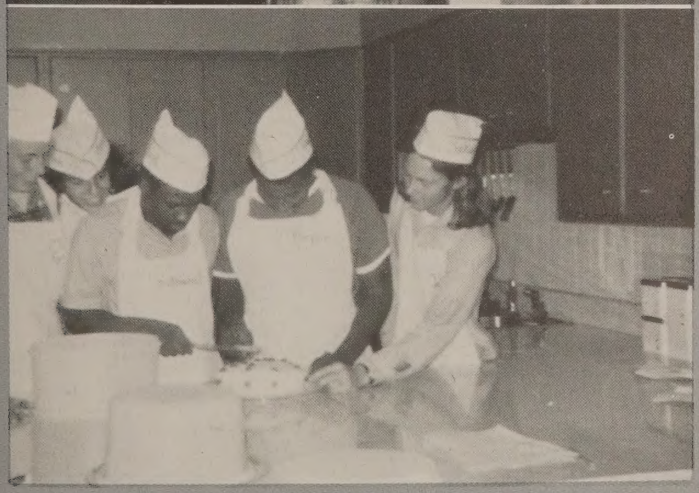

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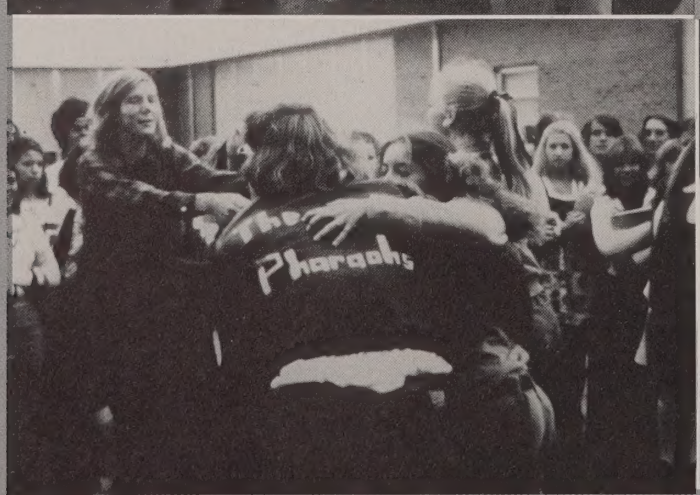

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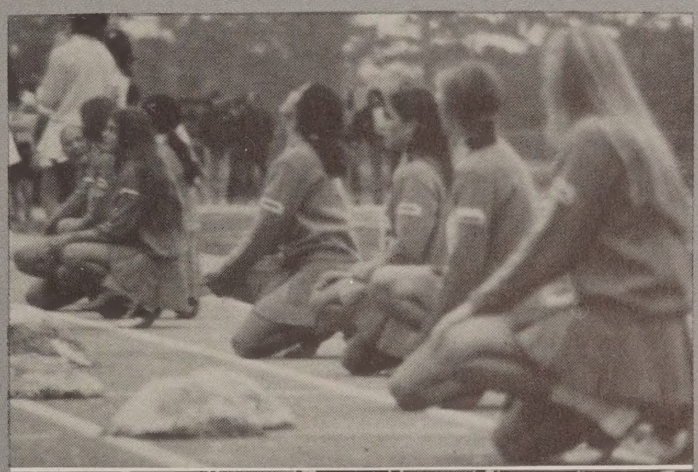


Class of 1974 Selects Senior Superlatives

Hardest Working
Carl Curling, Beth Coffin

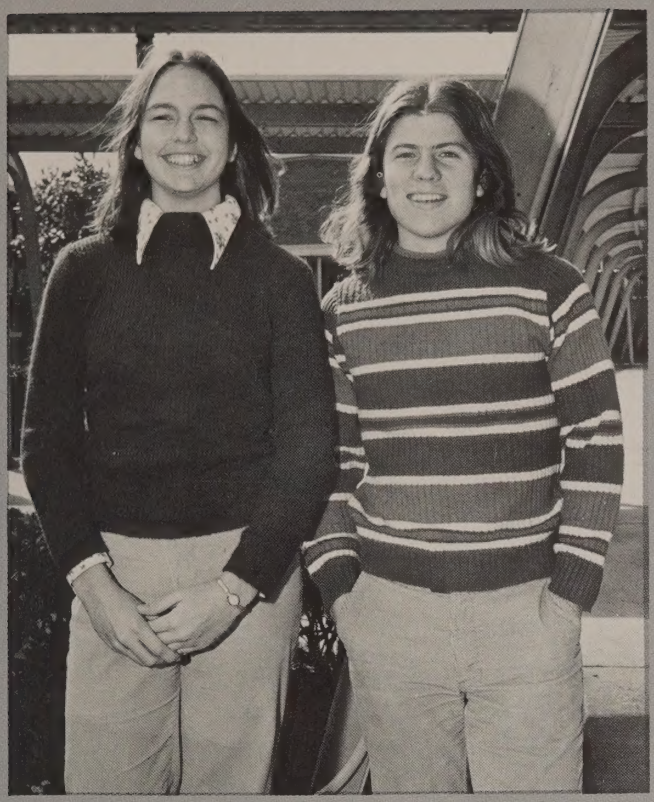
Most School Spirited
Charlie Pittman, Hilda Lawson

Most Popular
Mark Vaderson, Ana Dominicci

Most Athletic
Jerry Pontes, Ann Rasberry

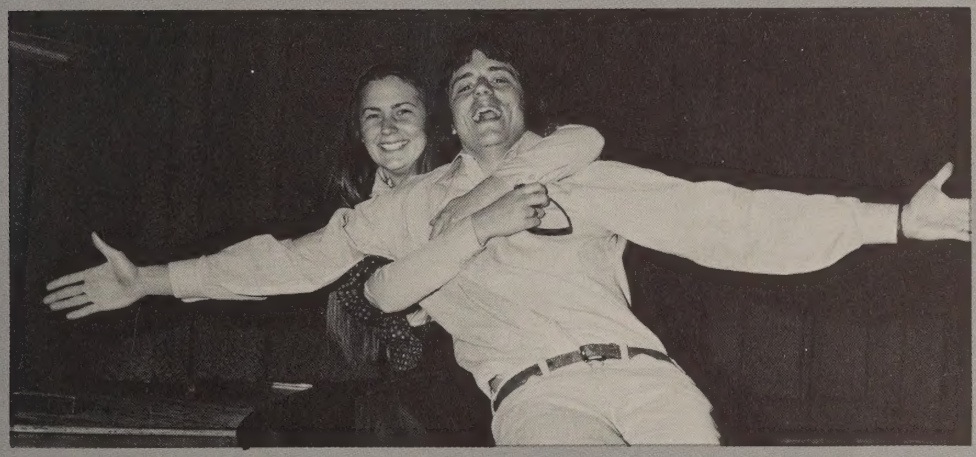
Most Dependable
Jenny Davis, Bruce Gilpin

Most Likely to Succeed
Rick Lawlor, Casey Campbell

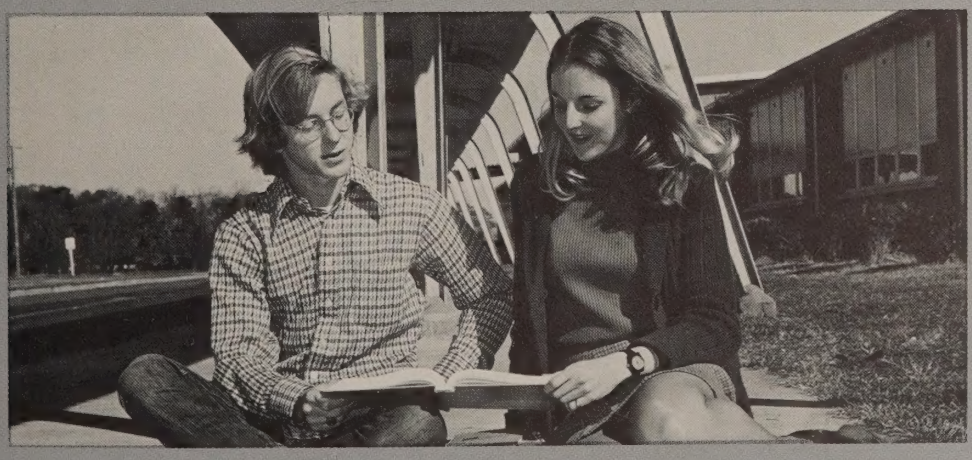


Friendliest
Tina Larson, David Phillips

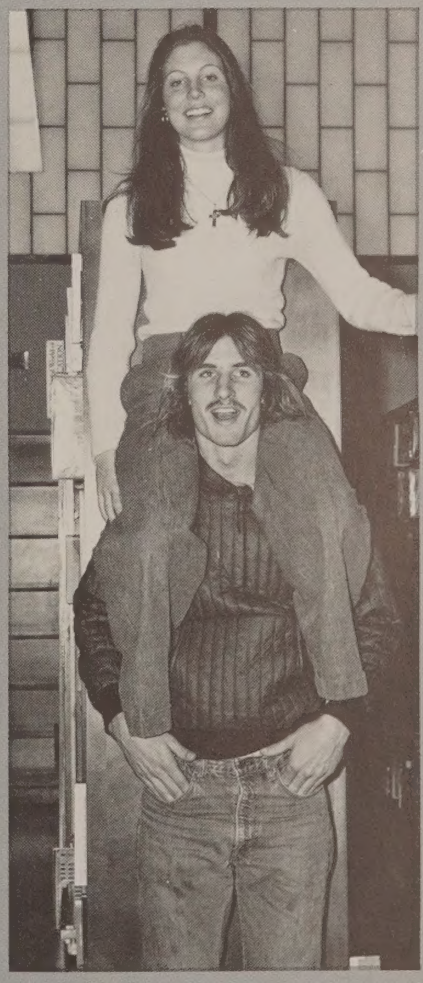
Best All Around
Courtney Dyer, Laura Oaksmith



Most Talented
Linda Redford, Steve Grabinsky



Most Studious
Peter Simmons, Mary Hopkins



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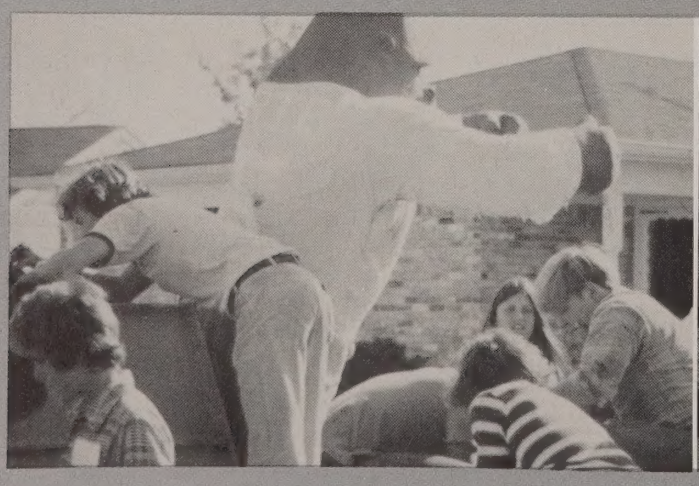

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FAMILIAR FACES LEAVE AS JUNE, '74 ARRIVES

In years to come, when we pull this annual from the dusty closet of yesteryear, will we sit back and laugh over these things we have done and at these pictures of ourselves? It is a rather strange thought that someday WOWI and Kung Fu will be considered oldies. Steve Miller and the Stones will strike the next generation the same way our parent's music sounded to us. *The Way We Were and American Graffitti* will be old flicks and probably shown on the tube along with reruns of the Waltons. John Boy will no longer be young.

The way we felt on Senior Day and the beliefs of those students who worked on the Committee for Quality Education — will future students experience these feelings which we have so strongly felt? It was all of us that made possible the events and happenings of this year. Next year it will be different; for there will be new faces replacing the old ones.

All of this has been our time, our generation, our youth. And another year of it has gone by. Such a time will never end; all of the lessons we have learned, the people we have grown to love — knowledge has been gained from all of these. This year, 1974, has ended. But we continue on, carrying within us all that we have gained from this, such a memorable.

This edition of the *Heritage* was published with the help and understanding of many people. My staff, who was responsible for meeting deadlines, and the actual contents of the book merit special appreciation. It was their hard-working but easy-going manner which made our job pleasant. I would like to thank Mrs. Clemence Stephen and Mrs. Frances Sadler whose untiring help and encouragement were an invaluable mainstay in the production of this book. Mr. John Perry, Representative from Hunter Publishing Company is considered an indispensible member of our staff for his suggestions and knowledge of publishing. I wish to thank McIntosh photographer Joe Lust for his many beautiful photographs and his cooperation. We thank our patrons and advertisers; without them we could not have included the costly extras that help make a good yearbook. Many students also deserve recognition. I thank Courtney Dyer and Doug Thompson for their photography, and those who contributed candid shots and those who allowed us to publish their poetry. This yearbook would have been, of course, nothing without the students, administration and faculty making this such a great year to record. To them I express my deepest appreciation. Liz Ann Spring, Editor

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